





## &gt;&gt; About Us

# ANTIOCH JOURNAL

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Antioch area since 1886  
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## LAKE COUNTY JOURNALS

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"Serving our communities  
to make them better  
places to live."

## &gt;&gt; QuoteOfTheWeek

"We're all die hard and we've been doing it since we can remember. We just love doing it so much."  
—Shawn Schuld, on why he and people he knows continue to compete in rodeos (see story on 1A)

## &gt;&gt; Editor'sChoice

# The Journals an interactive place for readers

How many times have you read a story and agreed with one of the sources who was quoted. Or disagreed. Or just thought a source (or a reporter) could use some information or expertise that you just so happened to have?

Have you ever simply found a story's content intriguing enough that you wanted to make your voice and opinions heard on the subject?

With the Lake County Journals, it's easy for you to do just that.

We have been striving to make our



**Matt Pera**

paper as interactive as possible for our readers.

In our print edition, you are encouraged to send a letter to the editor if you feel strongly about a par-

ticular subject we have covered, or think we could stand to cover a little bit more.

The e-mail addresses of our reporters and editors are available right under our bylines and you can contact us anytime with your tips and ideas.

And our Web site offers a variety of options that allow you to become a part of how we report.

You can click on the comments link below a story to convey your opinion to everyone else who reads

it. You can also vote on our weekly Web poll that is on the right side of the screen.

If you can think of any other ways in which we can incorporate our readers to reflect the communities we cover, let us know.

I can always be contacted at [mpera@nwnewsgroup.com](mailto:mpera@nwnewsgroup.com)

Thanks for reading the Journal, in print and online.

• Matt Pera is the news editor for the Lake County Journals.

## Mmm tasty



Four-year-old Aldo Vega, of Gages Lake, bites into his sweet corn during the 2007 Lake County Fair in Grayslake. See more photos on page 4.

## &gt;&gt; CorrectionsAnd Clarifications

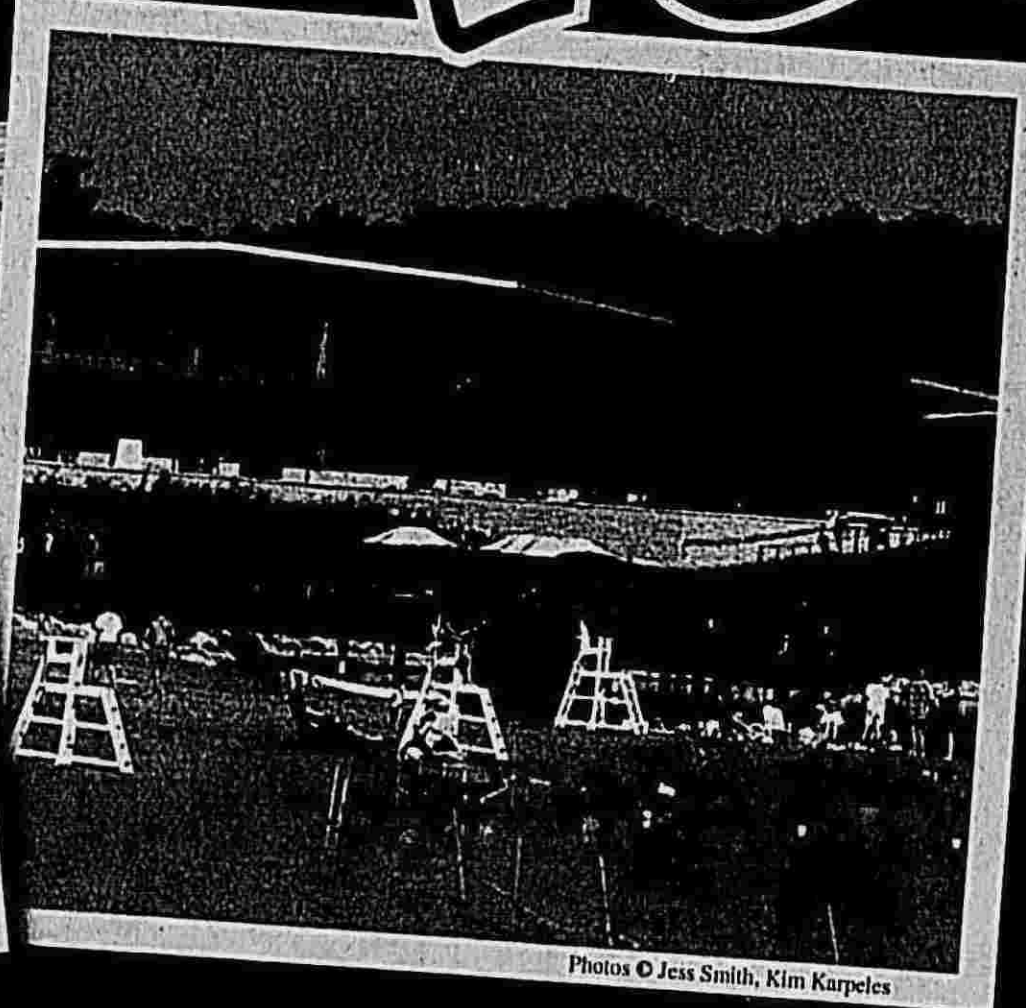
In the July 20 edition of the County section, in a story titled "County Board to welcome new District 1 member," Judy Martin's status on the board was misstated. She is filling out the rest of her term, which ends in Dec. 2008, and hopes that Linda Pedersen can take her place. Pedersen, however, must still be voted into the office. Also in the article, Pedersen's plans for if she is elected were misstated. She will not resign as legislative aide; rather, some changes would be made in the office for when she could not be available. We regret the error.

Accuracy is important to us at the Lake County Journals and we strive to correct mistakes promptly. If you believe a factual error has been published, please bring it to our attention.

Call Matt Pera at (847) 223-8161 ext. 128 or e-mail him at [mpera@nwnewsgroup.com](mailto:mpera@nwnewsgroup.com).

# SUMMER FUN

**Dayna Malow**  
July 31



Photos © Jess Smith, Kim Karpeles

## at Independence Grove Forest Preserve

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**Lake County Forest Preserves**

[www.LCFPD.org](http://www.LCFPD.org)





## &gt;&gt;Neighbors

**Kayla Pankiewicz  
of Lake Villa**

**I grew up in:**  
Lake Villa

**My family:**  
Kathy (mom), Lee (Dad), Kaitlyn  
(sister)

**My pets:**  
Sammy and Sadie, two dogs; Smokey,  
cat

**Occupation:**  
Hostess at Blackthorn Grille

**Hobbies:**  
Field hockey, softball, dancing

**Last movie I saw:**  
"I Know Who Killed Me"

**My favorite band or music right  
now:**  
Hip hop

**Last book you've read:**  
"Night"

**Favorite restaurant:**  
Olive Garden

**Favorite meal:**  
Steak

**If I could have one super power, it  
would be:**  
To be able to know what people are  
thinking.

**Rent a movie at home or go to the  
theater?**  
Go to the theater

**My dream job:**  
To own my own salon

**My dream car:**  
Mitsubishi Eclipse Spyder convertible

**My pet peeve is:**  
People that chew loudly

**My dream vacation would be:**  
Lying on a beach in Hawaii

• If you have a "Neighbor" whom we  
should profile in this column, call the  
Lake County Journals at (847) 223-8161,  
or e-mail antioch@weeklyjournals.com  
or lakevilla@weeklyjournals.com

## &gt;&gt;Antioch

# A night to remember

Residents, survivors come out to support Relay For Life

By STEVE PETERSON  
speterson@nwnewsgroup.com

ANTIOCH — Members of the Thelen Sand and Gravel Relay For Life team were happy that "gold" was written on their sign near the campsite at Antioch High School, meaning they were one of the top fund raisers. "We raised \$6,000," Steve Thelen said. "We have had members' sisters and dads die from cancer."

Antioch Community High School's football field looked like a tent city for 12 hours July 28 and 29, with tents holding money-raising activities. The occasion united people in a battle to fight all types of cancer for the American Cancer Society and the Relay for Life effort.

"It is great the support that we get from the town," said Denise Garwood of Antioch, a member of the Thelen team. "The towns' merchants had their storefronts decorated."

The team's specialty was a dunk tank which helped raise hundreds of dollars.

"You just know the feeling," cancer survivor Diana Thelen said, describing the moment that she was told of her cancer. Her family and friends participated in the Avon effort to raise cancer research funds.

Bob O'Carroll, another cancer survivor, has been fighting the disease for 15 years.

"I thought it was a hernia, but I had a tumor," he said. "I had chemotherapy and surgery."

Bankers for a Cure walked around the track for the 12 hours, carrying pictures of Mary Lou Toomey. Toomey was a State Bank of the Lakes employee who lost her battle with cancer.



Antioch Village President Dorothy Larson walks with her husband, Ken, during the survivor lap at the fourth annual American Cancer Society's Relay For Life of Antioch/Lakes Area at Antioch High School. Larson is a survivor of uterine cancer.

"She battled it for a long time and it was her second battle," said Venus Salak of Antioch, the team's captain.

Marchin' for Mum was the sign at another nearby tent. Family and friends gathered for Betty Padilla, who was born in England but lived in the United States for 50 years.

"She had seven kids, 23 grandkids and seven great great grandchildren," Tanya Lamber said. One could "be a knight" for a photo for \$1 or buy lemonade.

Ruth Conkling, owner of a Jewelry store in Fox Lake, and a member of the Paradise Team, raised money in memory of her parents. She is one of seven children. The tent had a casino-type theme, with an auction of a wide variety of items. The store's top items were one-carrot earrings, a Walter Payton item and Cubs tickets.

Tanja Kirk credits her strong faith with getting her

through tough times of cancer and her husband's assignment as an MP in Iraq. She was part of the large Community Church of the Holy Spirit church group.

The overnight stay's goal was to raise \$140,000. Antioch, Fox Lake, Lindenhurst, and Old Mill Creek were villages associated with the Saturday night activities.

Becky Koman, co-chair of the event, said that 41 teams raised roughly \$128,000, and 1,500 to 2,000 people attended.

"It was awesome," Koman said.

Cancer survivors gathered and released butterflies just before their special lap.

Donna Lee Kalinoski, of North Chicago, was the honorary survivor.

"I am so happy to be here. You appreciate each day. Relay was the most heart-warming experience of my whole life. There were tears

of happiness from the whole night," she said of last year's event. Her team was called "Donna's Day" and included Something Sweet & Gourmet of Antioch.

"I had no idea what Relay for Life was. Now, I am aware that these relays take place all over the country. It turned out to be one of the most memorable and emotional experiences of my life," Kalinoski said in her letter seeking financial support from donors. "The best part of it is it is so much fun."

The weather largely cooperated during the late July night.

"It is super," survivor Phil Lombardo said of the night.

Some members of the Cancer Crusaders team wore superman-like capes. "It is fantastic," Shelby Wais said.

• Staff reporter Tara Clifton contributed to this report.



Tara Clifton

## Preserving the past

The Lake Villa District Library, Lake Villa Community Bank and the Lake Villa Historical Society are teaming to preserve old newspapers by converting them into microfilm.

Since 2006, the library has stored copies of the Lake Villa Record newspapers, dating from 1959 to 1989. Microfilms can be stored for up to 500 years.

To help out, residents can bring their spare change to the Lake Villa Community Bank, 345 S. Milwaukee Ave. in Lake Villa, to get it counted for free in a machine. Receipts are then taken to a teller to be deposited into a special account.

**First National Bank-Employee Owned** will have a community blood drive in conjunction with LifeSource at the bank's Antioch facility.

The drive will be from 9 a.m. to 1:30 p.m. on Saturday, Aug. 25, at 485 Lake St. in the bank's community room.

Donors need to be at least 17 years old, weigh a minimum of 110 pounds, and be in healthy condition. Those who are 16 may donate with written parental consent. A person can give blood once every eight weeks.

Those interested can make an appointment by calling (847) 838-2265 or walk in the day of the drive.

Hey, we've got a graduate and a Dean's List honoree! **Shayna Mortensen**, of Lindenhurst, graduated from Trinity Christian College in Palos Heights, while **Claire Earl**, of Lindenhurst, was named to the Dean's List at Vanderbilt University in Nashville.

• If you have interesting information or anecdotes to submit for "Our Town," e-mail reporter Tara Clifton at tclifton@nwnewsgroup.com.

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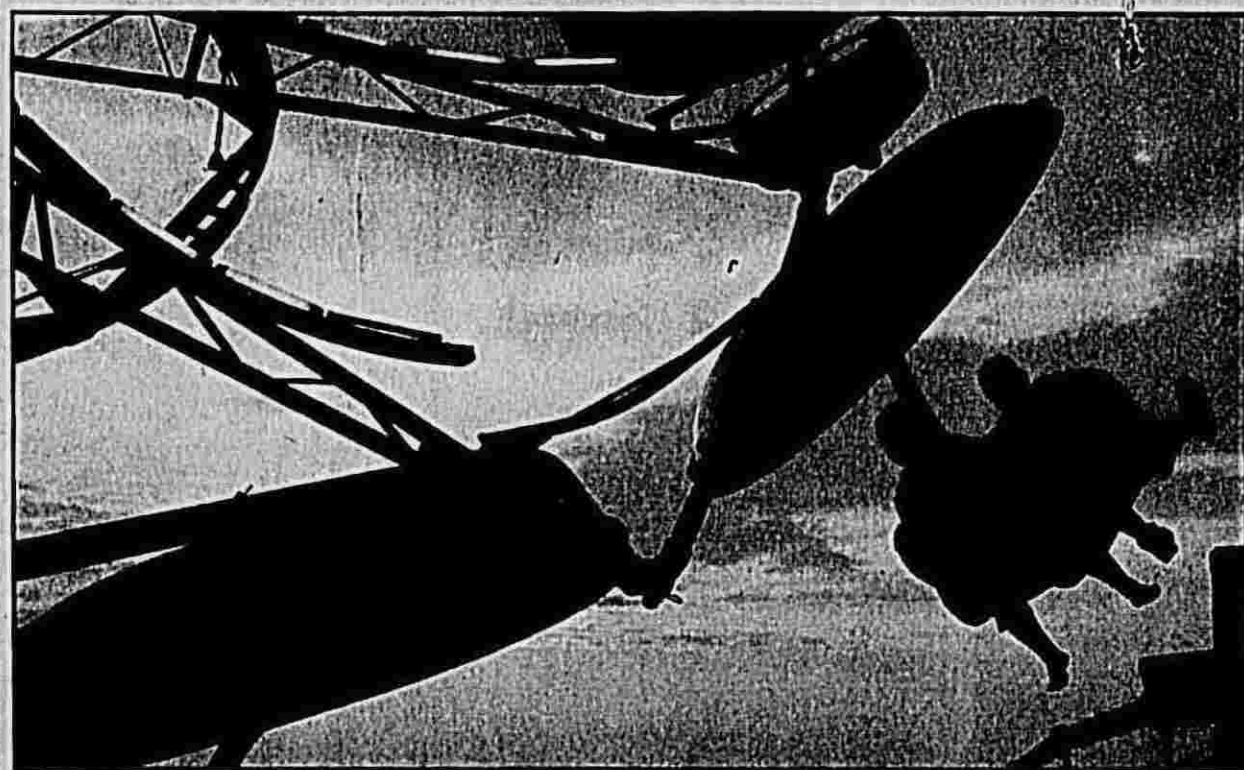
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## A fun-filled time at the fair



A cowboy competes in bronco riding during the rodeo at the Lake County Fair.



Children ride the parachute ride as the sun sets July 24 at the 2007 Lake County Fair in Grayslake.

### Want more Lake County Fair coverage?

For more of the Lake County Fair, including an audio slide show, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and click "audio" over the multimedia box.



### >> Waukegan

## Homicide suspect awaits trial

Lake Villa man has pleaded not guilty to all 7 charges

By TARA CLIFTON  
tclifton@nwnewsgr.com

WAUKEGAN — Prosecutors still need more time to determine whether to seek the death penalty against James Ealy.

Lead prosecutor Jeffrey Pavletic said lawyers are still waiting for DNA evidence from the Illinois State Police crime lab and the Northeastern Regional Crime Laboratory.

Pavletic asked Judge Fred L. Foreman last week to grant more time to gather that and other evidence before Ealy's trial date is set.

Foreman set a deadline for the prosecution at 9 a.m. on

Thursday, Aug. 31. A trial date and a decision whether to seek the death penalty against Ealy might be determined.

Ealy, 42, 102 N. Milwaukee Ave. in Lake Villa, is in the Lake County Jail without bond in connection with the death of Mary Hutchison.

Hutchison, 45, of Trevor, Wis., was found dead on Nov. 27 at the Lindenhurst Burger King that she managed, at Munn Road and Route 132. The restaurant has since shut down.

Police said that Hutchison had been strangled and stabbed.

Ealy has pleaded not guilty to seven counts of a first



James Ealy

degree homicide charge.

If convicted of all seven counts, Ealy, who is married and has two stepchildren, could serve up to 100 years in prison or face the death penalty.

Three of the counts are for a "brutal and heinous" homicide, and four are for the fact that a homicide was committed during a robbery.

Court records from both Lake and Cook counties have shown that Ealy has a violent criminal past.

In 1982 a jury convicted Ealy of killing a woman and four children in Chicago on Aug. 16 of that year. However, in 1986 an appellate court overturned Ealy's conviction, saying that police did not have probable cause to hold him.

The victims were Christine Parker, 33, and her children Mary Ann, 15, Cora, 13, and Jontae, 3.

### >> Antioch

## Restaurateurs expand business

Owners of Double Eagle plan for new family dining establishment

By TARA CLIFTON  
tclifton@nwnewsgr.com

ANTIOCH — If things continue as they are, Bob McCarty and Vince Tomasello should have another restaurant by the beginning of December.

Sitting on 9,100 square feet on Route 59, next to the Double Eagle Sports Club, Elements, a new restaurant, will be part of what the Double Eagle already offers, McCarty said.

Construction began in May, and Tomasello said he hopes it will be ready for business by Dec. 1.

Tomasello and McCarty said they have been planning the eatery since McCarty and his wife, Dawn, became business partners in mid-2006 with Tomasello and his wife, Arlene.

Members of both the Tomasello and McCarty families will help run the two businesses. McCarty said he will keep his other business, Lakeshore Construction.

Tomasello said that Elements will focus on fine family dining and be divided into two sections.

“

It'll have a little bit of a European flair.

Vince Tomasello

Owner of Double Eagle Sports Club and Elements

”

"It'll have an upscale menu," McCarty said, "but not too crazy."

One will have a bar lounge, including a martini bar, for those 21 and over, and the other section will offer families good food and non-alcoholic drink, Tomasello said.

"It'll have a little bit of a European flair," he said.

Dishes include steaks, chops, fresh fish, pastas, and low calorie Italian ice cream, Tomasello said.

McCarty said that Elements will also offer carry out and delivery. Meanwhile, the Double Eagle will become mainly a sports bar, leaving the restaurant part to Elements.

### >> SchoolNotes

#### SCHOOL DISTRICT 34

##### Summer School registration

If your child is new to the district, make sure to jot down these upcoming registration dates.

From 1 to 5 p.m. and 6 to 8 p.m. on Thursday, Aug. 9, at all district schools, new students will be signed up.

Parents need to bring proper identification documents.

For more information, call the district at (847) 838-8400.

##### Golf for a cause

The district will have its annual golf fundraiser starting at 11:30 a.m. on Wednesday, Aug. 8, at the Antioch Golf Club.

Registration and a cookout begin at 11:30 a.m., then the

games begin at 1 p.m. After golf, attendants can stay for dinner at 6 p.m., which includes awards and a raffle.

Cost for golfing is \$90 a person, which includes 18 holes of golf, 1/2 cart, lunch, dinner and prizes. Dinner only is \$25.

For more information, call the district at (847) 838-8400.

#### SCHOOL DISTRICT 41

##### Go golfing

The district is taking registration for its annual Golf Outing fundraiser, set for Friday, Aug. 3, at the Antioch Golf Club.

For more information, call Lou Guido at (847) 245-8077.

##### Get your packets in

Staffers want to remind stu-

dents and parents to turn in their registration packets as soon as possible.

Classes are being formed now. For more information, call the district at (847) 356-2385.

#### SCHOOL DISTRICT 117

##### Offices still open

Both Lakes and Antioch high schools' main offices will be open for business during the summer months.

Both schools hours are 7 a.m. to 3:30 p.m. Monday through Friday. Registration packets will be mailed out in mid-June, and final schedules will be available in mid-August.

For any questions, call the district office at (847) 838-7170.

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• **Alcoholic's Anonymous meetings.** Several meetings throughout Lake County on a daily basis. Call (847) 362-1811 or visit [www.district10nia.org](http://www.district10nia.org) for meeting information.

#### ANTIOCH

• **Learn about the U.S. Constitution.** 7 p.m., Tuesdays. Beautiful Savior Lutheran Church, 1501 Deep Lake Rd. Classes are free. Attendees who complete at least nine weeks will receive a certificate of completion. For more information, call Pastor Darald Gruen at (224) 433-0076.

• **Vacation Bible School "Quest for Truth."** 6:30-8 p.m., Sunday, Aug. 5-Thursdays, Aug. 9. Beautiful Savior Lutheran Church, 1501 Deep Lake Rd. To register or for more information, call (847) 395-9400.

• **Vacation Bible School.** 9 a.m.-noon, Aug. 6-10. St. Stephen's Lutheran Church, 1155 Hillside Ave. Children aged preschool through 5th grade. A \$5 donation is requested. To register, pick up a form at the church, or call (847) 395-3359 Monday-Thursdays, 10 a.m.-3 p.m.

• **Sub-committee meetings of Antioch Village Board.** 7 p.m., first Mondays. Committee meetings of the whole follow at 8 p.m. in the Village Hall Board Room, 874 Main St.

• **Antioch Planning and Zoning Board meeting.** 7:30 p.m., second Thursdays. Municipal Building, 874 Main St. Call (847) 395-1000 to confirm.

• **American Business Women's Association meeting.** 8 a.m., second Wednesdays. Keller Williams Realty on Rt. 83 (south of Rt. 173). Call Nancy at (847) 838-6500 for information.

• **Bingo.** 12:45 p.m., Mondays. The Senior Center. Call (847) 395-0139 for details.

• **Bingo.** 6:45 p.m., Tuesdays. Antioch VFW. Doors open at 4:30 p.m. Call (847) 395-5393 for more information.

• **Pinochle.** 12:30 p.m., Thursdays and Fridays. The Senior Center. Call (847) 395-0139 for details.

• **CPR classes.** 6 p.m., second and fourth Wednesdays. Squad Building, 835 Holbek Dr., sponsored by Antioch Rescue Squad. \$5 fee. Call (847) 395-5511 to learn more.

• **Antioch Network of Friends meeting.** 7 p.m., first Tuesdays. Community Building, 884 Main St., back entrance. A multiple sclerosis support group. Call Louise at (847) 395-1317 or Rachel at (847) 973-1808 for details.

• **Take Off Pounds Sensibly meeting.** 6 p.m., Wednesdays, weigh-in, 7 p.m. meeting. The Senior Center, 817 Holbek Dr. Call Dorothy at (847) 395-7407 or Betty at (847) 838-3907 for more information.

• **AFFTER (Advocates for Fibromyalgia Funding, Treatment Education and Research) support group meeting.** 10 a.m.-noon, first Saturdays. Antioch's Community Building, 884 Main St. Call (847) 362-7807 or go to [www.AFFTER.org](http://www.AFFTER.org) for more information.

• **Kiwanis Club of Antioch meeting.** Noon, Tuesdays. Petrucci's Italian Market & Cafe, 311 Depot St. The public is welcome to join and share experience, knowledge and service project ideas. Contact Melissa at (847) 489-8044, e-mail at [mjrigoni@hotmail.com](mailto:mjrigoni@hotmail.com), or Larry Mondie at (847) 650-9530, e-mail at [brscoops@aol.com](mailto:brscoops@aol.com) for more information.

• **The Meeting House Museum.** 11 a.m.-3 p.m., first Saturdays. See original photos of Antioch and a veterans' exhibit of photos and memorabilia from the Civil War through the Gulf War.

• **Lakes Area Community Band rehearsal.** 7-9 p.m., Mondays. Antioch Community High School band room. Area musicians high school age and older are welcome to join. No auditions. Call Debbie Davis at (847) 395-0272 to learn more.

• **Open gym.** 7-9 p.m., Sundays. Antioch Community High School. \$2. Adults only.

#### BEACH PARK

• **Foundation for Education meeting.** 6:30 p.m., Monday, Aug. 6. Kenneth Murphy School, 11315 Wadsworth Rd.

#### CRYSTAL LAKE

• **Crystal Lake Toastmasters Club meeting.** 8-10 a.m., first and third Saturdays at Amcore Bank Building, Rt. 14 and Pingree Rd. Develop your presentation and leadership skills. For information, call Steve at (847) 526-1525 or visit <http://user.mc.net/~toast1>.

#### FOX LAKE

• **Grant Township Area Athletic Association's Annual Fun Fair in the Park.** Saturday, Aug. 11. Veteran's Park, 301 S. Rt. 59. For more information, call (847) 587-7608.

#### GRAYSLAKE

• **Knights of Columbus Summer Blood Drive.** 8 a.m.-2 p.m., Sunday, Aug. 5. St. Gilbert Chapel Hall, Rt. 120. For more information, call Jim McClure at (847) 548-4911 or visit [www.grayslakekofc.com/BloodDrive.htm](http://www.grayslakekofc.com/BloodDrive.htm).

• **Zurko's Antique Market.** 8 a.m.-3 p.m., Sunday, Aug. 12. Lake County Fairgrounds, Rts. 120 and 45. For more information, call (715) 526-9769 or visit [www.zurkopromotions.com](http://www.zurkopromotions.com).

#### GURNEE

• **Gurnee Days "Comic Book Heroes."** Saturday, Aug. 11, 11 a.m.-7 p.m., and Sunday, Aug. 12, 11 a.m.-5 p.m. Viking Park, Old Grand Ave.

• **Network Lake County meeting.** 8-9 a.m., Thursdays. A business networking group meeting in Gurnee. Call Boyce Buckner at (847) 838-0058 to learn more.

• **Lake County Chamber of Commerce networkers group meeting.** 7:30 a.m., first and third Fridays. In-Laws Restaurant, 720 N. Milwaukee Ave. Call (847) 249-3800 for information.

• **Daniel Wright Toastmasters Club meeting.** 7-9 p.m., first and third Tuesdays. In-Laws Restaurant, 720 Milwaukee Ave. Members meet to develop communication and leadership skills. For more information, call Sam Valenti at (847) 722-2828, or visit <http://danielwright.free-toasthost.org>.

• **Lake County Spinner's Guild meeting.** 1:30-4 p.m., second Sundays. Warren-Newport Public Library. Enjoy the art of fiber spinning and meet fellow spinners. Call Carol at (847) 234-0778 or Chris at (847) 367-2536 to learn more.

#### HAINESVILLE

• **Public Works/Public Property and Open Spaces Committee meeting.** 6:30 p.m., second Wednesdays. 100 N. Hainesville Rd. For more information, call (847) 223-2032.

• **Hainesville Great Age Club.** Varied times, first Tuesdays. Hainesville Village Hall. The group is for Hainesville residents, age 62 and older. For more information, call the village hall at (847) 223-2032.

#### LAKE VILLA

• **Lake Villa Historical Society program.** 7 p.m., Tuesday, Aug. 7. Reflections Restaurant, Deep Lake Rd. Les Herbst will review the historic photos displayed throughout the restaurant. For reservations or information, call Sue at (847) 265-8685 or Alyce at (847) 356-6100.

• **Lake Villa Village Board meeting.** 8 p.m., second Wednesdays.

• **Weigh to Win meeting.** 7-8 p.m., Tuesdays. Calvary Christian Center, Monaville Rd. Call (847) 356-6181 to learn more.

• **Lake Villa Take Off Pounds Sensibly meeting.** 5:30 p.m., Wednesdays. Church of the Holy Family, 25291 W. Lehman. Call Cathy at (847) 587-7710 or Debbie at (847) 687-5531 for details.

• **Lake Villa Historical Society meeting.** 7 p.m., first Tuesdays. Lake Villa Village Hall, 65 Cedar Ave. For more information, call Sue at (847) 265-8685 or Alyce at (847) 356-6100.

#### LIBERTYVILLE

• **Arthritis support group meeting.** 2 p.m., second Sundays. Call Martha at (847) 362-0889 to learn more.

• **MS Support Group meeting.** 2-4 p.m., second Sundays. Call (847) 549-8971 for additional details.

#### LINCOLNSHIRE

• **34th Annual Illinois AA State Conference.** Aug. 3-5. Marriott Resort, 10 Marriott Dr. Registration is \$18 for the conference and dance or \$50 for the conference, dance and banquet. For more information, call (847) 746-3479 or (847) 336-1393, or visit [www.aa-ia.org](http://www.aa-ia.org), [www.aadistrict10.net](http://www.aadistrict10.net) or [www.aadistrict12.com](http://www.aadistrict12.com).

#### LINDENHURST

• **Lindenhurst Environmental Activity and Education Commission meeting.** 6:30 p.m., second Wednesdays. Village Hall, 2301 E. Sand Lake Rd.

• **Lindenhurst Community Partnership meeting.** 7 p.m., second Wednesdays. Village Hall.

• **Free blood pressure screening.** 8 a.m.-noon, Mondays. The Village at Victory Lakes Continuing Care Center. Call (847) 356-5900 to learn more.

• **VFW Post 4894 meeting.** 8 p.m., second Wednesdays. Civic Center. Call (847) 356-7482 for details.

#### MUNDELEIN

• **Wood Carving Club meeting.** 2-5 p.m., first and third Tuesdays. Community Protestant Church, 418

N. Prairie. Call (847) 623-2072 for details.

#### OLD MILL CREEK

• **Martin's General Store Museum.** 12:30-4 p.m., Sundays. Rt. 45 and Grass Lake Rd. Operated by the Historic Millburn Community Association, Inc. For more information, call Jennifer Andrew at (847) 845-8683.

#### ROUND LAKE

• **Big Brothers, Big Sisters meeting.** 6:30-8 p.m., Mondays. Calvary Presbyterian Church, 510 Cedar Lake Rd. Call (847) 360-0770 for information.

#### SPRING GROVE

• **Spring Grove Village Board meeting.** 6 p.m., first and third Tuesdays. Council Chambers at the Municipal Centre, 7401 Meyer Rd. For more information, call (815) 675-2121.

#### WAUCONDA

• **Art Discovery Festival of Fine Arts.** 10 a.m.-5 p.m., Saturday, Aug. 11. Discovery Museum grounds, Lakewood Forest Preserve, Rt. 176 and Fairfield Rd.

#### WAUKEGAN

• **National Alliance for the Mentally Ill support group**

meeting. 6:30 p.m., second Thursdays. Lake County Health Department, 3012 Grand Ave., Waukegan. Call LCHD at (847) 377-8180 for details.

• **Catholic Charities foster parent informational meeting.** 7-9 p.m., first Tuesdays. Joseph Cardinal Bernardin Center, 671 S. Lewis. Individuals, couples and families interested in providing foster homes for children in need of temporary shelter are asked to attend. For meeting registration or more information, call Lucy Rivera at (847) 782-4249.

• **Lake County Board of Health meeting.** 6 p.m.,

Wednesdays. Lake County Health Department/Community Health Center, Conference Room 112, 3010 Grand Ave. For more information, call (847) 377-8000 or visit [www.co.lake.il.us/health/boh](http://www.co.lake.il.us/health/boh).

• **Lake County Coin Club meeting.** 7:30 p.m., first Tuesdays. Jester's Lounge, 1500 Lewis Ave. Call Les at (847) 662-1955 to learn more.

• **To submit an item to the Calendar,** e-mail to [ujcalendar@weeklyjournals.com](mailto:ujcalendar@weeklyjournals.com), phone (847) 223-8161 or fax (847) 223-8810 at least 14 days before the event.



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### GROCERY

<b>DANNON ORIGINAL YOGURT</b> 6 OZ. <b>39¢</b>	<b>KELOGG'S APPLE JACKS, CORN POPS OR CORN FLAKES</b> 10.9-12 OZ. <b>2/\$3.00</b>	<b>MOTT'S APPLE SAUCE</b> 23-24 OZ. <b>\$1.29</b>
<b>CENTRELLA POTATO CHIPS</b> 12.5 OZ. <b>3/\$4.00</b>	<b>OLD ORCHARD POMEGRANATE JUICE BLENDS</b> 64 OZ. <b>\$2.69</b>	<b>COUNTRY TIME LEMONADE DRINK MIX</b> MAKES 6-8 QUARTS <b>2/\$6.00</b>

<b>CENTRELLA ULTRA BLEACH</b> .....96 oz. <b>99¢</b>	<b>DEJA BLUE WATER</b> ......5 liter/24 pack <b>2/\$9.00</b>
<b>SOFT N' GENTLE WHITE FACIAL TISSUE</b> .....175 ct. <b>99¢</b>	<b>MARDI GRAS DECORATOR NAPKINS</b> .....120 ct. <b>99¢</b>
<b>GLACEAU VITAMIN WATER</b> 20 oz. <b>10/\$10</b>	<b>CENTRELLA COTTAGE CHEESE</b> .....24 oz. <b>\$2.29</b>

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DI NICOLA PARMESAN OR ROMANO CHEESE.....8 OZ.	<b>\$1.99</b>
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OLIVE OIL.....1 GALLON	<b>\$1.19</b>
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 <b>CALIFORNIA SWEET STRAWBERRIES</b> 1 LB. PKG. <b>79¢</b>	 <b>IDAHO BAKING POTATOES</b> <b>19¢</b> LB.	 <b>FARM FRESH GREEN BEANS</b> <b>59¢</b> LB.	 <b>FRESH VINE TOMATOES</b> <b>59¢</b> LB.
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 <b>CALIFORNIA BARTLETT PEARS</b> <b>59¢</b> LB.	 <b>FRESH RED OR GREEN BELL PEPPERS</b> <b>59¢</b> LB.	 <b>FARM FRESH CRISP CUCUMBERS</b> <b>4/\$1.00</b>
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<b>SORRENTO PROVOLONE CHEESE</b> .....LB. <b>\$2.99</b>	<b>SCOTT PETERSEN LIVER SAUSAGE</b> .....LB. <b>\$1.49</b>
<b>WISCONSIN BABY SWISS CHEESE</b> .....LB. <b>\$2.99</b>	<b>FRESH IMPORTED FETA CHEESE</b> .....LB. <b>\$2.99</b>
<b>SORRENTO MOZZARELLA CHEESE</b> .....LB. <b>\$2.69</b>	<b>DAISY BRAND PRASKY</b> .....LB. <b>\$3.39</b>
<b>KRETSCHMAR HONEY HAM</b> .....LB. <b>\$2.98</b>	<b>BUTTERBALL OVEN ROASTED TURKEY BREAST</b> .....LB. <b>\$3.99</b>
<b>SWIFT PREMIUM HARD SALAMI</b> .....LB. <b>\$2.99</b>	<b>ORVAL KENT AMERICAN POTATO SALAD</b> .....LB. <b>99¢</b>
<b>SCOTT PETERSEN OLIVE LOAF</b> .....LB. <b>\$1.49</b>	<b>MARGHERITA SLICING PEPPERONI</b> .....LB. <b>\$3.49</b>
<b>SAL'S HOMEMADE OLIVE SALAD</b> .....LB. <b>\$2.99</b>	<b>VAL'S HOMEMADE MEATLOAF</b> .....LB. <b>\$3.49</b>

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<b>VAL'S WITH PEPPERS ITALIAN SAUSAGE</b> .....LB. <b>\$2.69</b>
<b>BARBEQUED BABY BACK RIBS</b> .....LB. <b>\$4.99</b>
<b>BARBEQUED RIP TIPS</b> .....LB. <b>\$2.49</b>
<b>VAL'S SEASONED ROTISSERIE CHICKEN</b> .....EA. <b>\$4.49</b>

### BAKERY

<b>FRESH BAKED BUTTER COOKIES</b> .....LB. <b>\$4.49</b>
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<b>VAL'S HOMEMADE LASAGNA</b> .....LB. <b>\$2.99</b>
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<b>VAL'S HOMEMADE EGGPLANT PARMESAN</b> .....LB. <b>\$3.49</b>

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## &gt;&gt; PoliceBeat

People named here have only been charged with these crimes, not convicted. Information in Police Beat comes from local police records.

## LAKE VILLA

## Suspended license

Juan M. Munoz, 24, 1407 Fowler, Evanston, driving with a suspended license, suspended registration, July 26.

Ronald P. Tushner, 38, 26357 W. Central, Ingleside, driving with a suspended license, July 20.

Juan C. Palma, 33, 9622 W. Brown Deer Drive, Milwaukee, Wis., driving with a suspended license, improper lane use, July 19.

## No license

Katherine N. Brooks, 60, 24896 W. Forest Drive, Lake Villa, driving without a license, July 25.

## DUI

Mandy C. McDonald, 41, 418 Red Cedar Road, Lake Villa, driving under the influence, improper lane use, July 16.

Brian E. Sedlock, 49, 2115 Meadow Drive, Lindenhurst, driving under the influence, improper lane use, July 15.

## No valid registration

John W. Tesch, 37, 25183 W. Lincoln Drive, Lake Villa, driving without valid registration, driving without a license, improper use of registration, possession of marijuana, July 19.

## ANTIOCH

## No valid license

James M. Garcia, 25, 1009 W. Bay Road, McHenry, driving without a valid license, speeding, failure to secure new registration, July 23.

## Theft

James R. Boerman, 42, 780 Main St., Antioch, July 22.

## Possession

Jason R. Siepl, 21, 305 Hill Court, Antioch, possession of marijuana, possession of drug equipment, July 25.

## Revoked license

David J. Dettman, 47, 8215 116th St., Pleasant Prairie, Wis., driving with a revoked license, July 27.

Jonathan M. Howard, 22, 6533 246th Ave., Paddock Lake, Wis., driving with a revoked license, failure to stop a stop sign, driving without valid registration, July 27.

## Suspended license

Mari Debaz, 21, 1109 Bishop St., Antioch, driving with a suspended license, speeding, July 29.

## Disorderly conduct

Bonnie L. Wisowaty, 58, 764 Main St., Antioch, disorderly conduct, resisting a police officer, July 30.

## Underage drinking

Bryan P. Serzynski, 20, 1808 Maplewood, Lindenhurst, underage drinking.

## LINDENHURST

## DUI

Christopher A. Flom, 24, 12215 S. Millard, Alsip, driving under the influence, failure to signal, improper lane use, driving without proof of insurance, DUI with a blood alcohol content more than 0.08, July 22.

Jason R. Lewis, 32, 1912 Sprucewood Lane, Lindenhurst, driving under the influence, DUI with a blood alcohol content

more than 0.08, July 24.

## Possession

John G. Stebbins, 45, 19059 W. Sand Lake Road, Lindenhurst, possession of marijuana, July 23.

Louis M. Crespo, 19, 2125 Elmwood, Waukegan, possession of marijuana, not wearing a seat belts, driving without a valid license, driving without proof of insurance, July 25.

## Suspended license

Mike J. Mielke, 23, 361 Harden, Antioch, driving with a suspended license, possession of marijuana, failure to notify the state of an address change, July 24.

Sarah B. Muehlnickel, 20, 39193 Cedar Crest, Lake Villa, driving with a suspended license, driving without proof of insurance, July 25.

Connie L. Dix, 59, 2535 Gordon Drive, Flossmoor, driving with a suspended license, July 25.

Gregorio Escalera-Baltazar, 37, 622 Washington St., Waukegan, driving with a suspended license, July 25.

Patricia A. Ridge, 48, 18487 W. Rae, Gurnee, driving with a suspended license, July 25.

## Revoked license

Ines Antunez, 52, 20270 W. Rollins Road, Lake Villa, driving with a revoked license, no seat belts, improper use of registration, no proof of insurance, no valid registration, July 25.

## No valid license

Rafael Gordiano-Solar, 20, 1520 N. Park Drive, Round Lake Beach, driving without a valid license, speeding, no proof of insurance, July 25.

## &gt;&gt; LakeVilla

# Village Board set to vote on mixed-use development

By TARA CLIFTON

tclifton@nwnewsjournal.com

LAKE VILLA – The Village Board of Trustees should vote during its next board meeting on plans to develop the former Cedar Lake and Sherwood parks.

Action was delayed once more last week to allow Buschman Development more time to tweak its final proposal.

The next board meeting is at 8 p.m. on Wednesday, Aug. 8, and will take place at either Palombi Middle School or Village Hall.

Many residents have shown open disdain during public hearings about the idea of building 515 residential units and a 12-acre commercial space on the old parks.

Land owners Robert and Susan Johnston and Buschman Development want to split the

development into two parts.

Drawings for the Cedar Lake Park site showed 100 single family lots, ranging in size from 10,798 square feet to 26,000 square feet. Next to the subdivision were 133 townhouses, varying from 1,400 square feet to 2,350 square feet each.

On the Sherwood Park site, 102 townhouses would be built next to 180 condominiums. Adjoining the homes would be the 12-acre commercial area.

Robert and Susan Johnston and Buschman Development must comply with village codes under the lawsuit agreement, which was settled in September of 2006.

The Johnstons and Buschman Development filed the suit against the village when their plans were rejected three years ago.

## &gt;&gt; Lindenhurst

# Village gears up for Lindenfest

Annual festival activities include music, pageants, games

## LAKE COUNTY JOURNALS

## Lindenfest

## LINDENHURST

Lindenfest will once again offer families a smorgasbord of activities for four straight days.

Lindenfest 2007 will be from 6 to 10 p.m. on Thursday, Aug. 9; 6 p.m. to midnight on Friday, Aug. 10; noon to midnight on Saturday, Aug. 11; and noon to 5 p.m. on Sunday, Aug. 12. The fun takes place at

For a complete listing of events, log onto the village Web site, [www.lindenhurstil.org](http://www.lindenhurstil.org). For more information, call Village Hall at (847) 356-8252.

Village Hall grounds, 2301 E. Sand Lake Road.

Attendants can listen to a wide variety of music, including DJ Wayne Ewing, '60s

rockers Crows Feet, and Dot Dot Dot, playing contemporary rock.

The Miss, Junior Miss, and Little Miss Lindenfest Pageant will be on the first day of the festival, and the Lindenfest Parade is at 10:30 a.m. on Saturday.

Residents also can play on carnival rides, play games, see a magician, get their faces painted, watch dance troupes perform and more.

## &gt;&gt; Antioch

# D-34 gets ID screening software

## LAKE COUNTY JOURNALS

ANTIOCH – Starting on the first day of school this year, School District 34 will get a Raptor.

Not the dinosaur, but the screening system that checks visitors' backgrounds using only a driver's license.

Raptor, development by V-Soft, swipes licenses and compares the person's information with sexual offender databases from 42 states.

It is the same system that School District 117 and Emmons School uses.

Once that person's mini background check comes out clean, visitors are not required to get scanned the next time they come to schools.

According to a press release, the system will have a one-time cost of \$1,800 per school, and an annual cost of \$450 to update and maintain the software. Antioch Upper Grade School received a Department of Defense grant to pay for its software.

"It takes the safety and accountability factor up one notch by letting us know immediately if the visitor is a predator," said Superintendent Scott Thompson.

## &gt;&gt; Births

Logan Donald Gust, a son, was born May 30 at Condell Medical Center in Libertyville to Thomas and Angel Gust of Antioch. His brother is Teagan, 7. Grandparents are Sue Gust and

Bill Bauer of Lake Villa and Steve and Kristi Townsend of Antioch. John 'Jack' Montgomery Majerowski, a son, was born May 18 at Lake Forest Hospital

to John and Amanda Majerowski of Antioch. Grandparents are (the late) Leroy and Penny Smith of Antioch; and Robert and Suzanne Majerowski of Niles.



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\*APR = Annual Percentage Rate. All rates subject to change without notice. Rate may be higher dependent on borrower's credit history, income and other factors. CTCU will randomly draw one auto loan closed between June 11th, 2007 and August 31st, 2007 for a 0% auto loan. Odds of winning dependent on closed loans in a given month. Auto loans currently financed at Community Trust Credit Union are not eligible. Auto loan must be originated at Community Trust Credit Union. If the loan becomes greater than 60 days delinquent the rate will be increased back to the original APR for the remaining term of the loan.

## Come Worship With Us

### A Directory Of Antioch Area Churches

**Graceland Baptist Church.** 258 Ida St., Antioch, IL. Sunday School 11am., Morning Worship 11am., Sunday Evening 7pm. Robert Williams, Pastor.

**Beautiful Savior Lutheran Church.** Missouri Synod, 1501 Deep Lake Road, Antioch, 847-395-9400. Sunday Worship at 9am., Sunday School, High School & Adult Bible Classes 10:45am.

**Heritage Lutheran Church.** Heritage Lutheran, 630 N. Beck, Lindenhurst, (847) 356-1766. Sunday service 10:00 am, Sunday School & Bible Class 9:00 am. (summer schedule - 9:00 am Sunday) Rev. Mark W. Anderson, Pastor.

**St. Ignatius Episcopal.** 500 Depot St. Antioch Phone (847) 395-0652. Low Mass 7:30am., High Mass 9:30am Sunday School & Nursery 9:30am.

**CrossView Church** (formerly Antioch Evangelical Free Church) 750 Highview Drive, Antioch, IL 847-395-4117 Sunday Worship 9:00am and 10:30am Sunday School for all ages (nursery provided) Call for more information.

**St. Stephen Lutheran Church (ELCA).** 1155 Hillside Ave. (847) 395-3359. Sunday Worship, 8:00, 9:30, 10:45am. Rev. Roger Black, Pastor. Saturday Worship Service 5:00pm

**Christian Life Fellowship Assemblies of God Church.** 41625 Deep Lake Rd., Antioch, (847) 395-8572. Sunday School (all ages) 9am., Sunday Worship 10am. & 6:30pm., Children's Church 10am., Wednesday Worship & Children's Program 7am., Tues. Women's Fellowship & Bible Study 9-11:30am. Jeff Brussaly, Pastor.

**Antioch Baptist Church.** 817 Holbeck Dr., Antioch, (847) 769-5332. Sunday Worship 10:15am., 6:00pm., Wednesday Bible Study 7:00pm. Pastor Ken Foster.

**Community Church of the Holy Spirit.** 25291 W. Lehmann Blvd., Lake Villa, (847) 245-3000. Sunday Worship 11am., Bible Study Wednesday 10:30am & 7:30pm. Rev. Scott Keenan, Pastor. [www.mylholyspirit.org](http://www.mylholyspirit.org).

**Faith Evangelical Lutheran.** 24300 W Grass Lake Rd., Antioch, (847) 293-6101. Sunday Worship 8am. & 10:45am., Mon. Worship 7:00pm, Sunday School Weekly at 9:30am., Adult Studies Sun. 9:30am & Tues. 7pm., [www.faithantioch.org](http://www.faithantioch.org)

**Millburn Congregational United Church of Christ.** 19073 W. Grass Lake Rd. at Rte. 45, (847) 356-5237. Sunday Services 8:30am. Eucharist at 10am. Family Worship with Church School and Nursery Care. Rev. Jed Watson, Pastor.

**Antioch United Methodist Church.** 848 Main St., Antioch, (847) 395-1259. Sunday Worship 8 a.m. and 10:30 a.m. Sunday School all ages 9:15am. Nursery birth through kindergarten of age from 8 to 11:30 a.m. Rev. Barbara Good, Pastor. [www.umcna.org](http://www.umcna.org).

**St. Peter's Church.** 557 W. Lake St., Antioch, (847) 395-0274. Masses weekdays, 7:30am; Sunday 6:30, 8, 9:30, 11:30am & Saturday 5:30pm. Rev. Father Ronald H. Anglin, Pastor.

**Chain of Lakes Community Bible Church.** 43 W. Grass Lake Rd., Lake Villa. [www.clcbc.com](http://www.clcbc.com). (847) 838-0103. Sunday Worship 9:30 and 11:00. Sunday School. Jr. & Sr. High Youth Programs. Rev. Kerry Bauman, Senior Pastor

**Good Shepherd Lutheran Church (Missouri Synod).** 25100 W. Grand Ave. (Rte. 59 & 132), Lake Villa, (847) 356-5158. Sunday Worship 8:15 & 10:45am; Sunday School (3 and up) and Bible Study 9:30am. Rev. John Zellmer, Pastor.

**Lighthouse Church of Antioch.** 554 Parkway Ave., Antioch, IL (847) 838-0616. Saturday Service 7:00 p.m. Adventure Club for Kids, Adult Bible Study Saturday 6:00 p.m. Monday Bible Study 7:00 p.m. Thursday Evening PTSD Support Group 7:00 p.m. Senior Pastor Tom Bartmer.

**NorthBridge Church.** A Contemporary Worship Experience. Meeting at Antioch Community High School, 1133 Main St., Antioch, (847) 838-0800, [www.northbridgechurch.org](http://www.northbridgechurch.org). Sunday Summer Service - 10 am. Children's Classes (K-8) - 10 am. Mark Albrecht, Senior Pastor.

Visit our website at: [www.slrangh.com](http://www.slrangh.com)  
Dan Dugenske, Director

This Directory Presented As A Community Service By

## Strang Funeral Home of Antioch





## >> LocalDeaths

**Rosebud C. Sunich**, 80, Antioch  
**Julia M. Sima**, 81, Round Lake  
**Avis B. Hatch**, 80, Libertyville

**John Poland**, 76, Round Lake  
**J. Brent Rainwater**, 41, Lake Villa  
**Mary A. Boyd**, 70, Antioch

**Marilyn Mae Rodriguez**, 59, Round Lake Beach  
**James E. Ramsay**, 62, Libertyville  
OBITUARIES ON PAGE 10A

## >> InBrief

### Health department advises West Nile virus precaution

The dog days of summer bring hot, dry weather, but they also bring the peak of the West Nile virus season in Lake County.

The Lake County Health Department/Community Health Center is urging residents to prevent West Nile virus by protecting themselves from mosquito bites.

"Late July through September has traditionally been the peak of the West Nile virus season, when people are at their highest risk of contracting the virus through the bite of an infected mosquito," said Dale Galassie, the health department's executive director. "Residents should continue to be vigilant about protecting themselves and their families from mosquito bites."

The West Nile virus is contracted from the bite of a mosquito infected with the virus.

While most people infected with the virus have no symptoms of illness, some might become ill with headache, high fever, muscle weakness and sometimes a skin rash.

These symptoms usually appear three to 15 days after the bite of an infected mosquito.

The virus might occasionally cause serious complications.

-Local reports

### Credit union employees set to be heroes

When their boss says "Jump!" these employees really do ask "How High?" That's because they're members of the Community Trust Credit Union (CTCU) Super Hero Parade Brigade - the group representing the credit union on Aug. 12 in the annual Gurnee Days Parade.

The group has been working on their parade entry for weeks and is looking forward to the big day.

"Super Heroes" is, coincidentally, the theme of this year's Gurnee Day's Parade.

"More often than not, I need to maintain my mild-mannered alter-ego but, on parade day, I can be me," said Tom Stroner, Operations Manager at Community Trust's main branch at 1313 Skokie Highway in Gurnee.

"We're looking forward to leaping things in single bounds, upholding justice, and tossing candy to the citizens along the route," he added.

Other members of the CTCU Parade Brigade include Liz Camarda, Kara Orlando, and Aggie Panzarino. These and other Community Trust staff members will meet and greet parade goers along the 5-mile parade route that steps off at Old Grand Avenue and Greenleaf Avenue and continues west on Old Grand Avenue finishing at the Grade School.

See CTCU.org/Superhero for more information about Community Trust and the annual Gurnee Days Parade.

-Local reports

# Farewell to the fairgrounds



Sandy Bressner - sbressner@nwnewsgroup.com

Pictured is a view of the 2007 Lake County Fair from a parachute ride. It is likely that the fair will be at Titus Farm next year.

## Residents express mixed feelings about possible new fair site

By HELEN MANSFIELD  
hmanfield@nwnewsgroup.com

**GRAYSLAKE** - The rides have been dismantled, the tents have been taken down. The animals and humans have returned to their respective homes, and the 2007 Lake County Fair has come to a close.

For the past several years, there have been various plans in the works between the village of Grayslake and the Lake County Fair Association Board to make improvements at the fair's location at the corner of Routes 120 and 45. When those plans were exhausted, the Fair Association opted to sell the property, and buy new land with the proceeds from the sale.

Grayslake brought a buyer to the table, and the Village Board is one meeting away from approving a shopping center at the new location.

The Village Board also recently approved the zoning for 160 acres of the Titus Farm near Route 83 and Peterson Road for the fairgrounds' new home.

But, both sides are cautiously optimistic that both plans can be settled in time to get the 2008 fair going at the new site.

Kirk Smith, zoning officer for the village of Grayslake, said both sides know that once the plans are passed, it would mean an aggressive construction schedule for both projects.

Joanne Lawrence, a volunteer at the Grayslake Historical Society, is torn about the fairgrounds moving.

"I hate to see it move, however I'm glad to see it go to Titus Farms. That land has been in the Titus family for over 100 years, more like 150."

Lawrence is happy at the prospect of more shopping in the Grayslake area.

"I'm all for the shopping center," she said. "We need more business in the area to help with taxes."

I think it's a great opportunity to benefit the area."

Trudy Tooman-Salinas is a resident of Wildwood and owns Designs on You, across from the fairgrounds on Route 45. She, too, has mixed feelings about the move.

"As a resident of Wildwood, I love having the fairgrounds there and I don't want it to move," Tooman-Salinas said. "I don't want the shopping center there, and I don't want all the traffic."

As a business owner, she thinks the shopping center would be great and more people would see her business.

On the other corner of the fairgrounds property, at Route 45 and Center Street, is the Lake County Farm Bureau and the University of Illinois Extension office.

Kay Doll, county director of the University of Illinois Extension office, said the office leases its space from the Farm Bureau, which has no plans to move.

"They're staying, so we'll stay at this point in time," Doll said.

Both the Farm Bureau and the Extension office use the fair facilities throughout the year so, Doll said, they will be impacted by the move.

"We use the building for dog training and 4-H programs," she said. "We'll just have to do the fair differently."

Doll said she is already thinking about how she might make the Extension's service accessible for people coming to and from the mall.

"I wish we could put in a drive-through window," she said with a laugh.

Shirley Christian, supervisor of Avon Township, isn't sure what the construction of a mall in Grayslake means for the township yet, but sees the benefit of commercial growth.

"With Deer Park for example, all the area around it has grown," Christian said. "I'm very excited; it will be a boon to all of us."

### What do you think about the Lake County Fair moving to a new location?



"I've been coming here with my husband for 25 years. It won't be the same. I'm a little skeptical. I think we have a enough shopping malls."

**Teresa French**  
Waukegan



"This is my first time here. If it moves, it might be hard for people to find the new location, especially (because) it's been here for so long."

**Alicia Cyr**  
Great Lakes



"I've come here a few times, and I don't know much about the new facility. If it's nicer, cleaner and has more air-conditioned buildings that would be good."

**Martin Falatic**  
Barrington



"I've never been to this fair before, but if the new spot is bigger they can probably offer more. It's crowded here."

**Ivan Martinez**  
Elgin

## INSIDE LAKE COUNTY



**John S. Matijevich**

### >> SeeingItThrough

The future of newspapers has been threatened before by the likes of radio and TV, but still they have survived. However, with the new kid on the block, the Internet, becoming more popular columnist John Matijevich thinks newspapers need to survive the craze to guide people in the right direction.

PAGE 11A

### >> SnapShot

#### This week's question

"Do you think the general assembly will pass the budget before school starts later this month?"

ANSWERS ON PAGE 11A

### >> PartyLines

#### No more dumping in our lake

State Sen. Susan Garrett, D-Lake Forest has teamed with State Sen. John Millner, R-Carol Stream, to stop British Petroleum from dumping more amounts of ammonia in Lake Michigan.

PAGE 11A

### >> OurView

#### Gonzales must open up

Attorney General Alberto Gonzales has evaded Congress long enough.

PAGE 11A

### >> SketchView



## Splashing for a cause



Annie Christie - achristie@nwnewsgroup.com

More than 1,500 athletes competed in the McDonald's Harbor Lights Triathlon July 22 in Waukegan. This year's triathlon consisted of a 13.2-mile bike race, a 4-mile run, and an 800-yard swim.



## &gt;&gt; HospitalDebate

# The countdown begins for Vista Health, Advocate

## Healthcare groups await planning board's decision

By TARA CLIFTON  
tclifton@nwnewsgroup.com  
and HELEN MANSFIELD  
hmansfield@nwnewsgroup.com

CHICAGO — Vista Health System and Advocate Health Care will compete in the same arena during the Illinois Health Facilities Planning Board (IHFPB) Aug. 28 and 29 meeting in Chicago.

Both organizations are vying for approval to build a hospital in northwestern Lake County. Because the close proximity of the proposed hospitals it is unlikely that the board will give the OK for both proposals.

On Tuesday, July 24, the first day of the board's two-day meeting, Vista officials were granted an extra month to gather information the board said it needs to make a decision regarding Vista's plans to build a hospital in Lindenhurst.

A small contingent of Advocate Health Care staff attended last week's IHFPB hearing strictly to observe the process.

"We really went to witness the board's reaction to Vista's public hearing, more so to really get an understanding of how the board perceives need in the northwest Lake County region," said Jackie Bailis, director of communication for Advocate Health Care.

"The rules that they are operating under ... many folks believe the rules need to be revised" Bailis said.

She adds that the criticisms of Vista's application by the IHFPB shows that they will be committed to the existing rules, "and will not be making any decisions based on how we expect the rules to be revised in the near future."

### Vista

- Vista Lindenhurst would be a **215,000-square-foot, 140-bed medical center** with 21 emergency room beds, five operating rooms, a catheterization lab and full radiology services.
- The building would be a three-story, triangular-shaped facility
- Vista Lindenhurst also would house physicians nearby in a 60,000-square-foot medical office building.
- The proposed location of Vista Lindenhurst is near Grand Avenue and Deep Lake Road in Lindenhurst, the site of Vista's current Surgery Center.

The planning board told Vista leaders that it needed more information about transportation and how many beds the proposed hospital will have, said Adam Beeson, spokesman for Vista.

Both Beeson and Barbara Martin, Vista president and CEO, viewed the deferment as a good thing.

"Clearly the board recognizes the merit of our application, but must be able to apply our project to their stringent guidelines," Martin said in a statement.

Until the next meeting, the board will do research of its own, Beeson said, considering making a new system for calculating hospital bed counts.

Right now, Lake County has more than 400 licensed beds, more than what the state thinks should be used for the county's population, Beeson said. Vista argues that residents in the northwestern portion of the county have difficulty reaching the hospitals. Also, some beds that are licensed are not open to all

### Advocate

- Advocate's plan is for **144 single hospital rooms**, and includes a **Level II Trauma Center**
- The facility would be built on 57 acres at Route 120 and Wilson Road in Round Lake, with a overall cost estimated at \$239 million.
- The hospital will have 108 medical-surgical beds, a 16-bed intensive care unit and 20 obstetrical beds. The obstetrical service would include six labor/delivery-recovery rooms and a Level II newborn nursery.
- The hospital is designed to include a Level II Trauma Center, providing immediate access to emergency services, 24 hours a day, seven days a week for seriously injured patients.

patients such as hospitals that treat only cancer patients.

Beeson said that the board is revising its licensed bed formula for the entire state.

Vista also needs to prove to the board that people in northwestern Lake County cannot easily drive to surrounding hospitals, Beeson said.

According to a board assessment issued last week, about 15 hospitals are within 45 minutes from the Lindenhurst site, which deems a hospital unnecessary based on board guidelines.

But the board did not take into account traffic congestion, Beeson said.

Officials feel confident they can prove the need for a Lindenhurst hospital, Beeson said.

"All in all, we really feel this is a positive," Beeson said of the deferment. "We need to dot all the I's and cross all the T's with them."



Sandy Bressner - sbressner@nwnewsgroup.com  
Nineteen-year-old Nikki Petersen, of Libertyville, relaxes with one of her steers in the beef barn of the Lake County Fair. This is Petersen's last year as a 4-H'er.

## 4-H tradition lives on at fair

### Kids learn about more than just animals at club

By STEVE PETERSON  
speterson@nwnewsgroup.com

GRAYSLAKE — "City folks" from Cook County get a chance to participate in some country living each year at the Lake County Fair.

The Glenview Clovers 4-H Club members showed off its cattle and won awards at the first day of the fair, courtesy of University of Illinois Lake County Extension, backers of the 4-H clubs in Lake County.

"They do chores and take care of the animals at Wagner Farm," said Julie Tracy, whose son John won awards for best of breed and junior showmanship. "We have been doing it for five years and showing dairy for three. It is such a nice group."

As the contestants dressed in white showed their animals, Tracy explained that it is the people who are being judged on their presentation. Sometimes judges will ask contestants to switch animals or if the members are older, ask them more difficult questions about the cattle.

"It is nice that they give

these kids an opportunity, particular here," Price said.

Price knows the value of growing up on a farm. He was raised on a farm of 2,000 acres in southwest Iowa.

"Our kids are so excited to be part of this," Tracy said. "We started small the first year, with chickens and sheep, then moved to dairy. We've got seven sheep, two market hogs, and four dairy. Two of our members take care of cattle at Golden Oaks Farm in Wauconda."

Beth Bradley, leader of the Millburn Clovers 4-H Club, also understands how important these events can be for kids.

"The kids benefit a great deal from 4-H," she said. "They learn public speaking, confidence, and that can help them later in life."

There also is community service involved with 4-H. Millburn's projects include flower beautification at North Chicago Veterans Administration Medical Center; "sunshine boxes" twice a year for elderly and shut-in residents; bingo at the VA in February; and a Public Action to Deliver Shelter, dinner in December.

"We fared well in pre-judging of the fair competitions, in public speaking and rock-etry," Bradley said.

The history of 4-H clubs also is nothing to overlook.

"Some clubs come and go, but some have been here forever," said Kay Doll of University of Illinois Extension.

Jane Keroson has been an adult leader in 4-H for 32 years, and leads the Lake Villa-based Guys & Gals club.

"It varies. We have had as many as 25, but about five members the last couple of years," Keroson said. "They do enjoy it. It is helpful for them as they go onto college and their careers. It's nice knowing you helped make an impact."

The club helps staff the 4-H pop stand at the fair.

Keroson also is active as secretary of the Extension Foundation, a fundraising group.

Nancy Huntington, a leader with Alpine Club 4-H has been attending the 4-H building at the Fair for more than a decade now.

"This is my 16th year as a leader," she said. "We did well this year, in visual arts, in landscape and clay."

"I have two kids who were in 4-H. Both have successful careers now ... I am very proud of them. It teaches you to take a goal and to follow through with it, learning life-long skills."

## Something you can sink your teeth into

### Food draws many to the fair

By TARA CLIFTON  
tclifton@nwnewsgroup.com

GRAYSLAKE — People had tons of activities to choose from at this year's Lake County Fair. They can ride the Ferris wheel, knock a fake gopher on its head, pet goats and pigs, and even take a look at full-grown and baby bears.

But probably one of the most beloved activities can't fully qualify as an actual activity: eating. Fairs have its fair share of greasy, sugary, spicy junk food.

Take the pie eating contest. On the third day of the fair, nine people dunked their faces into apple pie halves and mauled them, gagging and heaving along the way. Even the fair queens got their faces messy.

But the fastest, and messiest, of them all was 14-year-old April Barroso, of Round Lake Beach. This is the third year in-a-row she won the contest, she said.

And her secret: "Dig your face into it," Barroso said. Barroso looked like she could have easily choked. She inhaled just as much pie as she ate. "It was a lot," Barroso said. "Enough so that if I sneezed, it would go all over the place."

For her efforts, Barroso received a medal. Down the way from the pie-eating station sat booths containing nearly every kind of junk



Sandy Bressner - sbressner@nwnewsgroup.com  
Twelve-year-olds Jenna Ivers (left) and Chelsea Barker, both of Gurnee, bite into their corn dogs while walking the Lake County Fair in Grayslake.

food you could think of: candied apples, popcorn, corn dogs, elephant ears, funnel cakes, cotton candy, roast pork on a hoagie bun and more.

Andre Raymond, who worked one of the funnel cake booths, explained the mysterious relationship between the similar-looking funnel cake and elephant ear.

It's all about the batter, Raymond said. Funnel cakes are made with cake flour, no yeast. Elephant ears are basically fried dough containing yeast. And of course the toppings vary. Powdered sugar and cherries are popular.

Raymond said he loves the junk food at fairs, and dismisses the fact that the fair is unhealthy.

"Doctors, they die young, like at 57," Raymond said, with a laugh. "Carnies live forever."

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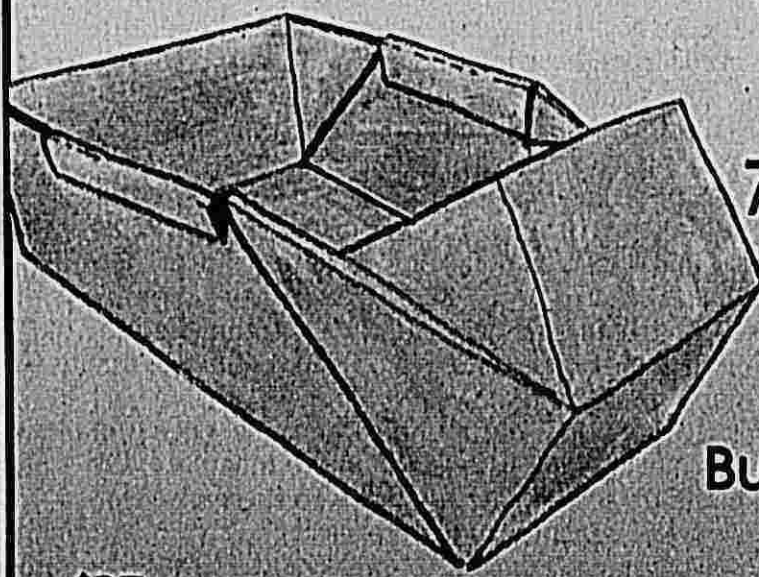
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# home & garden STYLE

## Weekend painting projects made easy

Outdoor painting projects can be intimidating. But now that the weather is warm, why not take them head on? In fact, with the right tools and planning, you could complete a project in just one weekend.

Here are some examples to get you started, so you can paint quickly and easily, leaving you the rest of your weekend to enjoy your yard.

### Project 1: Painting outdoor furniture

Patio and lawn furniture are frequently used during the warmer months, but over time, these pieces show wear and tear. Wicker and wood furniture become faded and iron and metal start to rust. A new coat of paint will make them look like new.

**Step 1** - Prepare the surface with steel wool or sandpaper to remove any rust. Try using an electric paint remover to save a lot of time and frustration. It removes paint from all sorts of surfaces easily and in much less time than by hand.

**Step 2** - The first coat of paint should be a metal or wood primer. This prepares the surface for the next coats of paint and helps the paint job last much longer.

**Step 3** - Apply paint. Use paint specified for outdoor use because it is formulated to last longer under a harsher environment. Any chips or scratches can be immediately touched up without having to do an entire paint job again.

### Project 2: Doors, shutters and trim

You can spruce up the look of your entire home and add to its curb appeal simply by giving the doors, shutters and trim a fresh coat of paint. Maybe the current color is faded and a new coat will brighten the look. Maybe you want to try a new look without repainting the whole house. This easy weekend project can bring big visual results.

**Step 1** - Decide the areas you want to focus on. Most of these surfaces will be wood, although some doors are metal. Use sandpaper or an

electric paint remover to remove any paint and ensure a clean surface.

**Step 2** - Tape areas that border spaces you do not plan to paint. Apply primer to ensure the longevity of the paint job. One coat of primer should be adequate, let dry overnight.

**Step 3** - After choosing paint that is made for outdoors, begin to apply coats. For trim and other small areas, use a small paintbrush for all the hard-to-reach areas and wood grooves. For large items, such as the door, consider using an electric paint sprayer.

### Project 3: Kids play sets and toys

Kids love to be outside. Many parents have a play set or toys in the yard for their children. Wear and tear from the kids and weather can take their toll, but with a new coat of paint, stain or sealer, these items don't have to be an eyesore.

**Step 1** - Use sandpaper, steel wool or an electric paint

remover to sand down metal or wood to reveal the surface material.

**Step 2** - Try having your child come with you to the store to pick out paint, stain or sealer for the new look of their play set.

Remember to choose a heavy duty paint that can stand up to children's play and various types of weather.

**Step 3** - Use an electric paint sprayer to spray paint the whole play set fast, getting to all those hard-to-reach areas easier than with a brush.

These simple weekend outdoor paint projects will make your house and yard look brand new. While you're at it, why not repaint accessories like the mailbox, bird feeder and flower planters?

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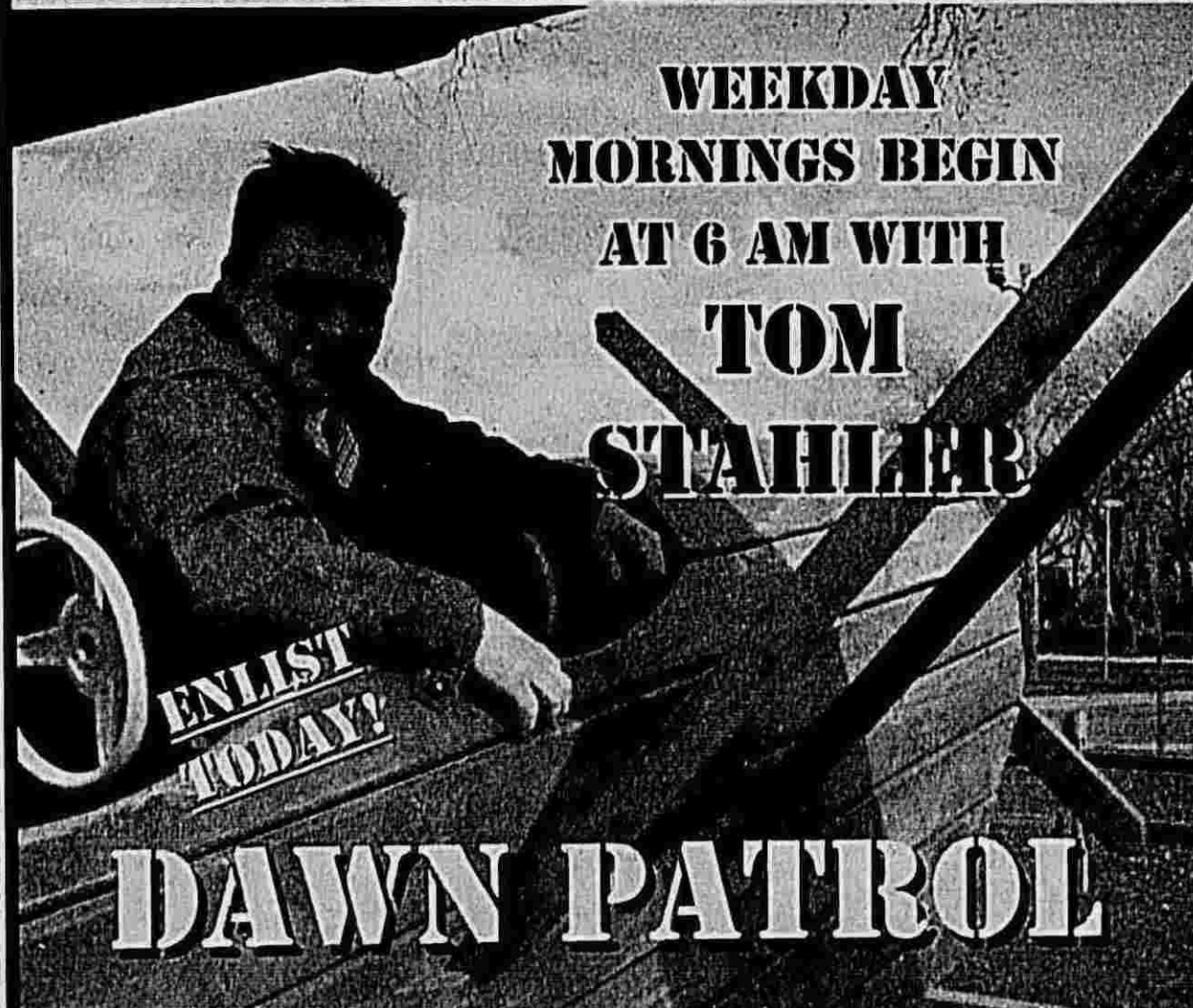
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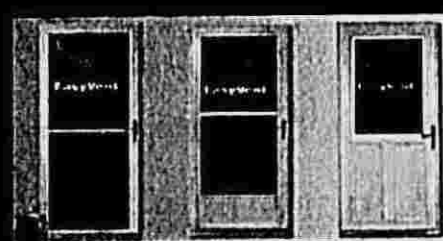
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**ROSEBUD C. SUNICH**

Born: May 5, 1927

Died: July 21, 2007

Loved to travel with her husband and family, and enjoyed the Big Band era

ANTIOCH – Rosebud C. Sunich, age 80, of Antioch, formerly of Aurora, Wis., passed away in her sleep on the morning of Saturday, July 21, 2007, at the Victory Lakes Continuing Care Center in Lindenhurst. She was born May 5, 1927, in Aurora, Wis., to the late Herbert and Marie (Schneider) Smith. Rosebud specialized as a nurse, in surgery. Rosebud married Frank M. Sunich at the Sacred Heart Catholic Church in Aurora, Wis., on March 17, 1951. She continued her nursing career as the supervisor of the 4-West Surgical Wing of Victory Memorial Hospital in Waukegan. Later she became the supervisor of the Surgical Wing for the Northern Illinois

Medical Center in McHenry.

Rosebud is survived by her son, Philip (Patricia) Sunich of Bristol, Wis.; two adopted sisters, Marie (Dennis) Ahern of Menominee, Mich., and JoAnn (Ronald) Erickson of Spread Eagle, Wis.; three grandchildren; and five great-granddaughters. She is preceded in death by her husband, Frank in May, 1979.

Friends and acquaintances called on July 28, from 2 to 3 p.m., at the Erickson-Rochon & Nash Funeral Home in Iron Mountain, Mich. The funeral was held at 3 p.m., July 28 at the funeral home with Fr. Daniel Zaloga officiating. Burial was in Cemetery Park. Condolences to the family of Rosebud C. Sunich can be expressed online at: [www.ernashfuneralhomes.com](http://www.ernashfuneralhomes.com). The family has entrusted the Erickson-Rochon & Nash Funeral Home of Iron Mountain, Mich., with the funeral

arrangements.

Please also sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).**JULIA M. SIMA**

Born: Feb. 2, 1926

Died: July 26, 2007

Was an avid bingo player

ROUND LAKE – Julia M. Sima, age 81 of Round Lake, died Thursday, July 26, 2007 at Condell Medical Center in Libertyville. Born Feb. 2, 1926 in Breschia, Italy, Julia was the daughter of the late Louis and Maria Braga. She was an avid bingo player and cherished her bingo pals.

Survivors include her husband of 59 years, Raymond Sima, whom she met while he was stationed in Italy during his Army service; her sons, Alan Sima of Round Lake and Glenn Sima of Round Lake; and her many nieces and nephews

stateside as well as in Italy. Her aforementioned parents and 10 brothers and sisters preceded her in death.

The funeral was held at 7 p.m., July 29 at the Strang Funeral Chapel & Crematorium, in Grayslake. Friends of the family visited from 4 p.m., until the time of service at the funeral chapel. In lieu of flowers, memorial contributions may be made to St. Joseph Catholic Church, 114 N. Lincoln Ave., Round Lake, IL 60073. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**AVIS B. HATCH**

Born: Nov. 20, 1926

Died: July 22, 2007

A former resident of Round Lake

LIBERTYVILLE – Avis B. Hatch, age 80, of Libertyville, passed away Sunday, July 22, 2007 at the Condell Medical Center in Libertyville. She was born Nov. 20, 1926 in Montgomery, Vt., was a former resident of Round Lake, retiring to Cotter, Ark. and Quartzite, Ariz.

Surviving are three children, Wes (Lesley) Hatch of Wauwatosa, Wis., Judy (Nick) Tomlin of Morris, and Andra Vitellaro of Lake Villa; five grandchildren; six great-grandchildren; and her brother, Ling Benoit of Waterbury, Conn. She was preceded in death by her husband, Robert L. Hatch in 1987, and by a special friend, Gene Frahm in 2007.

Services were held on July 24 from the Burnett-Dane Funeral Home in Libertyville. Interment was at Abraham Lincoln National Cemetery in Elwood. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits)

**JOHN POLAND**

Born: June 16, 1931

Died: July 25, 2007

Enjoyed watching Western movies, was a White Sox and a Bears fan

ROUND LAKE – John Poland, age 76 of Round Lake, formerly of Lindenhurst, passed away Wednesday, July 25, 2007, at Condell Medical Center, in Libertyville, after an extended illness. He was born June 16, 1931 in Chicago, the son of the late Martin and Marie (Florentine) Poland. He served in the U.S. Navy during the Korean War. John was a member of Prince of Peace Church of Lake Villa and the Teamsters Union Local 101 of Chicago. Until his retirement he worked as a truck driver and mechanic. He enjoyed watching Western movies and was a White Sox and Chicago Bears fan. On March 31, 1951 he married Helen Wegrzynowski in Chicago and she preceded him in death on Feb. 29, 1996.

Survivors are five sons, John (Diana) of Antioch, Charles (Sharon) of North Pole, Alaska, George (Denise) of Whitesburg, Ga., Matthew (Audrey) of Spring Grove, and Joseph (Life Partner Chris Synowiec) of Round Lake Beach; five daughters, Victoria (Randy) Moore of Round Lake Beach, Marie (William) Klinesmith of Lindenhurst, Frances (Robert) Peterson of Machesney Park, JoAnn (Craig) Poland of Kenosha, Wis., and Agnes (Keith) Abbott of Fox Lake; 14 grandchildren and 12 great-grandchildren.

Funeral services with Mass of Christian Burial were at 10 a.m., July 30, at Prince of Peace Church, in Lake Villa. Interment was in Millburn Cemetery, at Old Mill Creek. Visitation was from 2 to 5 p.m., July 29, at the Strang Funeral Home of Antioch, in Antioch. Please sign our guest book for John at

[www.strangfh.com](http://www.strangfh.com). Please also sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**J. BRENT RAINWATER**

Born: Sept. 18, 1965

Died: July 27, 2007

Enjoyed the game of golf

LAKE VILLA – J. Brent Rainwater, 41, of Lake Villa, passed away unexpectedly on Friday, July 27, 2007 at Condell Medical Center, Libertyville. He was born in Alpharetta, Ga., on Sept. 18, 1965, the son of Sue and the late Lamar Rainwater. Brent was employed with the Intermatic Corporation of Spring Grove. He enjoyed the game of golf and will be remembered for his great sense of humor. He married his wife, Melissa on May 4, 1991.

He is survived by his wife, Melissa; his daughter, Haley; his mother, Sue, and his brother, Kevin (Jenni) of Georgia. He was preceded in death by his father, Lamar.

The funeral was at 8 p.m. on July 31, at the Ringa Funeral Home in Lake Villa, with Rev. Lisle Kauffman officiating. Interment was in Alpharetta, Ga. Visitation was on July 31 at 5 p.m. until the time of service at 8 p.m. In lieu of flowers, memorials would be appreciated to a future memorial to be established in Brent's memory. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**MARY A. BOYD**

Born: May 18, 1937

Died: July 27, 2007

Loved crossword puzzles, gardening, and bowling

ANTIOCH – Mary A. Boyd, age 70 of Antioch, passed away Friday July 27, 2007 at Vista Medical Center East, in Waukegan. She was born May 18, 1937 in Waukegan, the daughter of the late Charles and Elaine (Pritchard) Atwood, and has been a life long resident of Antioch. Mary graduated from the two-room Channel Lake Grade School in 1951 and from Antioch High School in 1955. On Nov. 10, 1956 in Antioch she married George I. Boyd. Mary loved to remember the time she bowled a 299 game.

She is survived by her loving husband of over 50 years, George; her two daughters, Elizabeth (Kenneth) Cichon and Linda (Robert) Chess both of Antioch; and her son, George (Jennifer) Boyd of Paddock Lake, Wis.; eight grandchildren; and two brothers. In addition to her parents she was preceded in death by five brothers.

The funeral was held at 11:30 a.m., July 31 at the Strang Funeral Home of Antioch with interment following in Mt. Carmel Cemetery, in Antioch. Visitation was from 4 until 8 p.m., July 30. In lieu of flowers donations may be made to a family memorial. Please sign our guest book for Mary at [www.strangm.com](http://www.strangm.com). Please also sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**MARILYN MAE RODRIGUEZ**

Born: May 5, 1948

Died: July 29, 2007

Was a den mother for Cub Scouts and coach for Avon Girls Softball League

ROUND LAKE BEACH – Marilyn Mae Rodriguez, age 59, of Round Lake Beach, died Sunday, July 29, 2007, at Condell Medical Center in Libertyville. She was born May 5, 1948 in Bensenville to Albert and Lillian (Runge) Rickert. On May 20, 1972, she married John

Rodriguez in Bensenville.

Marilyn was a resident of the Round Lake area for over 35 years. She worked in the Round Lake School District Unit 116 as a secretary in Special Services for over 15 years. She was a Den Mother for the Cub Scouts and a coach for the Avon Girls Softball League. Marilyn was a devoted grandmother and an avid reader.

Survivors include her husband, John of 35 years; two children, Clint (Ana) Rodriguez of Antioch and Amanda Rodriguez of Round Lake; two grandchildren, Antonio and Zamora; her mother, Lillian of Marengo; and a sister, Diane (Tom) Kearney of Marengo. She was preceded in death by her father.

Visitation will be from noon until the 2 p.m. Celebration of Life Service on Saturday, Aug. 4, at Justen's Round Lake Funeral Home, 222 N. Rosedale Court, in Round Lake. The Rev. Lisle Kauffman will officiate.

Memorials to PanCAN, 2141 Rosecrans Ave., Suite 7000, El Segundo, CA 90245, would be appreciated by the family. Online condolences may be sent to the family at [www.justenf.com](http://www.justenf.com). Please also sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**JAMES E. RAMSAY**

Born: April 5, 1945

Died: July 29, 2007

Had been a heavy equipment operator

LIBERTYVILLE – James E. Ramsay, age 62 of Libertyville, passed away Sunday, July 29, 2007 at Rush University Medical Center in Chicago. He was born April 5, 1945 in Evanston. Jim was a 1963 graduate of Notre Dame High School in Niles and had been a heavy equipment operator and member of Union Local 150, for many years.

Surviving are his wife of 38 years, Carlene Ramsay; and daughter, Dana Ramsay (Robert Stermer) of Libertyville; and two brothers. He was preceded in death by his son, Douglas on Feb. 12, 1987.

Visitation was from 11 a.m. until the time of services at 1 p.m. on Aug. 1, at the Burnett-Dane Funeral Home, in Libertyville. Interment followed at Ascension Cemetery. Memorial contributions can be made to the Paramedic Unit of the Libertyville Fire Dept. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**GEORGE F. SLADEK**

Born: April 5, 1923

Died: July 25, 2007

Cherished grandfather and great-grandfather

GENOA – George F. Sladek, age 84, of Genoa, died July 25, 2007 at St. Anthony Medical Center in Rockford. Born on April 5, 1923.

Beloved husband of Mary; loving father of Dr. Gary (Sheila); cherished grandfather of Paul (Megan) and Jennifer (Andrew) Rosato; great grandfather of Charlotte.

The funeral will be at 11 a.m. on Saturday, Aug. 4, at Prince of Peace Catholic Church, 135 S. Milwaukee Ave., in Lake Villa, for an 11 a.m. Funeral Mass. Interment will be at Woodlawn Cemetery, in Forest Park. Visitation will be on Saturday, Aug. 4, at the church, from 10 a.m. until the time of service at 11 a.m. Funeral arrangements were handled by Ringa Funeral Home, in Lake Villa. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

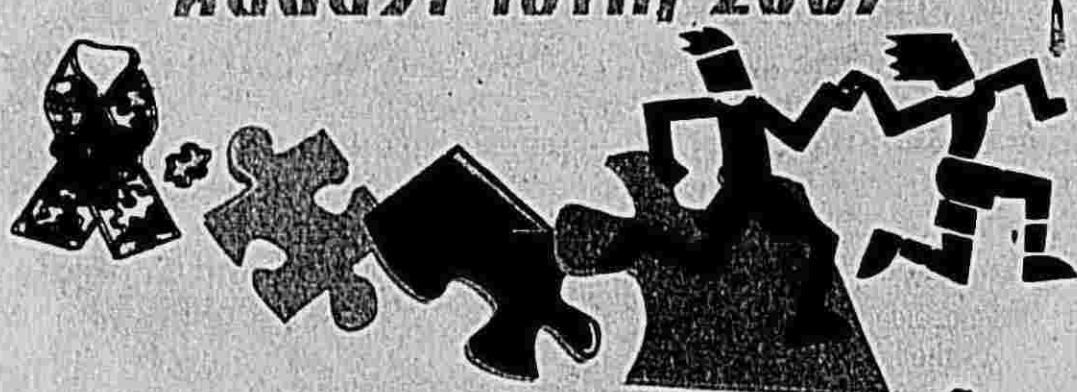


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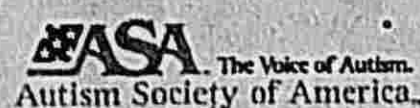
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Edition of August 3-9, 2007 ALL • Page 11A

LakeCountyJournals.com

## >> OurView

# Gonzales' time to answer has come

It is time for Attorney General Alberto Gonzales to step down. Gonzales' continuing inability to answer questions posed by Congress accurately and truthfully has destroyed his credibility.

Calls for a special counsel to investigate Gonzales for perjury are, unfortunately, justified. Gonzales has become a weight around the neck of President Bush at a time when Bush can ill afford a political liability. Bush has enough problems without an attorney general who seemingly cannot give a straight answer to basic questions.

The attorney general's latest gaffe involved a question about a meeting in 2004 with Congressional leaders and Gonzales' subsequent hospital visit to then-Attorney General John Ashcroft. Gonzales testified that the meeting was not prompted by the Bush administration's program to monitor communications with terror suspects overseas without warrants.

But a 2006 memo about a terrorist surveillance program that was provided to Congress by former National Intelligence Director John Negroponte appears to contradict Gonzales' testimony.

Worse, however, was the May testimony from Ashcroft's Deputy

Attorney General, James Comey. Comey was running the justice department while Ashcroft was in the hospital and he and Ashcroft had discussed and determined that the surveillance program should not be authorized.

However, when Comey rejected the surveillance program, the administration, according to Comey, did not take no for an answer. Instead, Gonzales and White House Chief of Staff Andrew Card went to the hospital in the hopes of taking advantage of an ill Ashcroft. Despite Ashcroft's weakened condition, he still refused to go along with the program.

Ashcroft can hardly be described as a liberal. Certainly if he had concerns about the surveillance program the Bush administration should have heeded those concerns. They did not. Instead, they apparently tried to slip the program past Ashcroft while he still was recovering from surgery.

And, on top of all of this, when Gonzales is asked about these matters he is unable to come clean. All of this comes after Gonzales' problematic testimony involving the removal of nine U.S. Attorneys.

It is time for a change in the Justice Department.

## >> SketchView



## >> YourView

### Lake County's laughing stock

To the Editor:

As somebody who does not live in the village of Antioch, I wanted to say how sorry I feel for the citizens of Antioch.

In the past, Antioch always seemed to be a community with a no-nonsense government that avoided the circus atmosphere and silliness found in some communities.

But something has changed with the election of new village trustees in Antioch. These new trustees have brought new embarrassing infighting, political games, and bickering to Antioch. Now, Antioch is the talk of Lake County, and the citizens of Antioch should be embarrassed.

The new village trustees seem to be playing politics with one of the village trustees on the other side of the aisle. This trustee on the other side seems to have done nothing wrong, other than disagree with the new trustees, while owning a business in town.

So here is where the games begin.

The new village trustees have decided to take away the liquor license of the trustee with whom they disagree based upon a technicality. There has been no allegation that the independent trustee did anything wrong, or that he operated his business in a way that hurt the community. The move against the liquor license seems to be based on pure political retaliation.

It seems so wrong. And from the press reports, the village trustee meetings have made Antioch the laughing stock of Lake County.

I read bad news in this newspaper every day. I am glad that at least we have some comic relief in the antics of the new trustees in Antioch. Only, I bet the people of Antioch are not laughing.

Dorothy Furman  
Antioch Township

### Collision course

To the Editor:

Like cash-strapped parents faced with finding new income sources or trimming household spending to pay college tuition for their children, our state lawmakers face tough choices about foot-

## Letters to the editor

We welcome original letters on public issues. Letters must include the author's full name, address and day and evening telephone numbers. Keep letters short: no more than 300 words.

All letters are subject to editing for length and content.

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## >> PartyLines

# Garret takes on BP

State Sen. Susan Garrett, D-Lake Forest, has partnered with State Sen. John J. Millner, R-Carol Stream, in introducing a legislative measure aimed at preventing increased pollution entering Lake Michigan.

Garrett and Millner have teamed to introduce a resolution in the Illinois Senate, that urges the federal Environmental Protection Agency to prohibit British Petroleum (BP) from increasing the amount of ammonia and sludge it discharges into Lake Michigan. The measure also urges Illinois' congressional delegation to take legislative and legal action against the proposal.

"It's outrageous that BP believes they are justified in polluting Lake Michigan by hiding behind the technicalities of the law," Garrett said. "As Illinois legislators we will be doing everything possible to stop this egregious dumping from taking place."

The resolution, Senate Resolution 299, which can be read online at [www.ilga.gov](http://www.ilga.gov), explains the Senators' opposition to the Whiting, Indiana BP plant's plans to increase the discharge of ammonia into Lake Michigan by 54 percent and the discharge of sludge by 35 percent. Ammonia has been shown to promote algae blooms, which kill fish. The sludge deposited in the lake is comprised of concentrated heavy metals, among

other unnatural materials.

The resolution was filed July 19 in the Illinois Senate.

### Seals slams Kirk

Dan Seals criticized U.S. Rep. Mark Kirk, R-Highland Park, in a recent release for his vote against the Responsible Redeployment from Iraq Act of 2007, which passed the U.S. House of Representatives recently by a vote of 223-201.

"I am disappointed in Congressman Kirk's continued support for the war," Seals said in a statement. "He has remained within the president's inner circle and continues to support his position, despite evidence that our current strategy in Iraq is not working."

"I am the only candidate who has opposed the war from the start and the only one who unequivocally supports a responsible timeline for withdraw."

Seals plans to challenge Kirk for his Congressional seat in 2008.

### Celebrating smoke-free

Leaders in the smoke-free Chicago and smoke-free Cook County movement were delighted when Gov. Rod Blagojevich signed legislation July 23 making Illinois the latest state to prohibit smoking in virtually all public places.

Marking the occasion were Joel Africk, CEO, Respiratory Health Association of Metropolitan Chicago, and State Sen. Michael Bond, D-Grayslake, supporter of the legislation.

Respiratory Health Association played a key role in the city, county and state campaigns. The statewide law, which bans smoking in virtually all public and workplaces, goes into effect Jan. 1, 2008.



Susan Garrett  
Democratic State Sen. from Lake Forest

## >> SnapShot

"Do you think the general assembly will pass the budget before school starts later this month?"



"No, [the general assembly] are too busy doing other things."  
Milica Pesakovic  
Third Lake



"No, they have more important things to do."  
Kalee Hoss  
Johnsburg



"Probably not, they don't care that much."  
Jordan Lundsten  
Wauconda



"No, our school books are from 1985."  
Mike Schultz  
Island Lake

## >> SeeingItThrough

# Newspapers must survive Internet rage

Recently, I spoke to the Victory Lakes Mens Club in Lindenhurst for a breakfast gathering.

Before the breakfast, I had a warm re-visit with Harry Spears, who came to the News-Sun in 1967, the same year that I started in the legislature. He became circulation manager and still loves, respects, and has concerns about the newspaper industry.

Spears and I reminisced about the many changes in newspapers. We relished the days when newspapers were primarily a family business and strongly committed to communities.

My youth and early manhood were the heyday of newspapers. Metropolitan areas prospered with at least two morning newspapers and an afternoon newspaper, and some offered an evening edition. There was always considerable news that was fit to print.

In those days, television was nonexistent and radio had just blossomed to compete with the print domination of everyday news. In spite of the competition, newspapers continued to flourish.

Then, in the late 1940's, along came TV. At first many couldn't afford to buy TV sets, so they went to public places, like bars, to watch



John S. Matijevich

their favorite programs such as the Friday night fights. But, it didn't take long and television invaded every home.

With the ability to produce news as it happened, television had a serious impact on newspapers. The newspapers, which promoted its early editions with "EXTRA! EXTRA! READ ALL ABOUT IT!" headlines, took a back seat as television brought instant headlines to every home.

It became natural that many newspapers had to fold their operations. Sadly, many of those were the family operated ones, the ones with a direct link to communities.

It wasn't long that there were predictions that TV would "do-in" the newspaper business altogether. Paraphrasing Mark Twain, "reports of the death of the newspaper business had been grossly exaggerated."

Yes, newspapers survived the challenge of television. But now,

they face an even stiffer challenge. Some again predict the demise of newspapers from the new kid on the block - the Internet.

This information superhighway has so much to offer its users. But, there are pitfalls, too. I like to call it garbage in, garbage out. If you're looking for garbage, you'll find it.

I think that newspapers will again survive the challenge. If anything, we need the newspapers as much as we ever did. The newspapers have been the guiding light for the people's right to know, for the access to public information, for open public meetings, and for being a strong check against abuses of power and public corruption.

The Internet makes everyone an instant reporter. That is fraught with danger. Newspaper reporting is a profession and those in it are aware of their responsibilities in that profession.

I strongly think newspapers must prevail. There is one caveat: If too many newspapers fall into the hands of the very few, the public good will be seriously compromised.

• John S. Matijevich writes a weekly column for the Lake County Journals.



A marketing feature of the Lake County Journals

## Business of the Week



## Pretty Tile, Ugly Grout?

Have you thought about getting rid of your tile because the discolored grout makes it look dirty all the time? Is your tile still in great shape but your floors or showers look old because the grout is dirty, mildewed or stained? Have you tried every cleaner out there and none of them fix the problem? It's time to stop trying to clean away the problem.

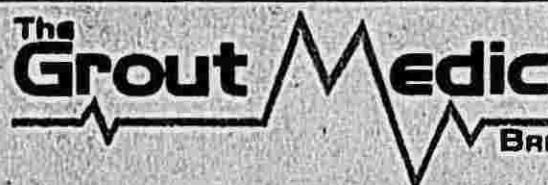
If floor grout is not properly sealed, dirt, stains and dirty mop water are easily absorbed and embedded into the grout. Over time, your grout changes color and becomes dingy, ruining the look of your once beautiful floor. The solution is to remove the surface dirt with a vapor steam cleaner and then use an epoxy stain sealer to restore or even change the color of the grout. The stain is absorbed into the grout, creating a natural brand new appearance to your floor. The stain has a lifetime guarantee with prescribed maintenance and makes cleaning a breeze.

If grout is discolored in showers and tubs, the seal has been broken allowing mold and

mildew to come out from inside your walls. No amount of cleaning will get rid of the mildew because you are treating the front of the tile, not the problem, which resides behind your tile. Disregarding these tell tale signs can result in costly water damage down the road. You'll need to re-caulk, re-grout and silicone-seal your tub or shower so that it looks brand new and is waterproof again. The silicone sealant also seals your tile, keeping water stains and soap scum from sticking to the walls after the treatment. This same sealant can also be used to seal your granite and marble countertops and floors.

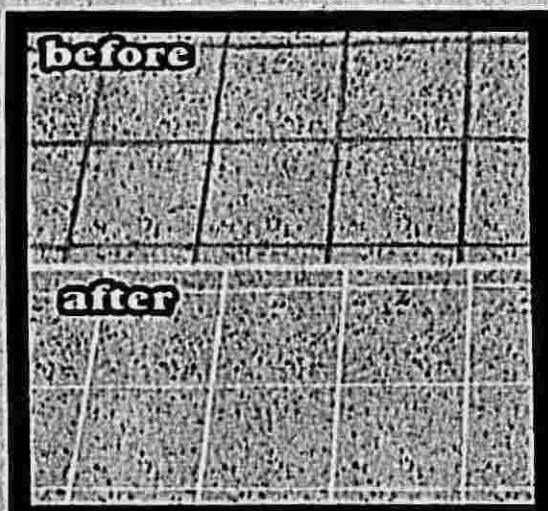
All of the work can be completed in one day with minimal disruption to your household.

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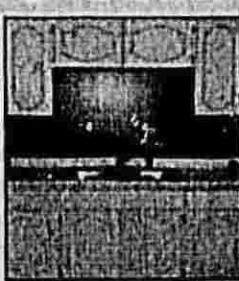


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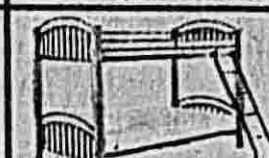
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**EASY, LOW-COST WAYS TO RENOVATE  
YOUR BATHROOM** Page C2

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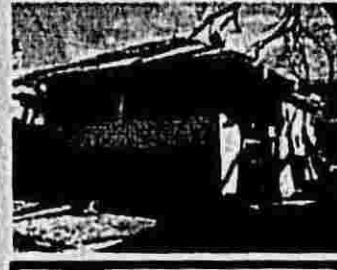
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**Pre-Construction Pricing!**

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### Volo Lancaster Falls

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### Round Lake Emerald Bay

**Model Grand Opening!**  
Townhomes from the upper \$100's  
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Directions: Take Rt. 59/12 North to Route 120 East past Wilson Road to Sales Center.

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**Model Grand Opening!**  
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\*Free basement promotion good 7/30/07 - 8/12/07. Certain restrictions apply. See sales counselor for details.



**RYLAND  
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WARRANTY**



# Easy, low-cost ways to renovate your bathroom



The bathroom is your sanctuary. After all, it's often the only place in the house that you can get an ounce of privacy. Who doesn't get their best thinking done either soaking in the tub, under the shower or on the throne?

After spending all that time in one room, you might start to get tired of the design and layout. Yet next to the kitchen, the bathroom is often the most costly room to renovate because of its plumbing, tile and electrical components. There are some things you can do to keep costs down (especially if you are not using a contractor) and still get your dream bathroom. Here are

some tips:

• **Keep things simple.** Make dramatic differences with minor alterations. Reconsider making drastic changes, like moving a sink or toilet, which would require plumbing reworking that can break your budget. A splash of color on the walls, new hardware on cabinets, or window treatments can give any room a whole new look at a more affordable price. Even something as basic as choosing a satin chrome drawer pull or knob in a cute shape of a tube of toothpaste can give a bit of character to your bathroom.

• **Go shopping.** If you have mixed making changes that

require plumbing, you can start on your projects from walls to light fixtures. Big retailers like Home Depot, Menards or Lowes buy in bulk, so they tend to have the best prices. You can also find bargains at architectural salvage warehouses, which you can find by searching online or through the Yellow Pages, say experts.

The first thing you have to do is pick a color scheme. If you're not changing the tiles or bathroom carpet, then pick something for the walls that matches or contrasts nicely with the floor, sink, toilet, tub/shower, etc. If you are changing the tiles too, then

you probably need to start from scratch. Glass tile, which is much more expensive, or detailed tiles that are hand painted are a creative way to make your bathroom stand out. Spanish or Italian tiles tend to have unique patterns but are often more expensive because they are of a higher quality and are imported.

When choosing paint for the walls, use the swatches provided to you at the store to get the exact shade of color you desire. Paint isn't your only option. Some bathrooms have tiled walls, or you could consider a wainscoting wall treatment for a more traditional and cleaner look. If you opt for wallpaper, know that paper is more vulnerable to moisture. It can peel or get mold stains more easily so it might need replacing over the years.

Give your bathroom a facelift by adding a new medicine cabinet, a towel rack, a swiveling toilet paper dispenser, a shower curtain, or a throw rug for outside of the shower. These are inexpensive and easy pickers-uppers.

• **Prep the place.** Once you are ready to get started on the walls and your other projects, you have to prepare the bathroom for all of these changes. First, you must use some serious elbow grease. Moisture, soap residue, body oils, mold and other grime easily build up in the bathroom — even in the cleanest of homes. All of that must be removed from the walls (and the tub, toilet, sink, etc.). Soap down the walls, bleaching mold stains and sanding surfaces before applying a fresh coat of paint. If there's unwanted wallpaper on the wall, you must remove it and its glue before getting started. Make sure to cover up all drains and faucets with newspaper or plastic so that they are not stained by paint.

• **Be practical.** If you are going to get a new tub, sink or toilet, consider having a professional install them, unless you have plumbing experience. The same is true if you are planning to do electrical work in the bathroom, which is even more dangerous because of the lethal combination of water and electricity.

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\$192,800

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W/brick front. Loads of upgrades, 3 car garage, 4 bds, den & loft. Arched entrances to living, dining & family rm w/soaring ceiling & fireplace. Opens to eat-in kitchen w/island. Top of the line appl. Master suite, english basement & more! (7085)

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#### ROOM TO GROW

Nicely updated ranch on double lot next to park. Upgrades include: paint, flooring, kitchen & baths. Large raised deck - enjoy your spacious fenced yard. 2 1/2 car garage - priced to sell! Includes home warranty. (7088)

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#### GREAT FAMILY HOME

3 bedroom ranch with full finished basement with bedroom, bath, family room and laundry. Oversized 2.5 car garage with workshop - electric & cable. Everything is there for all your needs. (7102)

\$231,000

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#### LOCATION LOCATION LOCATION

This great tri-level home is located adjacent to McDonald Woods, 1/2 block to park and is in desirable Millburn School Dist. Features include 3 BR 2 Baths, family room with FP, brick patio and more. (7105)

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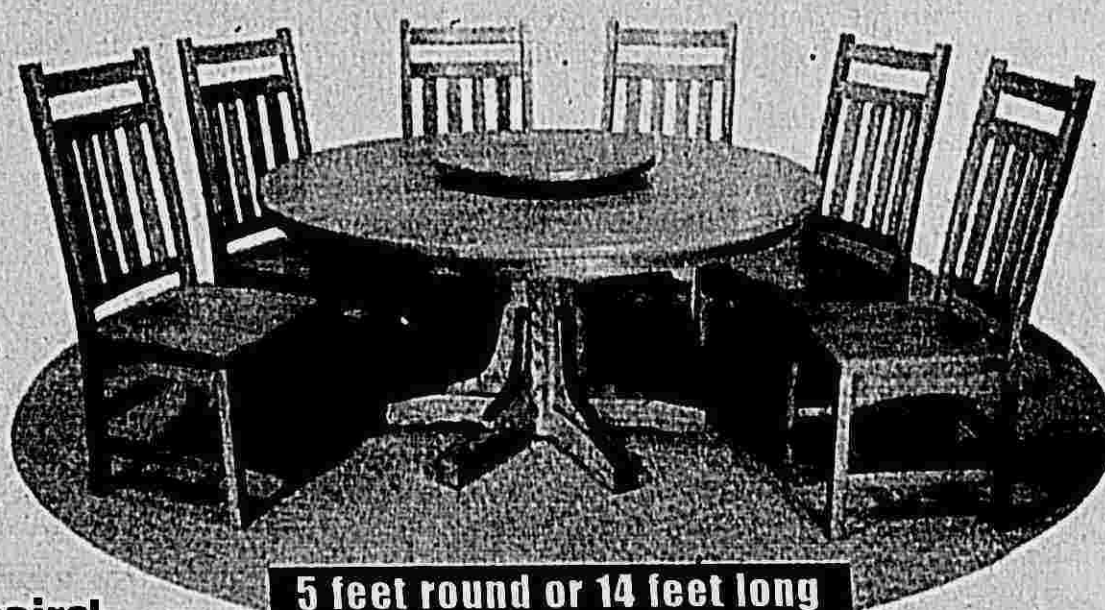
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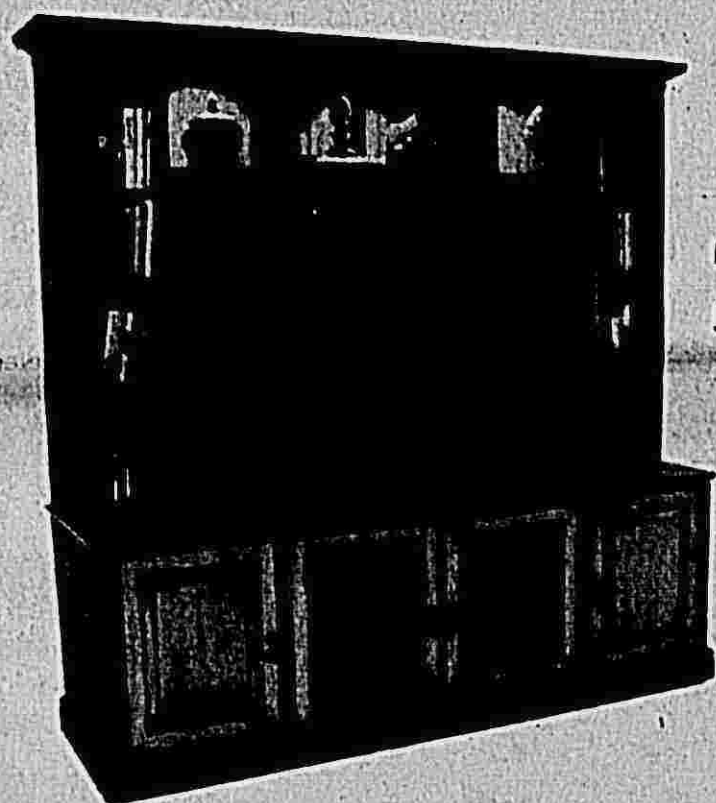
Fantastic 60 inch round mission table set  
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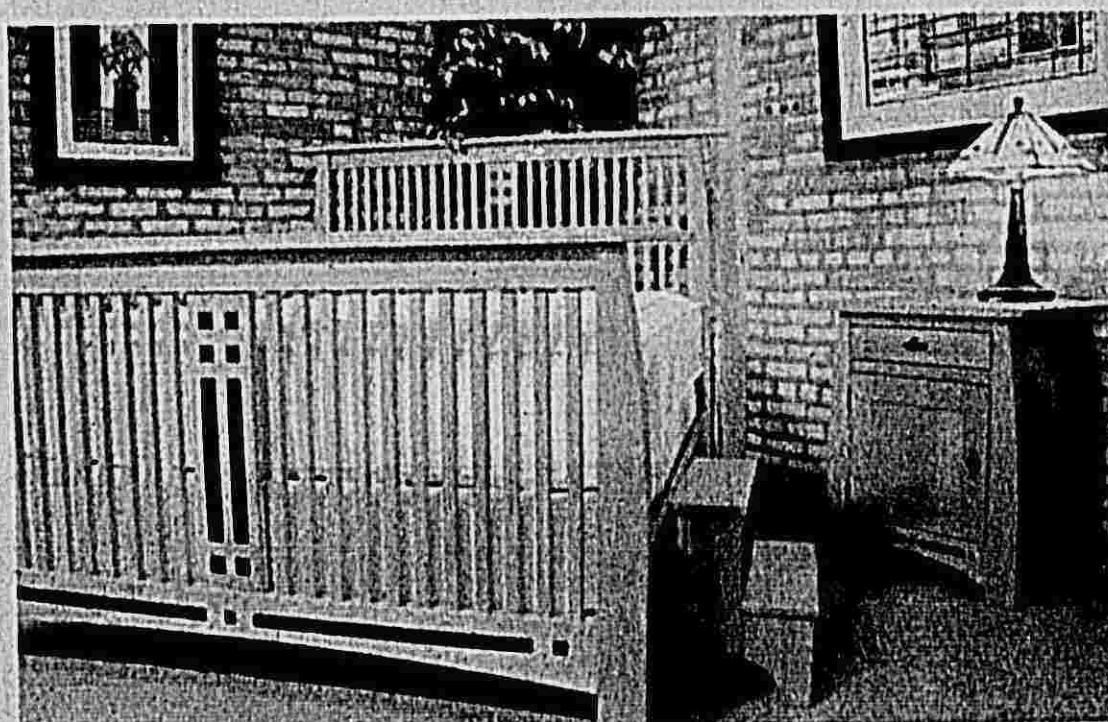
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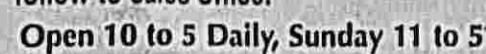
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# Tips for hiring a contractor

Whether you're restoring an old house, adding a room or two for a growing family or simply getting new storm windows, hiring a competent contractor is crucial for making your home-improvement venture a success. But before you hire one, it's a good idea to do your homework. That way, you can avoid the pitfalls — work left undone, bad communication, overpaying, and poor or incomplete work — that could arise if you're not cautious when you hire a contractor.

What a contractor does. A general contractor manages

and oversees all aspects of the project. He or she orders supplies and pays suppliers, gets building permits and schedules permit inspections and, depending on the size of the job, hires and supervises subcontractors such as plumbers or electricians. Sometimes the contractor provides architecture and design assistance as well.

Your search. The first step in finding a good contractor is to ask people you know — friends, neighbors, relatives and coworkers — for referrals. Other good places to ask for rec-

ommendations are lumberyards, realtors, the local Better Business Bureau, or your local county or city building department that issues permits.

The next step is to call the contractor. You can get a feeling for the person on the phone and, if it goes well, set up an in-person meeting.

Whatever you do, don't rush the hiring process. Most people are in a hurry and that's when they run into trouble. Take the time to interview at least three candidates, go to see their place of business, and look at the work they've done. Speak to

their clients and ask if they were happy with the job. Research your people. Just because there's a big ad in the yellow pages doesn't mean they're good.

Red flags. First impressions count, including how a person talks, acts and dresses. If they come in looking like the cat dragged them in, that's a bad sign. If they don't wipe their feet when they come to meet you, chances are they'll tromp through your house, forgetting they have mud all over their shoes. You want to hire a person who not only looks neat and clean but who drives a decent vehicle. Looking at the truck they drive will tell you something about what their standard is. Trucks should look good, be clean, and not drip oil.

Watch out for contractors who solicit door-to-door, ask for cash up front, want payment for the entire job in advance, try to pressure you into signing a contract using threats or intimidation, or encourage you to spend money on temporary repairs.

## QUESTIONS TO ASK A PROSPECTIVE CONTRACTOR

1. How long have you been in business? A well-established company usually has been in business for at least 5 years.

2. Are you licensed? Keep in mind that only 36 states require licensing, which ranges from a brief registration to an involved qualification process, so check with your state's licensing board or building department to see what the requirements are.

3. Do you have insurance? All contractors must have insurance in order to get permits. (Permits are necessary for even the most simple jobs, like decks.) If the contractor asks you to get the permits, it's possible that he or she is uninsured.

Hiring an uninsured contractor spells disaster. There's a huge risk that the work won't pass building inspections, and you could be held liable if someone gets hurt on the job or if your property is damaged.

4. Will subcontractors be used? If subcontractors will be used on your project, ask to meet them. Make sure they're licensed and insured, if required by your state.

The contract. All agreements — including oral promises — should be put in writing for your protection. Everything should be spelled out very well so that anyone could read through it and understand what's going on. Key points include the contractor's name, address, phone and license number, if required by your state; a detailed description of all items to be installed — the quality, quantity, size, color and brand names of stoves, appliances, tiles, and cabinets, for example; a three-day cancellation period clause, which is required by law; a work schedule with approximate start and completion dates; and a payment schedule.

As you can see, finding a good contractor takes some work, but is well worth the effort.

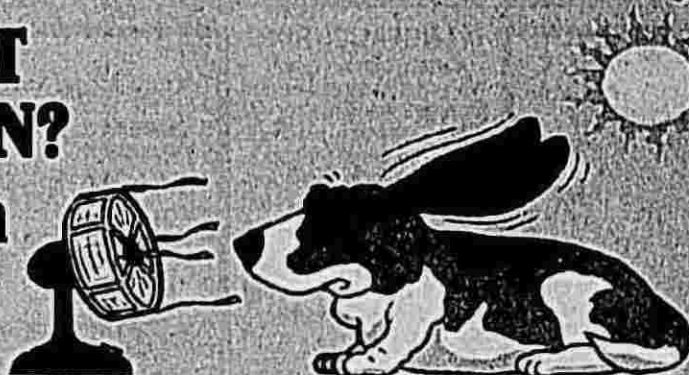
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ANTIOCH



## Best bets for hardy house plants

Flowers and foliage can do wonders to transform the outer areas of the home. That is why many real estate professionals will tell you to renovate your landscape to improve curb appeal and promote a better chance for sale.

Just as plants can make for an inviting space outdoors, so, too, can they revitalize the inside of a home. House plants have several advantages. They can impart a cozy feel to a home, filling in bare areas of rooms where furniture or other furnishings would be too much. Plants are also good for the environment. They use the carbon dioxide people and animals respire and give off the oxygen we need. This makes them an environmentally friendly addition to the home and one that can help promote healthy indoor air. Plants can also be mood boosters. Caring

for them can be a relaxing hobby, one that offers a feeling of accomplishment.

House plants can be cultivated by just about anyone, even if they don't possess a green thumb. They're generally easy to care for, provided you begin with some of the hardier varieties. Here are some to consider.

1. Philodendron: This plant is easily identified by its glossy, heart-shaped leaves. There are many different species and these plants are some of the most tolerant as house plants. Philodendrons grow naturally in tropical jungles and prefer medium light. Direct sunlight can scorch the leaves. Even if you forget about it for a few days, simply watering the plant can revive it.

2. Wandering jew: This plant quickly produces a large amount of foliage. However, in

containers leaves tend to grow toward the end of the stems, creating a sparse look. The plant comes with dark or variegated leaves. It prefers shady areas.

3. Spider plant: Also known as the airplane plant, this is another easy-to-care-for variety. Spider plants prefer bright natural light, but will burn in direct sunlight. Keep the soil evenly moist, but not soggy. And if leaves tend to brown, it could be due to the water you use. Chemicals in municipal water supplies can damage the plant.

4. Ficus: This plant loves a filtered sunny spot, so place it in a bright area of the home, but not one that gets sunlight all day. Its leaves will fall off if left in the shade all the time or if it is overwatered. It also cares for high humidity, so mist the plant twice daily.



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## OPEN HOUSE MANIA

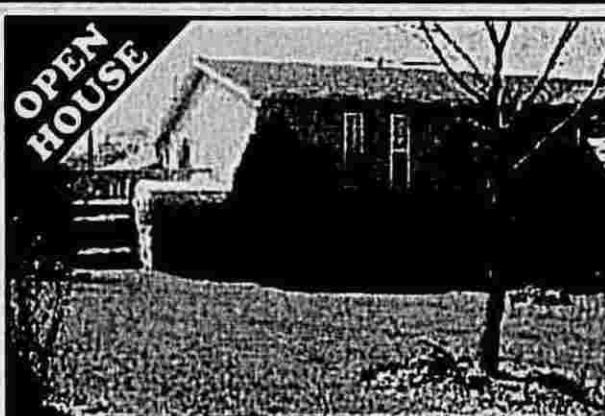
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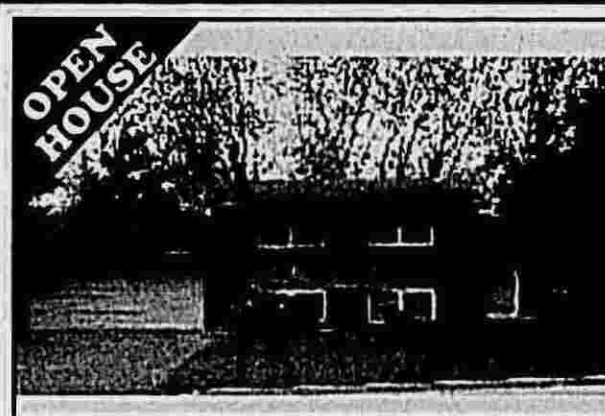
175 Willow Road, Ingleside  
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### MUST SEE INSIDE OF THIS HOME!

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\$239,000

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3009 Green Meadow Lane, Cary  
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7411 Birch Street, Crystal Lake  
Rt 31 W on 3 Oaks to Birch-Rt.

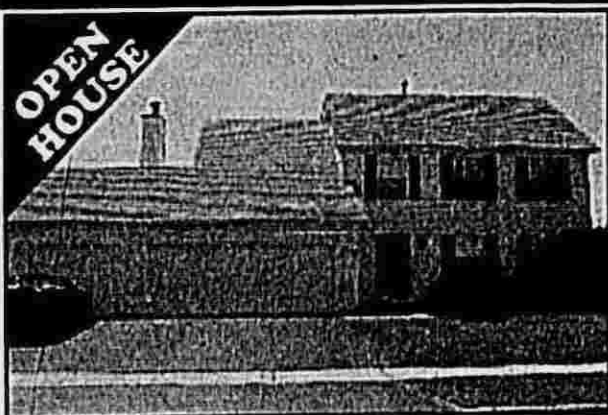
### CRYSTAL LAKE RANCH

Brick ranch with full basement, detached one-car garage. Original hardwood floors, fenced yard, covered deck, 3 bedroom, 1 bath.

Convenient location.

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437 Valley View,  
Rt 12 to Genoa City to Main (B) L 1 blk R to B - W to  
Ridgeview-Hilltop-Valley View  
POPULAR RIDGEVIEW  
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3 car garage, desirable floor plan, unfinished basement. Loads of storage, 4 bedroom, 2.5 bath home.

\$219,000

Mary Lynn Madsen 815-861-7070



307 Carlton Ct,  
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### GENOA TRAILS SUBDIVISION

Near WI/IL Border Affordable home has partially finished basement; Master Bdrm w/ walk-in closet & Volume Ceiling, Large Patio/Nice lawn space 2 Bedroom, 1.5 Bath

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Mary Lynn Madsen 815-861-7070



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Jan Atchison 847-587-2575 X87



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**AUTO Parts Counter**

Jeep Dealer seeking experienced, well qualified Parts Counter Person. Right candidate will receive excellent salary and benefits. For confidential interview, call Rob at 815-363-9999

Qualified buyers don't investigate every ad, just the ones that offer a good deal! Journal Classified (800)589-8237.

**Get the Picture?**

Including a photo in your ad increases readership by 37%. Place a PIC 15 ad today and receive 5 lines of text and a photo of your vehicle for only \$15. Call Christy TODAY! Start your work. Call (800) 589-8237 today. Visa, MasterCard and Discover Card accepted. \*Only ads in the Transportation category qualify for this special rate.

**Maintenance**

OTTO is a fast-growing manufacturer of switches and audio products.

**HVAC MECHANIC**

Duties include maintenance of building, mechanical systems. EPA, CFC, Universal Certification and Stationary Engineers license a must, along with 5+ years experience with commercial HVAC, plumbing and electrical. Candidate should also have Processed Air Compressor, Process Chiller, and Process Motor and Pump experience. Light welding experience and carpentry skills a plus.

OTTO Engineering, Inc. provides a pleasant work atmosphere, competitive pay & excellent benefits including 401(k), health, dental & life insurance, profit sharing, tuition reimbursement & more. Please apply in person at 2 E. Main St., Carpentersville, IL 60110 or visit our website at [www.ottoexcellence.com](http://www.ottoexcellence.com) to submit your resume. EOE

**Childcare/Education**

La Petite Academy, a nationally recognized leader in providing child care & preschool education, seeks full & part time:

**\*TEACHERS\***

Qualified candidates should be at least 18 years of age with 2 years college credit and 6 hours in ECE, or equivalent experience.

Contact Jennifer Henning, 4540 W. Algonquin Road, Lake in the Hills, IL 60156. Ph: 847-669-6111. Fax: 847-669-1993 EOE M/F/D/V

**Customer Service Representative**

Precision Twist Drill Co., a leading manufacturer of HSS and carbide round tools, is currently looking for Customer Service Representative for its Crystal Lake, IL location. Position holder will be responsible for processing and inputting orders; informing distributors of pricing, delivery dates and availability of stock; updating system for price changes and quantity changes; issuing return merchandise paperwork; and other similar duties. Job requirements include: Previous customer service experience, proficiency with MS Office including Word and Excel. Knowledge of computerized order entry and inventory systems. Strong organizational & communication skills & attention to detail. Successful candidate must be a self starter & be able to perform in a dynamic team environment. Associate's degree & previous experience in manufacturing industry preferred.

Precision Twist Drill Co. offers a competitive compensation package and generous benefit package including life, medical and dental insurance, paid time off and holidays, & a 401(k) retirement savings plan.

For immediate consideration, please apply online at [www.sandvik.com/career](http://www.sandvik.com/career) to the Customer Service Representative position, JO #294079.

Only those under consideration for this position will be contacted. EOE M/F/D/V

**DRAFTSMAN/HVAC ESTIMATOR**

Spring Grove HVAC Co. has an opening for a FT Draftsman / Estimator. Knowledge of AutoCAD V14 or higher, Excel/Word, sys layout & design, manual J heat loss/gain calcs, blueprint readings const req. Salary based on exp. Benefits incl health ins & 401K. EOE. Fax resume: 815-675-6033 or email: [cculotta@mid-american-heating.com](mailto:cculotta@mid-american-heating.com)

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**Driver ATTENTION: CLASS A DRIVERS - Knight Transportation** - We have the best job in the trucking industry...come see for yourself! Now hiring for Express Fleet - Out 7home 7 or Out 4home 4 - Up to 43 cpm & great benefits. Call Christy TODAY! Start driving by THURSDAY. 800-283-0282 or Cell 630-770-3175. [www.knighttrans.com](http://www.knighttrans.com) CDL Class-A/4 mos. OTR Owner Ops: 800-437-5907

**Driver B & W Interstate Taylor, MI**

100% OWNER OPERATOR Dedicated Round Trips Wausen, OH to St. Louis, MO/Grand Haven, MI to St. Louis, MO/Wichester, TN to St. Louis, MO. 800-523-9577 ext. 2160 100% No Touch Automotive Freight / 100% Fuel Surcharge 1997 or Newer Tractor. CDL Class-A/18 Mos Exp.

**COOK & VAN DRIVER**

for child care in Lincolnshire. Must be 21 with valid DL. 847-634-1982

**DRIVER**

Go Home this weekend! Run Regional S. 43miles! Home most weekends! Run close to home! Blue Cross/Blue Shield 401K! HEARTLAND EXPRESS 1-800-441-4953 [www.heartlandexpress.com](http://www.heartlandexpress.com)

**DRIVER NO EXPERIENCE - NO JOB?**

NO Problem!!! CDL Training, Job Placement, Potential \$740-\$940 week. No Money Down. Lodging, meals, transportation. Hiring in your area! 1-877-554-3800

**Driver Regional Flatbed Drivers NOW PAYING \$40/MILE!!! Earn \$50,000 PLUS 8% bonus.**

Home every weekend and 1-2 times per week! Great benefits including 401K! 6 Mo. U & Class A CDL req. Washash Valley Transportation Inc. 800-246-6305 [www.wvtonline.com](http://www.wvtonline.com)

**DRIVER TRAINEES NEEDED**

Now at TMC, Warner Enterprises & Roehl. No exp. needed. CDL training through CDL. 50% Home nightly! weekly. \$36k entry level. CALL NOW 888-503-5151

**Driver: DON'T JUST START YOUR CAREER, START IT RIGHT!**

Company sponsored CDL training in 3 weeks. Must be 21. Have CDL? Tuition reimbursement! CRST 866-917-2778

**DRIVERS OTR SMALL REEFER COMPANY**

MIDWEST-EAST-SOUTH-SOUTHEAST. NO FORCED NYC, QUALITY HOME TIME, GREAT PAY-BENEFITS-EQUIPMENT. ONE YEAR OTR EXPERIENCE. CALL 866-518-5463

**DRIVERS WANTED GREAT DRIVING JOBS**

- \*Scheduled lanes
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- \*Great benefits

Class-A CDL w/ Hazmat req. CDL grads wanted. Open Sunday. 866-475-3621

**U.S. XPRESS**

[www.uspressdrivers.com](http://www.uspressdrivers.com)

Classified shoppers are smart consumers. The ones with money call the good ads first. Journal Classified (800)589-8237.

**Looking for Merchandise?**

According to the Newspaper Association of America, more than 20% of all adults have looked for merchandise in newspaper classified ads in the past 12 months. With a 4-line, 7-day ad in Journal Classified, your stuff could be going home with them. Call (800) 589-8237 today. Visa, MasterCard and Discover Card accepted.

**Attention Job Seekers**

According to the Newspaper Association of America, more than 4 in 10 job seekers say they read newspapers more often during their job search than they did before that. To connect with qualified candidates, call (800) 589-8237 today.

**NICOR SERVICES**

IMMEDIATE OPPORTUNITIES AT OUR WAUCONDA LOCATION!!!

**HVAC Sales HVAC Service Technicians Clean & Check Technicians Part-time Drivers**

Apply online at: [www.nicor.com](http://www.nicor.com) under the "Careers."

Great benefits with the growing Nicor Services team! EOE

**OTTO**

**General**

**37 Immediate Openings!!**

Company in the Elgin Area Seeking Warehouse Associates for All Positions and All Shifts. Competitive Pay. If interested contact: MANPOWER 2511 Technology Dr, Ste. 112 Elgin, IL 60123 847-426-4300

**HVAC**

Become a dually certified Heating, Air & Refrigeration Tech in less than 30 days. Hands on Training. Travel, Meals, Hotel, Tools, Certification Fees. Financial Aid and Job Placement Assist available to those who qualify. Call now, Mon-Sun at 1-800-342-3549

**HVAC SERVICE**

Need top level technician. Must be clean and professional. 5+ years, Note Cert Tech Preferred Top wages in industry Bonus package Best Benefits Work during off-season Family owned and operated for over 55 years. Top 20 best of the best in nation 2005 and 2006. ABC Plbg/Htg & Cooling Buffalo Grove, IL 60089-1000

**INSTALLATION/ SERVICE TECHNICIANS**

Alarm co. in West Chicago is seeking both qualified and entry level technicians to perform installation and service of our security, fire, access control and video surveillance systems. Req.: clean criminal bknd and motor vehicle record, co. paid drug test req. Benefits: medical, 401k, paid vac. & holidays. Contact Gwen Mattingly 630-293-4497 ext. 234 or email resume to: [employment@sonitrolchicagoand.com](mailto:employment@sonitrolchicagoand.com)

**Inventory Supply Clerk**

Brown Printing has an opening for a night shift Supply Room Clerk. Work includes receiving and issuing of parts and materials, computer entry and inventory control. Candidates must have good customer skills, computer entry skills; ability to work independently and self motivated. Must be able to lift up to 60 lbs and operate a forklift. Starting pay \$10-\$12/hr. Apply at:

**BROWN PRINTING**  
11595 McConnell Rd  
Woodstock IL 60098

[www.mchenrycountyparks.com](http://www.mchenrycountyparks.com)  
Local Sports Attitude.

With EZ Pay, you don't even have to write a check. Subscribe to the Weekly Journal today at (800) 589-8237.

**Food Service DIETARY COOK**

\*\*\*\*\* Experience in sanitation, certification preferred. Benefits available. Hours vary. APPLY IN PERSON: Fair Oaks Healthcare Center 471 W. Terra Cotta Crystal Lake, IL No phone calls please

**What's Important to You?**

According to the Newspaper Association of America, job seekers rank job location, benefits package and working hours as the three most important items of information. In an employment ad. With the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

**Looking for a Career Change?**

According to the Newspaper Association of America, approximately 1/3 of all job changers said they were still checking ads in newspapers, and half that number had been consulting online employment ads since their job change. With the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

**Job Facts**

According to the Newspaper Association of America, 41% of job seekers used weekday or Sunday newspapers but not online sources, while only 11% used online sources but not weekday or Sunday newspapers. When you combine the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

**OFFICE MANAGER**

Answers phones, project scheduling, computer skills needed. Light bookkeeping, small office. Mon-Fri. 9-5. Call John 847-682-6793

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(800) 589-8237. Visa, MasterCard & Discover Card accepted.

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"A part-time job with health and dental insurance? Where do I apply?"

**Starting salary \$17.25/hour.**

Annual Increases to \$22.00/hour within three years

ALDI is looking for hard-working women and men to become Dry Grocery and Cooler/Freezer Grocery Order Selectors in our Batavia Distribution Center. This part-time position requires 20-30 hours/week, Monday through Sunday, 5 days per week. You will work only during the daytime.

- Substantial benefits package including life, medical, dental and vision insurance, retirement plan, 401K
- Paid vacations and holidays
- No experience necessary, training provided

Apply one day only in person Wednesday, August 1 from 6-9 AM or 3-6 PM at the Valley Inn, 2450 N. Farnsworth Ave. In North Aurora - located off the East/West Tollway (I-88 & Farnsworth).

A high school diploma or GED is required. This part-time position involves physical and active work duties such as picking to fill store orders. Drug test and background checks are a part of this application process. EOE


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**Publication Policy:** The Journal Classified reserves the right to edit or reject any ads. We use standard abbreviations and reserve the right to classify your ad. All ads subject to credit approval. Unless credit terms have been established, prepayment is required. We accept cash, check, Visa, MasterCard and Discover. \*To Cancel: Deadlines for ad cancellation are identical to deadlines for ad placement.

**Please Check Your Ad:** To ensure the best response, please check your ad the first day it appears. If you see an error, call us immediately to have it changed. Our liability shall not exceed portion of the space occupied by the error after the first publication date.



FULL TIME	PART TIME	PART TIME	MEDICAL / DENTAL	MEDICAL / DENTAL	MEDICAL / DENTAL	EMPLOYMENT TRAINING
<b>SALES</b> Sell subscriptions to the <b>Northwest Herald</b> in our store or field sales department. * No experience nec * \$12/hour - paid training * Excellent commissions and incentives * Full-time and part-time hours available Call <b>847-924-8000</b> Ask for Jeff Apply online at: <a href="http://www.unitedcirculation.com">www.unitedcirculation.com</a>	<b>Customer Relations</b> Seeking internet savvy individuals w/good presentation skills to set up and train our existing and new customers on the use of Internet ordering. Contact Donna at 847-862-5393 <b>Customer Service</b> <b>HOST / HOSTESS</b> Part Time/Temporary Host/Hostess to staff New Home Builders models. Fax resume 630-408-6023. EOE <b>Driver</b> <b>Contracted Delivery</b> <b>7 Day Delivery of Newspapers in Fox Lake</b> Delivery Hours 3 to 6 am 1 route available. Ideal for extra income \$900 a month. Must sign contract. Call 815-459-8118 <b>Office</b> <b>Part Time SCHEDULING COORDINATOR</b> Growing generator service company in Woodstock is seeking a highly motivated, very organized individual to join our team. Candidate must have excellent communication skills and be able to work very closely with our customers, service technicians, sales team, and vendors. Strong PC skills and experience working with Microsoft Excel and Outlook required. This is a great opportunity for the right individual if you desire to work in a fast paced, friendly, small office environment. <i>Qualified individuals should fax resume with salary history to:</i> Attn: Don @ 815-338-7143.	<b>Retail</b> <b>Sales Associates</b> Part Time We are seeking ambitious candidates for our Huntley, IL Outlet store. Some retail experience is preferred, but we will train enthusiastic individuals. We offer competitive salaries, benefits to those who qualify and "opportunities" for advancement. For consideration, please apply in person at: Liz Claiborne Outlet Store, Prime Outlets at Huntley, 11800 Factory Shops Boulevard, Space 300, Huntley, IL. Please visit our Career Page at <a href="http://www.lizclaiborneinc.com/careers">www.lizclaiborneinc.com/careers</a> . We are committed to a diverse and drug free workforce. EEO/AA/M/F/D/V. liz.claiborne	<b>Dental</b> <b>RECEPTIONIST</b> Progressive periodontal & implant practice seeks an energetic, career-minded Receptionist for our Crystal Lake location. Top salary and benefits. Previous dental experience preferred. Please Call 815-455-6550 <b>Health Care</b> At Sherman Health, it's all about people. We're proud of our helpful, caring and responsive team, offering quality care to our north-west suburban families. We're now seeking the following at Sherman Family Health Care in Algonquin. <b>Team Leader-RN</b> Part-Time, PM's <b>Urgent Care RN</b> Part-Time, Nights If you're an IL licensed RN, have previous ER, Critical Care or Urgent Care experience and seek the support of a large healthcare system, but want the work atmosphere of a clinic setting, we want to talk to you! You'll enjoy competitive wages and the benefits of working for an organization dedicated to leading the way to tomorrow's health care. Please apply online. eoe <a href="http://www.shermanhealth.com">www.shermanhealth.com</a> 	<b>Health Care</b> <b>Join Our Growing Team!</b> McHenry Retirement Community, a first-class assisted and independent living community that prides itself in quality service and customer satisfaction is looking for some great people to join our growing team. We are currently recruiting for the following positions: <b>Full and Part-Time Caregivers</b> As a Caregiver, you will provide supportive care, medication monitoring, assistance in dining room, and personal care assistance. Desirable applicants have a minimum of one year experience in a senior adult setting and CNA status preferred. Candidates must be able to work rotating weekends. Full-time work schedule is from 1pm to 7:30am. Part-time schedule is from 3:00pm to 11:30pm. Come join our rapidly growing assisted living community and enjoy competitive wages and benefits, while working alongside some of the most dedicated and professional caregivers in the industry. We are willing to train you for a career in the fastest growing industry serving senior citizens. We are not a nursing home. If interested, please apply in person at: McHenry Retirement Community 3300 Charles J. Miller Road McHenry, IL 60050 <b>Receptionist</b> Bi-Lingual position in our Gurnee office. Heavy computer and phone work, patient scheduling and data input. Excellent customer service skills required. Mail or fax resume to: Northern Lake Medical, Ltd. 45 Tower Court, Suite C Gurnee, IL 60031 Fax: 847-623-9168	<b>Nursing</b> <b>CNA's</b> Part-time to Full-time Reliable caring aides needed to visit clients in McHenry Co. <a href="http://caregivers.homehealth.com">caregivers.homehealth.com</a> 815-338-6940 <b>WORK FROM HOME</b> <b>FIRE YOUR BOSS</b> Work from Home & LOVE IT! 888-246-7029 <b>EMPLOYMENT TRAINING</b> <b>Driver</b> Get Crane Trained! Crane / Heavy Equip. Training Placement assistance. \$12-30/hr Starting Pay. Oklahoma College of Construction. <a href="http://www.heavy9.com">www.heavy9.com</a> Use Code "ILCNA" or call 1-888-798-0685 <b>Driver</b> Tractor Training Driver Training School Now hiring full/part time instructors. Must have 5 yrs Class A driving experience. Will train for certification. Fax Resume to 309-693-1934 <b>Driver</b> <b>TRUCK DRIVERS:</b> CDL Training. Up to \$20,000 bonus. Accelerate your career as a soldier. Drive out terrorism by keeping the Army National Guard supplied. 1-800-GO-GUARD.com/truck <b>Home Inspection Training</b> Service. Free Open House Saturday August 18 1-2pm A must for anyone interested in becoming a licensed Home Inspector. RSVP <a href="http://www.HITS-PLUS.com">www.HITS-PLUS.com</a> 847-566-6373 <b>Looking for a Career Change?</b> According to the Newspaper Association of America, approximately 1/3 of all job changers said they were still checking ads in newspapers, and half that number had been consulting online job ads since their job change. With the Journal Employment section and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.	<b>MONEY FOR COLLEGE</b> Train & serve part-time in the Army National Guard. Receive 100% college tuition, \$20,000 cash enlistment bonus and an excellent paycheck. Call 1-800-GO-GUARD or visit <a href="http://www.1-800-GO-GUARD.com">www.1-800-GO-GUARD.com</a> <b>EMPLOYMENT SERVICES</b> <b>MODELS/ACTORS</b> Licensed Agency needs Talent for Modeling, Print Ads, TV Film, Commercials, & Movie Extras. Women, Men, Children. No experience necessary. Glamour Model Talent Inc 312-337-1300 <b>Job Facts</b> According to the Newspaper Association of America, 41% of job seekers used weekday or Sunday newspapers but not online sources, while only 11% used online sources but not weekday or Sunday newspapers. When you combine the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today. <b>Employment</b> <b>Look No Further!</b> According to the Newspaper Association of America, 47% of job seekers say newspapers are their principle information source, compared to 15% who cite online sources. With the Journal Employment section & ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today!
<b>EARN MORE.. MUCH MORE!!</b> With a no-ceiling commission structure, IPA Sales Reps. Let their talent and dedication determine their income potential. We're seeking individuals with good phone presentation skills to sell our business development services to business owners throughout the US & Canada from our Buffalo Grove offices. Our top performers are earning commissions of \$150,000+ per year. *\$50-\$75K realistic first year commissions *Professional development training *Leads provided *Corporate advancement *No evenings or weekends *Full benefits To schedule an interview Call Ms. DeRosa 800-531-2542 Or forward resume Fax: 847-495-6763 E-mail: <a href="mailto:trisha.derosa@ipa-iba.com">trisha.derosa@ipa-iba.com</a> Equal Opportunity Employer	<b>Accounting</b> <b>Bookkeeper Needed</b> 20-25 hrs/wk for fast-paced Crystal Lake office. Excellent Quickbooks skills, ability to multi-task, and a can-do attitude essential. Salary commensurate with experience. Email resume: <a href="mailto:CLbookkeeper@gmail.com">CLbookkeeper@gmail.com</a> or fax to 815-356-9905, Attn: CL Bookkeeping	<b>Administrative Asst.</b> Lake Zurich. Data entry, bookkeeping exp a plus, gen office duties. 9am-2:30pm, M-F. Email: <a href="mailto:jobs@dasancraft.com">jobs@dasancraft.com</a> or fax: 847-719-2501 <b>Childcare</b> <b>Bus Aide</b> Crystal Lake, McHenry, Woodstock areas. Must be at least 18 years old. Working with pre-schoolers. Call: 815-338-8790	<b>OTTO, a fast growing manufacturer of switches and audio products, seeks a:</b> <b>HUMAN RESOURCES ASSISTANT</b> Successful candidate will provide administrative and technical support in the Human Resource Department by performing general clerical duties consistent with the human resource function including, but not limited to: hiring, employee relations, benefits and special functions, etc. Reports to the Director of Human Resources. OTTO Engineering, Inc. provides a pleasant work atmosphere, competitive pay & excellent benefits including 401(k), health, dental & life insurance, profit sharing, tuition reimbursement & more. Please apply in person at 2 E Main St., Carpentersville, IL 60110, or visit our website at <a href="http://www.ottoexcellence.com">www.ottoexcellence.com</a> to submit your resume. EOE <b>OTTO.</b>	<b>OTTO, a fast-growing manufacturer of switches and audio products, seeks a highly dependable "hands on" individual for the following position:</b> <b>BUILDING MECHANIC</b> Ideal candidate will possess 10 years experience of building systems and grounds. Need experience in running PM programs. Duties include carpentry, plumbing and electrical. Candidate will be a working supervisor who must be self-motivated and able to work in a fast-paced environment. Computer skills a must. OTTO Engineering, Inc. provides a pleasant work atmosphere, competitive pay & excellent benefits including 401(k), health, dental & life insurance, profit sharing, tuition reimbursement & more. Please apply in person at 2 E Main St., Carpentersville, IL 60110 or visit our website at <a href="http://www.ottoexcellence.com">www.ottoexcellence.com</a> to submit your resume. EOE <b>OTTO.</b>	<b>Education</b> <b>INSTRUCTOR OF JOURNALISM / ENGLISH</b> Full-time, Tenure-track Position - Spring 2008 Teach 2 journalism course sections per semester, including: Feature Writing, News Writing, & Intro to Mass Comms; 2 course sections per semester in English area, including: Intro College Writing, Tech. Communication, Comp I & II, Master's Deg. in Journalism w/at least 9 grad. hrs. in English, or a Master's Deg. in Eng. w/significant grad. hrs. in Journalism; 15 grad. hrs. of Rhetoric, Comp, News Writing & Reporting, and/or Feature Writing; exp. teaching computer assisted writing courses & w/current software for newspaper layout & design. Application review begins 8/31/07. Submit: resume and/or a MCC employment application; letter of application including a statement of commitment to the community college & teaching; transcripts; & 3 references. No fax or email. For more info visit: <a href="http://www.mcherry.edu">www.mcherry.edu</a> <b>MCC</b> McHenry County College HR Department: 8900 U.S. Highway 14 Crystal Lake, IL 60012 Equal Opportunity Employer Committed to Diversity	



Despite our rapid growth and structural improvements, one thing remains constant at **Mercy Health System**: our commitment to our patients and our professionals. As such, we were recognized by AARP who named Mercy #1 in the nation for their "Best Employers for Workers over 50 Program" as well as by *Working Mother* magazine, which placed Mercy on its 2006 list of the "Top 100 Companies for Working Mothers."

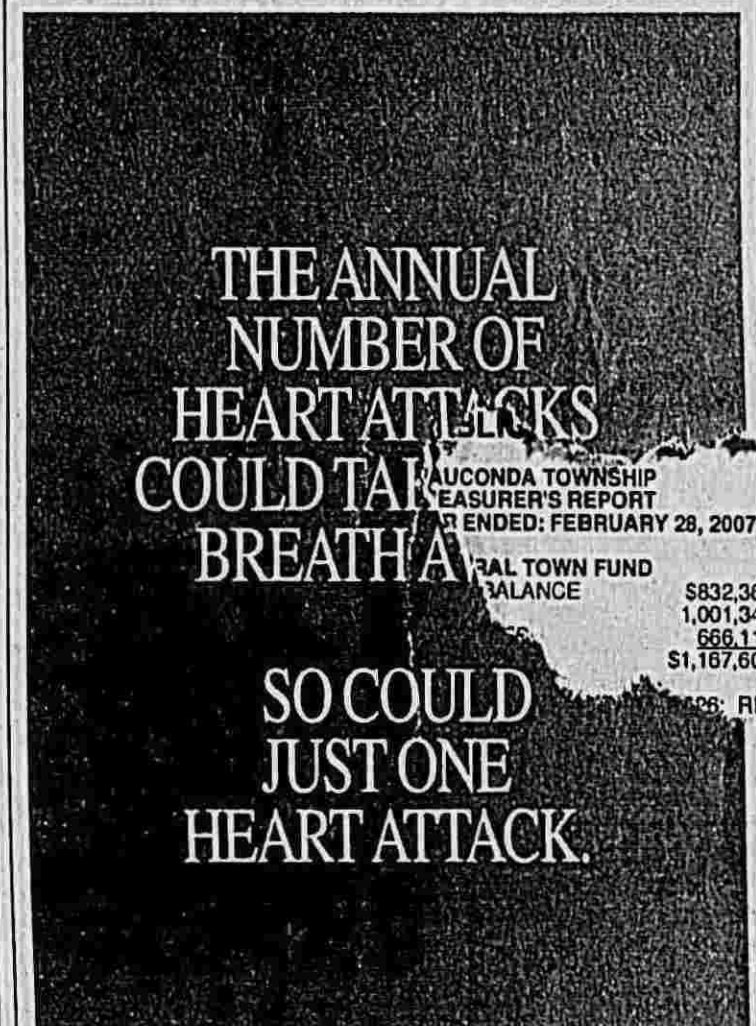
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Shortness of breath and difficulty breathing are just two warning signs of a heart attack. Call 911 if you experience any warning sign. Learn the other signs at [americanheart.org](http://americanheart.org) or call us at 1-800-AHA-USAL.

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**Deadline is Monday at 5 pm for line ads, 4 pm Monday for Display Ads.**  
**Call (800) 589-8237 or fax to (815) 477-8898 for pricing information.**



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HAVE OPENING NOW for day or night care for your little Angel. Over 30 yrs. Exp. Exc. Ref. Lots of LOVE and FUN. 847-265-8515 anytime.

LAKE VILLA MOM offering loving daycare in a small group atmosphere. Educational activities, crafts, indoor/outdoor play in our fenced in yard. Meals & snacks incl. F/T/B & before & after school positions avail. Reasonable rates, tax ded. refs avail. 847-265-9532

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**Administrative Assistant**  
Surveying and Engineering firm has an opening for a person with strong customer service and office skills and bachel. in AP and AR. 3 or more yrs. exp. req'd.  
**Hunting Club**  
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Your precious newborn will have a lifetime of love, laughter and cherished memories without forgetting the warmth of your love. We'll help you anyway we can. Julie & David 877-652-7768

## 4000 Merchandise

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Saturday, August 4 - 9am  
Lake County Fairgrounds  
Graylake  
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Ingleside, IL #044000105  
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2 guinea pigs female 2 yrs. old w/cages & acc. 847-363-8805

ADORABLE CAT, 3 yrs old, very playful & friendly. Needs a loving home. We are moving & cannot keep him. Do not call unless you are serious about giving him a FOREVER home 815-719-0987

CHINA CABINET  
Reiro, w/ sliding glass doors & storage below. 847-639-2154 after 4pm

Free Dirt (has some clay in it.) You Haul! Needs to be removed by Aug 15. 815-344-9054

### FREE MANURE

Will Deliver Anywhere! Perfect for Gardens! 847-912-5382

Free To Good Home: 1 yr old Male Great Dane, black w/ fixed, shots, house broken. Needs a fenced in yard. 815-572-2530 lv ms

Proud of your company? Put your logo in the ad. Journal Classified (800) 589-8237.

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### LICENSED CHILDCARE

### NEW TODAY!

Gurnee - Two Openings. Ages 0-4. 14 Years Exp. Reasonable Rates. Meals Served. 847-223-3334

INGLESIDE FT Openings Mon-Fri, all ages. Precious Treasures Daycare. Julie @ 847-973-8834

### UNLICENSED CHILDCARE

HAVE OPENING NOW for day or night care for your little Angel. Over 30 yrs. Exp. Exc. Ref. Lots of LOVE and FUN. 847-265-8515 anytime.

LAKE VILLA MOM offering loving daycare in a small group atmosphere. Educational activities, crafts, indoor/outdoor play in our fenced in yard. Meals & snacks incl. F/T/B & before & after school positions avail. Reasonable rates, tax ded. refs avail. 847-265-9532

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WAUCONDA Mom can take care of your child/children. Will provide lunch. Call Kay 847-526-3125

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**Hunting Club**  
2007-2008 Season, Hebron, IL. 224-489-9289

### NOTICES

\*FREE CASH GRANTS/PROGRAMS\*\* \$25,000+ \*2007\* NEVER REPAY! Personal, Medical, Bills, Business, School / House. Almost everyone qualifies! Avoid Deadlines! Live Operators. For Listings Call: 1-800-765-9615 ext. 239

### PERSONALS

**FREE BROCHURES**  
WAKE UP with MAKE UP! MICRO TATTOOING OF 'EYEBROWS' 'EYELINE' 'LIPLINE' Also offering Electrolysis by Sherry. (Permanent Hair Removal) FREE Consultation. 847-249-7446

### ADOPTION

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Loving Couple. Your selfless act of love will make us whole. Caring couple looking for a precious baby. Expenses paid. Confidential. 1800-308-8483 LCFS Lic. #12998

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Your precious newborn will have a lifetime of love, laughter and cherished memories without forgetting the warmth of your love. We'll help you anyway we can. Julie & David 877-652-7768

## 4000 Merchandise

### AUCTIONS

**Equipment and Vehicle Auction**  
Saturday, August 4 - 9am  
Lake County Fairgrounds  
Graylake  
OBENAUF AUCTION SERVICE, Inc.  
Ingleside, IL #044000105  
847-587-2095  
www.obenaufauctions.com

### GIVE AWAY ITEMS

2 guinea pigs female 2 yrs. old w/cages & acc. 847-363-8805

ADORABLE CAT, 3 yrs old, very playful & friendly. Needs a loving home. We are moving & cannot keep him. Do not call unless you are serious about giving him a FOREVER home 815-719-0987

CHINA CABINET  
Reiro, w/ sliding glass doors & storage below. 847-639-2154 after 4pm

Free Dirt (has some clay in it.) You Haul! Needs to be removed by Aug 15. 815-344-9054

### FREE MANURE

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Free To Good Home: 1 yr old Male Great Dane, black w/ fixed, shots, house broken. Needs a fenced in yard. 815-572-2530 lv ms

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## LEGAL

Board of Appeals  
located at Fox Lake, Illinois  
on this 23 day of July, 2007  
published in the Fox Lake  
Journal, August 3, 2007.)

**ASSURED NAME**

**PUBLIC NOTICE**

**ASSUMED BUSINESS  
NAME APPLICATION**

Name of Business:  
**TYPE 4**  
Nature/Purpose:  
**Bar Salon**  
address(es) where  
business is to be conducted or  
is conducted in this county:  
**2 Cedar Ave., Lake Vil-  
le IL 60046, 847-265-  
37**  
Name(s) and post office  
residence address(es)  
the person(s) owning,  
conducting or transacting  
business:  
**Indyca Martens, 24398  
Monaville Rd., Lake  
Vil, IL 847-265-3865**  
STATE OF ILLINOIS  
COUNTY OF LAKE  
This is to certify that the  
designated entity(ies) to  
conduct the above named  
business from the location  
indicated and that the  
person(s) and legal full name(s)  
the person(s) owning,  
conducting or transacting  
business is/are correct  
shown.  
/s/ Candyce Martens  
July 13, 2007  
The foregoing instru-  
ment was acknowledged  
before me by the person(s)  
intending to conduct the  
business this 13 day of  
July, 2007.

OFFICIAL SEAL  
of Barbara J. Foster  
Notary Public  
Received: July 13, 2007  
Willard R. Helander  
Lake County Clerk  
published in the Lake  
County Journals, July 20,  
& August 3, 2007.)

[www.mchenrycountysports.com](http://www.mchenrycountysports.com)  
Local Sports Attitude.

**NOTICE**

**OWNERSHIP  
REPORT  
FEBRUARY 28, 2007**

**OWN FUND**

CE	\$832,369
CE	1,001,349
CE	666,117
CE	\$1,167,601

**TAXES 925,628: RE-  
INTEREST INCOME  
INCOME 3,123:**

**STANCE**

CE	\$220,034
CE	7,455
CE	68,568
CE	\$160,921

**COME 7,455:**

**FUND**

CE	\$24,951
CE	570
CE	17,310
CE	\$8,211

**COME 570:**

**RITY/MRFR**

CE	\$ 67,621
CE	80,232
CE	90,508
CE	\$ 57,547

**TAX 76,676: INTEREST**

**ICES FUND**

CE	\$26,576
CE	131,500
CE	131,684
CE	\$26,422

**INCOME 200: OTHER  
IONS FROM FARES,  
GENERAL FUND 0607  
AGE OF WAUCONDA  
L OF ISLAND LAKE**

**GE FUND**

CE	\$218,805
CE	155,910
CE	115,284
CE	\$ 259,451

**TAX 131,352: RE-  
INTEREST INCOME  
INCOME 246:**

**ROAD FUND**

CE	\$400,550
CE	643,252
CE	\$406,277
CE	\$406,277

**TAX 636,363: INTER-  
SCAPE**

**AC 5,069: AT&T 5,139:  
BERGER EXCAVAT-  
IONS BLUE SHIELD  
TRUCKS 12,918: CARDI-  
813: CITGO 20,982:  
L MOSQUITO 17,206:  
CONTRACTING COM-  
MOD - VOID 195,197:  
COBBS & CO. 4,800:  
NORSON 3,852: GROH  
PORATE MASTER  
MUNICIPAL RETIRE-  
DEPT OF REVENUE  
CORP 38,624: LAKE  
155: LAKE COUNTY  
KEY COUNTY TREAS-  
URER WORLDWIDE, INC  
K & TRUST CO. 3,962:  
OF WAUCONDA  
5,873: NATIONWIDE  
SERS GROUP LIFE INS  
THE AMERICAN SALT  
RAN BUS SERVICE  
AVING LOT 11,502:  
KNOXFORD INDUSTRIAL  
MAN & SEMMELMAN,  
E SAND & GRAVEL  
UAL-5,000: STAPLES  
DISBURSEMENT  
NORSON 5,150: TOIRMA  
SERVICE 7,500:  
AGE OF WAUCONDA  
ASH 15,000: TOTAL  
200: 106,463:  
NDORS 1,071,687**

**JO: JOHN A. AMRICH  
O 2,000: RICHARD A.  
NCOOK 9,039: SHEILA,  
NDORSON 2,000: LISA K.  
OLAS A. LOPRESTI  
MAIORIELLO 8,841:  
ETTY A. OWCZAREK  
8,886: JILL RYAN 2,000:  
O: DORIS K. WEIDNER  
\$29,999: WILLIAM F.  
MCKAY 1,868: ALAN F.  
AND OVER: ANNA  
RBARA E. BOWMAN  
R 36,037: CAROL J.  
EILA D. MASTERN  
MAIORIELLO 30,098:  
56,305: SHAWN C.  
IA A. OAKS 58,369:  
E: YOLANDA SEGOGIA  
R 54,524: GLENN L.  
TH W. WEHDE 36,661:  
PAYROLL 724,265**

**ATION**

**LAKE COUNTY, Illinois**  
above is a true copy of the  
report for the fiscal year



To place your Service Directory ad  
call (815) 526-4645. Deadline is  
Wednesday at noon.

# AT YOUR SERVICE

<b>CLEANING SERVICES</b> <b>CUT THE CLUTTER</b> • Eliminate Chaos • Get Organized • Stay Organized <b>Call the Clutter Cutter</b> <b>847-223-1833</b>	<b>ELECTRICAL SERVICES</b> <b>Lake Co. Electric Service</b> Specializing in Ceiling Fans Outlet & Switches Light Fixtures Recessed Lighting Trouble Shooting <b>Steve</b> <b>847-778-1014</b>	<b>HANDYMAN</b> We can do it all. Just ask. Painting? Yes. <b>FREE ESTIMATES</b> <b>815-385-0385</b>	<b>HOME IMPROVEMENT</b> <b>FIRST FOR HOMES</b> New Concept in Home Maintenance Senior Discounts Carpentry • Plumbing Electrical • Drywall • Tile Siding • Roofing <b>(847) 219-7010</b>	<b>PAINTING</b> <b>NOVOTNY PAINTING &amp; DECORATING</b> Interior/Exterior • Faux & Unique Finishes • Paint & Staining Deck <b>CALL JERRY</b> <b>FOR FREE ESTIMATES</b> <b>847-624-8255</b>	<b>PAINTING</b> <b>The Painters</b> SAVE SAVE SAVE ~Interiors~ ~Exteriors~ 1 Room, Walls & Ceilings <b>\$95.00 Labor</b> (2 room minimum) <b>(847) 223-2558</b> <b>FREE Estimates</b>	<b>PAINTING</b> <b>TERRY'S MASTERCRAFT COATINGS</b> PAINTING & CONTRACTING • Painting & Staining • Faux Finish • Interior Exterior • Sheetrock & Taping • Wood Floors • Ceramic Tiling <b>FREE ESTIMATES</b> Terry Gallagher 847-973-8976 Cell 847-917-5057	<b>ROOFING</b> <b>cRc</b> • Roofing • Siding • Decks • Kitchen/Bath • Flooring/Tile • Laminate <b>LICENSED • INSURED</b> <b>Grayslake</b> <b>847-436-1233</b>	<div style="writing-mode: vertical-rl; transform: rotate(180deg);"> <b>Advertise your service related ad here</b> </div>
<b>CONSTRUCTION</b> <b>STROM CONSTRUCTION</b> New Construction Remodels Basements Kitchens Decks etc... No Jobs Too Big! <b>FREE ESTIMATES</b> <b>847-587-6976</b>	<b>FLOORING</b> <b>HARDWOOD FLOORS</b> Professional installation of unfinished hardwood floors, prefinished, engineered and laminate floors! • Sanding • Refinishing • Repairs • Custom Design <b>SATISFACTION GUARANTEED</b> <b>FREE ESTIMATES</b> <b>(630) 289-8803</b>	<b>HOME IMPROVEMENT</b> <b>Basements Unlimited</b> We Finish Basements Carpenter for 25 yrs. • Complete Home Remodeling • Complete drywall services (Hanging & Finishing) • Patch & Repair • Reasonable Prices! <b>Call today to place your ad.</b> <b>815-455-4800</b>	<b>LANDSCAPING</b> <b>L&amp;D Landscaping</b> <b>SPRING CLEAN UP!</b> No Jobs Too Big Or Too Small! CUTTING DOWN TREES STUMP REMOVAL Lawn Mowing Weed & Edge Flower Beds Mulch Rototilling Small Flower Beds & Gardens Tree & Hedge Trimming <b>Home</b> <b>847/223-3161</b> <b>Cell</b> <b>847/845-8027</b> <b>WISCONSIN AVAILABLE</b> <b>Find someone who knows how -</b>	<b>CHARGE IT!</b> VISA MasterCard DISCOVER <b>Accepted for the Classified Ads</b>	<b>JP Painting</b> Over 17 years experience • Owner always on site • No job too small • Power Washing • Drywall repair Interior/Exterior Free Estimates <b>(847) 838-2275</b>	<b>PSYCHICS</b> <b>PSYCHIC READINGS by Sandra</b> No one knows you better than I do. I can help you with all aspects of your life. I can help you with all aspects of your life. I can help you with all aspects of your life. <b>NO APPT. NECESSARY</b> <b>WALK-INS WELCOME</b> <b>847-599-9194</b> <b>5027 Grand Ave. Gurnee, IL</b>	<b>SEALCOATING</b> <b>F&amp;F SEALCOATING</b> • Driveways • Parking Lots • Striping <b>FREE Estimates</b> <b>Leave Message</b> <b>(847) 566-2743</b>	
<b>DRYWALL &amp; PLASTERING</b> <b>Custom Drywall Interior Painting Ceramic Tile Custom Work Commercial/Residential Any Size Job! Free Estimates J.P. INTERIORS 815-385-9354 Business since 1986 Johnsburg, IL</b>	<b>GUTTERS</b> <b>JJ's Seamless GUTTER System</b> No Comparable Our Lowest Price & Highest Quality <b>847.219.0117</b> Call for details & FREE Estimate	<b>Tree Service</b> <b>ALPINE TREE</b> • Removals • Trimming • Stumps <b>FREE ESTIMATES</b> <b>847-548-4993</b> (Duy Firewood Now Save \$\$\$)	<b>PAINTING</b> <b>PAINTING</b> • Painting & Staining • Faux Finish • Interior Exterior • Sheetrock & Taping • Wood Floors • Ceramic Tiling <b>FREE ESTIMATES</b> Terry Gallagher 847-973-8976 Cell 847-917-5057	<b>PAINTING</b> <b>PAINTING</b> • Painting & Staining • Faux Finish • Interior Exterior • Sheetrock & Taping • Wood Floors • Ceramic Tiling <b>FREE ESTIMATES</b> Terry Gallagher 847-973-8976 Cell 847-917-5057	<b>PAINTING</b> <b>PAINTING</b> • Painting & Staining • Faux Finish • Interior Exterior • Sheetrock & Taping • Wood Floors • Ceramic Tiling <b>FREE ESTIMATES</b> Terry Gallagher 847-973-8976 Cell 847-917-5057	<b>PAINTING</b> <b>PAINTING</b> • Painting & Staining • Faux Finish • Interior Exterior • Sheetrock & Taping • Wood Floors • Ceramic Tiling <b>FREE ESTIMATES</b> Terry Gallagher 847-973-8976 Cell 847-917-5057	<b>PAINTING</b> <b>PAINTING</b> • Painting & Staining • Faux Finish • Interior Exterior • Sheetrock & Taping • Wood Floors • Ceramic Tiling <b>FREE ESTIMATES</b> Terry Gallagher 847-973-8976 Cell 847-917-5057	

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<b>ASSUMED NAME</b> <b>PUBLIC NOTICE</b> <b>ASSUMED BUSINESS NAME APPLICATION</b> Name of Business: <b>A TAYLOR MADE FOR YOU</b> Nature/Purpose: Gift Baskets, Event Planning Address(es) where business is to be conducted or residence address(es) of the person(s) owning, conducting or transacting business: Angela Taylor, 1349 Lorraine Place, Waukegan, IL 60085, 847-302-3425 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business: Angela Taylor, 1349 Lorraine Place, Waukegan, IL 60085, 847-302-3425 This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting business is/are correct as shown. Received: July 10, 2007 Notary Public Willard R. Helander Lake County Clerk (Published in the Lake County Journals, July 27, August 3 & 10, 2007.)	<b>ASSUMED NAME</b> <b>PUBLIC NOTICE</b> <b>ASSUMED BUSINESS NAME APPLICATION</b> Name of Business: <b>ARTISANS BALL</b> Nature/Purpose: Art & Antiques Resale Address(es) where business is to be conducted or residence address(es) of the person(s) owning, conducting or transacting business: 112 Cedar Ave., Lake Villa, IL 60046, 847-265-5567 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business: Candace Martens, 2438 Old Monaville Rd., Lake Villa, IL 60046, 847-265-5567 This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting business is/are correct as shown. Received: July 10, 2007 Notary Public Willard R. Helander Lake County Clerk (Published in the Lake County Journals, July 27, August 3 & 10, 2007.)	<b>ASSUMED NAME</b> <b>PUBLIC NOTICE</b> <b>ASSUMED BUSINESS NAME APPLICATION</b> Name of Business: <b>CLASSIC CREATIONS</b> Nature/Purpose: Design, manufacture general merchandise for resale Address(es) where business is to be conducted or residence address(es) of the person(s) owning, conducting or transacting business: 1216 Water Stone Circle, Waukegan, IL 60084, 847-217-1217 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business: Bonnie Doyle, 1216 Water Stone Circle, Waukegan, IL 60084, 847-217-1217 This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting business is/are correct as shown. Received: July 10, 2007 Notary Public Willard R. Helander Lake County Clerk (Published in the Lake County Journals, July 27, August 3 & 10, 2007.)	<b>ASSUMED NAME</b> <b>PUBLIC NOTICE</b> <b>ASSUMED BUSINESS NAME APPLICATION</b> Name of Business: <b>EXCLUSIVE LAYOUT AND DESIGN</b> Nature/Purpose: Graphic Design Address(es) where business is to be conducted or residence address(es) of the person(s) owning, conducting or transacting business: 2175 N. Masters Ln., Lake Villa, IL 60046, 847-445-0420 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business: Lorena Fuentes, 412 Fair Fax Ln., Grayslake, IL 60030, 847-986-6177 This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting business is/are correct as shown. Received: July 10, 2007 Notary Public Willard R. Helander Lake County Clerk (Published in the Lake County Journals, July 27, August 3 & 10, 2007.)	<b>ASSUMED NAME</b> <b>PUBLIC NOTICE</b> <b>ASSUMED BUSINESS NAME APPLICATION</b> Name of Business: <b>LORENA'S HOME DAY CARE</b> Nature/Purpose: Day care Address(es) where business is to be conducted or residence address(es) of the person(s) owning, conducting or transacting business: 412 Fair Fax Ln., Grayslake, IL 60030, 847-986-6177 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business: Lorena Fuentes, 412 Fair Fax Ln., Grayslake, IL 60030, 847-986-6177 This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting business is/are correct as shown. Received: July 10, 2007 Notary Public Willard R. Helander Lake County Clerk (Published in the Lake County Journals, July 27, August 3 & 10, 2007.)	<b>ASSUMED NAME</b> <b>PUBLIC NOTICE</b> <b>ASSUMED BUSINESS NAME APPLICATION</b> Name of Business: <b>PRECISE LANDSCAPING</b> Nature/Purpose: Landscaping (lawn care) Address(es) where business is to be conducted or residence address(es) of the person(s) owning, conducting or transacting business: Armando Lopez, 36334 N. Wilson, Ingleside, IL 60041, 847-322-2444 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business: Armando Lopez, 36334 N. Wilson, Ingleside, IL 60041, 847-322-2444 This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting business is/are correct as shown. Received: July 10, 2007 Notary Public Willard R. 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Helander Lake County Clerk (Published in the Lake County Journals, July 27, August 3 & 10, 2007.)	<b>ASSUMED NAME</b> <b>PUBLIC NOTICE</b> <b>ASSUMED BUSINESS NAME APPLICATION</b> Name of Business: <b>STATE OF ILLINOIS COUNTY OF LAKE</b> Nature/Purpose: Retail Sales Address(es) where business is to be conducted or residence address(es) of the person(s) owning, conducting or transacting business: 219 New House, Round Lake, IL 60073, 847-239-2987 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business: Ernest Berrios, 219 New House, Round Lake, IL 60073, 847-239-2987 This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting business is/are correct as shown. Received: July 10, 2007 Notary Public Willard R. 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<b>ASSUMED NAME</b> <b>PUBLIC NOTICE</b> <b>ASSUMED BUSINESS NAME APPLICATION</b> Name of Business: <b>AQUA JET CUTTERS</b> Nature/Purpose: Design, buy, resell machines Address(es) where business is to be conducted or residence address(es) of the person(s) owning, conducting or transacting business: 299 Eagle Creek Dr., Round Lake Beach, IL 60073, 847-201-6951 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business: Gabriel Pasko, 299 Eagle Creek Dr., Round Lake Beach, IL 60073, 847-201-6951 This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting business is/are correct as shown. Received: July 10, 2007 Notary Public Willard R. 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Helander Lake County Clerk (Published in the Lake County Journals, July 27, August 3 & 10, 2007.)	<b>ASSUMED NAME</b> <b>PUBLIC NOTICE</b> <b>ASSUMED BUSINESS NAME APPLICATION</b> Name of Business: <b>DJS BLUEWATER POOLS</b> Nature/Purpose: Inground swimming pool sales and construction Address(es) where business is to be conducted or residence address(es) of the person(s) owning, conducting or transacting business: 1127 Woodridge Dr., Round Lake Beach, IL 60073, 847-546-9538 Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business: Dana L. Shields, 1127 Woodridge Dr., Round Lake Beach, IL 60073, 847-546-9538 This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting business is/are correct as shown. Received: July 10, 2007 Notary Public Willard R. 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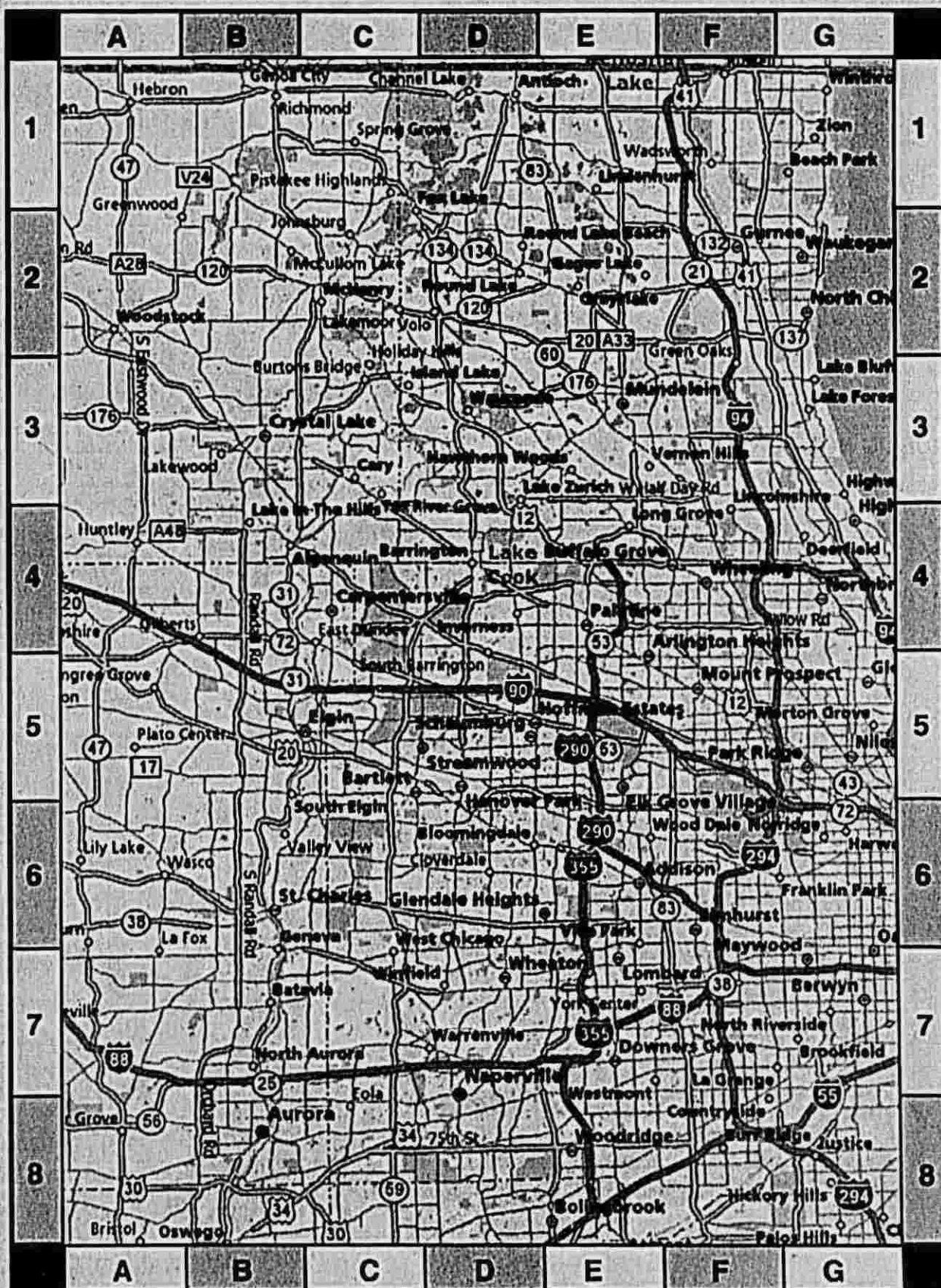


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## >> BestBets

**PLAY ON:** The production "Play On" will open Aug. 3 for three weekends through Aug. 19 at PM&L Theatre in Antioch.

**HERE COMES THE BRIDE:** A wedding expo will take place from noon to 3 p.m. on Aug. 5 at the Genesee Theatre in Waukegan.

**GO GREEK:** The 3rd Annual Greek Days will be Aug. 4 and 5 at the Long Grove Café at the Historic Village of Long Grove.

\*Details for BestBets events on page 2B

## INSIDE

### >> NowShowing

#### Movie reviews

**"The Bourne Ultimatum"**  
★ ★ ★ 1/2

• Movie critic Jeffrey Westhoff says that Matt Damon's stellar commitment to his role and strong action scenes make 'The Bourne Ultimatum' stand out compared to other summer action films.

**"Bratz"**  
★ ★

• The themes of 'Bratz' are heartfelt, but get smothered by focus-group filmmaking, movie critic Jeffrey Westhoff says.

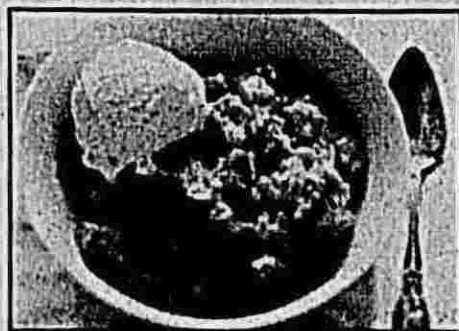
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### >> PlainAndSimpleConcert

#### Plain White T's to perform

The Plain White T's, an alternative band with the hit "Hey There Delilah," will perform Aug. 17 at Six Flags Great America in Gurnee.

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### >> RelishTheAmericanTable

#### Banana pudding

Don't throw away those ripe bananas – they are perfect for caramel banana cobbler pudding. To read the article, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and click "food" under LakeLife.



### >> OnStage

#### 'Pratfall of Civilization'

"Pratfall of Civilization" is a satirical sketch set that looks at issues facing Americans today. To read the article, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and click "stage" under LakeLife.

# Bustin' into the fair



Eight-year-old Isiah Gonzalez, of Third Lake, falls off of a lamb during a mutton bustin' competition at the 2007 Lake County Fair in Grayslake. The event was new to the fair this year.

## Kids come out for new mutton bustin' event at Lake County Fair

By JESSICA JACOBSEN  
[jjacobsen@nwnewsgroup.com](mailto:jjacobsen@nwnewsgroup.com)

This might be the last year the Lake County Fair will be at the fairgrounds in Grayslake, but that didn't stop a new event from busting its way in.

This year, kids got a chance to try or observe mutton bustin', a competition where kids 6 years old or younger and 60 pounds or less ride a sheep and try to stay on as long as they can.

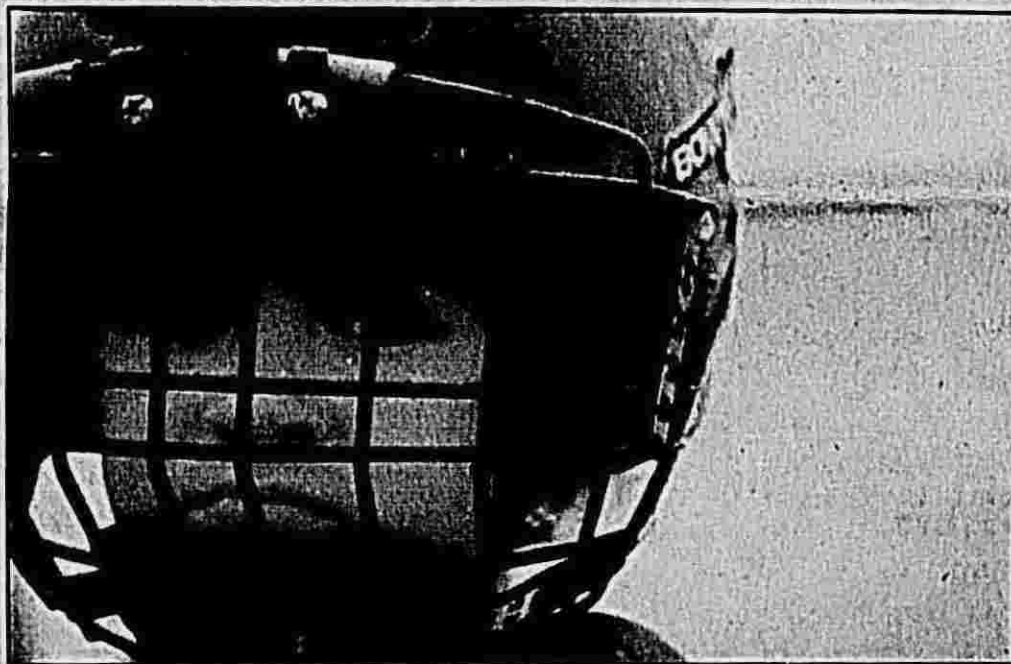
The new event took place about four to five times a day each day of the fair, and each winner got a buckle and a chance to come back on the last day of the fair, Sunday, July 29, to compete in the AlphaTrade Mutton Bustin' Championship.

Tommy Giodone, promoter and producer of Tommy G. Productions, put on the competition this year.

"We've been doing this for two years now, and we're trying to create a tour, a national tour with it," Giodone said.

But Giodone is trying to do more than just create a national tour with this child-based event.

"What we're really trying to do is kill two or three birds with one stone," he said, "and that's teaching kids about the [agriculture] part of the country ... and it's very entertaining."



Five-year-old Dylan Morris, of Grayslake, prepares for his ride during a mutton bustin' competition at the Lake County Fair in Grayslake.

"The crowd roared like Elvis came back on stage, so he dang sure wanted to do it again."

**Tommy Giodone**  
Promoter and producer of Tommy G. Productions

Hopping onto a sheep and trying not to fall off can seem intimidating.

to some kids, and Giodone understands that.

"We really emphasize to parents and the child that it's OK to say no to somebody if they're not quite sure of the situation," he said.

Giodone said the Lake County Fair Association saw the company at a fair convention in Las Vegas and decided to book them for this year. He added that he would love to come back next year.

#### The competition begins

So far this year Tommy G. Productions has been to about four or five stops, and the crowd at the fair seemed happy that Grayslake was one

on that list.

Crowd members roared with excitement when kids lasted more than a second or two on their sheep, especially July 28, when Bailey Ward, of Kenosha, Wis., competed in an exhibition round and lasted 7.4 seconds.

Ward, 8, could not be part of the actual competition because he is older than 6, but that didn't stop the audience from getting excited.

"You saw the little boy who did it twice," Giodone said about Ward. "That crowd roared like Elvis came back on stage, so he dang sure wanted to do it again."

Ward said this was not the first time he had seen mutton bustin', and he had a bigger reason why he wanted to ride a sheep.

"[I rode] so I can show my cousin Taylor that I can ride a sheep," Ward said. "Because every time in Tennessee, he always rides the sheep, and his are crazy. I never want to ride those ones."

Another boy who got the crowd going was Tom Conneen, of Cary.

Tom, 6, also has seen mutton bustin' before. In fact, he's done it before. His father, Andy, said Tom and his brothers Teddy and Peter had experienced mutton bustin' events in Colorado and Rockford. Teddy and Peter also competed in one of the July 28 rounds at the Lake County Fair.

Andy said that Tom might retire from his mutton bustin' days, but the other boys might compete.

"Where the sheep are, we are," he said.

## INSIDE SPORTS



**Kevin Kaduk**

### >> Views

In an NFL season full of knee-jerk reactions and subjective comments from the media, pro sports columnist Kevin Kaduk takes a stand and says that Bears running back Cedric Benson will be the key to the Bears Super Bowl redemption.

PAGE 8B



### >> Triathlon

#### Pushing the limit

The second annual Wauconda Triathlon took place July 28 and 29, with kids and adults competing in events at Bang's Lake and Wauconda High School.

PAGE 8B

### >> QuickHitters

#### Athletic spotlight

University of Florida sophomore and former Libertyville Wildcat Nicole Schachner won the Illinois Women's Open golf championship, while Wauconda's Brad Wisniewski looks to continue his football success.

PAGE 7B

### >> GameOfTheWeek

#### Play ball!

The White Sox take on the Cleveland Indians Aug. 9 at U.S. Cellular Field.

PAGE 7B

## Young royalty



Annie Christie-achristie@nwnewsgroup.com

Contestants wait in line to enter the stage in the Little Miss Lake County Fair competition. From July 24 through 26, the 2007 Miss Lake County Fair, Junior Miss Lake County Fair, and Little Miss Lake County Fair pageants took place, and new royalty was named. The new queens are Miss Lake County Fair Heather Callan, Junior Miss Lake County Fair Alanna Watts, and Little Miss Lake County Fair Teaghan Callaway.



## &gt;&gt; Out&amp;About

## SOUNDS OF MUSIC

**WAUKESHA BLUESFEST**- Nega-Waukee Park in Delafield, Wis. For more information, call (800) 366-1961, e-mail [info@waukeshabluesfest.com](mailto:info@waukeshabluesfest.com), or visit [www.waukeshabluesfest.com](http://www.waukeshabluesfest.com). Featuring: Waukesha BluesFest on Aug. 10 and 11. Gates open at 12:30 p.m. both days, and live music acts will perform from 1 to 10:30 p.m.

## ON STAGE

**PM&L THEATRE**- 877 Main St., in

Antioch, featuring: "Play On." "Play On" opens Aug. 3 for three weeks through Aug. 19. The play takes place at 8 p.m. on Friday and Saturday evenings on Aug. 3, 4, 10, 11, 17 and 18, and at 2:30 p.m. on Sunday afternoons. To reserve tickets, call the PM&L Box Office at (847) 395-3055.

**GENESEE THEATRE**- 203 N. Genesee St., in Waukegan. Tickets for all the following events can be bought at the Genesee Theatre Box Office, all ticketmaster outlets, charge-by-phone at (312) 559-1212,

or visit [www.ticketmaster.com](http://www.ticketmaster.com). 2007 Genesee Theatre Wedding Expo- From noon to 3 p.m. on Aug. 5. Admission costs \$5. One-stop shopping experience for you and your entire bridal party. Services from local experts, owners and top wedding merchants who will be on hand to answer all your important planning questions. Weird Al Yankovic- 7 p.m. on Aug. 19. Donny Osmond- 8 p.m. Sept. 7.

## SPECIAL EVENTS

**MIDWEST CORVETTE & CHEVY SHOW**- At the Porter County Fairgrounds in Valparaiso, Ind. The show is scheduled for Aug. 17, 18 and 19. For information, visit [www.midwest-charshows.com](http://www.midwest-charshows.com), or call (217) 617-VETT (8388) or (219) 712-9489.

**THIRD ANNUAL GREEK DAYS**- The 3rd Annual Greek Days will take place Aug. 4 and 5 at the Historic Village of Long Grove, 307 Old McHenry Road in Long Grove. For more information, call the Long Grove Cafe at (847) 955-9600, or visit [www.longgroveonline.com](http://www.longgroveonline.com).

• To read more Out & About events, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and click on "calendar" under the LakeLife. If you have an upcoming event that you would like to feature in LakeLife, submit news to Dani Schweigert at [dschweigert@nwnewsgroup.com](mailto:dschweigert@nwnewsgroup.com).

## &gt;&gt; DiningOut

## Grab a dog at Sammies

By STEVE PETERSON  
[speterson@nwnewsgroup.com](mailto:speterson@nwnewsgroup.com)

**GRAYSLAKE** - Dominick Guinlata recalls working at an early age at the Lake County Fair.

"I have been working here since 1982, so this is old hat, nothing different," said Guinlata, 37, of Lake Zurich.

Come next year's fair, the younger Guinlata might be running things at Sammie's at the fair with his dad, Sam, 56.

Sammies is a hot dog and burger place that is known for its Samburger and Italian beefs and has been serving fairgoers in Grayslake for 27 years. The restaurant's location is under roof near the rodeo-demolition derby grounds.

The restaurant itself started in Chicago in 1964, moving to Grayslake in 1972.

"For a while, we were the only place to get a Chicago-style hot dog," Sam said.

A seasonal restaurant off of Route 120 closed in 1972, making way for Sammies. Of course, the neighborhood has changed; Jewel-Osco has replaced the old drive-in theater, and the flea market is now a coffee shop. Owners can



Sandy Bressner - [sbressner@nwnewsgroup.com](mailto:sbressner@nwnewsgroup.com)

The Sammies food booth at the 2007 Lake County Fair in Grayslake offered nachos, quesadillas, cheese fries and other food items. Sammies has been at the fair for 27 years.

## Sammies

**Where:** Sammies has locations at 215 W. Rollins Road in Round Lake Beach (847) 546-4674; at 216 N. Milwaukee Ave. in Lake Villa (847) 265-2400; and at 799 E. Belvidere in Grayslake (847) 223-4663.

**What:** Sammies is a hot dog and hamburger place and is known for its Samburger and Italian beefs.

remember the pre-McDonalds, Route-45-boom days. Sammies has since added

locations in Round Lake Beach and Lake Villa. Sammie's employs about 30 people.

"People come back all the time who have worked here before and sling burgers," Dom said.

"We cut back the prices to make it more friendly, with more hot dogs and tacos," Sam said. "We were invited by management of the fair 28 years ago."

"Cheeseburger in Paradise," the Jimmy Buffet song, has been the calling card of Sammies at the Fair.

## GURNEE DAYS 2007

### Comic Book Heroes

August 9<sup>th</sup>-12<sup>th</sup>, 2007

## THURSDAY, AUGUST 9, 2007

**Time**  
10:00am to Noon  
7:00pm  
7:00pm to 8:30pm

**Event**  
Bike Rodeo  
Testimonial Dinner  
Concert Under the Stars

**Location**  
Woodland Middle School  
Midlane Country Club  
Viking Park

## FRIDAY, AUGUST 10, 2007

**Time**  
10:00am to Noon  
12:30pm  
5:00pm to 10:30pm  
6:00pm to 8:00pm  
7:00pm to 10:00pm  
8:30pm to 11:00pm

**Event**  
Bike Rodeo  
Stories in the Park  
Amusement Rides  
Beach Bash  
Gurnee Idol & Live Band Karaoke  
Movie in the Park

**Location**  
Gurnee Fire Station #1  
Viking Park  
Viking Park  
Grove Beach  
Viking Park Band Shell  
Viking Park Fields

## SATURDAY, AUGUST 11, 2007

**Time**  
6:00am to 1:00pm  
7:30am  
9:30am to 3:00pm  
10:00am to Noon  
10:00am to 4:00pm

**Event**  
Golf Tournament  
10K Race & 2 Mile Fun Run & Walk  
3-on-3 Basketball Shoot Out  
Fire & Police Open Houses  
Young Artist's Show

**Location**  
Heather Ridge Golf Course  
Warren H.S. O'Plaine Campus  
Viking Park Courts  
Old Grand Ave. & O'Plaine Rd.  
Warren-Newport Public Library and Viking School  
Mother Rudd House  
Viking Park  
Viking Park  
Viking Park Band Shell  
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Viking Park

## SUNDAY, AUGUST 12, 2007

**Time**  
7:30am to 10:30am  
10:00am to 4:00pm  
11:00am to 5:00pm  
12:00 Noon  
1:00pm  
1:00pm to 5:00pm  
1:00pm to 4:00pm  
1:00pm to 4:00pm  
1:00pm to 4:00pm  
2:00pm to 3:00pm

**Event**  
Gurnee Comm. Church Breakfast  
Young Artist's Show  
Exhibits-Food-Games  
Gurnee Days Parade  
Bean Bag Tournament  
Amusement Rides  
Mother Rudd Open House  
Children's Pony Rides & Petting Zoo  
Stage Events  
Talent Show

**Location**  
Viking Park Dance Hall  
Viking School  
Viking Park  
Old Grand Avenue  
Viking Park  
Viking Park  
Mother Rudd House  
Viking Park  
Viking Park Band Shell  
Viking Park Band Shell

Dates, events, locations, and times are subject to change.



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## A plain and simple success

Plain White T's to perform at Six Flags

By DANI SCHWEIGERT  
[dschweigert@nwnewsgroup.com](mailto:dschweigert@nwnewsgroup.com)

These days, it's hard to turn on the radio without hearing the catchy lyrics and lagatto rhythm of the hit song "Hey There Delilah" by the Plain White T's. And now Lake County residents can hear that song and other Plain White T's hits when the band performs Aug. 17 at Six Flags Great America in Gurnee. Dave Tirio, guitarist for the Plain White T's, is busy traveling the country with the band, but he recently took some time to chat with the Lake County Journals.

**Lake County Journals:** How has the tour been going so far?

**Dave Tirio:** Everything has been pretty crazy. We've been bouncing around the country, and we've been flying instead of taking a bus. We were in Philly this morning, now we're in Wisconsin, and tomorrow we're heading to New York. And that's pretty much what the tour has been like. This is the first time something like this has happened for us, so it's been great.

**LCJ:** Have there been any crazy run-ins with fans on the tour?

**DT:** (Laughs) This is the first time we've [headlined a] tour and had a song do well on the charts, so there's a lot more intensity from the kids at the shows. We're not used to walking around and seeing little girls screaming for us.

**LCJ:** A lot of your songs seem to be based on real-life situations. But what inspires you most when creating lyrics and the structure of your songs?

**DT:** That's an interesting question. I don't usually get asked about the structure of



The Plain White T's are (from left) Mike Retondo, Dave Tirio, Tim Lopez, Tom Higginson and De'Mar Hamilton. The Chicago-area band will perform Aug. 17 at Six Flags Great America in Gurnee.

## Want to go?

**When:** Aug. 17  
**Where:** Six Flags Great America, 542 N. Route 21, in Gurnee  
**For more about the Plain White T's:** Visit [www.plainwhitet.com](http://www.plainwhitet.com) (includes tour dates) or [www.myspace.com/plainwhitet](http://www.myspace.com/plainwhitet). Plain White T's guitarist Dave Tirio said the band also plans to tour with Fall Out Boy and Gym Class Heroes in October.  
**For more information about the concert:** Call Six Flags Great America at (847) 249-4636, or visit [www.sixflags.com](http://www.sixflags.com).

the songs. We like to pay homage to classic song writing. The goal is to, in 3 minutes, say everything you want to say with the most finesse. To be able to say something meaningful in 3 minutes is really cool. A lot of our songs are about relationships and not failing or succeeding in them, but just getting by. And I think that's what people can relate to.

**LCJ:** Speaking of relationships, tell us the story behind your hit song "Hey There Delilah."

**DT:** A friend of ours back home ... introduced Tom [Higginson] to a girl named Delilah [DiCrescenzo]. She was a very attractive girl, and Tom was obviously enamored at first glance. He was hitting on her and said, "I wrote a song for you," and then he needed to put his money where his mouth is. We never thought the song would be where it is today. I thought it was one of Tom's most sincere songs, but we couldn't have imagined it being this big. The kids listening have made it what it is.

**LCJ:** You and Tom seem like good friends. How did you meet, and how did the band get started?

**DT:** Tom and I met fresh-

## Meet the band

Tom Higginson, vocals and songwriter  
Dave Tirio, guitar  
Mike Retondo, bass and vocals  
De'Mar Hamilton, drums  
Tim Lopez, guitar and vocals

men year at Willowbrook High School [in Villa Park], and he approached me one day. It was kind of weird. He has no qualms about saying what he thinks, and he said, "You look like a cool guy. Do you want to hang out?" Who says that? (Laughs) But the band came together over music or sports.

**LCJ:** When the band got started, what inspired your song writing?

**DT:** We listened to bands like Green Day, Weezer, 90s alternative music and Pearl Jam and Smashing Pumpkins. Then, out of high school, we started the band and started listening to bands like The Beatles, Bruce Springsteen, Michael Jackson and Tom Petty. That's how you learn. You have to listen to music that has been successful and find what makes it work.

**LCJ:** How would you say the band's sound has changed and progressed with the release of its first major-label album, "Every Second Counts?"

**DT:** Since it's a major label release, we had a generous budget to work with. We also had an accomplished producer who was very passionate and worked well with us. The key to our band has always been consistency. It's a pretty easy departure from each of our albums, and I'd like to think there's a level of comfort when people buy our albums. Our key is to focus on melody and harmony and hooks, and to be simple and big and make everything memorable.

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by Rick Abbot

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## Action is reborn in 'The Bourne Ultimatum'

By JEFFREY WESTHOFF  
sidetracks@nwnewsgroup.com

The decade's second-best trilogy (after "Lord of the Rings") comes to a slam-bang conclusion in "The Bourne Ultimatum."

Because the Bourne films haven't put up the super-colossal blockbuster numbers that warrant Entertainment Weekly cover stories, they aren't recognized for what they are — the smartest and most technically superb action films since "Die Hard."

And if you need evidence of their excellence, consider this: The Bourne films are so good, they scared the James Bond producers into rebooting their franchise. Not even Indiana Jones did that.

The Bourne films work because they are the opposite of the inane, bloated action films crowding the summer marketplace.

When other filmmakers insist they need up to three hours to detail the nuances of pirates, superheroes and giant robots, "Ultimatum" clocks in at a lean 111 minutes. When other filmmakers stage endless CGI action sequences, "Ultimatum" crackles with fast and furious fights and car chases that employ actual stunt teams, not digital doppelgangers.

But the contrary nature of the Bourne films is clearest with regard to its star, Matt Damon, one of the last actors any casting director would choose to play an action hero.

Damon's explosive fighting skills came as a shock in the first film, 2002's "The Bourne

### "The Bourne Ultimatum"

★★★½

**Genre:** Action/adventure  
**Director:** Paul Greengrass  
**Writer:** Tony Gilroy, Scott Z. Burns and George Nolfi  
**Other information:** Rated PG-13 for violence and intense sequences of action; running time is 111 minutes

Identity." But by now, it is impossible to think of anyone else playing Jason Bourne. Damon's every-man qualities, along with his deep acting skills, make him perfect as the quiet, conscientious young hero who lives with the horror of knowing that he was once an unfeeling assassin.

Bourne's pursuit of his hidden past is the central story element this time. Although two years passed between the first and second films, less than an hour has passed between the second and third.

We catch up with Bourne staggering through the streets of Moscow, eluding police and searching for medical supplies to treat the wounds received at the end of 2004's "The Bourne Supremacy."

Escaping that fate, as he always does, Bourne discovers that a British journalist (Paddy Considine) is digging into the CIA black ops division that gave Bourne his deadly identity. The journalist even names Bourne in his articles.

Bourne travels to London to find the reporter, hoping the journalist can help him learn when, how and why the CIA turned him into a killing machine. But the reporter has attracted the CIA's attention as well, and the latest head of black ops, Noah Vosen (David Strathairn), sends a hit team to London.

Joan Allen returns as Pamela Landy, the principled CIA officer who admires Bourne against her better instincts. Also back is Julia Stiles as Nicki Parsons, the remarkably young operative with the misfortune of being assigned to cities where Bourne turns up. Albert Finney appears as an ominous figure from Bourne's past.

Paul Greengrass, who also directed "Supremacy," returns to the director's chair (in between the two Bourne projects, he made the stirring "United 93").

Greengrass' edgy camerawork is occasionally distracting, but overall he achieves artistry with a shaky camera and quick editing that is beyond Michael Bay's imagination.

International settings remain a key element, although "Ultimatum" is heavier on plot and action than the first two films. The key set pieces are a game of cat and mouse in London's Waterloo Station, a pulsating rooftop chase set in Tangiers and an intense car chase in New York's thick traffic.

Jeffrey Westhoff is a movie critic for the NorthWest News Group. He can be reached by e-mail at [sidetracks@nwnewsgroup.com](mailto:sidetracks@nwnewsgroup.com).



Photo provided  
Matt Damon stars in "The Bourne Ultimatum," directed by Paul Greengrass. The film is the final movie of the "Bourne" trilogy.

## Company plugs fill scenes of 'Bratz'

By JEFFREY WESTHOFF  
sidetracks@nwnewsgroup.com

"Bratz," based on the successful line of fashion dolls, is a series of montages and music videos occasionally interrupted by story.

The story, when it gets a chance to breathe, isn't terrible. True, writer Susan Estelle Jansen basically takes the script from "Mean Girls" and knocks it down a few reading levels, but the makers of "Bratz" genuinely appear to want to pass along a more thoughtful message than the trite "Be true to yourself."

Unfortunately, director Sean McNamara is working from an audience-research dictum that states tween and pre-tween girls won't sit through a movie unless a montage occurs every five minutes.

Thirty-four songs play on the soundtrack, and some sort of production number accompanies at least one third of them. Many filmmakers hesitate to include even one montage, but when the number crosses into double digits, you're doing your characters a disservice.

Yasmin (Nathalia Ramos), Cloe (Skyler Shaye), Sasha (Logan Browning) and Jade (Janel Parrish) have been inseparable friends since grade school.

With their fashions coordinated and their lip-gloss shimmering, they arrive for their first day of high school confident they will rule the school, a goal that qualifies them as especially delusional freshmen.

Thanks to the school's rigid clique system, enforced by student body president and principal's daughter Meredith (Chelsea Staub), the four friends find themselves separated by their extracurricular activities.

Cloe eats with the soccer team, Sasha with the cheerleaders, Jade with the science club and Yasmin ... is by herself a lot. She says she's a student journalist, so I suppose her solitude is realistic.

Because "Bratz" is already a 110 minute commercial for a line of dolls, the producers generously allow other companies to plug their wares.

Students are asked to audition for the school talent show through video



Photo provided  
"Bratz" tells the story of four friends as they experience high school together. The film is based on the line of fashion dolls and is directed by Sean McNamara.

### "Bratz"

★★

**Genre:** Comedy  
**Director:** Sean McNamara  
**Writer:** Susan Estelle Jansen  
**Other information:** Rated PG for thematic elements; running time: 110 minutes

spots on their MySpace pages.

While watching the auditions, Meredith says, "I love MySpace," in case anyone misses the product placement. After MTV agrees to film Meredith's sweet 16 birthday party (her second), she mentions the network about 15 times in 5 minutes.

Some potentially subversive material lurks in the background. The students attend Carry Nation High School, and the winner of the talent show receives the Golden Hatchet Award. Funny stuff, even if the movie's target audience will have to consult Wikipedia to get the jokes.

Other good ideas flit in and out of the script. The Bratz hope to crack Meredith's hold on the school by integrating the cliques. That's a much wor-

thier goal than consumerism, which seems to be the only aspiration the dolls promote. But shopping also remains a priority in the film, and the rest of the story seldom gets a chance to develop in between trips to the mall accompanied by pop songs.

Showing once again that filmmakers don't trust the intelligence of children, the ending becomes a flurry of the Bratz and their parents flatly stating moral lessons, from "You followed your heart and made it work" to "My mom is my hero."

Of the four Bratz, only Ramos shows the charisma necessary to sustain a career. Staub delivers the most enjoyable performance, though she has the advantage of playing a comic villain.

Otherwise, "Bratz" is filled with deliberate overacting that must be blamed on the director rather than individual actors.

By right, "Bratz" should have had no potential at all. Yet it is still disappointing to see the handful of clever ideas and heartfelt themes smothered by corporate, focus-group filmmaking.

Jeffrey Westhoff is a movie critic for the NorthWest News Group. He can be reached by e-mail at [sidetracks@nwnewsgroup.com](mailto:sidetracks@nwnewsgroup.com).

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HOT ROD (PG-13) 12:15 2:30 (4:45) 7:30 9:50  
HARRY POTTER & THE ORDER OF THE PHOENIX (PG-13) 1:00 (4:30) 8:00  
RATATOUILLE (G) 1:30 (4:15) 7:00  
I KNOW WHO KILLED ME (R) 2:00 (6:15) 7:45 10:30  
NO RESERVATIONS (PG) 12:45 (3:45) 6:30 9:10  
TRANSFORMERS (PG-13) 1:45 (5:00) 8:15  
WHO'S YOUR CADDY? (PG-13) 9:40pm DAILY  
LIVE FREE OR DIE HARD (PG-13) 9:30pm DAILY  
KNOCKED UP (R) 12:30 (3:30) 6:15 9:20

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THE BOURNE ULTIMATUM (PG-13) 12:45 1:15 3:30 (4:15) 6:30 7:30 9:40 10:10  
UNDERDOG (PG) 2:00 (6:15) 7:45 10:30  
THE SIMPSON'S MOVIE (PG-13) 11:30am 12:30 1:30 2:00 3:00 3:50 4:30 (5:15) 6:10 7:00 8:00 8:30 9:15 10:20 10:45  
HAIRSPRAY (PG) 1:00 (4:00) 6:45 9:50  
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Bourne Ultimatum (PG-13) 12:45, 1:30, 2:15, 3:25, 4:10, 4:55, 6:05, 6:50, 7:30, 8:45, 9:30, 10:05  
Underdog (PG-13) 12:25, 2:45, 5:00, 7:15, 9:30  
Hot Rod (PG-13) 1:05, 3:20, 5:30, 7:40, 9:55  
Bratz (PG-13) 1:15, 3:30, 6:35, 9:15  
El Cantante (R) 1:20, 4:00, 6:55, 9:40  
The Simpsons Movie (PG-13) 12:35, 1:40, 2:50, 3:55, 5:05, 6:10, 7:20, 8:25, 9:35  
No Reservations (PG) 12:30, 2:55, 5:20, 7:45, 10:05  
I Know Who Killed Me (R) 1:30, 4:10, 7:00, 9:45  
Who's Your Caddy (PG-13) 12:40, 3:00, 5:15, 7:30, 9:45  
Rescue Dawn (PG-13) 1:25, 4:20, 7:10, 9:50  
Sunshine (R) Ends Tu 12:55, 3:25, 6:05, 8:45  
Now Pronounce You Chuck & Larry (PG-13) 1:00, 3:45, 6:30, 9:25  
Hairpray (PG) 1:10, 3:55, 6:35, 9:20  
Harry Potter: Order of the Phoenix (PG-13) 12:30, 3:45, 7:00, 10:05  
Transformers (PG-13) 12:25, 3:30, 6:45, 10:00  
Ratatoouille (G) 12:45, 3:20, 6:00, 8:35  
Live Free or Die Hard (PG-13) 12:50, 3:40, 6:55, 9:55  
Transformers (PG-13) Open Captioned Fr 3:30, Sa 12:25, Su 6:45  
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**BOURNE ULTIMATUM** (PG-13)  
Daily 12:00 2:25 4:50 7:15 9:40

**SIMPSON'S MOVIE** (PG-13)  
Daily 12:00 1:00 2:00 3:00 4:00 5:00  
6:00 7:00 8:00 9:00 10:00

**NO RESERVATIONS** (PG)  
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# NIGHT & DAY



## Living & Entertainment Section

### Enjoy Authentic Japanese Cuisine at I Love Sushi

By **LESLIE GLAZIER-WERNER**  
Lesonlife@sbcglobal.net

I Love Sushi serves the finest authentic Japanese cuisine, thanks to chef Yoshi Takahashi, who is also co-owner along with wife Cindy.

Cindy said Yoshi has over 30 years of experience as a chef. She noted that he was schooled in his native Japan, worked in Tokyo, then spent 10 years as head chef at a 4-star Japanese restaurant located in downtown Chicago. Cindy said

they then decided to open their own restaurants, running one in Sante Fe, followed by one in Des Plaines, before opening I Love Sushi in the Grayslake area.

I Love Sushi, open just six months, is conveniently located in the new Graystone Manor business and retail complex on Route 45 just south of Washington Street.

The restaurant is the perfect place for a business lunch or dinner out. Enjoy your meal and take a mini-vacation while listening to

popular Japanese music and basking in true Japanese hospitality.

The atmosphere is serene, aided by muted tones of sand, turquoise, and coral reminiscent of the seashore. Including the full sushi bar, there is seating capacity for 50, with additional seating outside on the patio.

Cindy said her husband uses only the freshest ingredients, all prepared "to taste good, but be healthy and low calorie." She also noted that Yoshi makes all his own sauces.

I Love Sushi's menu encourages sampling of its

many types of sushi, appetizers, soups, salads, and more.

The daily specials alone are enough to fill a regular menu. I tried their "Godzilla" maki sushi—aptly named as I was presented with extra-large, delectable rolls of fresh shrimp tempura, spicy tuna, cucumber over avocado, and tempura crunch with unagi sauce.

I Love Sushi also has lunch box specials. I enjoyed a savory combination of miso soup, rice, tender chicken teriyaki, California roll, and deep-fried gyoza dumpling, all

for just \$8.59.

The dinner menu is just as appetizing, and includes teriyaki, katsu, tempura, sashimi, udon, appetizers, soups, and salads, in addition to sushi. Cindy also said cocktails can be made to order for both lunch and dinner.

Yoshi and Cindy Takahashi are looking forward to getting to know the community. As a result, they're offering an I Love Sushi reward card that offers a 5% discount with every purchase. After one visit to I Love Sushi you're sure to put your card to good use.

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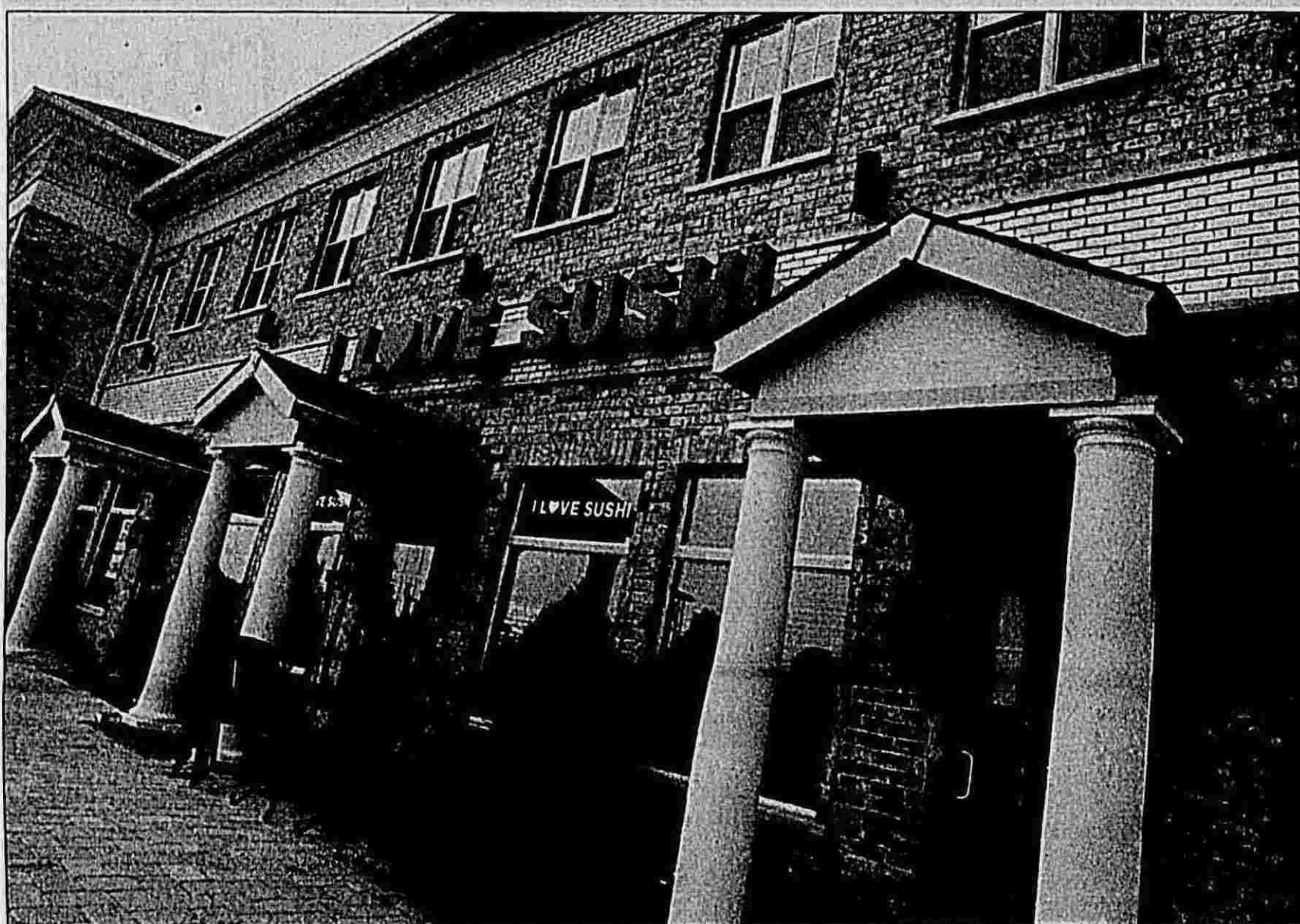


Bonnie & Thomas Behm, 1957



Thomas proposed to Bonnie while living in Grayslake, and they lived in the same house for 42 years before moving to Virginia.

Bonnie & Thomas Behm, present



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Soup or Salad, and Dessert. Please allow 15 minutes.
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- Above Served With Soup or Salad, Choice of Potato, and Dessert.

- Prime Rib  
(12-14 oz.)  
14.95
- London Broil  
10.95
- T-Bone Steak  
(14-16 oz.)  
16.95

- 14-16 oz.  
T. Bone Steak  
and Eggs  
16.95
- London Broil  
and Eggs  
10.95

Served With Hash  
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American • Italian • Mexican

Ribs - Charbroiled Grill - Subs - Italian Beef

**2 FREE**  
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with any 2 or more topping  
16" or 18" Pizza  
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One coupon per order)

**FREE Medium**  
**Cheese Pizza**

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OPEN 4 PM

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TUESDAY  
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WEDNESDAY  
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FRIDAY & SATURDAY  
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<b>Fridays</b> Corona Battered Cod & Baked Tilapia \$2.00 PBR	<b>Saturdays</b> All U Can EAT BBQ Ribs \$12.95	<b>Sundays</b> All U Can EAT Alaskan King Crab Legs \$25.95	<b>August 4th</b> 3pm-80's Proof 5pm-Modern Day Romeos 8pm-Too White Crew 11pm-DJ Johnny
<b>August 5th</b> 2pm-Dickey Pimpkins 4pm-Dot Dot Dot 6pm-Antenna 8pm-Sixteen Candles			

**Musicfest**  
6th annual outdoor

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Dine in only. One coupon per table. Expires 8/15/07

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**FREE POOL AT SHARKY'S**  
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EVERY Friday Nite @ Sharky's  
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Maximum \$7 OFF Dinner

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50 Pieces Chicken <b>\$38.67</b>	100 Pieces Chicken <b>\$75.00</b>	10 Pieces Chicken Only <b>\$8.99</b> Limit 2 Expires 8/15/07
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VERY EASY

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EASY

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HARD

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EASY

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HARD

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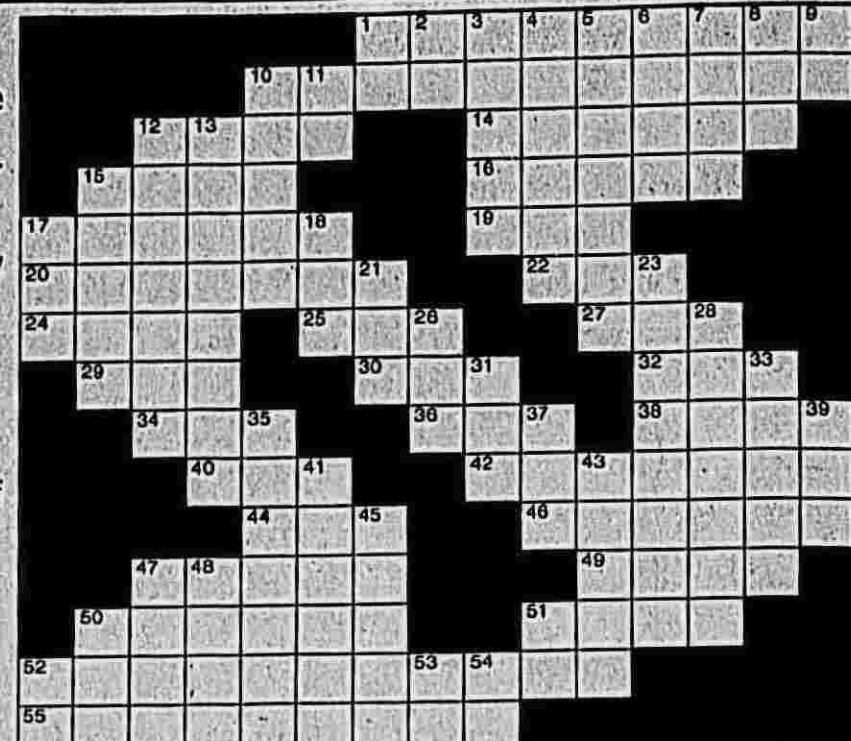
## CROSSWORD

## ACROSS

1. Infected inflammation
10. Inspector Clouseau movie "The"
12. Any of several carangid fishes
14. A way to make possible
15. Expression of sorrow or pity
16. Fruit of the oak tree
17. Golfers tee shots
19. Radioactivity unit
20. You divide a number by it
22. Corpse count (abbr.)
24. Bird treat
25. A digital tape recording of sound
27. A bag-like structure
29. California think tank
30. Hill (Celtic)
32. Caviar
34. A very large body of water
36. Distilled from coal
38. Russian assembly
40. Old Austrian monetary unit (abbr.)
42. De \_\_\_\_\_; not withdrawn
44. Cost, insurance, and freight (abbr.)
46. Employ for life
47. Ancient stone slab bearing markings
49. \_\_\_\_\_ Hart, politician
50. Intones
51. Whine
52. Maritime radio
55. An unrefined quality

## DOWN

1. Article
2. Berkelium
3. A stalk of asparagus
4. Fourth sign of the zodiac
5. Burial
6. Featured performer
7. Leg bone



8. Snake-like fish
9. Physician's title (abbr.)
10. Bullfighting maneuvers
11. Potato state (abbr.)
12. Cuts thin
13. Decayed areas in teeth
15. Sea catfish genus
17. Tooth caregiver (abbr.)
18. Grass farm product
21. Common rodent
23. Ohio's state bird
26. A young child
28. High fashion designing and dressmaking
31. Knock
33. Abrasive mineral
35. Regional speech patterns
37. Decompose
39. Sweet fruit juice beverage
41. Hotel chain
43. Proceed without interruption
45. A broad horizontal band

## &gt;&gt; Horoscope

## LEO - Jul 23/Aug 23

Your desire for freedom and chances to explore creative endeavors is met with opposition, Leo.

## VIRGO - Aug 24/Sept 22

Work issues are affecting your home life and relationships, Virgo.

## LIBRA - Sept 23/Oct 23

Libra, open up communication channels with the

ones you love.

## SCORPIO - Oct 24/Nov 22

You undergo an epiphany later in the week, and it will be a very positive realization for you, Scorpio.

## SAGITTARIUS - Nov 23/Dec 21

Relationships are set to improve this week, Sagittarius, but only if you listen as well as you

voice your opinion.

## CAPRICORN - Dec 22/Jan 20

Focus your attention on relationships, Capricorn, because your romantic life needs a boost.

## AQUARIUS - Jan 21/Feb 18

Aquarius, there might be some miscommunication this week, and you'll feel as though you are being deceived.

## PISCES - Feb 19/Mar 20

Pisces, you are feeling a distinctive pull in regards to spending time at home and being out.

## ARIES - Mar 21/Apr 20

You have more energy at your disposal, Aries. Let go of the drama of past weeks.

## TAURUS - Apr 21/May 21

Taurus, emphasis on your money houses and

finances are pinnacle this week. You will see career rewards on Wednesday.

## GEMINI - May 22/June 21

Gemini, this week begins a time of focus and renewal. Use this time to get organized.

## CANCER - June 22/July 22

Your career becomes important this week, Cancer. You will be expending more energy.

## Total Furniture

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During Furniture Man's

OPEN 4...  
TO SAVE YOU MORE!  
Friday 10-9  
Saturday 9-6  
Sunday 11-6  
Monday 10-9



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## 6 Piece Transitional Bedroom



Oak solids and veneers. The quality and craftsmanship will amaze you. While they last.

Dresser • Mirror • Chest • 3 Piece Queen Bed Headboard, footboard and rails • FREE Nightstand

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Great Selection of Bedrooms on Display. All Discount Priced.

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Visit Our Discount Showroom. Over 90 Livingrooms on Display. All Discount Priced.

## Package Power!

Completely coordinated room grouping with beautiful carved wood accents. Durable fabric with contrasting back and toss pillows.

Five Piece Room Package Includes:  
• Sofa  
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Truckload Savings! SPECIAL PURCHASE

QUEEN SIZE PILLOW-TOP SETS

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Limited quantities. Only while they last.

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All In One Loft Bed

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Front features 2 drawers for clothing and 2 drawers for media storage. Back of the unit is a closet. Trundle bed is perfect for sleep-over's and the sturdy ladder can be placed on either side.

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Mattress, bedding and chair not included.

## 5 Piece Contemporary Set



42" round x 30" H table with beveled glass top. Four "X" back chairs with soft upholstered seat cushions. While they last.

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Kenosha, Wisconsin  
8400 75th Street (Hwy. 50)  
Between I-94 and Hwy. 31 on Hwy. 50  
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## Total Furniture

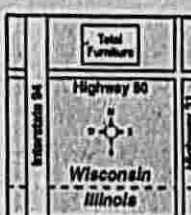
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## &gt;&gt; ElementsOf TheRidiculous



Jana Thompson

## Home search

I learned something this month.

When you are surfing descriptions of homes for sale on the Internet, every sentence that ends in an exclamation point seems to be a diversion tactic.

In move-in condition! Carpeting! Toilets!

Jana Thompson is a columnist for the NorthWest News Group. She can be reached at [jthompson@nwnewsgroup.com](mailto:jthompson@nwnewsgroup.com). To read Jana's full column, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and select "columnists" under the LakeLife section.

## &gt;&gt; LesOnLife

## Renovation time

In this week's online column, Leslie Werner writes about the craziness caused by a kitchen renovation at her home. To read the column, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and select "columnists" under LakeLife.

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**TRIATHLON:** Adults and children compete at the Wauconda triathlon in events such as running and swimming. **PAGE 8B**

**DEMOLITION DERBY:** Demo derby contestants will tell you there is more to derbies than just smashing up cars. **PAGE 9B**

**NASCAR THIS WEEK:** Dropping from second to ninth in the point standings has Jimmie Johnson on the "who's not hot" list. **PAGE 10B**

## >> Sidelines



**Daniel J. Patrick**

## Adults must motivate good sportsmanship

American youth sports is at a crossroads. With the glory days of old little league teams not so far behind us and with AAU basketball and youth football currently exploding, it's difficult to find the line between good extra-curricular sports and too much.

Youth football in particular has received a lot of attention because of horror stories of parents tackling youth players, ordering children to hurt others and other horrors. Even youth coaches have received a bit of this blame with their own problems.

Author Chris Tateo has written a book about this issue entitled "The Competitive Parent." While his Web site could use a little proofreading, Tateo's message is a very important one.

"I wrote this book to give coaches and parents a new perspective of how they can create a stress-free youth football environment," Tateo said in his Web site. "When used correctly, the innovative techniques in this book can help readers manage players, motivate players, organize practice sessions, and deal with the intangibles surrounding the youth football experience."

This sounds like a heady goal, but a noble one nonetheless. As ex-athletes grow older, we often forget how difficult it was to deal with a red-faced psychopathic coach in our past. Instead, it turns into a fond memory of how crazy some coach was.

As for current coaches, the goal should be to avoid being that coach in your players' memories. As I recently spoke with another former player who coached youth football, we both agreed that children shouldn't be coddled on the football field. But there is a big difference between coddling and disrespect to the child and this difference is an issue Tateo speaks about in his book.

"From those old youth-football days, I still carry with me a philosophy that I gained as a kid struggling to understand football: I told myself back then that if the coach would only show us more compassion and patience, we would probably learn more about the game," Tateo wrote.

Youth sports, and especially youth football, can send those of us spiraling back to the days when we suited up. With their tiny little pads and helmets, youth players are like miniature versions of ourselves in the past. Maybe we should learn to treat ourselves a little better.

*Daniel J. Patrick is the sports editor for the Lake County Journals. Write to him at dpatrick@nwnewsgroup.com.*

## >> TruckAndTractorPull

# Full speed ahead

## Truck, tractor pull tradition lives at Lake County Fair

By DANIEL J. PATRICK  
dpatrick@nwnewsgroup.com

GRAYSLAKE - Thick, black smoke is billowing from shining chrome exhaust stacks as gleaming tractors are fighting up to 20 tons and dirt is thrown into the air. As the tractor's tires fight for traction and hundreds of fans cover their ears as the engines bellow against the weight for 300 feet.

There, it all stops. That's the world of the tractor pull, and plenty of fans packed the stands last weekend at the Lake County Fair to check it out.

As hundreds of miles of once-fertile Lake County land is being covered with roads, malls and subdivisions, the fair showed that one of rural life's most treasured pastimes are still alive and well.

"I grew up on a farm and I always loved the power of tractors. I watched tractor pulls when I was a kid, and a neighbor pulled and he even let me drive a few [pulls]," Wally Wiese, owner of "Vi-Agri King" tractor said. "It's whatever you grew up with. If you grew up around cars, you're going to love customizing cars and it's the same thing with tractors."

Across the country, there are multiple tractor pulling organizations, including the American Tractor Pullers Association, the National Tractor Pullers Association and the Empire State Pullers in New York. There are even tractor pulling associations around the world, like the European Tractor Pulling Committee, Australian Tractor Pullers Association and the Brazilian Tractor Pulling Association.

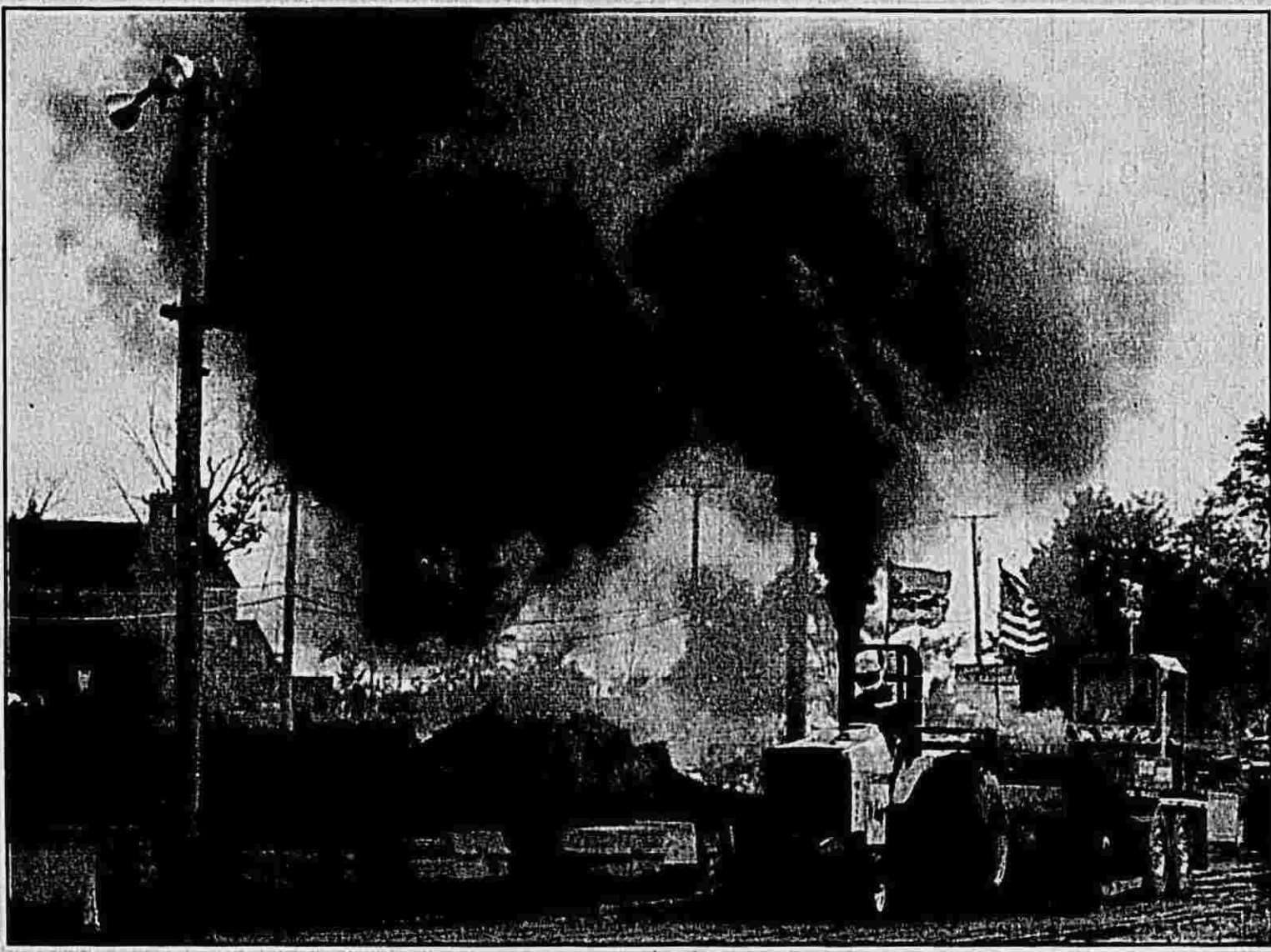
Many of the serious competitors try to pull everywhere. Just after the Lake County Fair tractor pull, most of the pullers hightailed it out of town to Union Grove, 140 miles away to take part in another pull that night.

"In an average summer, you get about 60 pulls in," Wiese said. "Yesterday, I was in Goshen, Ind., doing a pull. You go everywhere all across the country doing pulls and that's part of the reason why it's so much fun."

### From beast to treasured competitor

Competitors said, 10,000-horsepower tractors started out as run-of-the-mill machines most people see plowing the fields. From there, the machines go through more transformations than Optimus Prime.

"I started with a normal farm tractor and I just kept tuning for the last 25 years," Mark Stuckmann, tractor competitor said. "It was just out of the field when I started swapping out parts and seeing what works. You just keep doing it and you learn by trial and error."



Annie Christie - achristie@nwnewsgroup.com

Mark Stuckmann pulls his rig during the Lake County Fair Truck and Tractor Pull.



Annie Christie - achristie@nwnewsgroup.com

Mark Stuckmann pops a wheelie during the Lake County Fair Truck and Tractor Pull.

"By now, I've spent into the six figure range getting my tractor to where it is now."

Most pullers estimated that their tractors could easily bring in at least \$100,000 on the auction block with all of their modifications. To put the amount of mods in the average pulling tractor into perspective, Stuckmann's tractor engine originally produced about 120 horsepower, he said. Fifteen years, a 50 p.s.i. turbo and a bunch of modifications later, it's pumping out about 1,000 ponies.

"It's like an addiction. When you start molding, it all just snowballs," Stuckmann said. "You [mess] with the engine, then you mess with the frame, the fuel, and everything gets changed until all you have left is the body of the tractor and a handful of original parts left."

Stuckmann likened his tractor to the import car craze that has gripped the nation for years.

"It's sorta like all that car modding that's going on nowadays,"

Stuckmann said. "Why would anyone spend \$25,000 on parts for a \$5,000 car? It's because you love it."

### Tractor? Who needs a tractor?

At the Lake County Fair and many other tractor pulling competitions, there are many classes with pulling competitions. Most of the pulling contests don't even involve tractors at all.

Semitrailleurs and even heavily-modified diesel pickup trucks also competed at the fair. What sets the semis apart from most of the other competitive classes is that they could not have any modifications.

"[Semis] have got to be able to drive on the road like any other semi on the road," semitrailer driver Sue Sterwald said. "You've got to have a license, insurance and everything else before you can compete in a pull. You can't have any mods on the truck either. It's got to be a plain jane truck straight off the highway."

As it turns out, the trucks don't

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## QuickHitters



Nicole Schachner

### Nicole Schachner - Libertyville

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### Brad Wisniewski - Wauconda

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## GameOfTheWeek



Cleveland Indians

vs.



White Sox

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## Hey mom, look what I can do



Motorcross racers jump over the track and entertain crowd members at the Lake County Fair. The fair hosted pro motorcross races July 25 and 26 this year.

Annie Christie - achristie@nwnewsgroup.com



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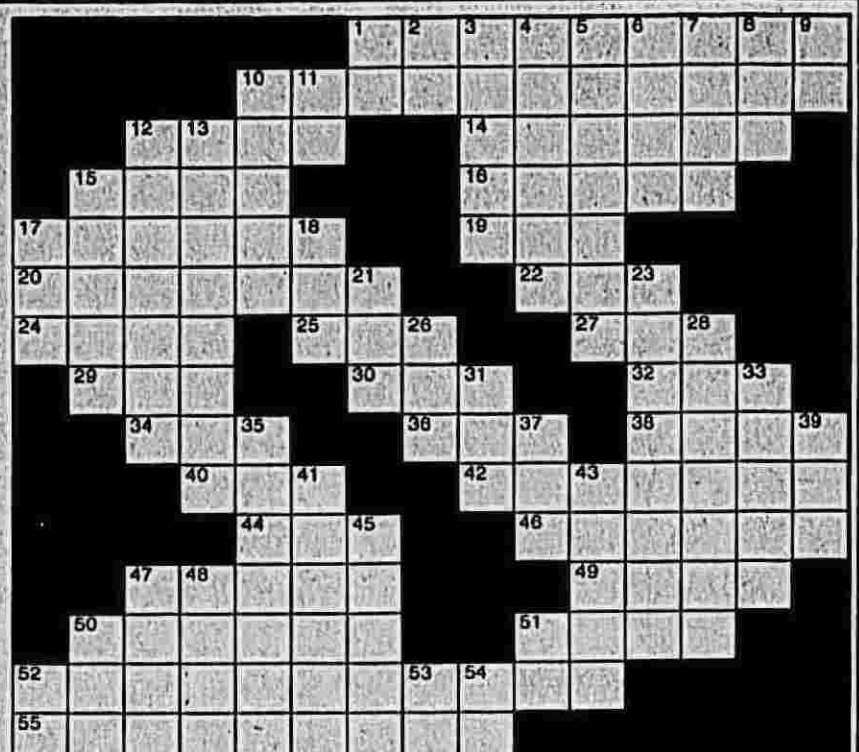
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## ACROSS

- Infected inflammation
- Inspector Clouseau movie "The"
- Any of several carangid fishes
- A way to make possible
- Expression of sorrow or pity
- Fruit of the oak tree
- Golfers tee shots
- Radioactivity unit
- You divide a number by it
- Corpuscle count (abbr.)
- Bird treat
- A digital tape recording of sound
- A bag-like structure
- California think tank
- Hill (Celtic)
- Caviar
- A very large body of water
- Distilled from coal
- Russian assembly
- Old Austrian monetary unit (abbr.)
- De \_\_\_\_\_: not withdrawn
- Cost, insurance, and freight (abbr.)
- Employ for life
- Ancient stone slab bearing markings
- Hart, politician
- Intones
- Whine
- Maritime radio
- An unrefined quality

## DOWN

- Article
- Berkelium
- A stalk of asparagus
- Fourth sign of the zodiac
- Buries
- Featured performer
- Leg bone



- Snake-like fish
- Physician's title (abbr.)
- Bullfighting maneuvers
- Potato state (abbr.)
- Cuts thin
- Decayed areas in teeth
- Sea catfish genus
- Tooth caregiver (abbr.)
- Grass farm product
- Common rodent
- Ohio's state bird
- A young child
- High fashion designing and dressmaking
- Knock
- Abrasive mineral
- Regional speech patterns
- Decompose
- Sweet fruit juice beverage
- Hotel chain
- Proceed without interruption
- A broad horizontal band



- across a shield
- One branch of orthodox Islam
- Draws from
- Chronicles, abbr. (Biblical)
- Propyl (abbr.)
- Johnson: a family co.
- High school
- Osmium

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## >> Horoscope

**LEO – Jul 23/Aug 23**  
Your desire for freedom and chances to explore creative endeavors is met with opposition, Leo.

**VIRGO – Aug 24/Sept 22**  
Work issues are affecting your home life and relationships, Virgo.

**LIBRA – Sept 23/Oct 23**  
Libra, open up communication channels with the

ones you love.

**SCORPIO – Oct 24/Nov 22**  
You undergo an epiphany later in the week, and it will be a very positive realization for you, Scorpio.

**SAGITTARIUS – Nov 23/Dec 21**  
Relationships are set to improve this week, Sagittarius; but only if you listen as well as you

voice your opinion.

**CAPRICORN – Dec 22/Jan 20**  
Focus your attention on relationships, Capricorn, because your romantic life needs a boost.

**AQUARIUS – Jan 21/Feb 18**  
Aquarius, there might be some miscommunication this week, and you'll feel as though you are being deceived.

**PISCES – Feb 19/Mar 20**  
Pisces, you are feeling a distinctive pull in regards to spending time at home and being out.

**ARIES – Mar 21/Apr 20**  
You have more energy at your disposal, Aries. Let go of the drama of past weeks.

**TAURUS – Apr 21/May 21**  
Taurus, emphasis on your money houses and

finances are pinnacle this week. You will see career rewards on Wednesday.

**GEMINI – May 22/June 21**  
Gemini, this week begins a time of focus and renewal. Use this time to get organized.

**CANCER – June 22/July 22**  
Your career becomes important this week, Cancer. You will be expending more energy.

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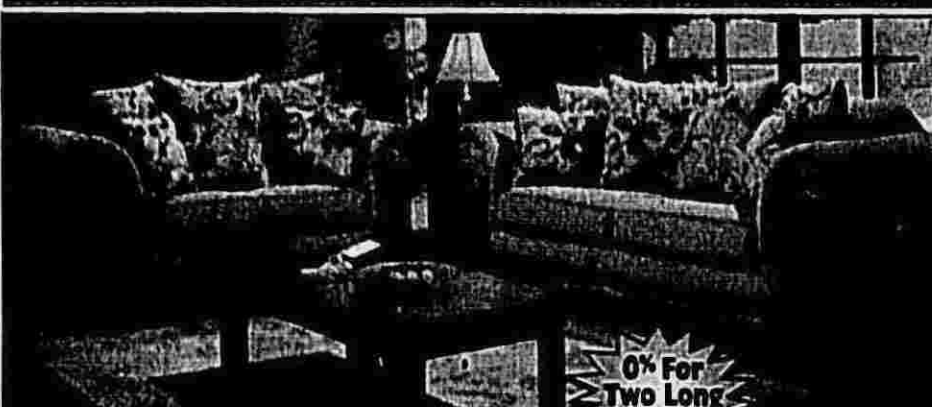
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Completely coordinated room grouping with beautiful carved wood accents. Durable fabric with contrasting back and toss pillows.

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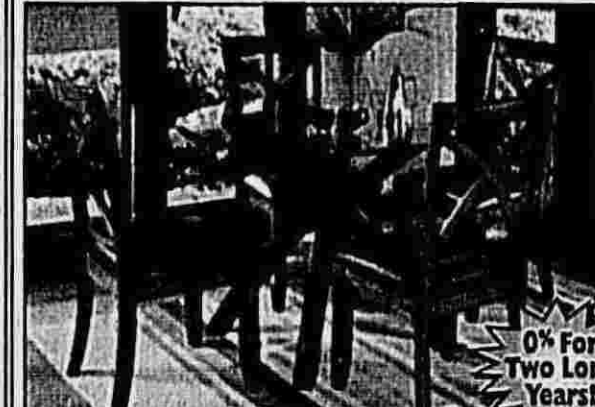


Front features 2 drawers for clothing and 2 drawers for media storage. Back of the unit is a closet. Trundle bed is perfect for sleep-over's and the sturdy ladder can be placed on either side.

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Five Piece Table Set

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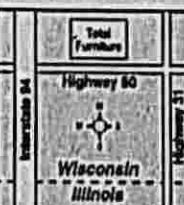
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## >> ElementsOf TheRidiculous



Jana Thompson

## Home search

I learned something this month.

When you are surfing descriptions of homes for sale on the Internet, every sentence that ends in an exclamation point seems to be a diversion tactic.

In move-in condition! Carpeting! Toilets!

Jana Thompson is a columnist for the NorthWest News Group. She can be reached at [jthompson@nwnewsgroup.com](mailto:jthompson@nwnewsgroup.com). To read Jana's full column, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and select "columnists" under the LakeLife section.

## >> LesOnLife

## Renovation time

In this week's online column, Leslie Werner writes about the craziness caused by a kitchen renovation at her home. To read the column, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and select "columnists" under LakeLife.

## TOWN & COUNTRY POWER

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**TRIATHLON:** Adults and children compete at the Wauconda triathlon in events such as running and swimming. **PAGE 8B**

**DEMOLITION DERBY:** Demo derby contestants will tell you there is more to derbies than just smashing up cars. **PAGE 9B**

**NASCAR THIS WEEK:** Dropping from second to ninth in the point standings has Jimmie Johnson on the "who's not hot" list. **PAGE 10B**

## >> SideLines



**Daniel J. Patrick**

## Adults must motivate good sportsmanship

American youth sports is at a crossroads. With the glory days of old little league teams not so far behind us and with AAU basketball and youth football currently exploding, it's difficult to find the line between good extra-curricular sports and too much.

Youth football in particular has received a lot of attention because of horror stories of parents tackling youth players, ordering children to hurt others and other horrors. Even youth coaches have received a bit of this blame with their own problems.

Author Chris Tateo has written a book about this issue entitled "The Competitive Parent." While his Web site could use a little proofreading, Tateo's message is a very important one.

"I wrote this book to give coaches and parents a new perspective of how they can create a stress-free youth football environment," Tateo said in his Web site. "When used correctly, the innovative techniques in this book can help readers manage players, motivate players, organize practice sessions, and deal with the intangibles surrounding the youth football experience."

This sounds like a heady goal, but a noble one nonetheless. As ex-athletes grow older, we often forget how difficult it was to deal with a red-faced psychopathic coach in our past. Instead, it turns into a fond memory of how crazy some coach was.

As for current coaches, the goal should be to avoid being that coach in your players' memories. As I recently spoke with another former player who coached youth football, we both agreed that children shouldn't be coddled on the football field. But there is a big difference between coddling and disrespect to the child and this difference is an issue Tateo speaks about in his book.

"From those old youth-football days, I still carry with me a philosophy that I gained as a kid struggling to understand football: I told myself back then that if the coach would only show us more compassion and patience, we would probably learn more about the game," Tateo wrote.

Youth sports, and especially youth football, can send those of us spiraling back to the days when we suited up. With their tiny little pads and helmets, youth players are like miniature versions of ourselves in the past. Maybe we should learn to treat ourselves a little better.

• Daniel J. Patrick is the sports editor for the Lake County Journals. Write to him at dpatrick@nwnewsgroup.com.

## >> TruckAndTractorPull

# Full speed ahead

## Truck, tractor pull tradition lives at Lake County Fair

By DANIEL J. PATRICK  
dpatrick@nwnewsgroup.com

GRAYSLAKE - Thick, black smoke is billowing from shining chrome exhaust stacks as gleaming tractors are fighting up to 20 tons and dirt is thrown into the air. As the tractor's tires fight for traction and hundreds of fans cover their ears as the engines bellow against the weight for 300 feet.

There, it all stops.

That's the world of the tractor pull, and plenty of fans packed the stands last weekend at the Lake County Fair to check it out.

As hundreds of miles of once-fertile Lake County land is being covered with roads, malls and subdivisions, the fair showed that one of rural life's most treasured pastimes are still alive and well.

"I grew up on a farm and I always loved the power of tractors. I watched tractor pulls when I was a kid, and a neighbor pulled and he even let me drive a few [pulls]," Wally Wiese, owner of "Vi-Agri King" tractor said. "It's whatever you grew up with. If you grew up around cars, you're going to love customizing cars and it's the same thing with tractors."

Across the country, there are multiple tractor pulling organizations, including the American Tractor Pullers Association, the National Tractor Pullers Association and the Empire State Pullers in New York. There are even tractor pulling associations around the world, like the European Tractor Pulling Committee, Australian Tractor Pullers Association and the Brazilian Tractor Pulling Association.

Many of the serious competitors try to pull everywhere. Just after the Lake County Fair tractor pull, most of the pullers hightailed it out of town to Union Grove, 140 miles away to take part in another pull that night.

"In an average summer, you get about 60 pulls in," Wiese said. "Yesterday, I was in Goshen, Ind., doing a pull. You go everywhere all across the country doing pulls and that's part of the reason why it's so much fun."

### From beast to treasured competitor

Competitors said, 10,000-horsepower tractors started out as run-of-the-mill machines most people see plowing the fields. From there, the machines go through more transformations than Optimus Prime.

"I started with a normal farm tractor and I just kept tuning for the last 25 years," Mark Stuckmann, tractor competitor said. "It was just out of the field when I started swapping out parts and seeing what works. You just keep doing it and you learn by trial and error."



Annie Christie - achristle@nwnewsgroup.com

Mark Stuckmann pulls his rig during the Lake County Fair Truck and Tractor Pull.



Annie Christie - achristle@nwnewsgroup.com

Mark Stuckmann pops a wheelie during the Lake County Fair Truck and Tractor Pull.

"By now, I've spent into the six figure range getting my tractor to where it is now."

Most pullers estimated that their tractors could easily bring in at least \$100,000 on the auction block with all of their modifications. To put the amount of mods in the average pulling tractor into perspective, Stuckmann's tractor engine originally produced about 120 horsepower, he said. Fifteen years, a 50 p.s.i. turbo and a bunch of modifications later, it's pumping out about 1,000 ponies.

"It's like an addiction. When you start molding, it all just snowballs," Stuckmann said. "You [mess] with the engine, then you mess with the frame, the fuel, and everything gets changed until all you have left is the body of the tractor and a handful of original parts left."

Stuckmann likened his tractor to the import car craze that has gripped the nation for years.

"It's sorta like all that car modding that's going on nowadays,"

Stuckmann said. "Why would anyone spend \$25,000 on parts for a \$5,000 car? It's because you love it."

### Tractor? Who needs a tractor?

At the Lake County Fair and many other tractor pulling competitions, there are many classes with pulling competitions. Most of the pulling contests don't even involve tractors at all.

Semitrailleurs and even heavily-modified diesel pickup trucks also competed at the fair. What sets the semis apart from most of the other competitive classes is that they could not have any modifications.

"[Semis] have got to be able to drive on the road like any other semi on the road," semitrailer driver Sue Sterwald said. "You've got to have a license, insurance and everything else before you can compete in a pull. You can't have any mods on the truck either. It's got to be a plain jane truck straight off the highway."

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Annie Christie - achristle@nwnewsgroup.com



### >> HometownSports

#### Fundraiser set for former Wauconda football player

Friends and classmates of Justin Santana are expected to pitch in and attend in good numbers a fundraiser.

The event will be from 5 p.m. to midnight Saturday, Aug. 11, at the Metropoli in Wauconda. Santana, a sophomore at Wauconda High School, suffers from blood clots.

"We will have Pez and the dispensers, a bake sale, raffle items such as Curves mem-

berships for one year, and gift certificates," organizer Marge Collier said. "It is rare for that age, but he has to live with it the rest of his life."

He has been treated at Advocate Lutheran General Hospital.

Collier's daughter, Ashley, played football with Justin. She will be a sophomore team member this year.

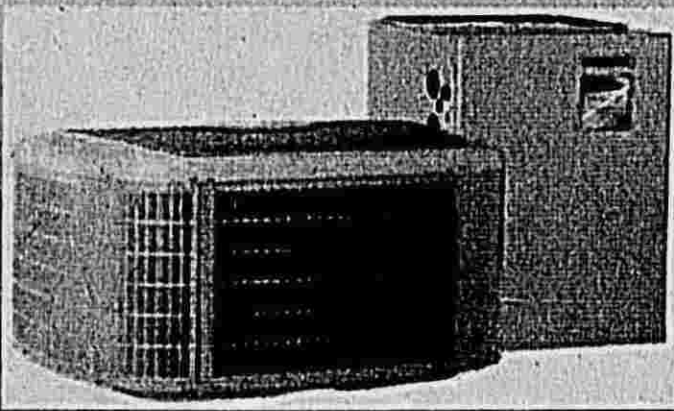
"He is getting a lot of support from his friends," Collier said.

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### >> Views



**Kevin Kaduk**

## Benson key for Bears next season

BOURBONNAIS — Because we're facing an NFL season full of knee-jerk reactions and definitive statements from everyone with a radio show or blog, let me be the first to issue a declaration on this year's Bears.

Cedric Benson will be the key and the biggest barometer of success in the Bears shot at Super Bowl redemption.

OK, so that's not exactly the mother of all risky predictions. Saying that a running back is important to an NFL team is a lot like saying a truck needs a driver to get anywhere.

In this instance, Benson is even more important to the cause than that. If the Bears want to make it back to the big game and win it, he needs to be one of the 10 best running back in the league.

But Benson can't suffer from the same affliction from that game in Miami. He hurt his knee in the first half against the Colts and never returned, which produced a shadow of doubt that has followed him to Bourbonnais. That same disappearance can't happen this season, because Benson is the lone plow horse on the Bears' offense.

This year, there's no Thomas Jones to share the carries as well as punishment from opposing defenses. Jones was traded to the Jets in the off-season, mostly because Bears management wanted to hand the franchise to Benson. Now that he has his long-awaited wish, it's time for the No. 4 pick of the 2005 draft to produce.

"We didn't know how things were going to [go at the start of last year's camp], so I was prepared to take the lead role," Benson said. "This year, we pretty much know how things are going to go. I'm just getting ready to take on the role and get it started."

In my mind, Benson is a bigger key to the offense than Rex Grossman. For the most part, the Bears know what they're going to get from the quarterback's schizophrenic performances and can game-plan accordingly with a reliable running back and top-rated defense.

So, for now, the only thing I can say about Benson and whether or not he'll become the future of the Bears' backfield comes in two short words that qualify as an early-season statement — he must.

• Kevin Kaduk is the pro sports columnist for NorthWest News Group. Write to him at [kkaduk@nwnewsgroup.com](mailto:kkaduk@nwnewsgroup.com).

## WEEKLY PLANNER

TEAM	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		COLUMBUS 7:30 p.m. HDNet, FM-1200 (Spanish)					
	DETROIT 7:30 p.m. WTTW, AM-1690		at Washington 3 p.m. AM-1690		INDIANA 7 p.m. WTTW, AM-1690		
	NEW YORK 1:20 p.m. WGN, AM-720	NEW YORK 2:55 p.m. FOX, AM-720	NEW YORK 7:05 p.m. ESPN, AM-720	at Houston 7:05 p.m. CSN, AM-720	at Houston 7:05 p.m. WGN, AM-720	at Houston 7:05 p.m. CSN, AM-720	at Houston 8:05 p.m. WGN, AM-720
	at Detroit 6:05 p.m. WCIU, AM-670	at Detroit 6:05 p.m. CSN, AM-670	at Detroit 12:05 p.m. CSN, AM-670		CLEVELAND 7:11 p.m. WCIU, AM-670	CLEVELAND 7:11 p.m. CSN, AM-670	CLEVELAND 7:11 p.m. CSN, AM-670
	at Great Lakes 7:05 p.m. AM-1280	at Great Lakes 7:05 p.m. AM-1280	at Great Lakes 3:05 p.m. AM-1280	at Great Lakes 3:05 p.m. AM-1280	LANSING 6:30 p.m. AM-1280	LANSING 6:30 p.m. AM-1280	LANSING 6:30 p.m. AM-1280

### >> WaucondaTriathlon

## A family filled event



Candace H. Johnson - [wjnews@nwnewsgroup.com](mailto:wjnews@nwnewsgroup.com)

Participants in the 2nd annual Wauconda Triathlon walk out of the water after their 0.5-mile swim in Bang's Lake. The triathlon took place on July 28 and 29.

## Adults, kids compete at Wauconda Triathlon

By STEVE PETERSON  
[speterson@nwnewsgroup.com](mailto:speterson@nwnewsgroup.com)

WAUCONDA — Aaron Lidawer and his dad, Dan, have a summer vacation trip planned via bicycle to go from St. Louis back home to Highland Park.

One of their warm-up events was the July 28 Youth Wauconda Park District Triathlon. Lidawer emerged as the overall winner out of a field of about 100 participants.

Regardless of the season, participants said the ingredients for a good triathlon are always the same.

"It is hours of training and going harder and eating right. It's the fun of being in the field. You work hard, and it's good for your heart," Aaron said. "I led through the bike, but lost some time in transi-

tion changing shoes."

Last year, he and his dad rode from Davenport, Iowa to home after a triathlon. But it's all worth it to both Lidawer men.

"It's a good time and the sport that he loves," Dan said. "We map it out carefully. It is good because it teaches him a healthy respect for the terrain, more than you would get zooming past in a car."

But with 100 participants in last week's Wauconda Kids Triathlon, there were definitely more participants besides the Lidawers. Several families cheered on their youth carrying signs at the finish line at Cook Park.

Melissa Goldbach, of Lake Zurich, was happy to compete in the swim, bike and run morning.

The Rogers family had three contestants, ages 7, 9

and 14. Garrett, 14, used the event to prep for football practice at Wauconda High School. He said biking was his best portion.

Organizers said the event went without a hitch July 28. For many volunteers, it was back for the next day's adult event, reporting at 5:30 a.m.

"Quite a few families will do both," Wauconda Trustee Mark Knigge said.

Wauconda resident Erica Miller, 7, was all smiles after receiving her second-place medal in the 7-8 age bracket.

"She did well," her dad, Gregg, said. "She's a good swimmer. She was all pumped."

### Adult spring triathlon

Jeremy Klein, of Clarendon Hills, hopes the triathlon season in Chicago will assist him in landing a spot on the Miami of Ohio University swim team. He starred as a swimmer at Hinsdale Central.

"This is my sixth one," Klein said. "I also will be at the national triathlon in Colorado. I started to do triathlons at age 16, just for fun."

Mary Ann Butzke, 61, does not mind waking up at 3:30 a.m. Sunday to make the trip from Batavia to Wauconda for the park district's spring triathlon.

"I have done six and have three more sprint triathlons to go," Butzke said. "I would rather race than train."

Jim O'Neill, 52, was one of the first finishers of the race. "It felt pretty good," O'Neill said.

Competitors praised the course for the .5-mile swim in Bangs Lake, 15-mile bike ride and 3.1-mile run through the Wauconda countryside.

"It was nice that the streets were closed," said Jay Bruhl. "Going uphill on the bike was the hardest part."

Mary Ann Greco, of Wauconda, competed in the swim relay.

"It is a wonderful race. I decided to do it for something different," Greco, 73, said. "The water was pretty clean. I swim all year for Shau Swim Club of McHenry."

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## &gt;&gt; DemolitionDerby

# Demolition derbies bring more than destruction

## Residents explain why they love destroying decrepit cars

By DANIEL J. PATRICK  
dpatrick@nwnewsgroup.com

GRAYSLAKE – Some people can't see the art in twisted metal contraptions as they smash into each other. Some can't see the art in flying mud, billowing smoke and a gladiator-like automotive fight to the death.

Some people aren't Grayslake native Steve Kipp.

Demolition derbies have long been a part of Kipp's life, and he just can't seem to get away from them.

"My dad got me into cars and he raced in the 1960s. This sort of thing just gets in your blood," Kipp said. "I love it. It's so much fun when you get out there. But it takes a lot of work to get the cars ready."

### Building for destruction

Kipp's not kidding when it comes to the work that goes into the average demo derby car. When the door falls off that green car in the Liberty Auto Wreckers commercial – that's about when the demolition derby driver comes in. Demo derby jockeys take discarded cars and modify them in a way that most people never would think to.

A good spray paint paint job will out-shine a dwindling paint job on a car, and that's about where the traditional modification ends. Then the fun begins.

From the frame to the bumper to the tires, parts are strengthened so the car can withstand the demolition derby abuse. Tires are "double-bagged" with a skinny tire inside and heavy-duty snow tires on the outside.

According to the Demolition Derby Drivers Association Web site, there are essentially two types of cars: ones made before 1977 and ones made afterward. Prior to 1977, American cars were like tanks thanks to

most parts being made of heavy steel. Afterward, cars used fiberglass and other, lighter metals that are great for trimming weight off the car for normal use, but horrible in a demolition derby.

"You want cars made before [1977]. That's why there's no cars in the Supermodified classes anymore because there just aren't that many cars from the '70s," Round Lake Beach's Jim "Big Jim" Dahm said. "That's why there are plenty of cars in the '80s class, because you just don't find '76 Chevy's anymore."

Some drivers said, even if the car's totally destroyed, there's still no problem cutting losses or even making money.

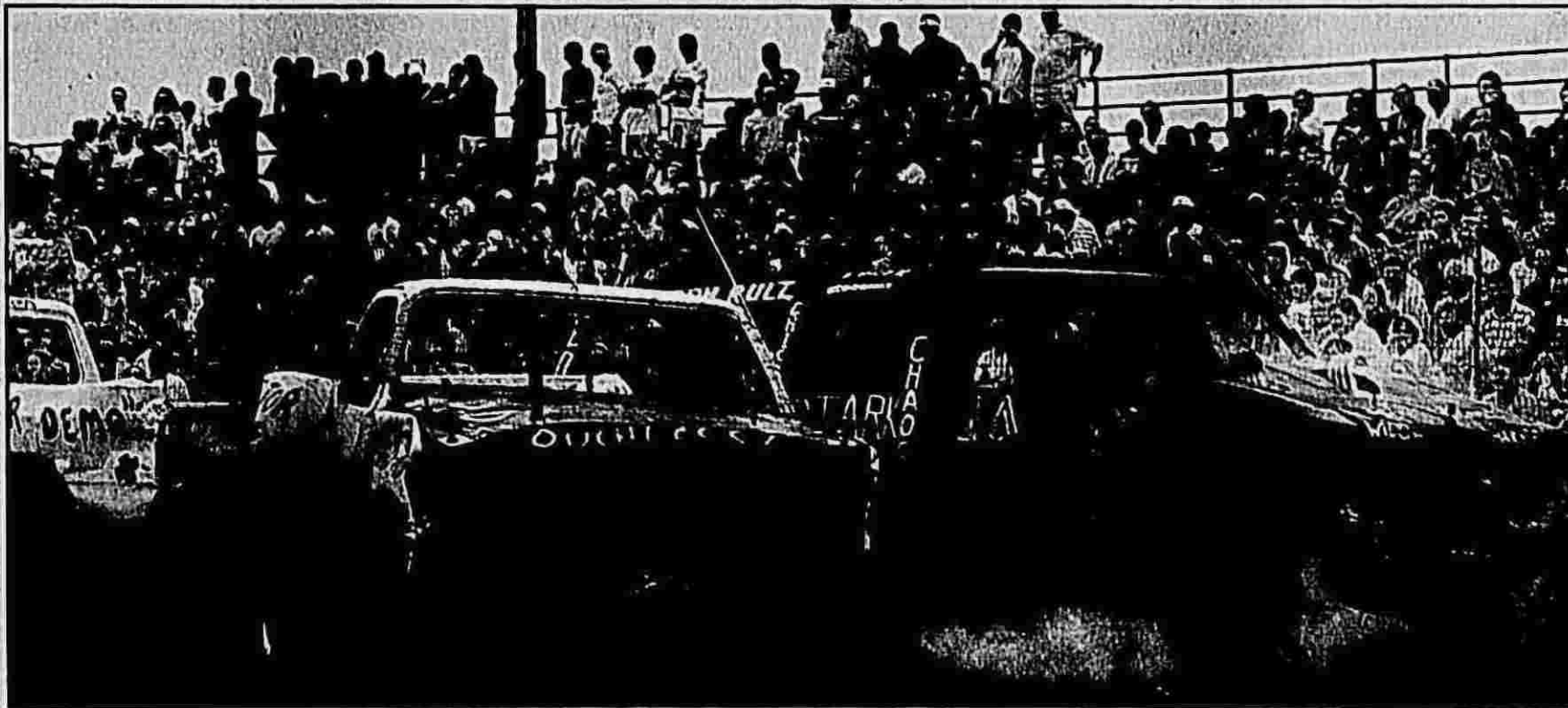
"You maybe spend \$100 for the car, maybe make a little money in the derby and then you can sell the radiator and get \$150 for the scrap metal," Round Lake's George Bumba said. "I reuse every part I can except for the body, so even if you don't win, it's not the end of the world because you can sell it all for scrap."

### Addiction to derbies

Many car enthusiasts pour their last cent and every last drop of sweat into their automobile. While their cars might look like rolling death machines from a "Mad Max" movie, demolition derby drivers suffer from the same car addiction that more mainstream enthusiasts do.

"I've been doing this for over 20 years, and once it's in your blood, you've just got to do it," "Big Jim" Dahm said. "I've put in about 60 to 80 hours of work into my car just so I can wreck it."

But Bumba has used his addiction to driving to get over some more destructive addictions in his life. Bumba, who won the Lake County Fair supermodified competi-



Demolition Derby cars crash into each other during the Lake County Fair. Drivers competed two days last weekend in multiple derbies.

"Sometimes you want to kill the guy, sometimes you want to play it like a game. It really depends on what mood you're in."

Steve Kipp

Demolition derby competitor

tion thanks demolition derbies for giving him something constructive to do.

"I quit drinking and I kept it up by working on demo derby cars," Bumba said. "It's a blast, it's such an adrenaline rush to just go out there and slam into people."

Even Bumba's daughter, Carl Else, has gotten into the game as a member of the Disturbed Demo Crew. Her slogan, "Hold my purse while I wreck your car," lined up the men while her driving beat them down. A week before her father's victory, she won her own demo derby of her own in a pink 1984 Ford Crown Victoria. But her reason for getting in the game came for a higher purpose than simply following in her father's foot-



Two boys watch cars crash into each other at one of the demolition derby competitions at the Lake County Fair in Grayslake.

steps.

"My husband's been doing it for 10 years, then he came down with brain cancer, so he had to stop," Else said. "But now he builds 'em and I wreck 'em."

It might be a blast, but rushing into people at high speeds still has its aches and pains that come with it. But for all of the derby competitors, it's well worth the trouble.

"Sometimes you want to kill the guy, sometimes you want to play it like a game. It really depends on what mood you're in," Kipp said. "It's fun, but we'll see how I feel tomorrow."

## &gt;&gt; HometownSports

### Fall sports physicals, practice times set for Wauconda

Athletic physicals for Wauconda High School athletes will take place at 5:45 p.m.

Monday, Aug. 6 at the Wauconda Middle School. Cost is \$20, but the sports physical does not cover the state requirement for incoming freshmen.

The following are the first practice times and sites:

Football: begins at 7 a.m.

Wednesday, Aug. 8 at 7 a.m. for varsity and sophomores and 4 p.m. for freshmen. Athletes are to report to Wauconda Middle School.

Volleyball: begins Monday, Aug. 13. Starting times for all levels is 9 a.m. to noon. All levels are to report to Wauconda Middle School.

Boys soccer: all levels will begin from 7 to 10 a.m. Wednesday, Aug. 8. Players are

to report to Chiefs Field on Route 176 and Anderson Road.

Girls tennis: all levels will begin at 8:30 to 10:30 a.m.

Monday, Aug. 13 on the tennis courts at the high school.

Golf: begins from 8 to 10 a.m.

Wednesday, Aug. 8. Athletes meet at the high school batting cage area.

Cross country: begins at 8 a.m. Monday, Aug. 13. Athletes are to report to Wauconda Area Public Library parking lot.

Poms: meet at 9 a.m. Monday, Aug. 13. Athletes are to report to Robert Crown School gymnasium.

Cheerleading: meet at 9 a.m. Tuesday, Aug. 7. Athletes are to report to Robert Crown School

practice field.

All athletes must have completed eligibility forms turned into the athletic office before they can begin practice. Any questions, call the athletic office, at (847) 526-6611, ext. 112.



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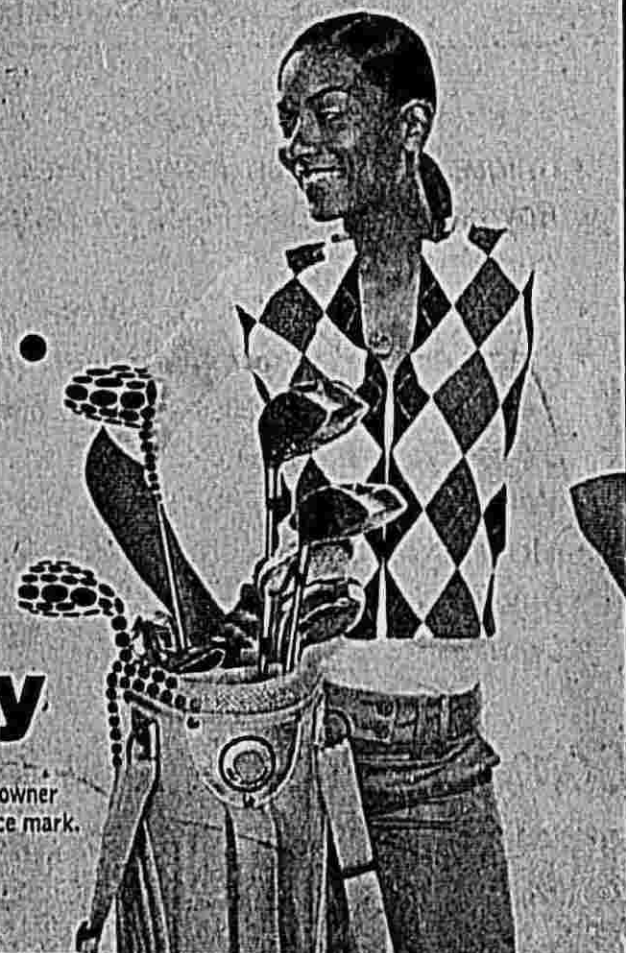


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# NASCAR THIS WEEK

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addition to the Stewart repertoire. He wins, he climbs a fence ... and now he cusses. The two-time champion — that's the NASCAR championship and the Brickyard now — is genuine, original, irreverent and charming. In Stewart's mind, Indy is shy of heaven; exceeded only because heaven can be achieved only once and he can race at the Brickyard every year. When Harvick surprisingly seized the lead, Stewart said: "I thought, man, this may or may not happen." It's Stewart's job to be worried, but there was no realistic way Harvick was holding that lead. It took Stewart, playing irresistible force, 10 laps to wrest the lead away from Immobile Object Harvick.

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## POCONO DATA

June 10

Aug. 5

ESPN

TNT



Distance: 2.5 mile oval  
 Length of frontstretch: 3,740 ft.  
 Length of backstretch: 3,055 ft.  
 Length of shortstretch: 1,780 ft.  
 Miles/Laps: 500 mi. = 200 laps

14°  
 Banking in turn 1

Turn 2, 8°  
 Turn 3, 8°

## THE POINTS RACE

NEXTEL CUP	
1. Jeff Gordon	3,076
2. Denny Hamlin	371
3. Matt Kenseth	377
4. Jeff Burton	443
5. Tony Stewart	452
6. Carl Edwards	494
7. Kevin Harvick	588
8. Kyle Busch	597
9. Jimmie Johnson	607
10. Clint Bowyer	671
11. Martin Truex Jr.	741
12. Dale Earnhardt Jr.	859

BUSCH SERIES	
1. Carl Edwards	3,394
2. David Reutimann	852
3. Jason Leffler	947
4. David Ragan*	1,014
5. Kevin Harvick	1,036
6. Bobby Hamilton Jr.	1,087
7. Dave Blaney	1,142
8. Stephen Leicht	1,209
9. Mike Wallace	1,236
10. Marcos Ambrose*	1,279

CRAFTSMAN TRUCK SERIES	
1. Mike Skinner	2,346
2. Ron Hornaday Jr.	77
3. Todd Bodine	246
4. Travis Kvapil	251
5. Johnny Benson	450

\* rookie

## FEUD OF THE WEEK



Raines

Kahne

### Tony Raines vs. Kasey Kahne

After a crash at the Brickyard, Tony Raines not only said Kahne wrecked him but added that Kahne admitted it afterward. "I went by him so fast on the outside that it got him (Kahne) loose and made him mad, so he said (afterward), 'I figured if I was going, I'd take you with me.' That's what he said to me." Kahne didn't acknowledge it publicly. "I was getting passed and just spun around," he said. "Before I even got to the corner, the back was already gone. I don't know if he was really close to my right-rear corner or what."

**NASCAR This Week's Monte Dutton gives his take:** "It's really impossible to judge what happened other than Kahne's Dodge started to spin without having been in contact with Raines' Chevy."

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## OutdoorExperience

## These warm summer days can be fun for people, but deadly for dogs

You know they call these hot days of summer, but when it comes to man's best friends, these days can be deadly. Right now, more dogs are turned in to kennels than any other time of the year. Unfortunately, because of the high volume, many kennels

have to euthanize animals because they just can't handle the volume.

At this same time, there are fewer families that want to adopt dogs. My friend, Patty Ilg, operates Great Lakes Lab Rescue, a nonprofit organization that saves animals from slaughter.



Steve Sarley

GLLR in addition to trying

to find adoptive families always is on the lookout for families that want to serve as foster parents for dogs who can be saved from an untimely death and kept until a permanent family can be found. These foster families are in short supply right now. The foster homes work with

the animals to make sure they have no health or behavioral issues so that adoptive families can be assured that they are getting a good dog. If a dog is found to have a treatable disease, GLLR pops for the medical bill.

Take a look at the Great Lakes Lab Rescue Web site at

greatlakeslabrescue.org to get a feel for the dogs and for what the organization does. You'll be enriching your life and saving the life of a noble animal.

• Lake County Journals outdoor columnist Steve Sarley's can be reached by e-mail at [steve@oexperience.com](mailto:steve@oexperience.com).

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## POCONO DATA



## WHAT'S UP NEXT

### THE POINTS RACE

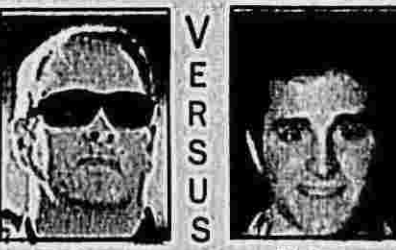
NEXTEL CUP	
1. Jeff Gordon	3,076
2. Denny Hamlin	371
3. Matt Kenseth	377
4. Jeff Burton	443
5. Tony Stewart	452
6. Carl Edwards	494
7. Kevin Harvick	588
8. Kyle Busch	597
9. Jimmie Johnson	607
10. Clint Bowyer	671
11. Martin Truex Jr.	741
12. Dale Earnhardt Jr.	859

BUSCH SERIES	
1. Carl Edwards	3,394
2. David Reutimann	852
3. Jason Leffler	947
4. David Ragan*	1,014
5. Kevin Harvick	1,036
6. Bobby Hamilton Jr.	1,087
7. Dave Blaney	1,142
8. Stephen Leicht	1,209
9. Mike Wallace	1,236
10. Marcos Ambrose*	1,279

CRAFTSMAN TRUCK SERIES	
1. Mike Skinner	2,346
2. Ron Hornaday Jr.	77
3. Todd Bodine	246
4. Travis Kvapil	251
5. Johnny Benson	450

\* rookie

### FEUD OF THE WEEK



Raines Kahne

#### Tony Raines vs. Kasey Kahne

After a crash at the Brickyard, Tony Raines not only said Kahne wrecked him but added that Kahne admitted it afterward. "I went by him so fast on the outside that it got him (Kahne) loose and made him mad, so he said (afterward), 'I figured if I was going, I'd take you with me.' That's what he said to me." Kahne didn't acknowledge it publicly. "I was getting passed and just spun around," he said. "Before I even got to the corner, the back was already gone. I don't know if he was really close to my right-rear corner or what."

**NASCAR This Week's Monte Dutton gives his take:** "It's really impossible to judge what happened other than Kahne's Dodge started to spin without having been in contact with Raines' Chevy."

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## &gt;&gt; OutdoorExperience

## These warm summer days can be fun for people, but deadly for dogs

You know they call these hot July and August days the "dog days of summer," but when it comes to man's best friends, these days can be deadly.

Right now, more dogs are turned in to kennels than any other time of the year. Unfortunately, because of the high volume, many kennels

have to euthanize animals because they just can't handle the volume.

At this same time, there are fewer families that want to adopt dogs. My friend, Patty Ilg, operates Great Lakes Lab Rescue, a nonprofit organization that saves animals from slaughter.



Steve Sarley

GLLR in addition to trying

to find adoptive families always is on the lookout for families that want to serve as foster parents for dogs who can be saved from an untimely death and kept until a permanent family can be found. These foster families are in short supply right now.

The foster homes work with

the animals to make sure they have no health or behavioral issues so that adoptive families can be assured that they are getting a good dog. If a dog is found to have a treatable disease, GLLR pops for the medical bill.

Take a look at the Great Lakes Lab Rescue Web site at

greatlakeslabrescue.org to get a feel for the dogs and for what the organization does. You'll be enriching your life and saving the life of a noble animal.

• Lake County Journals outdoors columnist Steve Sarley's can be reached by e-mail at [steve@oexperience.com](mailto:steve@oexperience.com).

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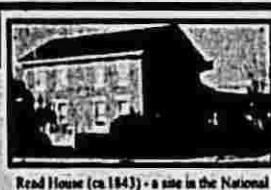
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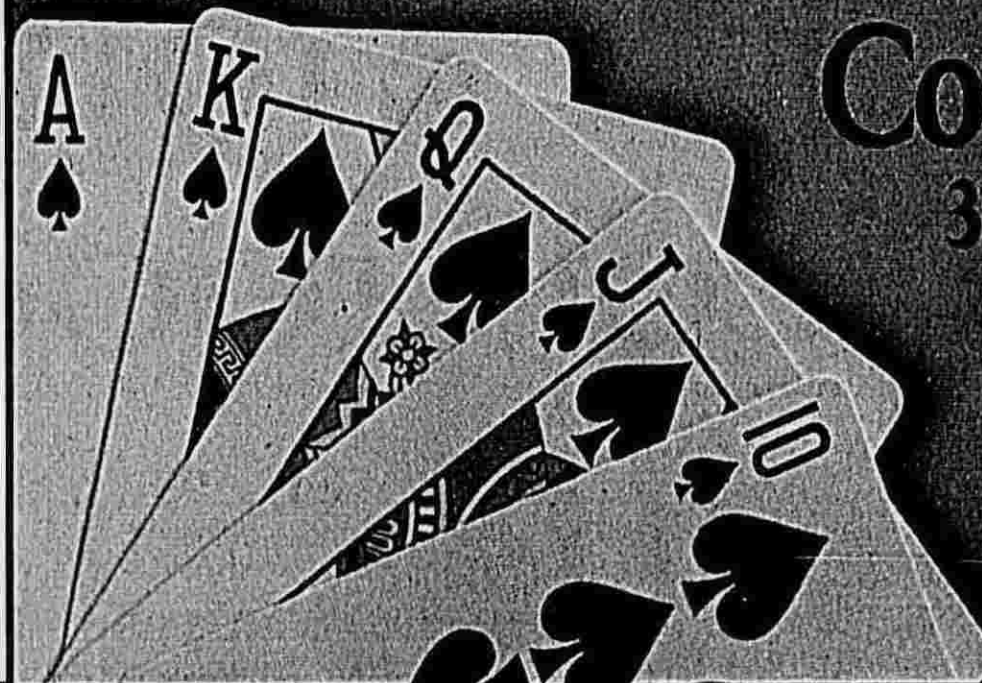
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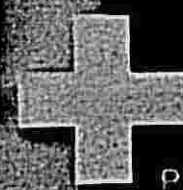
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AUGUST 2007

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PAGE 4 TEXAS SHEET  
CAKE | PAGE 8 JOY  
OF NOT COOKING  
| PAGE 12 SPANISH  
DISHES FOR KIDS |  
PAGE 14 MUSSELS

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It's August. It's hot. The grill's dirty. But the tomatoes and peppers are glorious. So after you've had your fill of BLTs and eaten your weight in corn chips and fresh salsa, try our no-cook Caprese or Tabbouleh salads (pages 8-9). They rely on great tomatoes and can be tossed together without breaking a sweat. Oh yeah, did I mention corn? When you can reconcile with your oven again, make the Shrimp and Corn Pudding (page 23), a dish of beauty that relies on fresh sweet corn. Stay cool.

*Jill*  
Jill Melton, Editor



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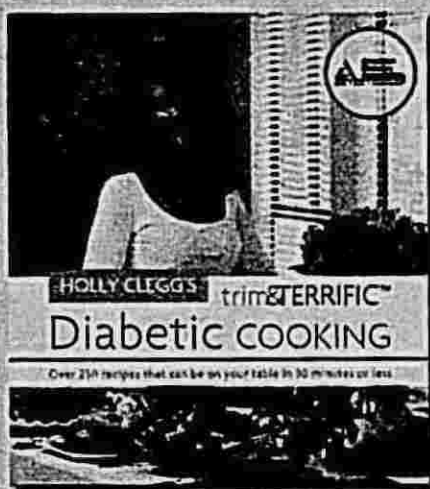
Blue Bell Creamery in Brenham, Texas, is celebrating its centennial with a free-rolling birthday party. Makers of the third best-selling ice cream in the country are bringing festivities to communities in the 17 Southern states where it is sold. A chocolate-brown 18-wheeler began its journey in Arizona in January and will stop at 66 locations before ending the tour at Baton Rouge in December. To find out when the truck will be in your town, go to [relishmag.com/bluebell](http://relishmag.com/bluebell)

— Beverly Burmeier



# This and That

AUGUST 2007



#### Holly Go Lightly

There's no shortage of glossy cookbooks authored by chefs and celebrities, which is a bit confounding as most of us are struggling not only with getting dinner on the table but with our weight. What isn't confounding is *Holly Clegg's Trim and Terrific Diabetic Cooking* (American Diabetes Association, 2007). It contains more than 200 recipes that can be on the table in less than 30 minutes. Fat, calories, carbohydrates and diabetic exchanges are provided for each recipe, making it perfect for today's frazzled, time-crunched, aging boomers and their kids, both of whom have record high diabetes rates. Get Holly's recipe for Mediterranean Layered Spread at [relishmag.com/holly](http://relishmag.com/holly)

#### Bulgar

If you've eaten tabbouleh, you've had this Middle Eastern grain. Bulgur is wheat kernels that have been steamed, dried and crushed. It's perfect for summer salads as it needs only a quick 15- to 30-minute soak in hot water—no cooking. It's also one of the best sources of fiber at 7g per ¼ cup. It comes in coarse, medium and fine grinds. We like the whole grain bulgur by Bob's Red Mill, as it's extra chewy. Use the coarse grind or whole grain for our Tabbouleh Salad on page 9.



"I made the Crusty Rhubarb Pie for dessert for Father's Day dinner. Everyone loved it and raved about it. I will definitely make it again..."

—Patty Bailey (go to [relishmag.com/pie](http://relishmag.com/pie) for recipe)

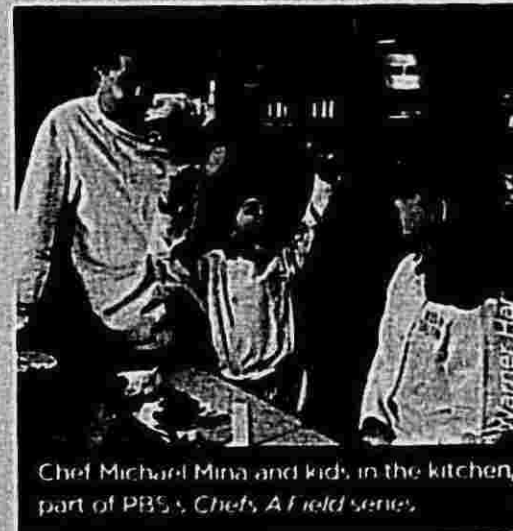


#### The Golden Rule

Never heat your extra virgin olive oil as heat destroys the fruity flavor. For cooking, use the less expensive pure olive oil or light olive oil, but for salads and pestos, bring out the extra virgin, made from the first pressing of the olives. The color of olive oil reflects the olives it was made from and doesn't signify flavor or calories. In fact, light olive oil is just lighter in color and flavor, not calories or fat.

#### Check Your Local Listings

Part travelogue, part culinary adventure and part farming lesson, the PBS series *Chefs A'Field: Kids on the Farm* features top chefs and their kids who visit farms, fisheries and orchards to learn how food is grown and harvested. Log on to [relishmag.com/chefsfield](http://relishmag.com/chefsfield) for information on how to purchase a DVD set and series cookbook.



Chef Michael Mina and kids in the kitchen, part of PBS's *Chefs A'Field* series.

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Cover photo by: Mark Boughton Photography

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GIANT



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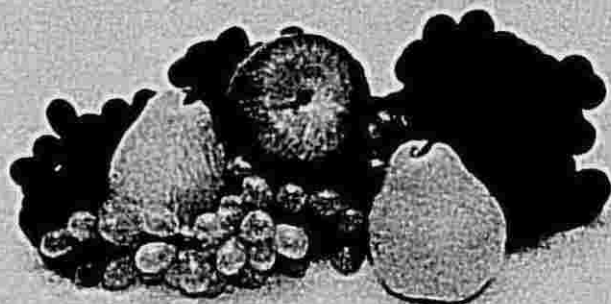
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## Your List To Serious Food Savings

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When it comes to feeding your family, there are tried and true ways to stretch your dollars — without compromising value, good taste or health. Try these smart ways to buy and store groceries.

### ✓ Save When You Buy

- If you buy in bulk, or at wholesale stores, check the shelf tag for the cost per ounce. Is it cheaper than your supermarket's price?
- Buy in-season produce for huge savings. The price of blueberries, for example, fluctuate dramatically from the time they peak in late summer to other times of the year when they are not as readily available.

### ✓ Save When You Store

- Extend the shelf life of food by storing items properly and therefore eliminating waste. A loaf of bread, for example, stored at room temperature should be eaten within five to seven days; in the refrigerator, it lasts as long as three or four weeks; and in the freezer, bread can last up to three months.
- Ice cream will last much longer — up to two months — at a high quality by replacing it quickly to the freezer each time you scoop some out of the container. Doing so will help keep moisture out and avoid ice crystals.
- If you make a recipe that calls for just the yolks or the whites of eggs, don't throw the remaining egg away. Instead, store them in the refrigerator for two (yolks) or four (whites) days and use for omelets and other egg dishes.

### ✓ Save When You Drive

- A rigorous 115-Point Inspection takes the risk out of buying a used vehicle with Ford, Lincoln and Mercury Certified Pre-Owned.
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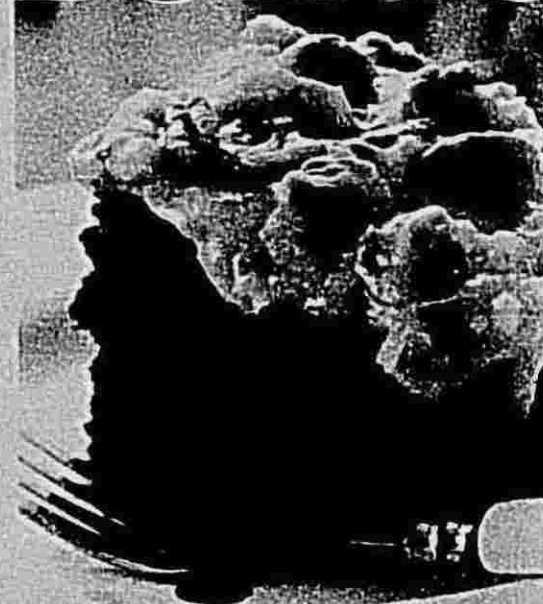
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relish | the American table

# Cake as Big as Texas

The first time you eat a piece of Texas Sheet Cake, chances are you'll say to yourself, "This cake tastes familiar." It's a reasonable reaction because Texas Sheet Cake is very closely related to German Chocolate Cake. Both are chocolate cakes covered with a sugary coconut-pecan frosting, but one is baked in layers, and the other in a single pan. Both cakes call for two of Texans' favorite ingredients: buttermilk and pecans. But the sheet cake is infinitely easier to put together; everything for Texas Sheet Cake is stirred together in one large bowl. It's a big old-fashioned cake, easy to transport and a real crowd pleaser. ♪ —Jean Kressy



## Texas Sheet Cake

### Cake:

- Cooking spray**
- 2 cups all-purpose flour**
- 1 1/2 cups sugar**
- 1 teaspoon baking soda**
- 1/4 teaspoon salt**
- 1 cup butter, cut into small pieces**
- 1 cup water**
- 1/2 cup unsweetened cocoa**
- 2 eggs**
- 1/2 cup buttermilk**
- 1 teaspoon vanilla extract**
- Frosting:**
- 3 egg yolks**
- 1 cup evaporated milk, divided**
- 1 teaspoon vanilla extract**
- 1 cup sugar**
- 1/2 cup butter, cut into small pieces**
- 1 1/2 cups flaked, sweetened coconut**
- 1 cup chopped pecans**

1. Preheat oven to 350F. Coat a 13-by-9-by-2-inch baking pan with cooking spray.

2. To prepare the cake, sift flour, sugar, baking soda and salt into a large bowl.

3. In a small saucepan, combine butter, water and cocoa. Cook over medium heat, stirring occasionally, until butter melts and mixture comes to a simmer.

4. Add cocoa mixture, eggs, buttermilk and vanilla to flour mixture; stir to combine. Pour into pan and bake 30 minutes or until a wooden pick inserted in the middle comes out clean. Cool on wire rack. Do not remove from pan.

5. To prepare the frosting, whisk egg yolks and about 1/3 cup milk in a saucepan. Add remaining milk, vanilla and sugar. Add butter; cook over medium heat, stirring with a wooden spoon, until it comes to a full boil. Reduce heat to maintain boil and cook, stirring frequently, 7 minutes or until thick. Remove from heat and stir in coconut and pecans. Cool, stirring occasionally, until thick enough to spread.

6. Spread frosting over top of cake. Serves 16.

Per serving: 420 calories, 27g fat, 5g prot., 43g carbs., 2g fiber, 250mg sodium.

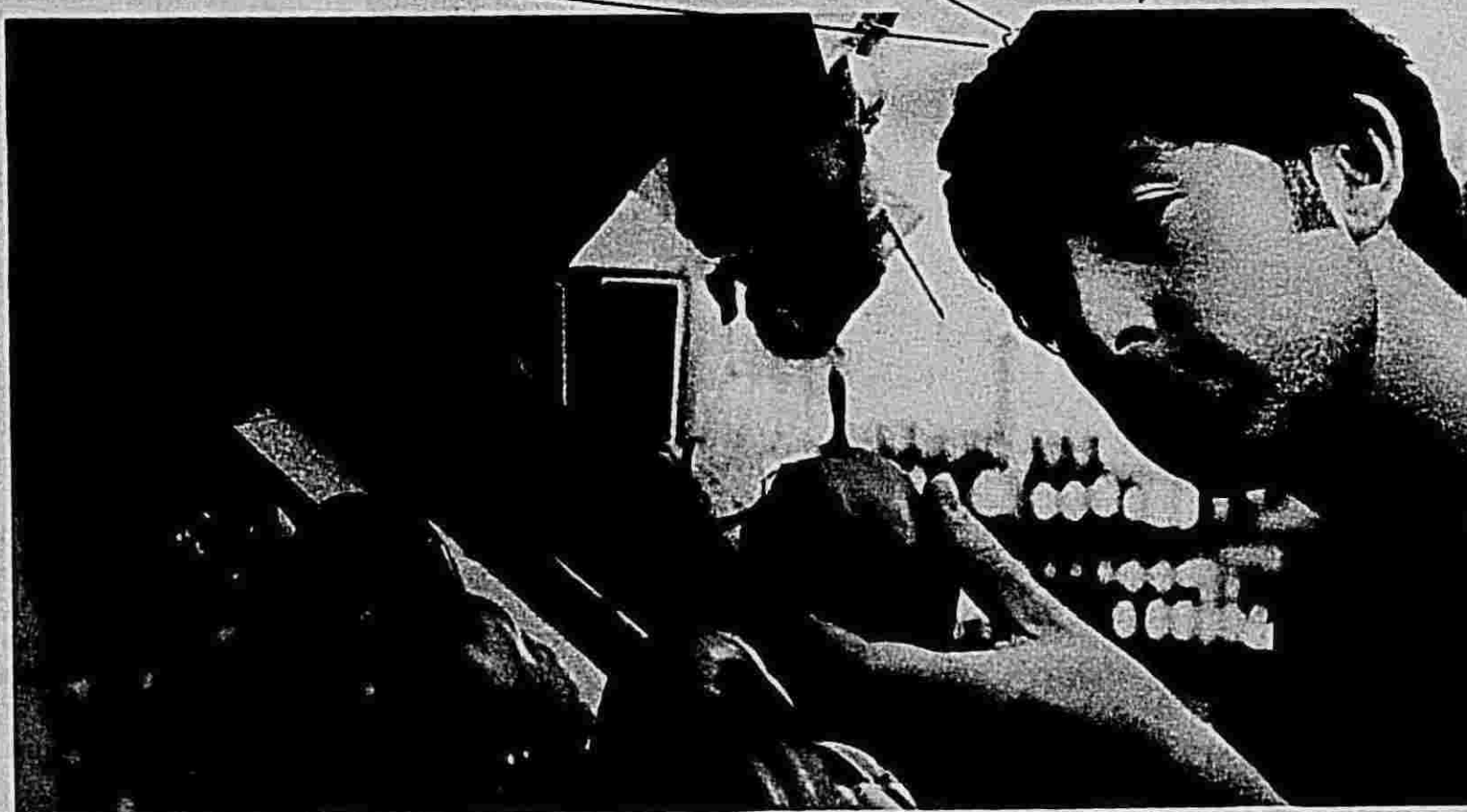




"This tomato is definitely of the heirloom variety."

"Zero blemishes ... very nice."

"Judging from the texture, it's vine-ripened."



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## relish | cooking with kids Veggie U

**A GARDEN ON THE  
OUTSKIRTS OF  
CLEVELAND AIMS TO  
REACH EVERY FOURTH  
GRADER IN AMERICA.**

While other boys were down at the swimming hole or playing baseball, Lee Jones was picking green beans and driving a tractor. So by the age of 10, he knew how potatoes are planted, how Brussels sprouts are harvested and the importance of eating your vegetables. Today, he and his family operate one of the country's most successful specialty produce farms for chefs, The Chef's Garden. They also are working with chefs nationwide through the nonprofit Veggie U to spread the word to kids about the wonder of vegetables.

Soil (not dirt), earthworms, seeds, grow lights, root view boxes and delicious vegetable samples are just part of their Earth to Table program. This fourth-grade curriculum kit was developed by Veggie U and sent to more than 625 schools across the country last year. Kids follow seeds from the earth to the table as they learn about building a nutrient-rich soil, nourishing their bodies and creating tasty dishes that star vegetables.

Jones laments the fact that we are raising a nation of children who eat less than half the recommended servings of fruits and vegetables each day. But through the work of Veggie U, he and the chefs he caters to are ensuring that more kids know that carrots are pulled from the soil, and green beans are plucked from bushes. And that's what gets kids eating more fruits and vegetables. ♪

*By Catharine H. Powers, a registered dietitian and food and nutrition consultant in Medina, Ohio.*



Lee Jones

To find out how to  
bring Veggie U to your  
kids' school, go to  
[relishmag.com/veggieu](http://relishmag.com/veggieu)





### Tomato & Cucumber Raita in Butter Lettuce Cups

*This refreshing salad is in the style of an Indian raita or a Greek tzatziki, a chutney side dish. It's a perfect "grab-and-go" salad that kids of all ages will enjoy making and eating.*

- ½ pint cherry or grape tomatoes
- 2 small cucumbers, peeled
- ¾ cup nonfat plain yogurt
- 2 tablespoons chopped fresh mint
- 1 tablespoon lemon juice
- ½ teaspoon kosher salt
- 4 to 6 butter lettuce cups

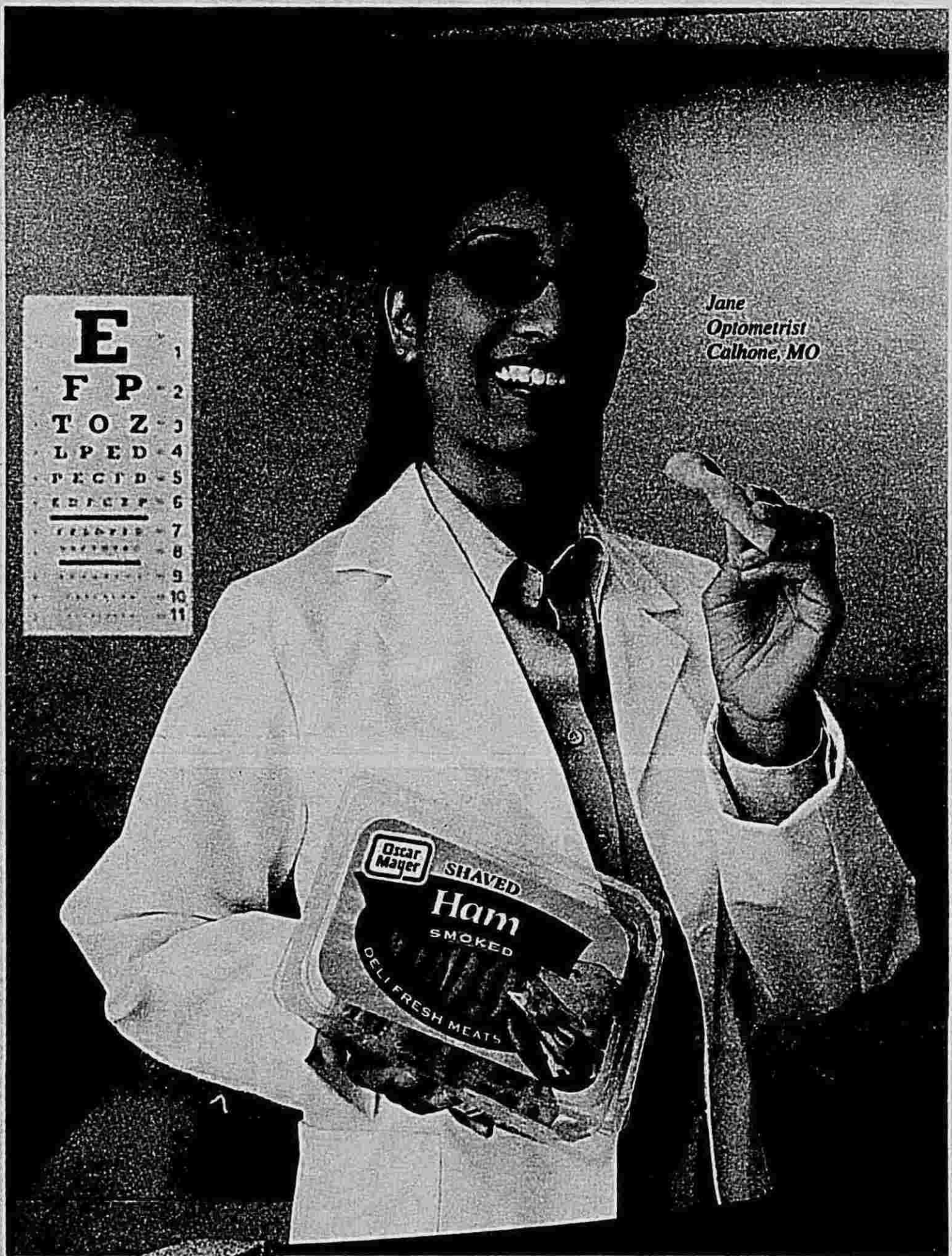
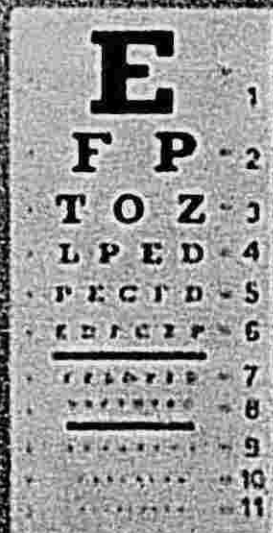
1. Wash and dry tomatoes. Cut in half. Cut peeled cucumber into bite-size pieces.

2. Combine yogurt, mint, lemon juice and salt. Mix well. Pour yogurt mixture over tomato mixture; toss. Place into washed lettuce cups. Serves 4 to 6.

*Per serving: 45 calories, 0.5g fat, 4g prot., 9g carbs., 2g fiber, 270mg sodium.*

### TIPS FOR HELPING KIDS EAT MORE VEGGIES:

- **Plant a garden together.** From a window box or containers on the deck to a plot in your yard, children love to watch buds sprout and vegetables grow.
- **Make vegetables accessible** by setting out chopped fresh vegetables, such as sweet red pepper strips, for your kids to munch on while you prepare dinner.
- **Don't give up** if your kids don't love a new vegetable on the first try. Continue to reintroduce it.



Jane  
Optometrist  
Calhoun, MO



### Fresh deli taste you can really see.

It's clear—OSCAR MAYER Deli Shaved ham tastes as fresh as the deli.

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relish | good food fast

# The Joy of Not Cooking

There's no better season than summer to indulge in a little laziness especially where cooking is concerned. When the weather's picture-perfect or the mercury's high, the last thing we need is to spend quality time with our stoves. Here are two great no-cook meals anchored with simple recipes and rounded out with items available from your local super. Add a crisp, cool wine, a porch, a fan, and dinner is served!

By Stacey Morris, a freelance writer living in upstate New York.

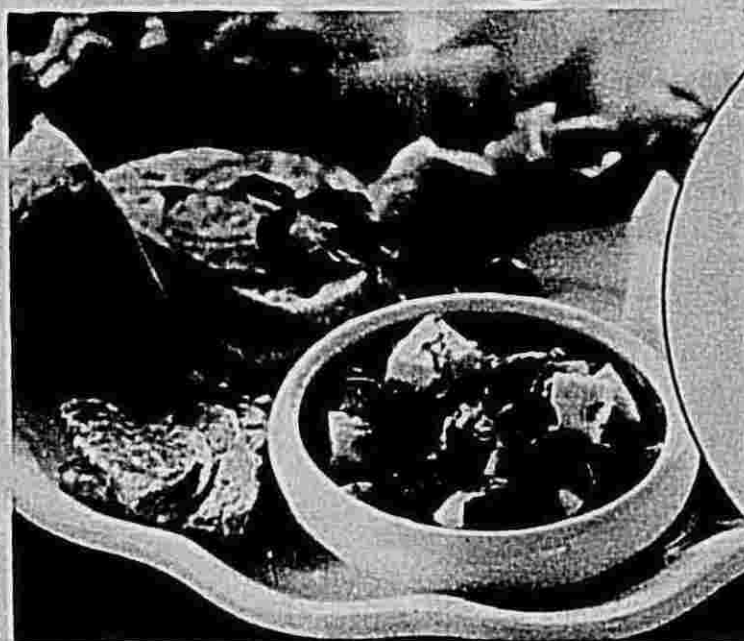
## Caprese Salad with Peppers

We've added roasted peppers and garlic to this classic salad that requires great tomatoes.

- 4 large heirloom tomatoes, chopped
- 1 pound fresh mozzarella, chopped
- ½ cup chopped roasted red peppers
- 8 to 10 fresh basil leaves, chopped
- ¼ cup extra virgin olive oil
- 1 garlic clove, minced
- ½ teaspoon kosher salt
- Coarsely ground black pepper

1. Combine tomatoes, mozzarella, roasted peppers, and basil in a large bowl. Mix olive oil with garlic, salt and pepper; drizzle over tomato mixture and toss gently. Serves 6.

Per serving: 230 calories, 10g fat, 26g prot., 9g carbs., 4g fiber, 740mg sodium.



## ITALIAN ANTIPASTO PLATE

Caprese Salad with Peppers

Garbanzo Bean Salad

Parmigiano-Reggiano Cheese

Sliced Prosciutto, Salami or Cappelletti

Arugula

Crusty Italian Bread

Extra Virgin Olive Oil for dipping

Chilled Melon

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Back to school

## Tabbouleh Salad

We used Bob's Red Mill Whole Grain Bulgur in this recipe.

### Salad:

- 1 cup bulgur
- 1 cup boiling water
- ½ cucumber, peeled, seeded and chopped
- 2 medium ripe tomatoes, chopped
- ¼ cup chopped red onion
- ¼ cup fresh chopped mint
- 1 cup fresh chopped parsley
- 1 cup canned garbanzo beans, drained and rinsed
- 1 garlic clove, minced

### Dressing:

- ⅓ cup red wine vinegar
- ¼ cup extra virgin olive oil
- 1 teaspoon coarsely ground black pepper
- ½ teaspoon kosher salt

1. To prepare the salad, soak bulgur in hot water until water is absorbed, 15 to 30 minutes.
2. Combine remaining salad ingredients in a large bowl; add bulgur, and mix thoroughly.
3. To prepare the dressing, blend ingredients with a whisk; pour over salad. Serve chilled or room temperature. Serves 12.

Per serving: 110 calories, 5g fat, 3g prot., 14g carbs., 4g fiber, 110mg sodium.

## MIDDLE EASTERN MEZZE PLATE

- Tabbouleh Salad
- Dolmades (Stuffed Grape Leaves)
- Kalamata Olives
- Hummus
- Feta Cheese
- Fresh Pita Bread
- Extra Virgin Olive Oil
- Baklava



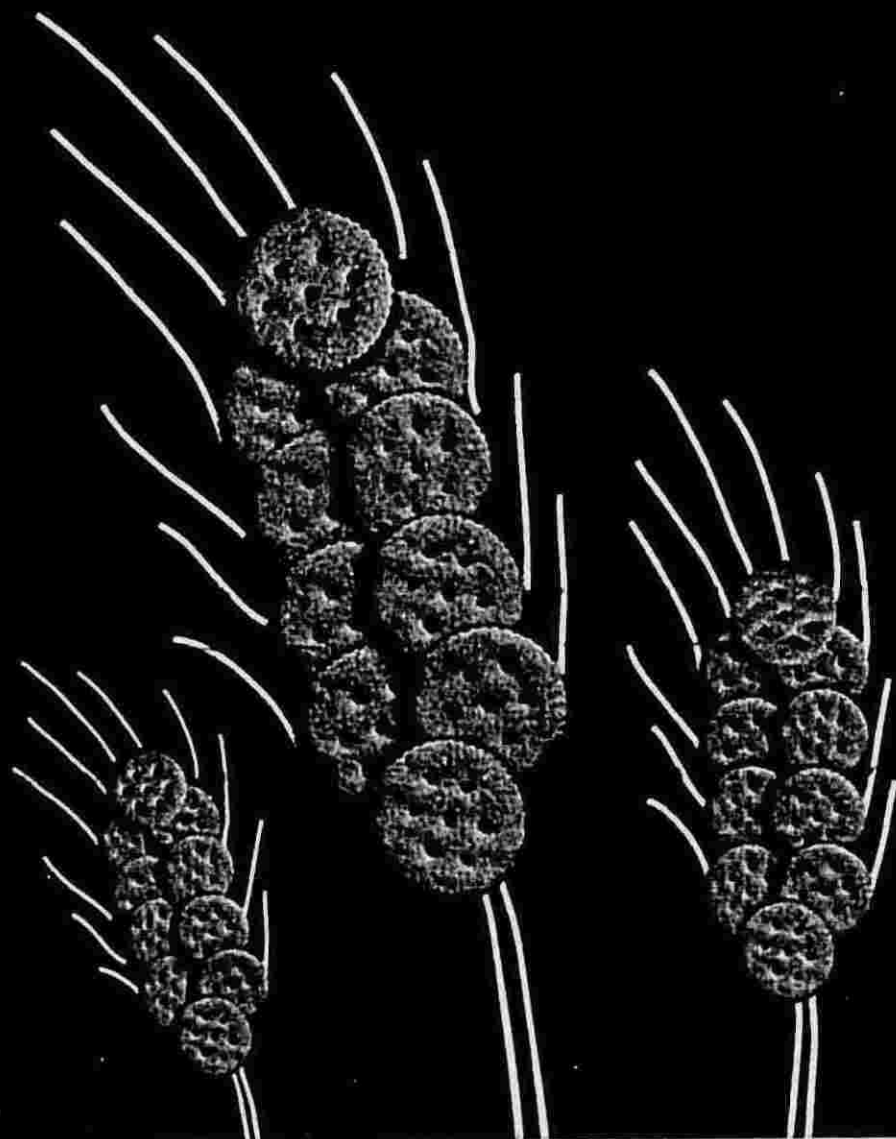
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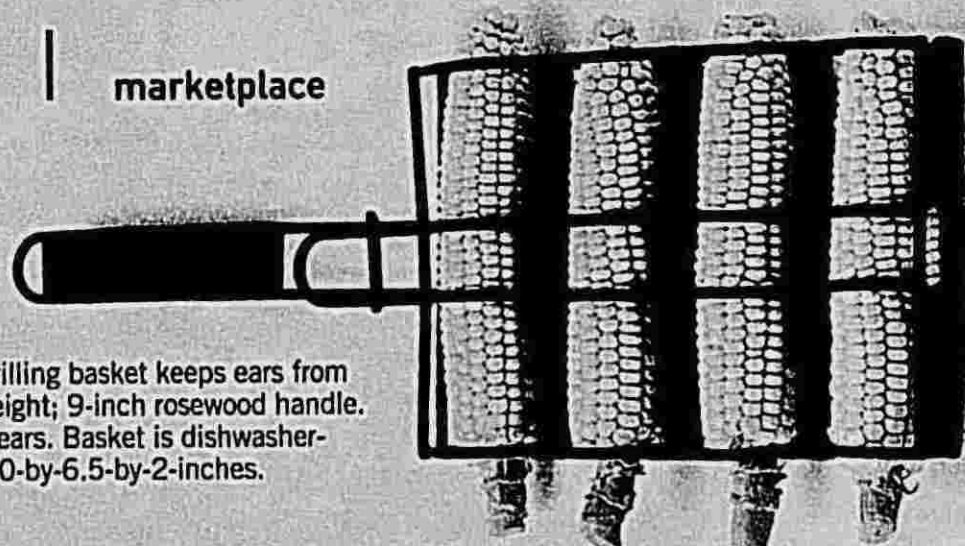


it up!





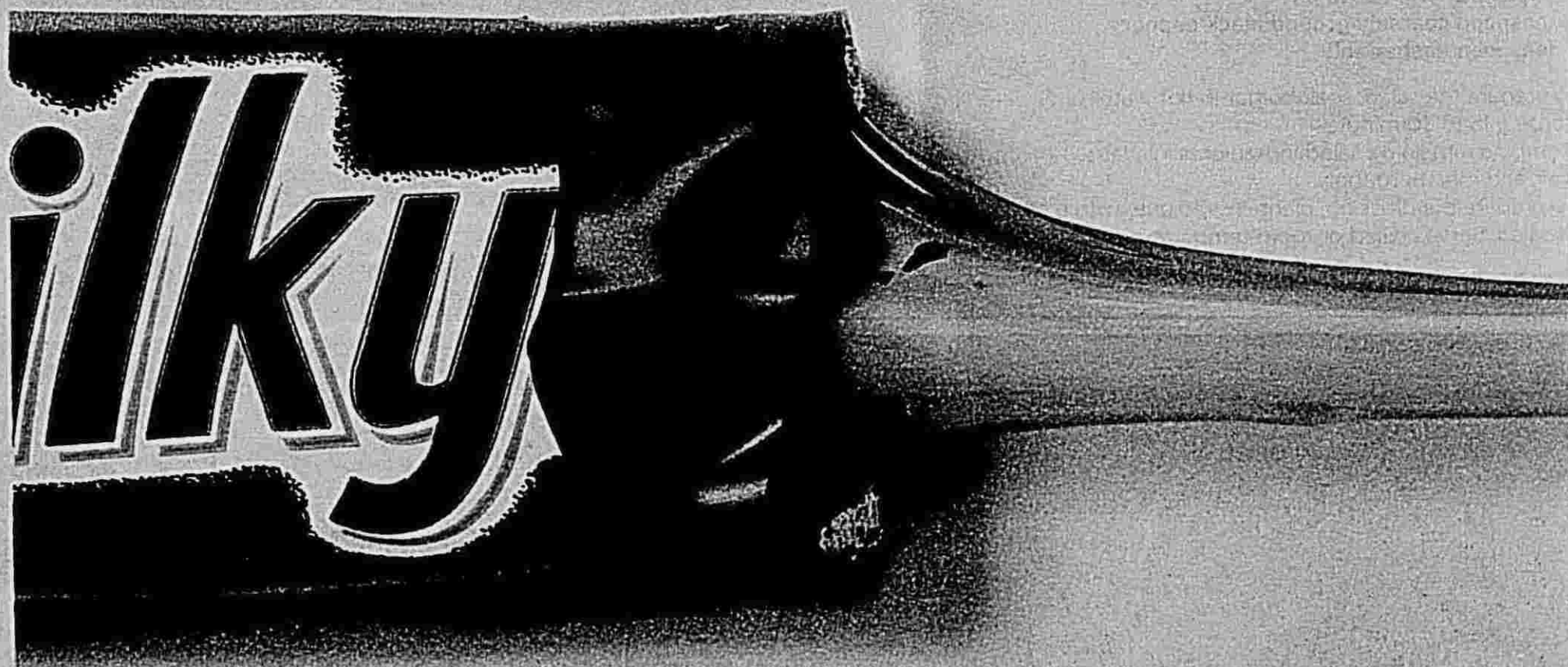
relish | marketplace



**All in a Row**

This nonstick corn-grilling basket keeps ears from rolling. Adjustable height; 9-inch rosewood handle. Accommodates four ears. Basket is dishwasher-safe and measures 10-by-6.5-by-2-inches. #21468, \$14.99.

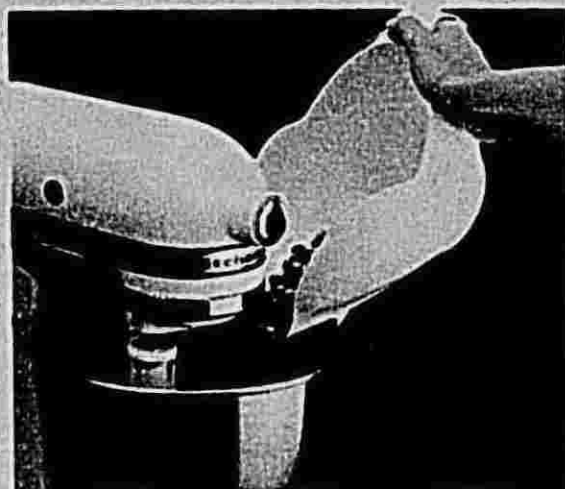
**This magazine would be better with caramel in the middle.**



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**No More Spills**

Perfect for using with today's stand mixers, these innovative bowls allow you to add ingredients with the mixer running without the fear of overspill. Set includes two POURfect Bowls and a 2-cup clear beaker. Dishwasher-safe. #21744, \$39.99.



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Back to school

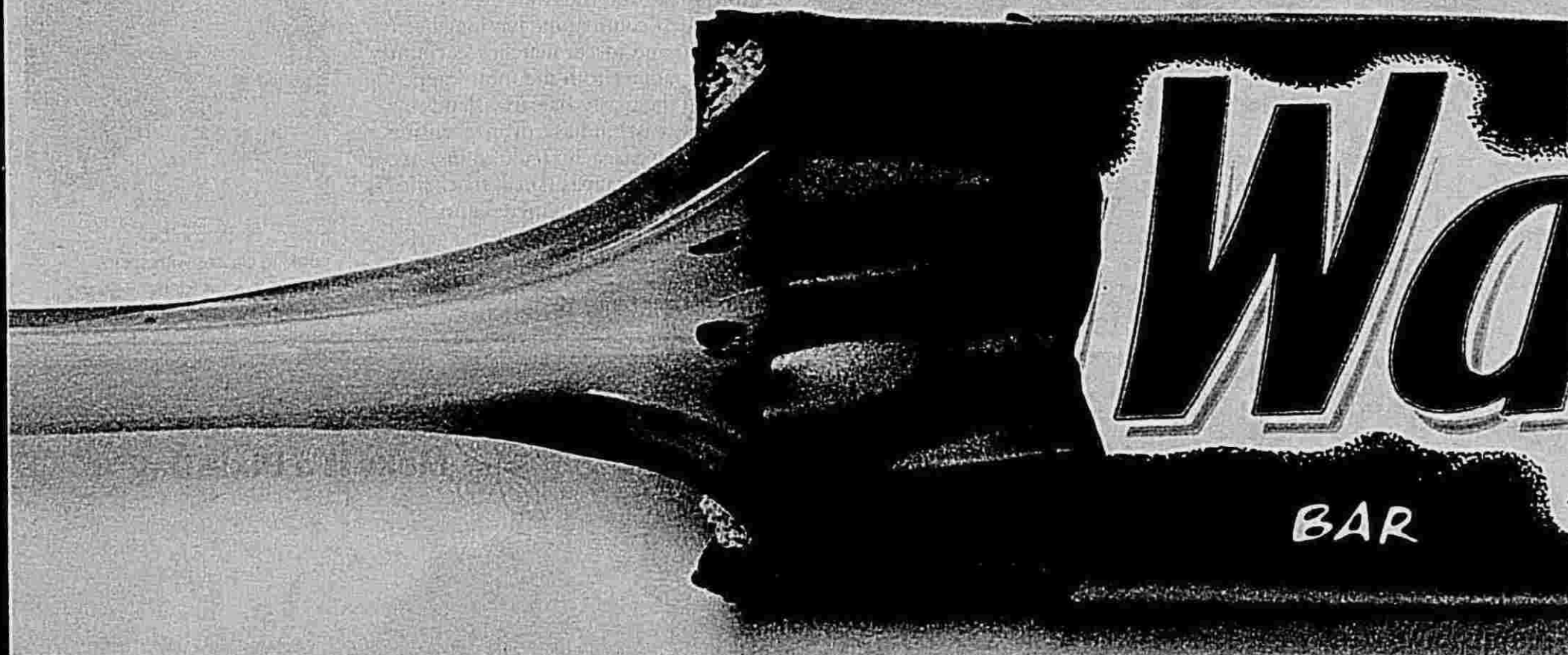
#### From Cake to Casserole

Whip up lasagna or our Texas Sheet Cake (page 4) and bake it in this Professional Chicago Metallic™ Cake Pan. The 13-by-9-inch pan is made from commercial-gauge aluminized steel for outstanding heat conduction and strength and features abrasion-resistant Resist Plus® premium nonstick coating. Dishwasher-safe. #21191, \$19.99.



#### Double Duty

This thick glass cake dome with a sturdy etched-glass pedestal inverts to become a 3-quart punch bowl that's perfect for serving fruit or salads too. Holds a 9-inch round cake. Dishwasher-safe. #22356, \$27.99.



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#### Cheat Sheet

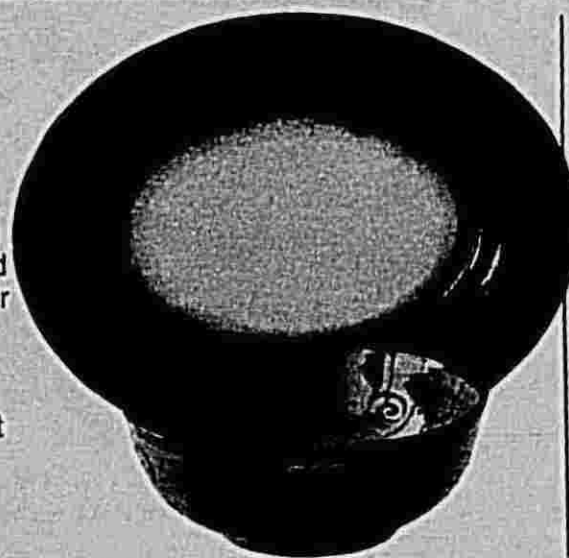
How many tablespoons are in a cup? How many teaspoons are in an ounce? This handy magnetized

conversion chart is easy to reference and hard to lose. Put it on your refrigerator or other metal surface so it's ready when you are. Converts metric measurements, too. #21993, \$5.99.

MEASURE EQUIVALENTS					
Cup	Fluid OZ	TEASPOON	TABLESPOON	TEASPOON	FLUID OZ
1 C	8 oz	16 Tsp	48 Tsp	237 ml	
3/4 C	6 oz	12 Tsp	36 Tsp	177 ml	
2/3 C	5 oz	11 Tsp	32 Tsp	159 ml	
1/2 C	4 oz	8 Tsp	24 Tsp	118 ml	
1/3 C	3 oz	6 Tsp	18 Tsp	89 ml	
1/4 C	2 oz	4 Tsp	12 Tsp	59 ml	
1/8 C	1 oz	2 Tsp	6 Tsp	29 ml	
1/16 C	.5 oz	1 Tsp	3 Tsp	15 ml	

#### Platter Perfection

This 18-inch stoneware platter and 11-inch serving bowl feature the Ambrosia pattern—Mediterranean coastal hues with raised swirls and scrolls surround a butter-yellow center, perfect for Middle Eastern Mezze or Italian Antipasto platters (pages 8-9). Platter is eggplant and bowl is terra cotta. Dishwasher-safe. Not microwave safe. Set. #21947, \$79.99.



To order these products, call 1-800-338-3232 or log on to [chefscatalog.com](http://chefscatalog.com). Use promotion code 8KZREL002 to receive reduced shipping and handling fees (10% of price; \$2 minimum). Prices guaranteed through August 31, 2007. Orders shipped to CA and CO will be charged sales tax. AK, HI and U.S. Territories: add \$10 to s&h charges.



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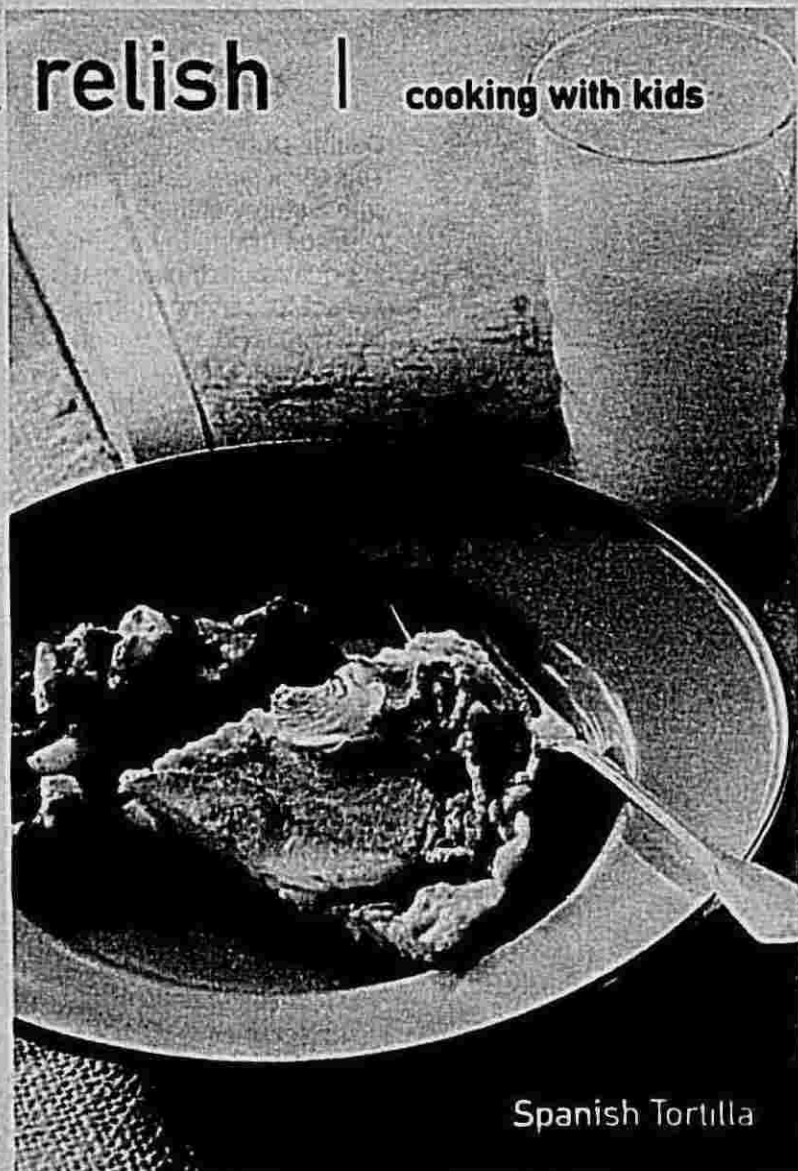
cooking with kids

# Around the World in 80 Plates

My 8-year-old son is learning about different countries in school. To feed his insatiable appetite for facts on how kids live and eat in places like China and Australia, we started a ritual called "Around the World in 80 Plates." Once a month we pick a country and focus on where it is on the map, what people there wear, what they eat, what types of holidays they have and what the kids enjoy doing there. This month, we're "traveling" to Spain; here's what we found out:

Bordering the Mediterranean and the Atlantic Ocean, Spain is Europe's fourth largest country and has long been known for its food, bullfights and soccer matches. A country of varying climates and geography (from the snow-capped Pyrenees in the northeast to the toasty Balearic islands in the Mediterranean Sea to the east), it has a diverse cuisine to match. Whether it is making gazpacho (cold soups) or paella (rich rice dishes), tortillas or tapas (small snack foods), Spaniards love to cook heartily with fresh ingredients. We made a traditional Spanish tortilla for breakfast and garlicky rice for dinner. Bueno! ♪

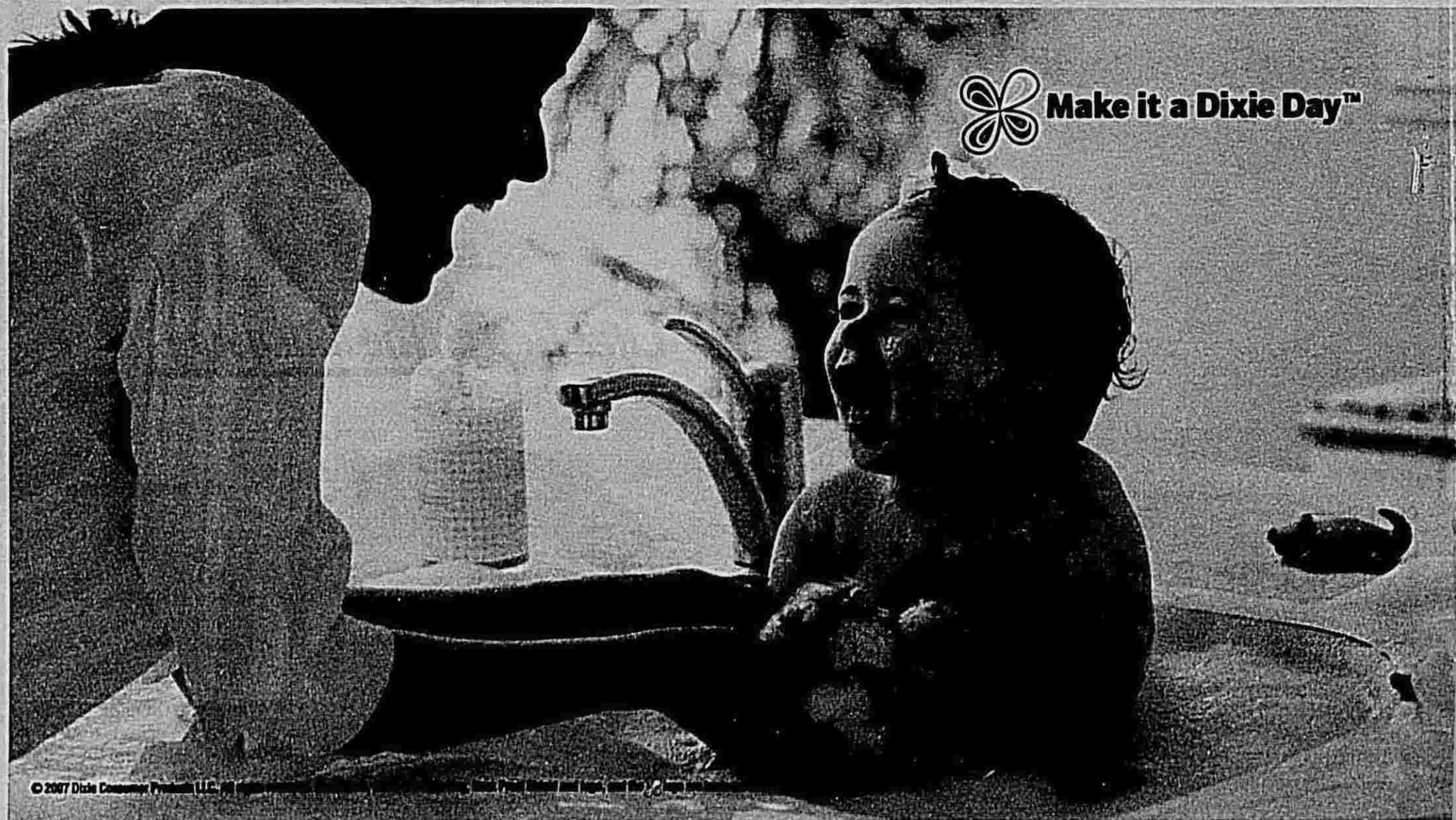
By Monica Bhide, a food writer in Dunn Loring, Va.



Spanish Tortilla



Monica Bhide combines cooking classes with social studies lessons for her 8-year-old son Jal.



Make it a Dixie Day™



## Spanish Rice

*Spanish rice is prepared by browning rice first with onions and garlic before cooking it in chicken broth. If your kids like green beans, double the amount.*

- 2 tablespoons olive oil
- ½ yellow onion, finely chopped
- 1 garlic clove, minced
- 1 small tomato, finely diced
- ¼ cup diced green beans
- 1 cup long-grain white rice
- ½ teaspoon dried oregano
- ½ teaspoon salt
- 2 cups lower-sodium chicken broth

1. Heat olive oil in a large skillet over medium heat. Add onion and garlic; cook, stirring occasionally, 3 minutes.

2. Stir in tomatoes and beans; cook 3 minutes. Add rice, oregano and salt; stir well and cook 1 minute, until rice is lightly browned.

3. Add broth; bring to a boil. Reduce heat to low. Cover and cook 15 to 25 minutes, until liquid is absorbed.

4. Remove from the heat; let stand 5 minutes. Fluff with a fork before serving. Serves 4.

*Per serving: 240 calories, 7g fat, 5g prot., 40g carbs., 1g fiber, 590mg sodium.*



Find more kid friendly  
Spanish recipes at  
[relishmag.com/80plates](http://relishmag.com/80plates)

## Spanish Tortilla

*Not to be confused with Mexican tortillas, this Spanish dish is actually an omelet made with eggs, onions and potatoes. Serve with prepared salsa.*

- 2 tablespoons olive oil, divided
- 1 small baking potato, peeled and thinly sliced
- ½ small yellow onion, thinly sliced
- 4 eggs
- ½ teaspoon kosher salt
- Coarsely ground black pepper

1. Heat 1 tablespoon oil in a medium nonstick skillet over medium heat. Add potato; cook, 5 minutes or until soft.

2. Stir in onions; cook 5 minutes. Remove from heat. Transfer to a bowl.

3. In a separate bowl, beat eggs with salt and pepper. Add potato mixture; mix well.

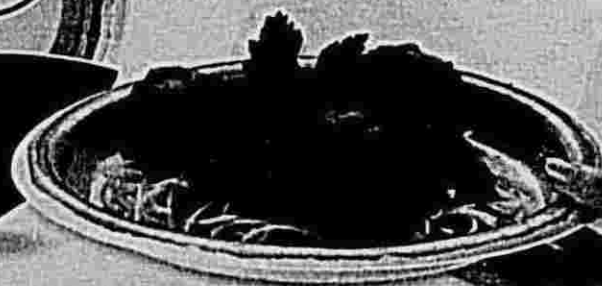
4. Add remaining oil to skillet and heat over medium heat. Pour in egg mixture. Cook until omelet begins to set, 7 to 8 minutes. Carefully flip to cook other side. (To flip omelet, slide onto a plate. Place skillet over plate and invert.) Cook 2 to 3 minutes. Cut into wedges and serve hot, room temperature or cold with your favorite salsa. Serves 4.

*Per serving: 180 calories, 12g fat, 7g prot., 10g carbs., 1g fiber, 310mg sodium.*

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**important things**  
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# Mussel Bound



Talk about quick—these mussels cook up in less than 10 minutes, producing a flavorful broth and juice in their wake.

## Coconut Curry Mussels

"Light" coconut milk, lower in fat, is simply a second or third pressing from the coconut flesh used to make regular coconut milk. Serve this dish with jasmine rice. Serves 2 as a main course or 4 as an appetizer.

- 2 shallots, peeled and quartered
- 2 garlic cloves, halved
- 1 tablespoon chopped fresh ginger
- 1 tablespoon vegetable oil
- 2 teaspoons curry powder
- ¼ teaspoon salt
- ¾ cup light coconut milk
- 2 pounds mussels, cleaned and debearded
- ¾ cup chopped fresh pineapple
- ¼ teaspoon coarsely ground black pepper
- Cilantro

1. Combine shallots, garlic and ginger in food processor; process until finely chopped.
2. Heat oil in a Dutch oven over medium heat. Add shallot mixture; cook, stirring often, until very fragrant, about 3 minutes. Add curry powder and salt; cook 1 minute.
3. Pour in coconut milk; bring to simmer, scraping up any browned bits on the pan's bottom.
4. Add mussels; cover, reduce heat, and simmer until shells open, about 5 minutes. Discard any mussels that do not open. Stir in pineapple and pepper before serving. Garnish with cilantro. Serves 2.

Per serving: 430 calories, 29g fat, 24g prot., 23g carbs., 2g fiber, 790mg sodium.



Hauling in the mussels

New England mussel farmer Chip Davison had a problem. He had a product but no market. When he started his business, Great Eastern Mussel Farms in Tenants Harbor, Maine, in 1978, demand was nil for a product best associated with obscure Belgian tastes. So he skipped wholesalers and went straight to consumers with hundreds of cooking demonstrations across the country.

It worked. Today, Great Eastern Mussel Farms has 50 full-time employees, and the company's mussels are available in grocery stores across the country.

The company's rafts dot the Maine coast near St. George. The mussels hang off these floating rafts for 18 months, suspended from great ropes into the seawater—a technique known as rope-farming. Always environmentally aware, Davison avoids net-hauling that sweeps the ocean bare and catches many "unwanted" fish and shellfish.

Although U.S. mussel consumption has doubled since the year 2000, Davison's main concern is still "just getting the word out." □

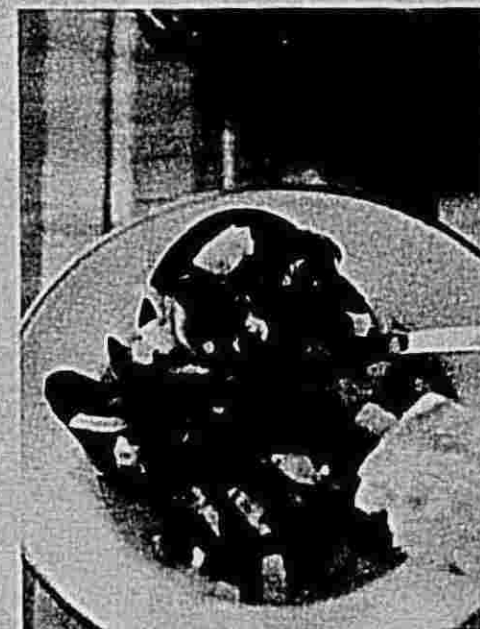
By Bruce Weinstein and Mark Scarbrough, food writers in Colebrook, Conn.

(Continued on page 16)

## Mussels Provençal

Mussels make a savory broth that is best sopped up with French bread. Serves 2 as a main course or 4 as an appetizer.

- 2 tablespoons olive oil
- ½ cup finely chopped red onion
- 1 medium fennel bulb, trimmed and chopped
- 2 garlic cloves, minced
- 1 large tomato, cored and chopped
- 1½ teaspoons chopped fresh rosemary or ½ teaspoon dried
- 1 teaspoon fresh thyme leaves or ½ teaspoon dried
- ½ teaspoon salt
- ¼ teaspoon coarsely ground black pepper
- ¾ cup dry white wine or dry vermouth
- 2 pounds mussels, cleaned and debearded



1. Heat oil in a large Dutch oven over medium heat. Add onion; saute 3 minutes. Add fennel and garlic; saute 3 minutes.
2. Add tomatoes, rosemary, thyme, salt, pepper and wine. Bring to a boil. Add mussels and toss. Cover, reduce heat, and simmer until shells open, about 5 minutes. Discard any mussels that do not open. Serve with French bread to soak up the juices. Serves 2.

Per serving: 420 calories, 18g fat, 23g prot., 26g carbs., 5g fiber, 850mg sodium.



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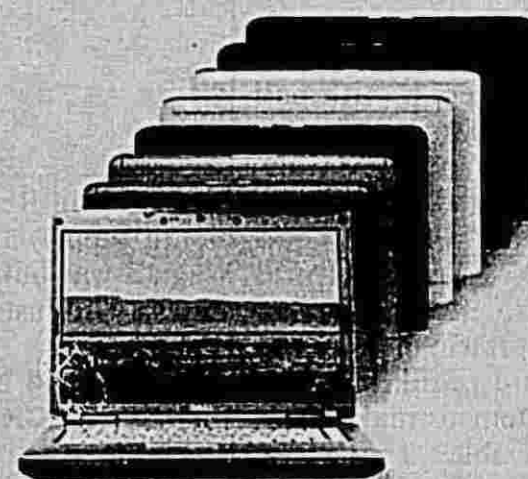
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# Breakthrough Discovery To Grow Strong Beautiful Nails

**Even if you have never been able to grow strong beautiful nails before**

By Jana Lynn

**I guarantee you will grow strong beautiful nails with Trind® Natural Nail-Repair or your money back!**

Now you can easily grow the nails you've always dreamed of—even if you have already tried a number of times before without success.

Trind is Europe's leading nail care product for women who demand beautiful nails without the expense and inconvenience of acrylics.

Sweden's leading women's magazine compared Trind Natural Nail-Repair with nail care products from industry giants such as Clinique, Mavala, Cutex, and Kanebo. They chose Trind as the "best" of all.

What makes Trind Natural Nail-Repair so effective? Trind reinforces the protein molecules in your nails and regulates their moisture content to make them strong and flexible. That's why Trind nails never get brittle.

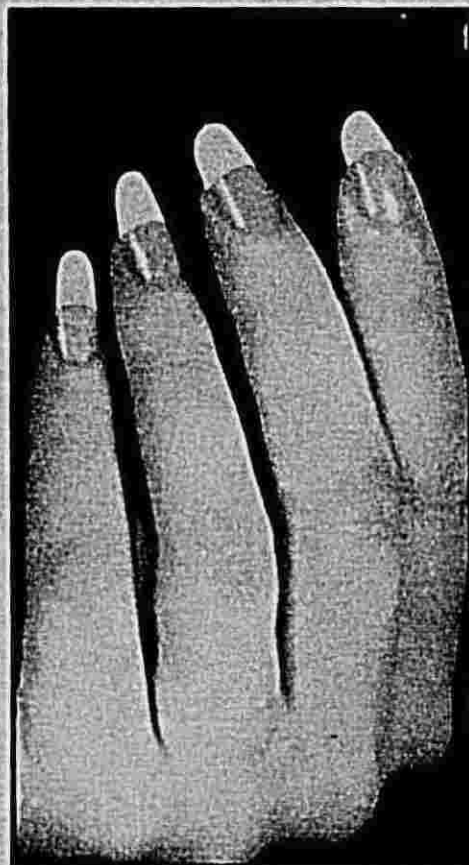
Even women that have never been able to grow beautiful nails before are amazed at how strong and flexible their nails become in only two weeks with Trind Natural Nail-Repair.

Until now, many women with problem nails have turned to acrylics for the pretty nails they wanted. However, they have soon discovered acrylics have problems of their own.

Acrylics cost hundreds of dollars more each year than natural Trind nails. They seem to pop off at the worst possible times—and they are often the cause of nail fungus.

It's so easy to grow strong, beautiful nails that won't break when you use Trind Natural Nail-Repair. It takes only minutes right in the privacy and convenience of your own home.

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## Do you have any of the problems they had?

"I have always had trouble with my nails splitting and peeling. But with your Nail-Repair the difference in them is amazing."



**Wanda L. Shults**  
Okemah, Oklahoma

"I'll admit to being skeptical. After all, over the years I had tried them all (Sally Hansen, Barielle, Nailtique, etc.) and nothing helped my thin weak nails that split and cracked before they even reached the end of my nail beds."



"TRIND was going to be my last attempt to grow my own nails before giving in to the expense and risks of artificial ones. Imagine my utter surprise and joy to find TRIND works where all others have failed."

"This is the most wonderful and amazing product! At last I can enjoy the beautiful nails that before I had only been able to envy on other women."

**Michelle Hogan**  
Harvard, Massachusetts

"Best nail product I've ever used. In the past five years I've tried nine different nail strengtheners priced from \$1.89 to \$39.95."



"My nails continued to peel and split until I tried Trind Nail Repair. Now my nails grow—healthy!—until they need to be cut because they get in my way."

**Sonja Strickland**  
Kingsland, Georgia

"I did not realize how bad my nails looked until one day, after about 3 weeks of using Trind Nail Repair, a friend said to me, 'Your nails look beautiful; they were sooo ugly before.'"



"I will never stop using your Trind products. I never will be embarrassed again by my 'ugly nails'."

**Sue Eucker**  
Grandview, Washington

(Continued from page 14)

# Misunderstood Mussels

One of the most prolific feeders of the sea, mussels filter 10 to 15 gallons of water a day, consuming nearly everything in it. A rich source of protein, they are also very lean, with only 4g fat per 3 ounces of cooked meat. Like other mollusks, including clams and oysters, mussels are kept alive until cooking. Store them in an open container instead of wrapping them in plastic as they need to breathe. Mussels that are alive will close tightly when their shells are pressed together. Those that don't should be thrown out. Likewise, only serve those that have opened upon cooking. Once cooked, mussels will slip easily from their shells.

**more mussels at**  
[relishmag.com/mussels](http://relishmag.com/mussels)

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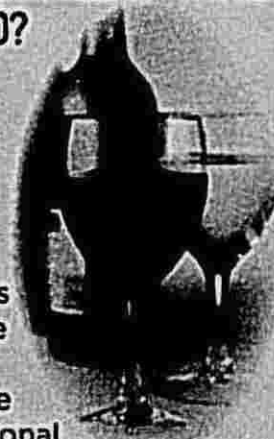
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# New Advanced Air Cooler Uses 75% - 95% Less Electricity Than Air Conditioners

## SAVE MONEY - RUNS ON ONLY PENNIES A DAY

### Now You Can Cool Your Air 12-20 Degrees and Purify Your Air AT THE SAME TIME

### Uses Exclusive Cyclonic Water Vaporization System

See  
our ad in the  
July-August 2007  
AARP Bulletin

By: B. Inboden

Believe it or not, there are people who can look forward to the heat of summer because they know they can:

- stay cool
- have their air purified
- and save money on their electric bill...

...all at the same time! What do they know that you don't? They are using the new CoolAir 4000 Air Cooler, an evaporative cooler with built-in carbon filters. With energy costs skyrocketing, smart consumers everywhere are looking for reliable ways to stay cool, bypassing air conditioners which are expensive to buy and use a great deal of electricity.

That's why the Cool Air 4000 is so revolutionary. It is based on an efficient technology that has been updated for 21st century living. To understand the many benefits of the CoolAir 4000 we've compiled the most asked questions so you will know exactly how it works and how it can keep you cool, clean your air and save you money.

**Q. What is the technology behind the CoolAir 4000?**

A. The CoolAir 4000 is an evaporative cooler which produces effective cooling by combining the natural process of water evaporation with a simple reliable air moving system, like a fan or a blower.

**Q. How does evaporative cooling work?**

A. If you wet your arm and blow air on it your skin feels cooler. That's evaporative cooling. In a standard evaporative cooler, outside air is pulled through moist pads where it is cooled by evaporation. Evaporation is an endothermic reaction; it absorbs heat. So the air that goes through the pads has heat absorbed out of it. This cooler air is then circulated through the room by a blower. The pads are kept moist by the water you pour into the water cartridge. In the new CoolAir 4000, the tank has been replaced by a water cartridge and the new exclusive Cyclonic Water Vaporization System which uses an atomization process to break up the large water molecules. This

process absorbs heat from the air and then the blower sends out the cold air.

**Q. How effective is the evaporative cooling?**

A. On the average, the CoolAir 4000 can lower the temperature 12-20 degrees. A great deal depends on the humidity in the air. Evaporative coolers work best when outside humidity is below 50%.

**Q. Why does an evaporative cooler save so much electricity?**

A. Because the technology is so efficient, the electricity is used mainly to run the blower and atomizer. This takes about the same amount of electricity as using a light bulb. In air conditioning for instance, the electricity must power a compressor which is much more complex and involves high energy usage.

**Q. How does the Cool Air 4000 clean the air?**

A. This is where new technology meets tried and true technology. All evaporative coolers by their very nature help in cleaning the air, but with the CoolAir 4000 we have added a carbon filter to help trap dust, pollen, odors and pet dander. This is in contrast to most portable air conditioners which just recycle the same air over and over and over. You have probably heard that in-house air pollution is worse than outdoor air pollution. And closed-door/ window air conditioning is one of the reasons for this discouraging phenomenon.

Air purifiers alone can cost hundreds of dollars but with one CoolAir 4000, you get an air purifier as part of the package.

**Q. Why would a person choose a CoolAir 4000 over a portable air conditioner?**

A. The biggest reason is cost. The CoolAir 4000 costs under \$300 while portable air conditioners run between \$450.00 and \$800.00. As mentioned, air conditioners can also use up to 16 times as much electricity as air coolers.

In recent years people have become much more conscious of health enhancing features, so the addition of the



#### TESTIMONIALS REPRESENTING SATISFIED COOLAIR 4000 USERS...

"Words cannot express how pleasant it is to sit near the CoolAir 4000. The one I use in my office blows out 65 degree cold air in a matter of a few minutes. The CoolAir 4000 provides benefits far beyond the price you pay to own it, and it is one of those rare products that pleasantly surprises you, calming you, reducing stress, and giving you more than you expect. Plus, it costs less than a 75 watt light bulb to operate. It even works along with your air conditioner, lowering your demand for electricity during the highest and most expensive peak load times of the day, perhaps even lowering your total electric bill. It's very easy to use and you can actually watch the temperature go down."

- Paul Klingaman Jr., Managing Director

carbon filter is a major benefit for everyone who is trying to improve the quality of the air he or she breathes safely and inexpensively.

The other big benefit of the CoolAir 4000 is that even though it can cool a large area, it does not need a vent. All air conditioners, portable or not, must have a way to vent off hot air. You can put the CoolAir 4000 anywhere there is an outlet since there is no hot air to vent away. You can move it from room to room on its easy glide casters to fit your schedule and needs.

**Q. Can I use the CoolAir 4000 in conjunction with other cooling devices?**

A. That is the way many people are using the CoolAir 4000. People who have whole house air conditioning use the CoolAir 4000 in places where the air conditioning does not reach. Air coolers are perfect for the sun room where you can have the windows open and stay cool with the CoolAir 4000.

It is also great for the office, condo, RV and dorm

room.

**Q. Is the CoolAir 4000 easy to use?**

A. Absolutely. All you do is insert the water cartridge and turn it on. A full cartridge can last 6-8 hours with continuous use. There is a handy water level indicator so you know exactly where and when to replace.

We will supply an extra water cartridge so you can always have one as a ready replacement. Includes a water filter too so you are breathing the cleanest air you can breathe.

You also receive a remote control so you can use all the functions from the comfort of your easy chair or even from bed.

**Q. How can consumers get a CoolAir 4000?**

A. You can only get the CoolAir 4000 exclusively from International Home Shopping, by returning your Special Reader's Discount Coupon at right, by calling 1-800-466-9973, or visiting us online at [www.ihsmall.com](http://www.ihsmall.com).

You can watch the temperature go down!



Handy 6-Function Remote Control

Extra Water Cartridge Included

One Simple Unit - NO VENTING

- Easy-to-use controls.
- Overall size 12" x 12" x 32".
- Oscillating function allows for more coverage - cools areas over 15ft. away.
- Carbon filter removes particles in the air - dust, pollen, odors - and has a water filter.
- Water tank capacity - 1.2 liter. One fill-up lasts 6-8 hours.
- Lightweight, moves from room to room on easy glide casters - only 16.5 pounds!
- With handy digital readout you can watch the temperature decrease.

Covered by:  
One Year Warranty On Parts & Labor  
Plus, a 60-Day Satisfaction Guarantee

#### Air Cooler - Air Conditioner Comparisons

The CoolAir 4000 is not an air conditioner, but it does have benefits when compared to air conditioning.

Features and Benefits	IHS Exclusive CoolAir 4000	Most Portable Air Conditioners
Cost Per Unit	Under \$250, FREE Shipping	\$450 - \$800
Cooling Source	Water, Fresh Air	Freon, compressor
Venting	No Vent Needed	needs to vent to outside
Cooling Ability	Can Lower Temp. Average Of 12-20 Degrees	can lower temp. to a thermostatically controlled temp.
Home Prep	OK To Have Some Windows Open For Air Flow	windows and doors must be closed
Air Quality	Dual Carbon Filters	recycles same air over and over
Electrical Usage	Runs on 40-50 Watts - Only Pennies A Day 12c - 15c Per Day	high electrical usage \$70 - \$90+ per month

\* Air Coolers in general help freshen the air, but the CoolAir 4000 has a carbon filter to magnify this ability. The CoolAir 4000 is an IHS exclusive item!

#### SPECIAL READER'S DISCOUNT COUPON SAVE \$64

The regular price to stay cool and get the CoolAir 4000 is only \$299.00 plus \$19 shipping and handling for a total of \$318.00 delivered. Readers of this publication get a \$75.00 discount with this coupon and pay only \$224 plus, receive FREE Shipping and Handling if you order within 10 days. Additional CoolAir 4000 air coolers are only \$204 each, saving you \$20.00 more. There is a strict limit of 3 CoolAir 4000 at the discount price - no exceptions please. After 10 days, we reserve the right to accept order requests at the discounted price.

- To order by phone, call TOLL FREE 1-800-466-9973 and give the operator your Authorization Code: CLA165. Place your order by using your credit card. Operators are on duty Monday - Friday 6am - 3am, Saturday 7am - Midnight and Sunday 7am - 11pm, EST.
- To order by mail, check or credit card, fill out and mail in this coupon to the address below.
- To order online go to [www.ihsmall.com](http://www.ihsmall.com)

This product carries a complete satisfaction guarantee. If you are not totally satisfied, your purchase price will be refunded. No questions asked.

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- ☐ I am ordering within 10 days of the date of this publication, therefore I get a \$75.00 discount plus FREE Shipping and Handling for a total saving of \$94.00. My price is only \$224 for the CoolAir 4000. Additional CoolAir 4000's only \$204 each.

Number of CoolAir 4000 air coolers you want: \_\_\_\_\_

- ☐ I am ordering past 10 days of the date of this publication, therefore I pay full price of \$299 for the CoolAir 4000 plus \$19 Shipping and Handling for a total of \$318.

Enclosed is \$ \_\_\_\_\_ in: ☐ Check ☐ Money Order (Make payable to IHS)

Or charge my: ☐ VISA ☐ MasterCard ☐ Am. Exp./Optima ☐ Discover/Novus

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# relish

## summer wine drinks



**Wine columnist Wini Moranville guides you to the best bottles for the money.**

When summer temperatures climb, I like to put a little something extra in my wine—including ice. These cool wine concoctions give the term “wine cooler” back its good name. Each takes advantage of a new (or newly available) spirit or liqueur to bring the essence of peaches, pears or dark berries to the glass.

## Summer Peach Sangria

Bacardi recently unveiled a flavored rum, *Peach Red* (750ml/\$14). Intrigued, I turned to mixologist extraordinaire Mittie Hellmich, author of *The Ultimate Bar Book: The Comprehensive Guide to Over 1,000 Cocktails* (Chronicle Books) for ideas on how to use this alluring new flavor. Her sangria may be the most dashing way ever to savor summer's most sensuous fruit.

- 1 ounce Bacardi Peach Red Rum
- ½ ounce Grand Marnier or Cointreau
- 3 ounces dry, crisp rosé (such as one from France or Spain)
- 2 ounces lemonade

Pour all ingredients into an ice-filled large wine goblet or tall glass and gently stir. Garnish with a peach slice and a lemon slice.



## Lemony Pear Spritzer

Another fruity sipper from Mittie Hellmich, this one calls on Grey Goose La Poire—a new pear-flavored vodka (750ml/\$30). With lemon juice and sparkling wine in the mix, this is the choice for the sultriest of summer nights.

- 1½ ounces Grey Goose La Poire (pear-flavored vodka)
  - ½ ounce lemon juice
  - 1 ounce pear nectar
  - 1 teaspoon sugar
  - 2 to 3 ounces fruity sparkling wine (such as Asti), chilled
- Fresh raspberries



## The Ever-Refreshing Kir

France's most famous apéritif—Kir (rhymes with “beer”)—makes a refreshing, sophisticated sip to kick off a summer patio party. Plus, it's so easy it needs no recipe. Simply pour about a teaspoon of crème de cassis (a black currant liqueur) into a glass; fill the glass with chilled dry white wine and serve. Try Gabriel Boudier Crème de Cassis (\$19.99). Produced since 1874 in Dijon, France (where Kir first originated), the highly acclaimed liqueur has recently become more widely available in the United States. Thank you, France!



Text the word **RECIPE** to 95763 for delicious *Relish* recipes sent to your cell phone three times each week. \*

\*\$9.99/mo. Standard text messaging rates or other charges may apply. Full terms and conditions at [terms.relishmag.com](http://terms.relishmag.com)

In a cocktail shaker with ice, vigorously shake vodka, lemon juice, nectar and sugar. Pour into a large ice-filled wine goblet. Slowly top with the sparkling wine, and gently stir to combine. Garnish with a cocktail pick skewered with raspberries.

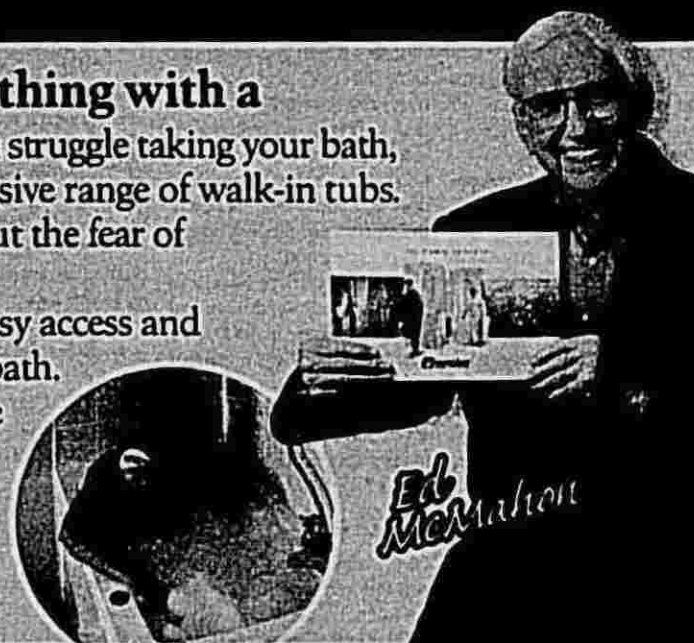
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relish

festivals and fun

Aw

# Shucks

In August and September, corn-loving towns swell with visitors to their annual sweet corn festivals. Some are elaborate, a little like county fairs, with carnival rides and the crowning of a festival queen; others are genuine small-town affairs with fire trucks, floats, marching bands and local dignitaries on parade. All encourage you to stuff yourself silly with corn.

Corn is a source of bragging rights for Midwesterners. It's unbelievable to me, but some people in Wisconsin or Michigan think their state's corn is tops. Don't listen to them. Iowa grows the best corn, and everyone here knows it, including my 11-year-old nephew.

What Iowans don't always agree on, however, is which county grows the best corn. Or, within a county, which makeshift farm stand in which little gas-station parking lot sells the best corn. (Here in Des Moines, a friend swears by the corn sold from a blue pickup truck parked outside of the bail bonds office).

Iowans also don't always agree on how to eat it. There are various camps. Me, I tackle an ear of corn typewriter style, click-clacking across the kernels in rows left to right. My husband does that weird circular thing, rotating the ear as he tackles it. It's a wonder we ever got married. My friend's kids eat in a sort of "patchwork" quilt motif.

And then, there's how best to cook it. The official word—from the Iowa State University Extension website—is to submerge the cobs in a large pot of boiling water. "Throw in the shucked corn, and wait for the water to come back to a boil. And the corn is done!" they say.

My method is a little different. I put the corn in a kettle and cover it with water. When the water reaches a full boil, I take the kettle off the heat, cover it, and let it sit 10 minutes. Yielding nubbly crisp-tender corn, this method is a little trick I learned from a friend from—of all places—New York City. I've heard that some people out that way think that the best corn comes from New Jersey. Needless to say, I don't believe them. ♪

*By Wini Moranville, a freelance writer living in Des Moines, Iowa.*

For more corn  
festivals and recipes go to  
[relishmag.com/corn](http://relishmag.com/corn)



## Corn off the Cob

Here is a job best handled by the adults in the group. Holding the ear of corn stem end up in a wide mixing bowl, remove the kernels from the cob by cutting straight down midway through the thickness of the kernels with a short, sharp paring knife. When all the kernels have been cut, scrape the cob with the dull side of the knife blade until all the juice and remaining kernel solids are removed.

## CORN DAYS

Ever met a kid who doesn't like corn—a food that requires you to eat with your hands, make noise and even lick your fingers? Even corn's distant cousins are fun. Turn down popcorn? Grimace at corndogs? Snub candy corn? It's seldom done. And fortunately for kids everywhere, it's corn season. Here's a glimpse of upcoming corn festivals.

### California

La Habre Corn Festival, Aug. 3-5

### Colorado

Olathe Sweet Corn Festival, Aug. 4

### Illinois

Mendota Sweet Corn Festival, Aug. 9-12

Urbana Sweet Corn Festival, Aug. 24-25

### Iowa

Adel Sweet Corn Festival, Aug. 11

West Point Corn Festival, Aug. 9-12

### New York

Avon Rotary Corn Festival, Aug. 11

### Ohio

Fairborn Sweet Corn Festival, Aug. 18-19

North Ridgeville Corn Festival, Aug. 9-12

### Pennsylvania

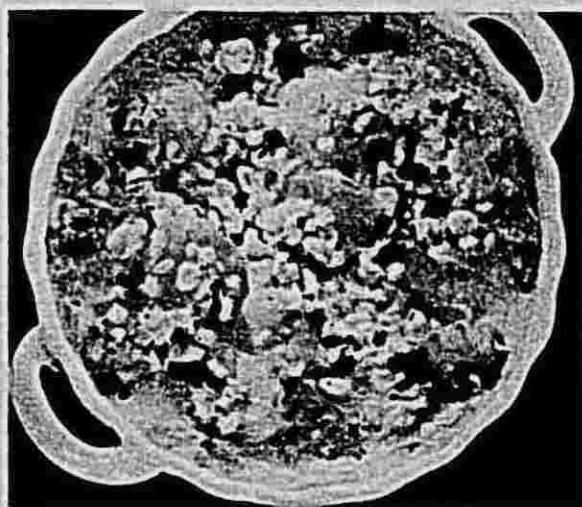
Shippensburg Corn Festival, Aug. 25

Youngsville Corn Festival, Aug. 17-18

### South Dakota

Corn Palace Festival, Aug. 22-26





## Shrimp and Corn Pudding

*In the Carolina and Georgia Lowcountry, corn comes into season just as the region's tidal creeks and inlets are teeming with tiny but intensely sweet inlet shrimp. In this recipe from Damon Fowler, the two are combined in a flavorful main-dish pudding that kids will love.*

- 4 to 6 ears fresh corn
- 2 tablespoons butter
- 5 medium green onions, thinly sliced
- 2 tablespoons chopped fresh parsley
- 2 eggs, lightly beaten
- ½ cup half-and-half
- ½ teaspoon salt
- White pepper
- Cayenne pepper
- Grated nutmeg
- 1 pound medium shrimp, peeled
- ¼ cup all-purpose flour

1. Cut kernels off cobs and scrape off milky bits. You should have about 3 cups corn.

2. Preheat oven to 350F.

3. Melt butter in a sauté pan over medium-high heat; add onion and sauté until translucent, about 2 minutes. Stir in parsley and turn off heat.

4. Scrape mixture into a large bowl; add corn, eggs and half-and-half. Season with salt, white and cayenne peppers, and a generous grating of nutmeg; mix well. In a separate bowl, toss shrimp in flour and shake off excess. Fold shrimp into corn batter.

5. Lightly butter a 2-quart casserole dish and pour in batter. Bake about 1 hour, until set and lightly browned. Serve immediately. Serves 4.

*Per serving: 440 calories, 17g fat, 39g prot., 34g carbs., 8g fiber, 690 mg sodium.*

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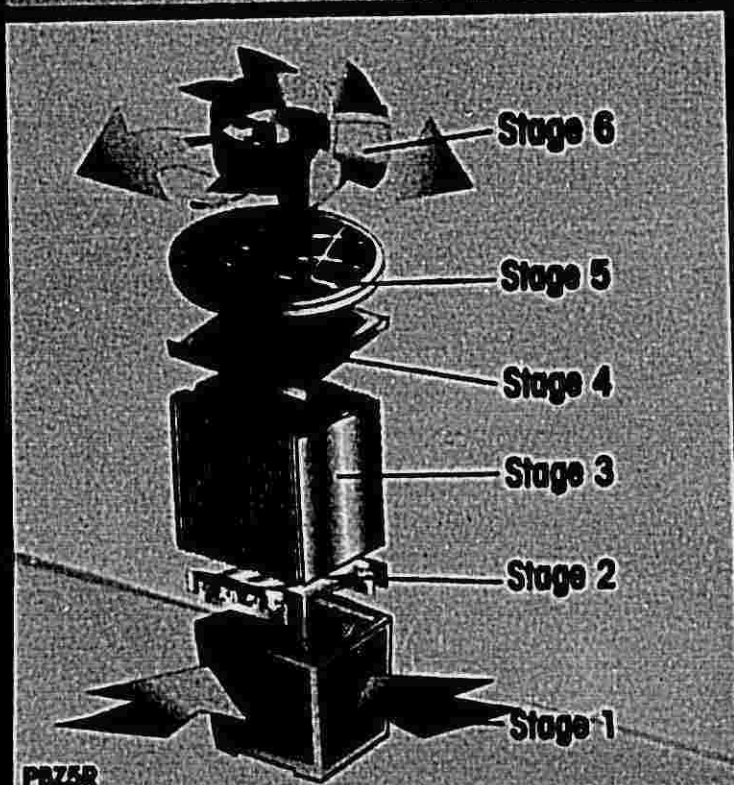
IN THE AIR

## HERE'S WHAT IT DOES:

Oreck has spent years developing the Kurchi Cell. This breakthrough technology captures and destroys the bad stuff you might be breathing right now in your home. Could it improve the quality of your life? Without question. It's what makes the Oreck XL Air Purifier the best defense against bad air on the market today.

The XL Tower Air Purifier with its 6-stage purification system is designed to handle the spacious areas of your home where the family spends a lot of time together.

It can clean, freshen and circulate every cubic inch of air in an area as large as 900 sq. ft. every hour, capturing bacteria, molds, viruses, fungi, even cigarette smoke and other odors you don't want to live with, including those caused by pets, cooking



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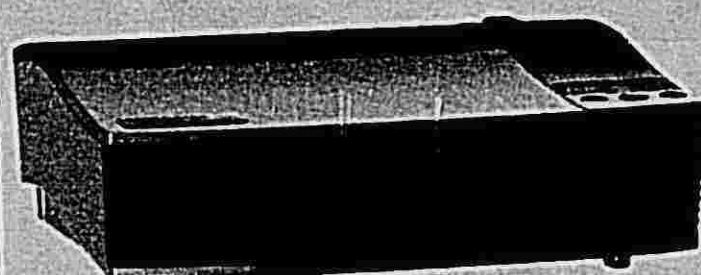
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It can clean, freshen and circulate every cubic inch of air in an area as large as 900 sq. ft. every hour, capturing bacteria, molds, viruses, fungi, even cigarette smoke and other odors you don't want to live with, including those caused by pets, cooking

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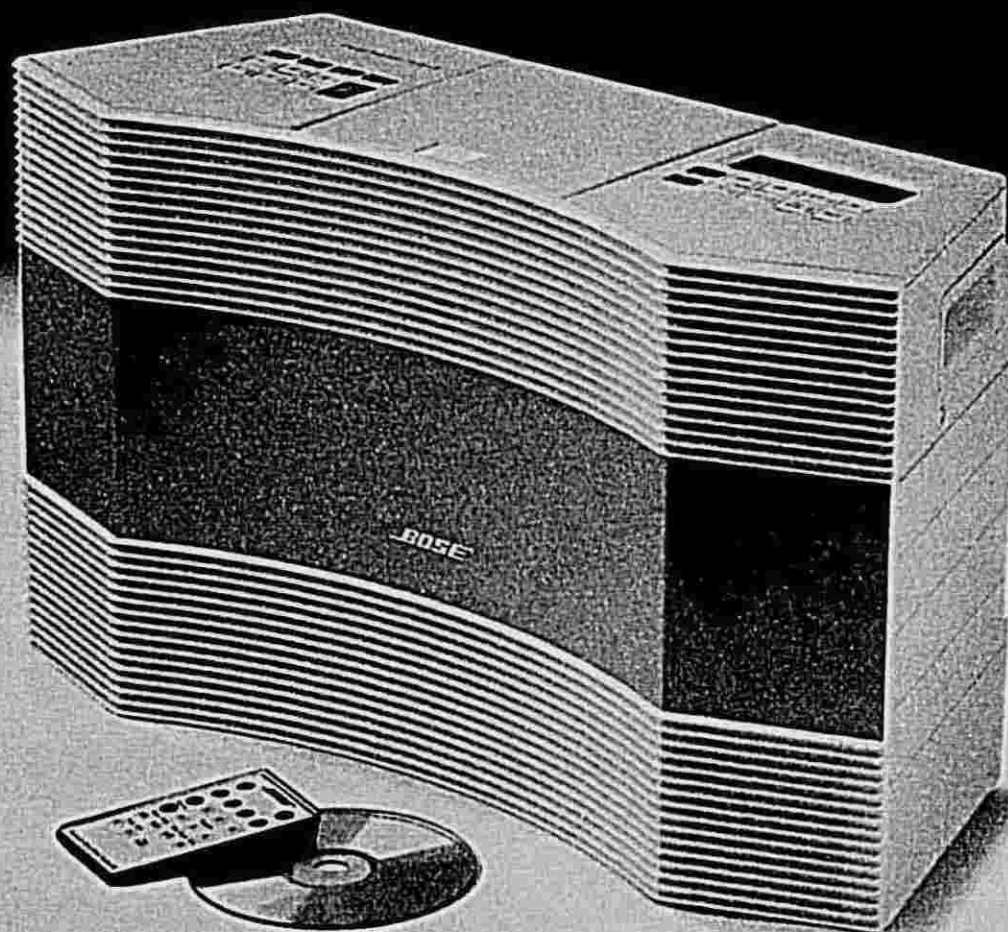
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# American Profile



## Cooking Schools

for Kids

Culinary classes teach youngsters valuable lessons

### INSIDE:

- Machias, Maine: Wild for blueberries
- Devoted school bus driver Sarah Grigsby
- School day snacks

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American Profile

HOLY BIBLE



# Ask American Profile



**Q** I'm just curious: What's the biggest-selling commemorative U.S. postage stamp of all time?

—M. Marcus, New Haven, Conn.

When it comes to the post office, Elvis is still the king. The 29-cent Presley stamp issued in 1993 has sold more than 517 million copies; if you put all of them together side by side, they'd stretch from New York to Tokyo. Presley, of course, never lived to see his U.S. Postal Service honor. He died 30 years ago this Aug. 16.

**Q** Is journalist Chris Wallace related to Mike Wallace of 60 Minutes?

—L. Helms, Ponca City, Okla.

Yes, Mike Wallace is Chris' father, although the hard-charging 60 Minutes correspondent and his wife divorced when their son was 1; Chris grew up with his stepfather, Bill Leonard, who eventually became president of CBS News. Since 2003, Chris, 59, has hosted the Fox-TV weekly *Fox News Sunday* series, which followed his previous longtime positions with the NBC and ABC networks. Mike, 89, retired from 60 Minutes last year, but returns occasionally for special assignments.



Chris Wallace



Mike Wallace

**Q** What happened to Charlotte Church, the young singer from Wales? She had the most beautiful voice I'd ever heard.

—Mary Ann Brabec, Stephenson, Mich.

Singer Charlotte Church



The international singing sensation, 21, lives in Wales, where she's expecting her first baby (with boyfriend Gavin Henson, a Welsh rugby player) in the fall. Church hosts her own self-titled TV variety show in the United Kingdom. She's sold more than 10 million albums worldwide but does not have any new recording projects in the works at this time.

**Q** Has the actor who plays Don Draper on the new TV series *Mad Men* made any movies? He reminds me of someone in the movie *We Were Soldiers*.

—B. Smedley, Moses Lake, Wash.

Jon Hamm, one of the stars of the new AMC-TV series *Mad Men*, appeared as Capt. Matt Dillon in *We Were Soldiers*. A Missouri native who taught acting in St. Louis before coming to Hollywood in the late 1990s, Hamm, 36, also had recurring TV roles in *Providence*, *The Division* and *What About Brian*. Single but attached and now living in Los Angeles, he says the acting bug first bit when he landed his earliest role: Winnie the Pooh in a first-grade play.



Jon Hamm plays Don Draper on TV's new series *Mad Men*.

**Q** What is "Boston Rob" Mariano doing these days? I loved him on *Survivor* and *The Amazing Race*.

—Cindy S., Palo Alto, Calif.

Boston-born Mariano, 31, didn't win either one of those TV showdowns. But he learned a lot, and he's now putting his experience to work as the host of a new in-the-works TV competition called *Tontine*. He's traveling city-to-city to audition gung-ho, willing-to-do-anything contestants for a scheming 100-day race that will visit every continent on Earth before awarding one final winner a cool \$10 million. What makes the former reality-show competitor the perfect reality-show host? "I know all the tricks of the trade," he says with a grin. *Tontine* will tape later this year and air next spring.



"Boston Rob" Mariano is looking for contestants for a new TV competition called *Tontine*, scheduled to air next spring.

\* Cover photo by David Mudd

■ Would you like to know more about your favorite celebrity or public figure?

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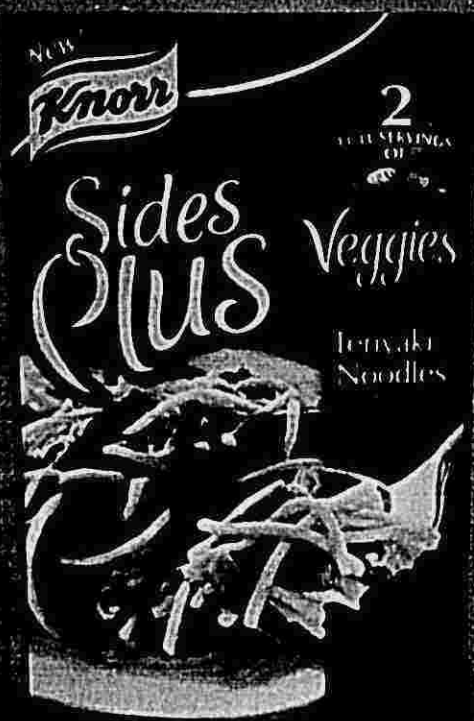
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## Hometown Spotlight

# Wild About Blueberries

by SEAN CONNEELY

## The crowd at the Wild Blueberry Festival in Machias, Maine (pop. 2,353), buzzes with

anticipation as contestants take their places for the much-heralded blueberry pie-eating contest. Spectators shout out last-minute eating advice as participants steal sideways glances, sizing up the competition. With their hands behind their backs, 10 contestants slowly bend forward, staring at freshly baked blueberry pies. For two minutes, contestants go mouth-first into a pie-eating frenzy that leaves their grinning faces smeared a dark shade of blue.

A winning smile from a pie-eating contestant.

"It's our signature event," says Ron Beckwith, who has organized the contest for the last two years. In fact, the competition has become so popular that Beckwith has employed a lottery drawing to select contestants in four different age groups. "The best part is that there's no cash prize. Everyone does it for bragging rights," he says.

The festival, scheduled Aug. 17 to 19, originated in 1975 as a small fund-raiser for the Centre Street Congregational Church. It remains the main fund-raiser for the church, but has evolved and expanded to include other local organizations, such as the local Rotary Club and the Chamber of Commerce.

In addition to raising money, the festival celebrates the harvest of the region's most important crop: lowbush wild blueberries. In fact, Maine is the top producer of wild blueberries in the United States, harvesting some 74.6 million pounds last year. As much as 70 percent of those blueberries grow along the rocky coast and rolling hills of Washington County. Since Machias is the county seat, it has become the unofficial Wild Blueberry Capital of the World.

BLUEBERRIES REIGN

IN MACHIAS, MAINE

Maine is the top producer of wild blueberries in the United States, harvesting some 74.6 million pounds last year.

"Not much else will grow here. It's pretty poor soil," says Dell Emerson, who managed the University of Maine's blueberry research facility in nearby Jonesboro (pop. 594) for 25 years.

The lowbush blueberries, which stand less than a foot high, thrive in the sandy, high-acid soil found in the area. American Indians picked and sun-dried the berries, and even used them to preserve deer meat.

"Now, because of the festival," Emerson says, "it seems like the whole country knows about wild blueberries."

Today, the festival has become a major attraction, boasting cooking contests, historical tours of Machias and more than 200 craft booths. Some 20,000 visitors make their way from every corner of the country, and from as far away as China and Africa, to sample all things blueberry: from blueberry salsa to blueberry vinaigrette to blueberry soap—and, of course, plenty of blueberry pies and muffins.

The town also celebrates its blueberry fame with the Blueberry Musical Comedy. Each festival night, the Congregational Church is transformed into a theater where the talents of Machias residents ranging from ages 3 to 90 are put on display.

"If someone comes to see the musical once, they're hooked," says Doug Guy, who created and directed last year's production.

The musical, which parodies life in Machias, blends Broadway show tunes, gospel and popular

songs—with some lyrics rewritten to put the focus on blueberries—loosely tied together by, as Guy describes it "an admittedly thin plot."

During the day, visitors who are curious about the source of the festival's tasty namesake can explore area farms. In 2005, blueberry grower Lisa Hanscom began offering tours of her family's 64-acre blueberry farm in nearby Roque Bluffs (pop. 264). "I wanted people to see how we grow and harvest blueberries," says Hanscom, whose great-grandfather began harvesting lowbush blueberries in the early 1900s.

Guests can walk through harvested blueberry fields, learn about the traditional tools of the trade and even try to rake some blueberries themselves.

"Hand raking lowbush blueberries is an important tradition in Washington County," she says. "The harvest is a special time of year."

And with its mix of delicious blueberry treats and entertaining activities, so is the Wild Blueberry Festival. ★

Sean Conneely is a writer in Red Feather Lakes, Colo.

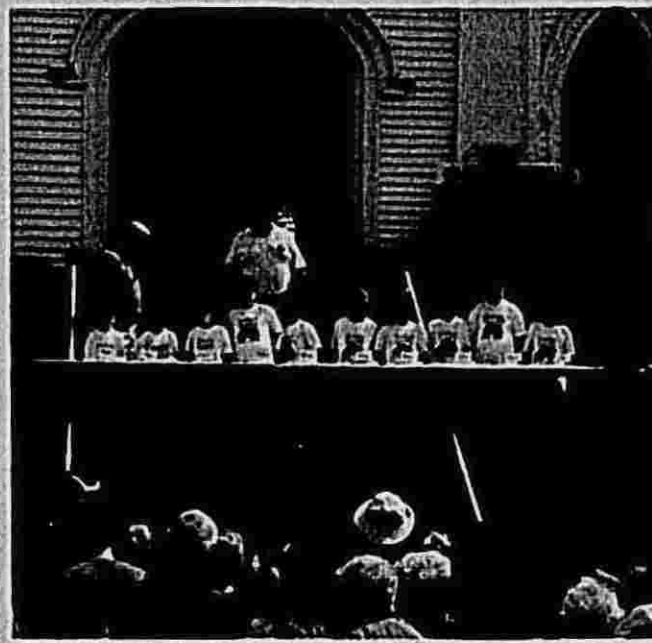
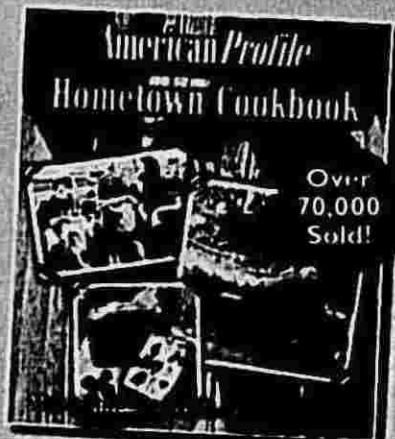
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A pie-eating contest is a festival favorite in Machias, Maine.





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# Cooking Schools for Kids

**When 6-year-old Dorie** signed up to take a "Cooking From the Garden" class at the Young Chefs Academy in Waco, Texas, her mom and teachers were skeptical to say the least.

"The girl had never eaten a vegetable in her life," recalls Julie Burleson, who founded the school with partner Suzy Nettles in 2002. After harvesting vegetables from the garden, the children made minestrone soup. And while Dorie was doubtful at first, she eventually tried it—three bowls' worth.

"When children cook, they feel a great sense of accomplishment," Burleson says. "They want to say, 'Hey mom, look what I can do!' Food becomes a tool for self-confidence rather than a source of fear."

While most kids used to rely on either a cookbook or parent for instruction in cooking, today they can attend a class designed with their needs in mind. Often run by culinary school graduates or skilled aficionados, these classes teach youngsters patience, determination and a willingness to be challenged and try new things—valuable lessons they'll retain for life.

## Cooking is cool

Many children have begun to see food in a new, more positive light, thanks in part to the rise in popularity of celebrity chefs and food-related television.

"I know kids who watch the Food Network instead of cartoons," says Lynn Elliott, founder and instructor at the Way-Cool Cooking School in Eden Prairie, Minn. For Elliott, teaching children the basics of healthy cooking is the main priority.

"Child obesity is a huge issue in America right now," she says. "As a teacher, I feel that it's my duty to teach kids how to eat right."

Healthy, however, does not equate to boring; at Way-Cool's summer Cooking Camp, kids can choose from an array of unique classes, such as "Food Network Fun," which features recipes from the Food Network's celebrity chefs. The camp also offers classes based on characters or scenes in children's books and movies in which campers make Auntie M&M's Cookies from *The*

*Wizard of Oz*, White Rabbit Tea Sandwiches from *Alice in Wonderland* and Quidditch Players Pie from the Harry Potter series.

At the Young Chefs Academy, which now has more than 160 franchises across the country, Burleson uses food to teach students about different cultures and ethnic traditions. "By educating the kids about Jewish cuisine, Christmas in Italy, or Indian spices, for example, we can help bridge that gap," she says.

And this summer, many Young Chefs Academy franchises offered special *Ratatouille*-themed parties, based on the kids' movie released this summer and featuring a rat named Remy who dreams of becoming a great French chef.

Children attend the High Cotton Cooking School (top) and Young Chefs Academy (middle and bottom).



by SARAH DOYLE LACAMOIRE

## Culinary teamwork

Children who attend cooking classes at Kitchen Kapers in Moorestown, N.J., not only learn how to prepare scrumptious dishes such as spinach quiche, funnel cake and Moroccan meatballs, they're also taught how to work well with others. In Lisa Prell's classes, students range in age from 6 to 12 and boast various levels of ability and experience—including some with motor skill difficulties.

"It's magical to see the kids working together as a team, regardless of their age, ability or appearance. They

begin to see themselves as equal and help each other out," Prell says.

And while kitchen safety always is a priority, Prell doesn't feel the need to prevent her students from using real knives.

"Kids want the satisfaction of doing things the real way. Cooking is an art form that encompasses all of the senses," she says. "If a child can smell, taste and touch, they're ready to jump in and tackle anything."

Try making the cooking-school-tested recipes beginning on page 8. They're perfect for after-school activities with your kids, and may be the jump-start your little Emerils or Paula Deens need to get them on the road to culinary greatness.

(Continued on page 8)

Sarah Doyle Lacamoire is a freelance writer in San Luis Obispo, Calif.



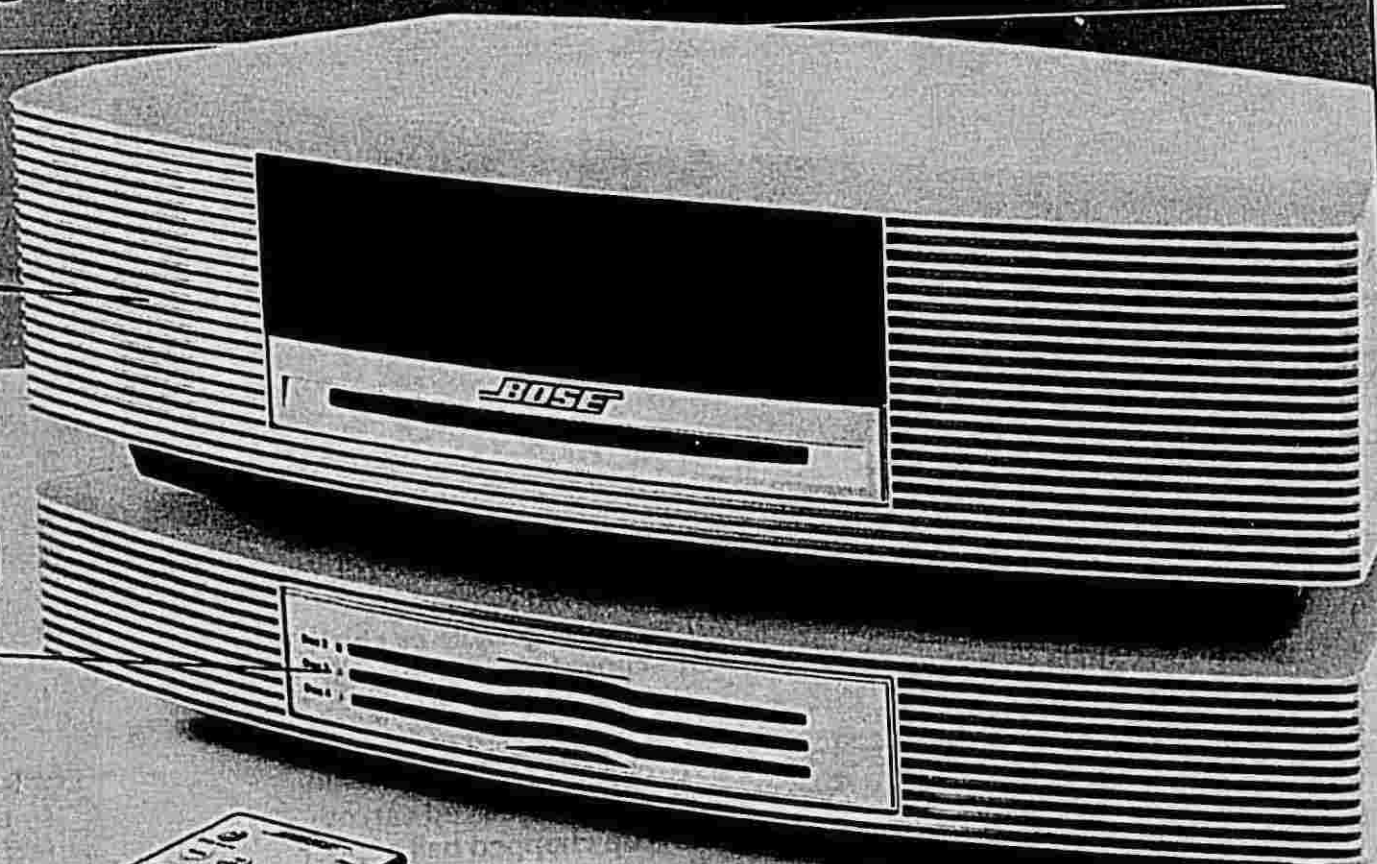


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Continued from page 6



High Cotton Food Styling & Photography

## Chocolate Truffles

from High Cotton Cooking School

- 12 ounces semisweet chocolate, chopped into 1/4-inch pieces
- 1 tablespoon orange extract
- 1 tablespoon vanilla extract
- 3/4 cup heavy cream
- 2 tablespoons unsweetened cocoa, sifted

1. Place unsweetened chocolate and the extracts in a 4-quart bowl.
2. Heat heavy cream in a heavy saucepan over medium heat and bring to a boil. Carefully pour over chocolate. Let sit 5 minutes, then stir until smooth.
3. Refrigerate until firm but not hard, 30 to 45 minutes.
4. Line a baking sheet with parchment paper; divide chocolate mixture into 24 tablespoon-size truffles and place in the refrigerator 15 minutes.
5. When truffles are firm enough to handle, remove from the refrigerator and roll each quickly in palms, in a gentle circular motion, using just enough pressure to form smooth rounds. Lightly dust with cocoa powder, shaking off any excess.
6. Store truffles in a tightly sealed plastic container in the refrigerator. Remove from refrigerator about 1 hour before serving.



High Cotton Food Styling & Photography

## Minestrone Soup

from High Cotton Cooking School

- 1 sprig each: fresh basil, oregano and rosemary
- 6 cups vegetable or chicken stock
- 1 1/2 cups chopped tomatoes
- 1 cup chopped celery
- 1/2 cup chopped onion
- 1/2 cup thinly sliced zucchini
- 1/2 cup thinly sliced carrot
- 1/2 cup chopped bell pepper
- 1/2 cup sliced mushrooms
- 2 garlic cloves, minced
- 2 bay leaves
- 2 teaspoons dried basil
- 1 1/2 teaspoons dried oregano
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 1/2 cups dried pasta (your choice)
- Parmesan cheese, grated

1. Chop or snip the fresh herbs. Combine stock and herbs in a large pot. With the help of an adult, bring stock to a boil.
2. Add vegetables, garlic, dried herbs, salt and pepper. Reduce heat and simmer 20 minutes or until vegetables are just tender. Add pasta and cook an additional 8 to 10 minutes or until pasta is soft.
3. Remove bay leaves. Ladle soup into bowls and sprinkle with grated Parmesan cheese. Serves 8.



High Cotton Food Styling & Photography

## Egg Rolls & Dipping Sauce

### Dipping Sauce:

- 1/4 cup reduced-sodium soy sauce
- 1/4 cup rice vinegar
- 1 tablespoon honey
- 1 to 2 teaspoons sesame oil
- Pinch of red pepper flakes

### Egg Rolls:

- 4 tablespoons vegetable oil, divided
- 1 (1-inch) piece fresh ginger, grated
- 2 garlic cloves, finely chopped
- 2 green onions, sliced thinly
- 1 carrot, cut into thin strips
- 1 small red pepper, cut into thin strips
- 1/4 cup vegetable broth
- 2 tablespoons reduced-sodium soy sauce
- 1 tablespoon sugar
- 1 cup shredded napa cabbage
- 1 to 2 tablespoons sesame oil
- 10 cooked shrimp, chopped
- 20 (2-inch square) wonton wrappers covered loosely with a damp paper towel to prevent drying

1. Whisk together all dipping sauce ingredients.
2. To prepare the egg rolls, heat 2 tablespoons vegetable oil in a large skillet over high heat. Add ginger and garlic and stir-fry until fragrant, about 30 seconds. Add green onions, carrot and red pepper and stir-fry 2 minutes.
3. Combine vegetable broth, soy sauce and sugar in a medium bowl. Add to skillet; stir in napa cabbage. Bring to a boil and simmer 5 minutes, stirring occasionally, until vegetables are tender. Add sesame oil. Cool mixture for at least 15 minutes. Stir in shrimp.
4. Place one wonton wrapper so the corner points toward you. Place 1 tablespoon filling in center. Roll the corner closest to you over the filling. Brush the top corner with water. Fold in the sides of the wonton and continue rolling the egg roll up until it is closed. Press to seal, set aside, and repeat with the remaining ingredients.
5. Heat remaining 2 tablespoons vegetable oil in a skillet set over medium-high heat; add egg rolls and sauté until golden brown on all sides, using tongs to turn them. Serve with dipping sauce. Makes 20 egg rolls.

(Continued on page 10)

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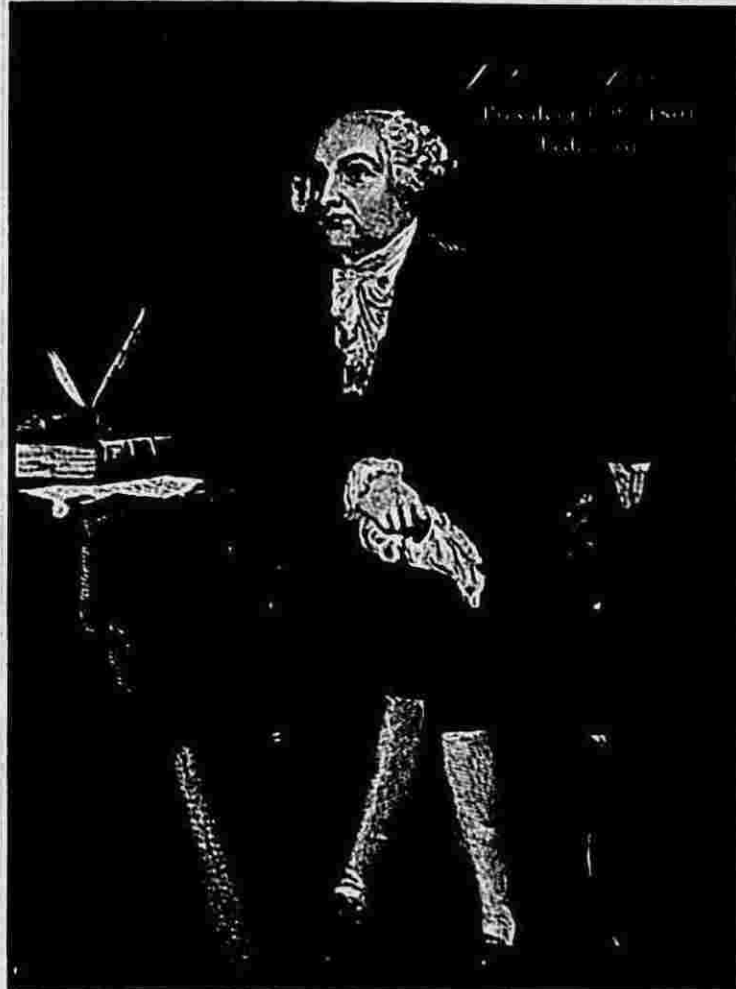
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**No previous experience needed...learn at home.  
Prepare medical claims for doctors, hospitals, clinics.**

This exciting money-making opportunity is wide open. So if you want to make a good living at home—without commuting, without selling...and working the hours you choose—call the toll-free number below or mail the coupon for free facts about what could be the greatest job opportunity of your life! There are plenty of high-pay office jobs, too!

**Experts train you step by step...you can be ready to work in just four months!**

The medical profession is in need of skilled medical claims and billing specialists...and you can make almost as much money as you want because there is so much work. You learn medical terminology, procedures and how to prepare medical claims for Medicare, Medicaid and private patients. Experts show you how to do your work to meet the exacting standards of the medical profession.

**Compare the money you can make at home as a Medical Claims and Billing Specialist with any other job.**

\*What other job can you start with as little as four months of training at home and earn up to \$40,000 a year as your experience and skills increase? Plus, you get these extra benefits—no transportation cost or time wasted going to and from your job, no expensive office clothes, no child day care costs, work whatever hours you choose...early mornings, late at night, any time, and take "breaks" whenever you want them. And it's not only the money you make that's important—you'll be working in a prestigious job making a valuable contribution to the medical profession.

## COMPARE THESE ADVANTAGES WITH ANY OTHER PROFESSION!

- Save money! No office clothes, lunches, commute or daycare
- You can earn \$10 to \$20 an hour
- Choose your hours...any time of day...full-time or part-time
- No time wasted traveling to work
- Be your own boss
- Continuing graduate support throughout your career
- Work in any of the 50 states
- Prestige of the medical profession
- Plenty of excellent office jobs, too

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OR CALL TOLL-FREE!**

U.S. Career Institute  
2001 Lowe Street, Dept. AMFA87  
Fort Collins, CO 80525

**1-800-388-8765**

Dept.  
AMFA87

**YES! Rush me free facts on how I can train at home to work as a Medical Claims and Billing Specialist.**

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Apt. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

(Continued  
from page 8)



## Kid-Size Pizza Rounds

Make this pizza dough in advance so that your kids can roll it out and top it with ingredients of their choice.

- 1 package active dry or fresh yeast
- 1 teaspoon sugar
- 1 cup warm water, 105F to 115F, divided
- 3 cups all-purpose flour
- 1 teaspoon kosher salt
- 1 teaspoon chopped rosemary
- 1 tablespoon extra-virgin olive oil
- Assorted toppings, such as tomatoes, herbs, cheese and chicken

1. In a small bowl, dissolve the yeast and sugar in ¼ cup warm water.
2. In a mixer fitted with a dough hook, combine flour, salt and rosemary. Add oil, yeast mixture, and remaining ¾ cup water; mix on low speed until dough comes cleanly away from sides of bowl and clusters around dough hook, about 5 minutes.
3. Turn dough out onto a clean work surface and knead by hand 2 or 3 minutes longer until dough is smooth and firm. Cover with a clean, damp towel and let rise in a warm spot about 30 minutes. (When ready, the dough will stretch as it is lightly pulled.)
4. Divide dough into 4 balls. Work each ball by pulling down the sides and tucking under the bottom of the ball. Repeat 4 or 5 times.
5. Cover dough with a damp towel and let rest 15 to 20 minutes.
6. Preheat oven to 450F.
7. Roll out dough into 8-inch rounds, top with desired ingredients and bake on a pizza stone 8 to 9 minutes.





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HP recommends Windows Vista Home Premium

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- HP All-in-One printer\* lets your student print homework, term papers, etc.

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Personalize your computer. **www.hpshopping.com/direct** or **1-800-525-MYHP.**

Check with your local retailer.





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Or visit your local retailer.

HP recommends Windows Vista Home Premium

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## FOR AN ADDITIONAL \$190, A TOTAL OF \$839.99<sup>9</sup>, GET:

- Roxio Photo Suite—view, edit, create and print photos
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- HP All-in-One printer<sup>4</sup>—perfect for printing homework, term papers, etc.

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Prices and promotions are subject to change without notice. Supply is limited. Visit our site or call for the latest deals. 1. Certain Windows Vista product features require advanced or additional hardware. See <http://www.microsoft.com/windowsvista/getready/hardwarereqs.aspx> and <http://www.microsoft.com/windowsvista/getready/capable.aspx> for details. Windows Vista Upgrade Advisor can help you determine which features of Windows Vista will run on your computer. To download the tool, visit [www.windowsvista.com/upgradeadvisor](http://www.windowsvista.com/upgradeadvisor). 2. Intel's numbering is not a measurement of higher performance. 3. Dual Core is a new technology designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology and 64-bit computing on Intel architecture requires a computer system with a processor, chipset, BIOS, operating system, device drivers and applications enabled for Intel® 64 architecture-enabled BIOS. Processors will not operate (including 32-bit operation) without an Intel 64 architecture-enabled BIOS. Performance will vary depending on your hardware and software configurations. See [www.intel.com/info/em64l](http://www.intel.com/info/em64l) for more information. 4. LightScribe creates a grayscale image similar to a black-and-white photograph. LightScribe media required and sold separately. Does not permit copying of commercially available DVD movies or other copyright-protected materials. Intended for your original content and other lawful uses. 5. 1 GB = 1 billion bytes; actual available capacity is less. Up to 10 GB of hard drive (for Vista, WinXP and XP Pro) and 12 GB (for MCE) is reserved for system recovery software.



**Hurry, all offers end August 18, 2007.**



Core 2 Duo  
inside

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The family's media center.

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- Intel® Core™2 Duo<sup>3</sup> Processor E6550<sup>2</sup>
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**FOR AN ADDITIONAL \$250, A TOTAL OF \$1,199.99<sup>9</sup> GET:**

- 20" LCD widescreen monitor—big enough for watching movies and videos
- Roxio Creator Premiere—create and edit videos or slide show presentations
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Applies to HP m8100y Desktop

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- Microsoft® Office Home and Student Edition—to help them stay on top of their schoolwork
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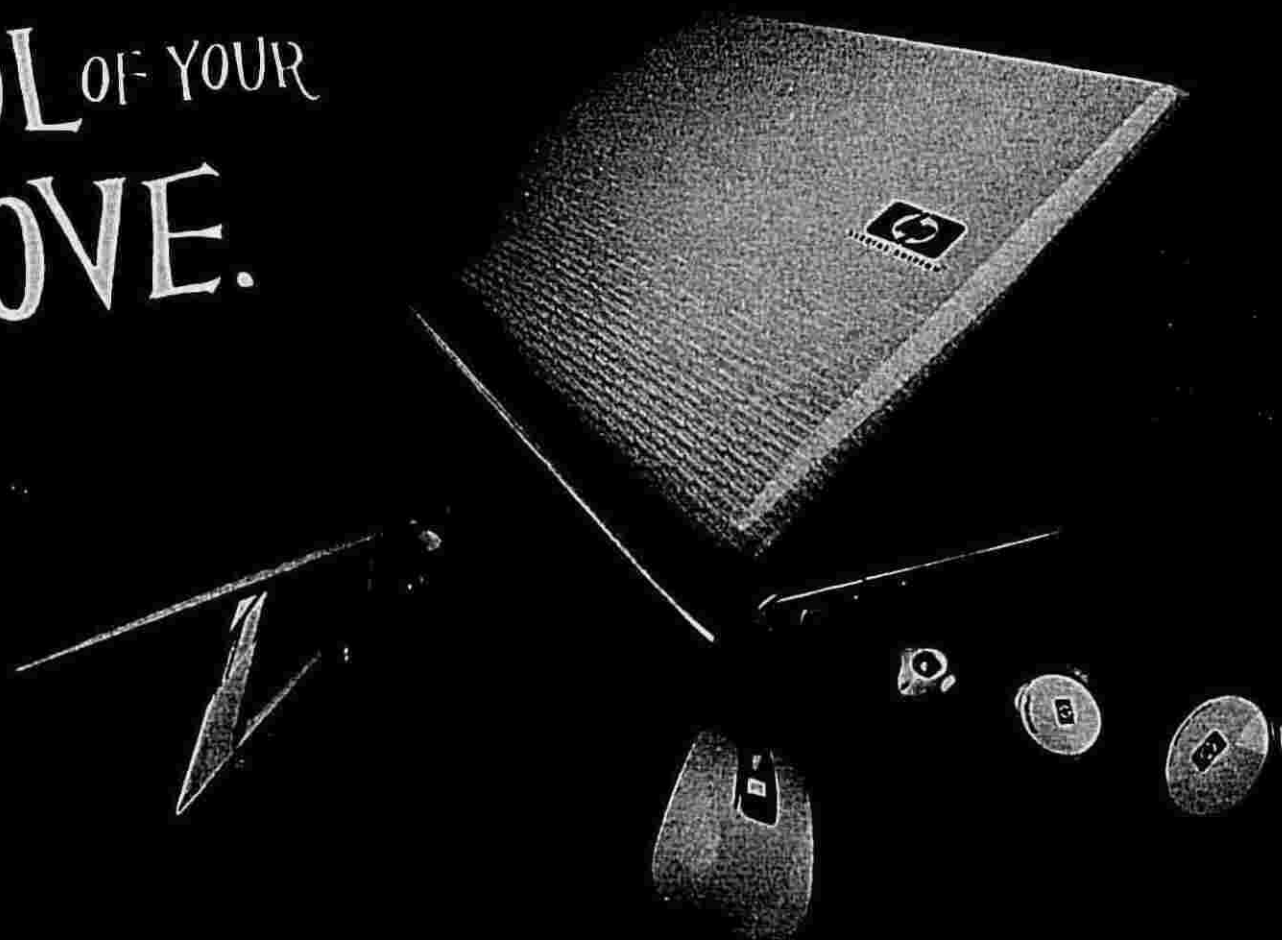
HP recommends Windows Vista Home Premium



Core 2 Duo  
inside

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TECHNOLOGY. THINK OF IT AS  
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The perfect combination of price, performance  
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- Intel® Celeron® M Processor 520
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- Black HP Imprint finish—an extension of your student's own personal style
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**FOR AN ADDITIONAL \$90, A TOTAL  
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One powerful notebook.  
One exceptionally good value.

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- 1 GB memory helps your student work (and socialize) faster
- Black HP Imprint finish—an extension of your student's own personal style
- 120 GB hard drive<sup>2</sup> stores lots of homework, photos and more
- DVD burner<sup>4</sup> with LightScribe<sup>4</sup> to create, share and custom-print CDs and DVDs
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Hurry, all offers end August 18, 2007.

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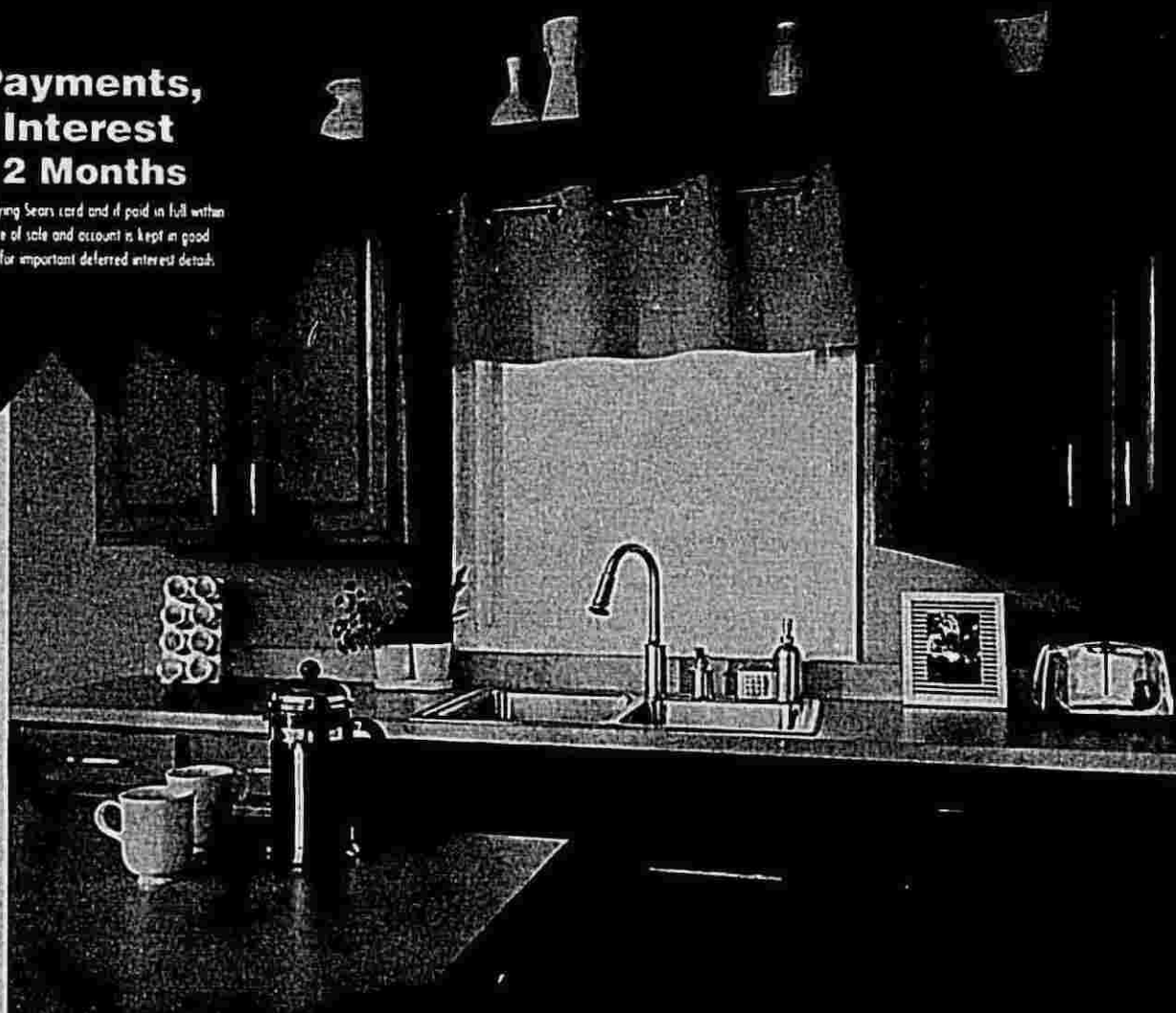
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Notebooks starting as low as \$449.99



AUG. 13 -  
SEPT. 2

## Happenings

### ILLINOIS

**Threshermen's Reunion**—near Pontiac, Aug. 30-Sept. 3. Steam engines, a miniature steam train, threshing and baling demonstrations, sawmills, horse shows, and antique tractor pulls highlight this event at Threshermen's Park. (815) 844-5131.

### INDIANA

**Marshall County Blueberry Festival**—Plymouth, Aug. 31-Sept. 3. Indulge in blueberry treats, browse nearly 500 craft and food booths, and enjoy gospel music, a car show, 15K run, a parade and fireworks at Centennial Park. (888) 936-5020.

### IOWA

**Ag-Rail Heritage Festival**—Sioux City, Aug. 18-19. Features oar-threshing and corn-shelling demonstrations, railroad exhibits, vintage tractor and farm machinery displays, and railroad motor car rides at the Milwaukee Railroad Shops Historic District. (712) 276-6432.

### KANSAS

**Trout Fishing in America Concert**—Lawrence, Aug. 17. Delight in the talents of bassist Keith Grimwood and guitarist Ezra Idler as they perform family-friendly pop and folk music at the Lied Center of Kansas. (785) 864-2787.

### MICHIGAN

**Heritage Car Show and Cruise**—Howell, Aug. 26. View antique and classic cars on display and during a cruise through town, with proceeds benefiting disadvantaged children and senior citizens in Livingston County. (800) 831-5027.

### MINNESOTA

**Heritage Days**—East Grand Forks, Aug. 18-19. A parade, sawmill, threshing demonstrations, a general store, live music, children's games, a 4-H petting zoo, food and a church service highlight this event at Heritage Grounds. (218) 779-5137.

### MISSOURI

**Festival of Butterflies**—Kingsville, Aug. 10-12 and 17-19. Butterflies in flight, sessions on growing a butterfly garden, and children's activities highlight this event at Powell Gardens. (816) 697-2600.

### NEBRASKA

**Rockin' with Rockwell**—North Platte, Aug. 25. Artist Norman Rockwell illustrations and life in the 1950s and '60s are portrayed through art, dance and rock 'n' roll music during this benefit for Huntington's disease research, at the Neville Center. (308) 963-4422.

### NORTH DAKOTA

**Jam the Dam**—Jamestown, Aug. 24-26. A beach party, parade of boats, stunt Jet Ski team show, an appearance by SpongeBob SquarePants, a dance and food highlight this event at Jamestown Reservoir. (701) 252-4830.

### OHIO

**Heritage Festival**—Piqua, Sept. 1-3. Features traditional skills and craft demonstrations, old-time entertainment, a pre-1870s encampment and an American Indian village at the Johnston Farm. (937) 778-8544.

### SOUTH DAKOTA

**Lewis and Clark Heritage Days**—Elk Point, Aug. 18-19. Step back into the days of the Lewis and Clark Expedition with a pre-1840 rendezvous camp, historic re-enactments, and demonstrations of period crafts at City Park. (605) 356-2310.

### WISCONSIN

**Blue Moon Art Tour**—Cable, Drummond, Sept. 1-2. Tour artists' studios along Blue Moon Road in the Chequamegon-Nicolet National Forest and watch as the artists demonstrate their techniques. (715) 798-3833.

Submit Happenings to: [www.americanprofile.com/happenings](http://www.americanprofile.com/happenings) or Happenings, 341 Cool Springs Blvd., Ste. 400, Franklin, TN 37067

Submissions must be received four months prior to the event.

Read more Happenings at  
[AmericanProfile.com](http://AmericanProfile.com)

## ADVERTISEMENT

# If You Go into a Nursing Home Will Your Spouse Go to the Poor House?

If you have worked hard all your life and managed to put away a nest egg, you might end up losing most of your life savings because of a defect in Medicare.

If you or your spouse suddenly become ill and require extended nursing home care...NO ONE will help you with the nursing home bills. Medicare won't and neither will your health insurance. By law you are responsible for the nursing home bills yourself. Only after you have used up virtually all of your money, will Medicaid step in. That's because Medicaid, like Welfare, only aids the poor. By some estimates, the average couple's life savings can be wiped out after only 13 weeks of nursing home care.

Rich people don't have to worry because they can afford super-expensive special nursing home insurance, while the poor are taken care of by Medicaid.

Now that just doesn't seem fair to working people with a lifetime of hard-earned savings. The system they have supported with tax dollars, seems to have forgotten them. Savings intended to provide security in retirement, or help for children, can quickly go up in smoke.

The fact is, if you don't know how to protect your assets, here's what can happen to you. By law, before Medicaid will pay nursing home bills, you may have to spend all your countable assets except \$2000 (or as low as \$1500 in some states). Countable assets mean not only money in checking and savings accounts...but also any funds in CD's, IRA's, Savings Bonds, Mutual Funds, stocks, whole life insurance, annuities and other types of investments, as well as most trust assets.

They can also take a vacation home or a second car. In

addition, (except for a small personal spending allowance and a health insurance payment allowance) your entire Social Security or pension check can be taken to cover nursing home expenses. What's more, if you are single or widowed, you can even lose your house.

According to the federal law called the Spousal Impoverishment Act, if one spouse requires extended nursing home care, the healthy spouse can be forced to surrender HALF of their combined countable assets. And if you have a sizeable estate, they can legally take MORE THAN HALF.

Is there anything you can do to stop this nightmare from happening to you? Yes. You are protected by law and can use several legal techniques to place your countable (or vulnerable) assets into the uncountable (or protected) category. The problem is, most people are not aware of their legal rights. Unfortunately, most people think Medicare will take care of them, so they unknowingly leave their assets vulnerable and in jeopardy.

Your legal rights and the many methods of protecting your money are now revealed in "How to Protect Your Financial Security." This financial self-defense manual tells you simple legal procedures for preserving your money and warns of pitfalls to avoid. Here is some of the valuable material you learn:

- Legal ways to turn countable (or vulnerable) assets into uncountable (or protected) assets
- How to protect your house from being sold to pay your nursing home bills
- How to protect a second car or vacation home

- If you give your money to your children without following these precise guidelines, a nursing home could get your money anyhow
- What you need to know about Living Trusts
- What lawyers never tell you about protecting your will

As a hard-working taxpayer, you have a legal right to protect your life savings for yourself, your spouse or your heirs. You don't have to be rich to have peace of mind. You just have to follow the easy steps outlined in "How to Protect Your Financial Security."

Although "How to Protect Your Financial Security" can easily save you thousands of dollars, the price is very reasonable. Right now, you can receive a special press run for only \$12.95 plus \$2.00 postage and handling. It is not available in any bookstore. It is only available through this special offer on a 90 day Money Back Guarantee. If you are dissatisfied in any way, just return it in 90 days for a full refund, no questions asked.

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Illuminated gallery frame  
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today

It's the busiest night of the year for Jolly Old St. Nick... and who can blame him for taking a comfy chair to read a wish-list letter? Now the old-fashioned charm of Santa is yours with Thomas Kinkade's "The Joy of Christmas" Masterpiece Edition, available only from Bradford Editions.

**Superb hand-craftsmanship, style and "engineering."**

This hand-crafted, hand-painted masterwork showcases Kinkade's "Victorian Christmas II" artwork above the mantel! Its frame and the tree add a holiday glow with 25 colorful LED lights. The nostalgic train actually circles under the tree at a flip of the switch! This moving treasure plays a medley of 12 beloved Christmas carols. A wooden base with brass title plate makes the perfect finishing touch.

**Exceptional value; satisfaction guaranteed.**

"The Joy of Christmas" Masterpiece Edition is an exceptional value at just \$135.00\*, payable in 4 installments of \$33.75, the first due before shipment. Your 100% satisfaction is assured with our 365-day unconditional guarantee, so order now. You risk nothing! To secure your reservation, send no money now. Return your Reservation Application today!

Please Respond Promptly



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RESERVATION APPLICATION

**YES.** Reserve Thomas Kinkade's "The Joy of Christmas" Masterpiece Edition for me as described in this announcement.

Signature \_\_\_\_\_

Mr. Mrs. Ms. \_\_\_\_\_  
Name (Please Print Clearly)

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# RESULTS!



*"Now I have the energy to keep up with my little boy, and I can shop for clothes at any store!"*

*"My energy level has soared, my attitude is more positive, and life just seems clearer to me now."*

*"I fought this weight demon all of my life and have finally won the battle, thanks to NutriSystem."*

*"Finally, now I can dress like the woman I've always wanted to be!"*



*"The program works, and it's easy to follow. I wish I had done this years ago."*

*"I had huge success because of the delicious foods, simplicity, and great online support."*

*"Losing 22 lbs.\* has gotten me back to where I wanted to be in my life. I'm 'me' again."*

*"NutriSystem was the best thing I have ever done for myself—a great investment in me."*



*"I'm so happy. I'm not embarrassed for people to see me any more. I go places."*

*"I never wanted to look good for having 3 kids. I wanted to look good PERIOD!"*

*"After my baby, I was wearing size 18-20. Now I fit into a size 4-6\* and I've reclaimed my life!"*

*"Now I can compete in sports again, and know I've set a good example for my family, too."*



*"It feels wonderful to finally be in control of my life."*

*"NutriSystem eliminated any excuses for failure. I got to eat my favorite foods and still lose weight!"*

*"Now 102 lbs.\* lighter, I no longer feel invisible—in fact, I'm getting noticed!"*

*"Not a day goes by that I don't receive compliments on my appearance."*

\*Results not typical. Individuals are remunerated. All other weight loss claims are based on an independent survey of NutriSystem clients who followed the program for an average of 12 weeks. On NutriSystem, you add-in fresh fruit, vegetables, salads and dairy items.



**"You know how everybody says,  
'40 is the new 20'?  
Well, I decided to prove it."  
"Now I'm even sharing clothes with my teenage daughter!"**

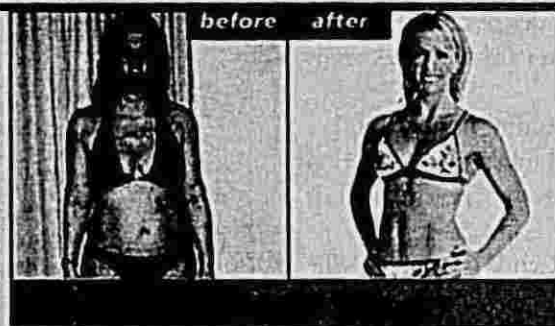
**T**he closer Julie's 40th birthday came, the worse she felt about the way she looked. She found herself buying larger sizes and frumpier fashions to cover up her changing body. She tried diet and exercise programs, only to find that she'd gain the weight right back. On the day she discovered that her weight had reached an all-time high, Julie made the decision to try something new. That's when Julie turned to NutriSystem...and she hasn't looked back since!

I really was dreading my birthday. Not because I minded turning 40. After all, I had a great life...a husband I loved...two great kids. But I wasn't ready to look middle-aged. And to tell you the truth, I was beginning to look like a frumpy, middle-aged woman.

You know, I was wearing the billowy dresses and the oversized pajamas that would hide my growing curves. And I'd make sure that the lights were down good and low before getting into bed. I didn't even want to walk across the bedroom with my husband in the room!

"I stepped on the scale and freaked out!"

Then when I stepped on the scale and realized that I was just 3 pounds away from the "overweight" category for my height and body type, I just freaked out. I said, "That's it... I'm ordering NutriSystem and I'm really going to do this!" It was the best decision I've ever made!



"Now I'm not afraid to 'strut my stuff!' That's a BIG change!"

23 pounds\* lighter, I feel so much more attractive. For one thing, I'm wearing a size 2 (even the occasional 0)\*. I can borrow clothes from my teenage daughter. I'm definitely dressing younger and in more body-conscious fashions. And I have no problem prancing around in my bikini, without a cover-up or even a sarong! Now that's a big change!

I feel so much better—about myself and about my body. No more coming to bed in baggy pjs with the lights off...now I'm struttin' my stuff! Now my husband looks at me as if he's found a new wife. And in a way, I guess he has!

"NutriSystem really took the work out of weight loss."

I've tried a lot of other diet programs (and I mean A LOT!), but none of them made weight loss as simple as NutriSystem did. There was no counting calories or cooking special meals—every single NutriSystem meal was delivered right to my door! I actually had something like 120 meals to choose from. My family would eat its meal and I'd eat mine. And the NutriSystem meals were so good that I never felt like I was missing a thing.

"I discovered the NutriSystem Glycemic Advantage™."

Most diets insist that you give up carbs. But with NutriSystem, I got to eat all the food I love, like pizza, pasta, and especially chocolate! And it's all because of something the NutriSystem folks call *The*

*Glycemic Advantage™*. Somehow, they've found a way to separate "good carbs" from "bad carbs" in their foods. Apparently, it's a real scientific breakthrough. All I can tell you is that eating those delicious meals sure felt like a breakthrough to me!

The bottom line is that NutriSystem worked best for me. I reached my goal in just two and a half months... and I haven't stopped yet. 23 pounds\* and still going!

But the best part about losing weight is the way I feel about myself. I just love the new me! Not just the way I look, but everything about me—my strength, my energy, my drive, and my enthusiasm (I'm pretty happy about what I see in the mirror, too!). Thanks to NutriSystem, turning 40 was about the best thing that's ever happened to me!

"Trust me...if I can do it, you can, too!"

I don't like diets. I'm not somebody who finds it easy to give up desserts and the special meals I love. But NutriSystem worked for me. And it was so easy. Once I made the decision to lose weight, NutriSystem made it simple. Make the change. You can make a difference in how you look and how you feel. Give NutriSystem a call.

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\*Results not typical. Individuals are remunerated. On NutriSystem, you add-in fresh fruit, vegetables, salads and dairy items.





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## Hometown Hero

by JUDY WOODWARD BATES

# Sweetheart Behind the Wheel

As the doors swing open, a procession of students climb aboard a bus departing Fultondale (Ala.) Elementary School. Before taking his seat, one of the youngsters gives driver Sarah Grigsby a handmade paper card with the words "I Love You" scrawled above a big red heart.

"Thank you, sweetie," says Grigsby, 71, leaning forward in her seat to hug the little boy. The card is a small token of appreciation from one of the thousands of students that the cheerful grandmother has welcomed onto her bus during the last 52 years.

"It's not just a job for her," says Principal Cynde Cornelius. "She really loves the kids."

For Grigsby, who's logged almost a million miles behind the wheel, driving a school bus is a family tradition. "In 1925, my daddy contracted with Jefferson County (Ala.) for \$100 a month to provide the very first bus and driver to take kids from Glenwood to Mortimer-Jordan School," she says. "My brother J.P. was the next one to drive a bus. And then, when I started first grade, my mama started driving one, too."

When Sarah was in high school, she met and married Huston Grigsby, who began driving a school bus in the 11th grade. Sarah's own driving career began one January morning in 1956 when Huston awoke with a fever and she phoned the school superintendent to report that her husband couldn't drive his route.

"The superintendent said to me, 'Ever driven a pickup?' I told him, 'Once, for about five miles.' Then you go drive Huston's route," he said. I've been driving ever since," Sarah says.



Sarah Grigsby



Grigsby, a school bus driver since 1956, gets a big hug from student Alaina Hammett.

Much has changed since the 1950s, including a state regulation that now requires Grigsby to be recertified as a bus driver each year. "The buses used to have no heat or air conditioning," she recalls. "The wipers ran off a vacuum, so when you drove uphill, they didn't work. I had to use a hand-operated lever to keep the window clear."

Through the years, she's had a few close calls behind the wheel. "One morning I had 119 kids on board and my rear axle broke as we were crossing a railroad track," she says. "We could hear the train coming. Some of the big boys jumped out and pushed us clear just in time."

Today, Grigsby starts her route in the early morning hours, driving 100 miles every weekday as she shuttles elementary and high school students around Jefferson County.

"I let the last one out about 3:40 p.m., and then I'm home for the day, unless there's a game—I drive the ball teams," she says. "I love what I do, but it's not for everybody."

Still, Grigsby wouldn't have it any other way. The joy of driving a school bus has spread throughout her family. All of her children—Lonnie, Jonathan, Sharon and Patricia—have driven school buses, along with her brother Ray, her nephew Tim, and nieces Rita and Diane. "At one time I had nine buses parking at my house," she says with a grin.

Her warm demeanor and familiar face have left a mark on generations of Jefferson

(Continued on page 19)

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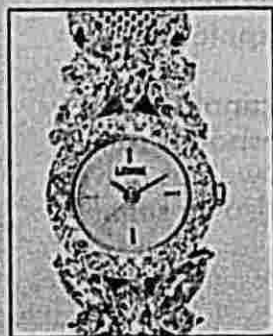


Grigsby's bus waits for students at Fultondale Elementary School in Alabama.

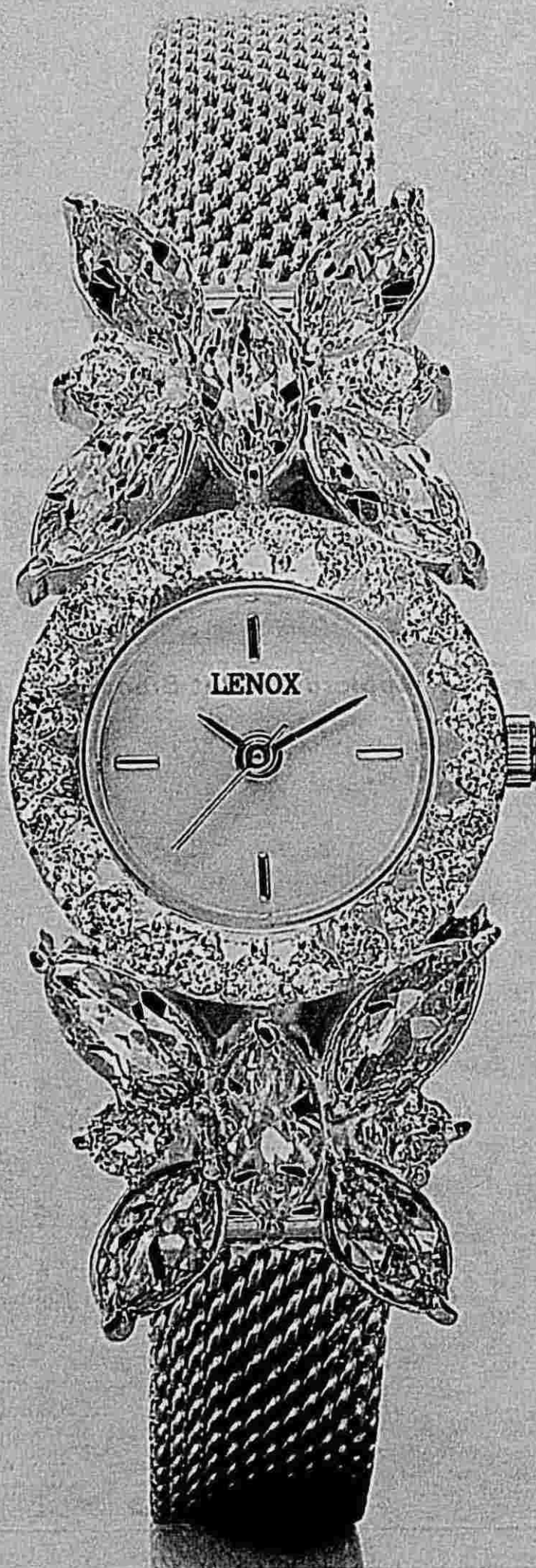




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## Hometown Recipes

# School Day Snacks

Schools will open soon for the fall session, and that's got moms and dads thinking about nutritious breakfasts to start the day, foods to pack in school lunches, and healthful choices for after-school snacks. This week, *American Profile* offers two quick bread recipes that are perfect for all three.

Jan Wiles of Holly Hill, S.C., sent us her recipe for Pear Bread. "We have three pear trees that really bear fruit! I've never done much canning, so I created this recipe to use our fresh pears. My family loves this simple and delicious bread, and it freezes well."

The recipe for Applesauce Nut Bread, from Jeanette Hoagland, is delicious straight from the oven, served at room temperature, or toasted and spread with butter. "I received this recipe 28 years ago from a coworker. Ever since then I've made it to give to my family and friends," says the McHenry, Ill., resident. These loaves can be made ahead and frozen.

As always, *American Profile* looks forward to receiving your recipes and sharing them with our millions of readers across the nation. To submit a recipe of your own, send it, along with the story behind it and a color photograph of yourself, to: Hometown Recipes, *American Profile*, 341 Cool Springs Blvd., Suite 400, Franklin, TN 37067. Please note that recipes and photos will not be returned. ★

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## RECIPE: Pear Bread

*American Profile*



Jan Wiles  
Holly Hill, S.C.



Photo: High Cotton Food  
Styling & Photography

### Pear Bread

- 3 cups all-purpose flour
- 1 teaspoon baking soda
- ¼ teaspoon baking powder
- 1 teaspoon salt
- 1 ½ teaspoons cinnamon
- 3 eggs, slightly beaten
- ¾ cup vegetable oil
- 2 cups sugar
- 2 cups peeled and chopped pears
- 2 teaspoons vanilla extract
- 1 cup chopped pecans or walnuts (optional)

1. Preheat oven to 325F. Grease and flour two 8 1/2-by-4 1/2-inch loaf pans.
2. Combine flour, baking soda, baking powder, salt and cinnamon in a medium bowl. Mix eggs, oil, sugar, pears and vanilla in a small bowl; add to flour mixture, stirring just until moistened. Stir in nuts, if using.
3. Spoon into pans. Bake 1 hour to 1 hour and 10 minutes, until a wooden pick inserted in the center comes out clean. Cool 10 minutes before removing from pans. Slice when cool. Makes 2 loaves.

## RECIPE: Applesauce Nut Bread

*American Profile*



Jeanette Hoagland  
McHenry, Ill.

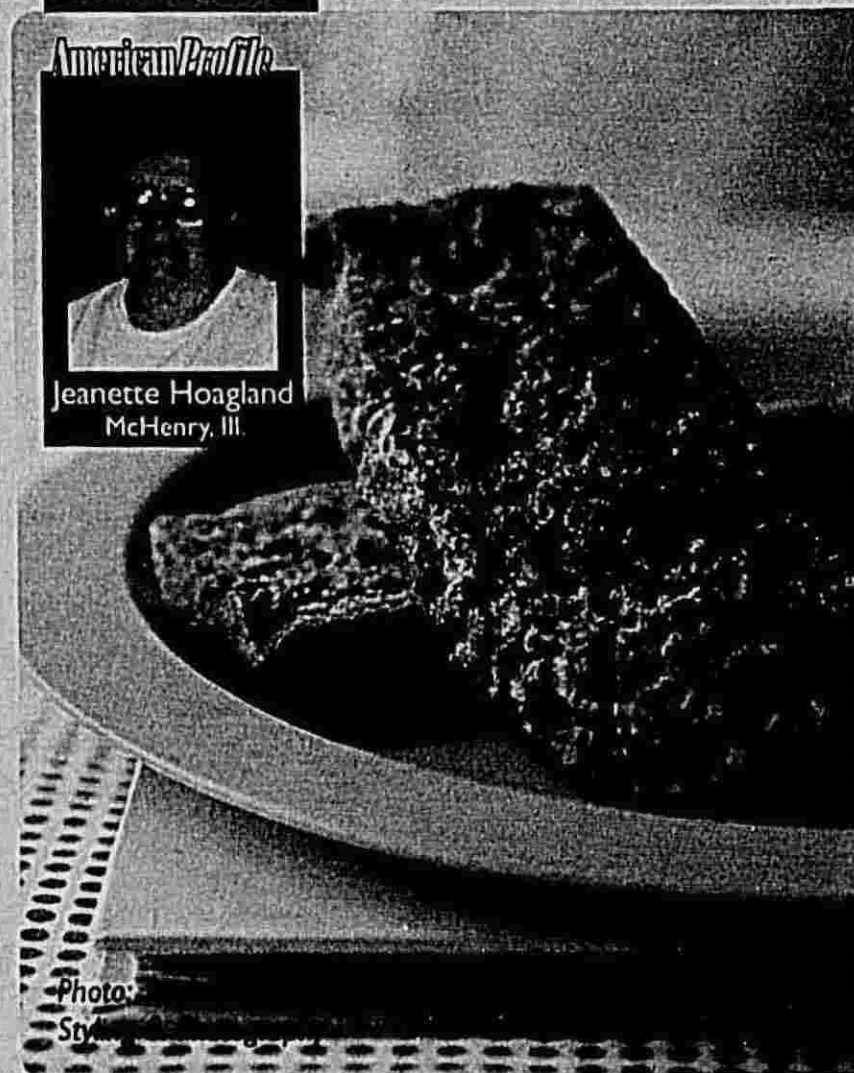


Photo:  
Styl

### Applesauce Nut Bread

- 2 cups all-purpose flour
- ½ teaspoon baking powder
- 1 teaspoon baking soda
- ¼ teaspoon salt
- ½ teaspoon ground cinnamon
- 1 cup, plus 1 tablespoon, granulated sugar, divided
- 1 cup applesauce
- 2 eggs
- ½ cup canola oil
- 3 tablespoons milk
- 1 ½ cups walnut halves
- ¼ cup brown sugar

1. Preheat oven to 350F. Grease and flour two 8 1/2-by-4 1/2-inch loaf pans.
2. Combine flour, baking powder, baking soda, salt and cinnamon in a large bowl. Mix 1 cup granulated sugar with applesauce, eggs, oil and milk in a small bowl; add to flour mixture and mix well. Stir in walnuts.
3. Spoon into pans. Mix brown sugar with the remaining 1 tablespoon granulated sugar, and sprinkle evenly over tops of loaves. Bake about 1 hour, until a wooden pick inserted in the center comes out clean. Cover loaves with foil for the final 20 minutes of baking if they begin to get too brown. Makes 2 loaves.





Grigsby has been behind the wheel for 52 years.

(Continued from page 16)

County residents. "I had my grandchildren on the playground at McDonald's a while back and saw some children who ride my bus," she says. "When their grandmother spotted me, she just lit up, calling out, 'I know you! I used to ride your bus!' I know whole families, and they're all so special to me."

Fultondale Councilman Darrell Hubbert rode Grigsby's bus from first through 12th grade, as did his children Chaney and Katie. He even waited for Grigsby's bus with his granddaughter Zoe last year on her first day of elementary school. "I think it's wonderful," says Hubbert of sharing a common link with his granddaughter. "I have so much respect for Mrs. Grigsby. She's a great lady."

Grigsby hopes to keep driving as long as she's able, carrying on a tradition that would make her late husband proud. "Huston always said he wanted to drive a bus for 50 years," she says. "He'd made it 46 and a half before he passed away. So I've done it for him." ☆

Judy Woodrum and Bates is a writer in Doru, Ala.

To rate this story or post a comment, click on this story at [americanprofile.com](http://americanprofile.com).



Students board the bus in Fultondale, Ala.

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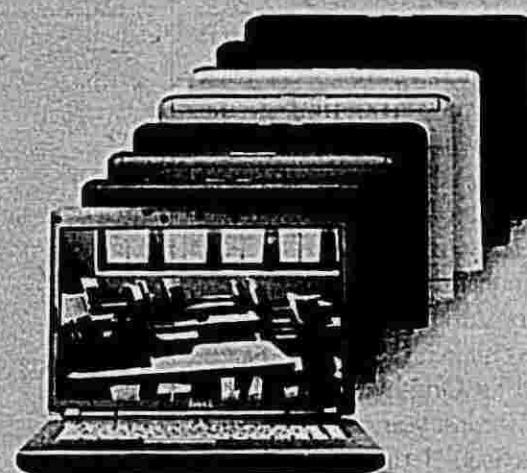
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Name or Business & Significance of name: **The Pampered Panda**

Business Address: **716 E. Grand Ave. City: Ingleside Zip: 60041**

Business Phone: **(847) 587-2639**

Owners' Names: **Aidan & Peggy Mullett**

How long have you been in business? **2 years - at this location since mid-October**

What does the business offer/specialize in? **Hand-poured soy candles, palm wax & beeswax candles, natural bath & body products, home decor & gift items**

What makes your business unique? **Not a franchise or national chain, candles and bath & body are made on site.**

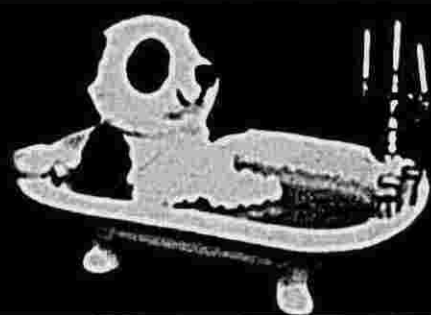
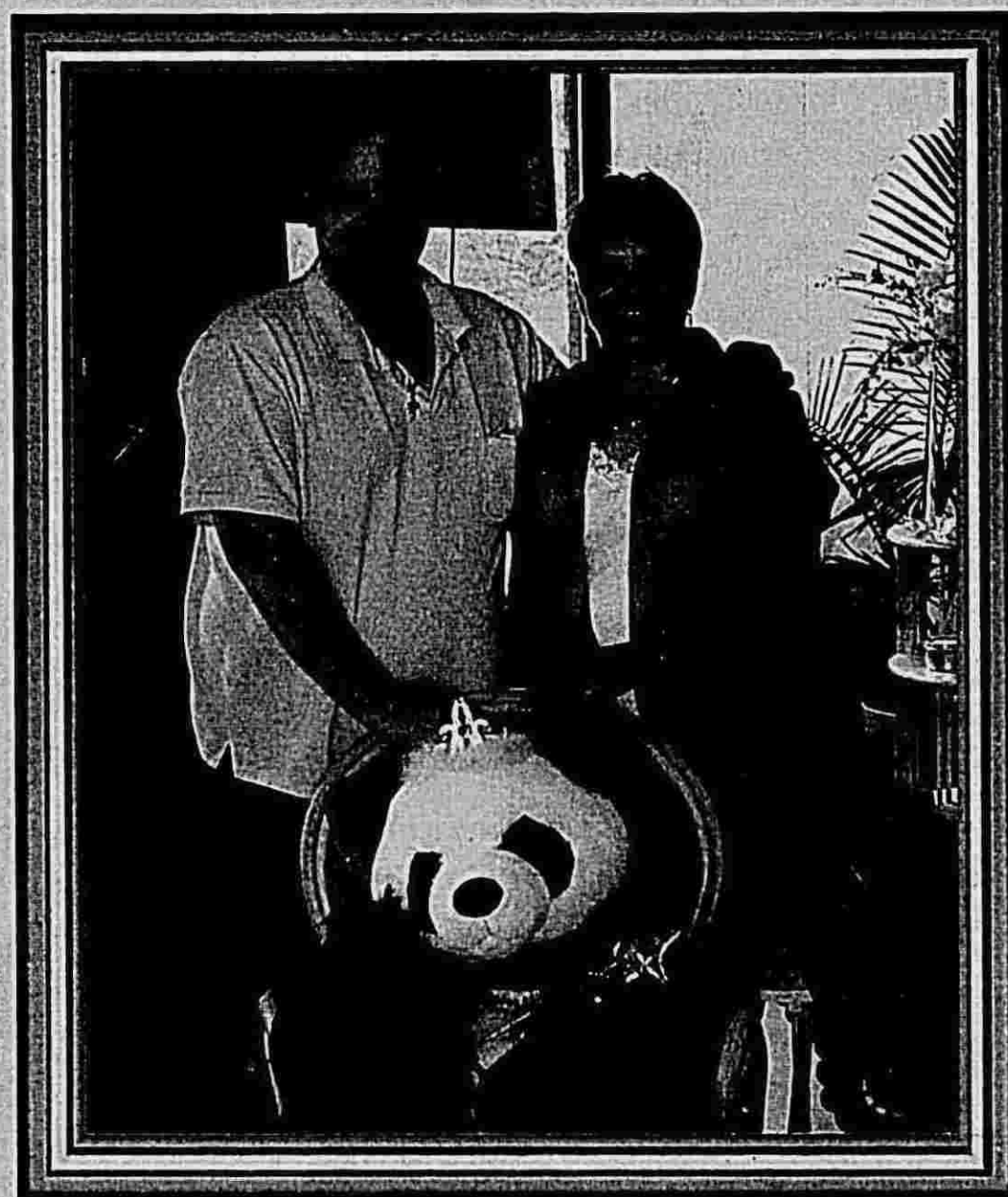
**Custom orders are welcomed.**

How many children? **3**

Are they involved in the business too? **No**

Did you follow your parents &/or will your children follow you into your business? **No, and probably not.**

Further information of interest: **Started out with just candles & called it Panda Candleworks - P(eggy) AND A(idan). When something else was needed, I wanted to do gift baskets. Bath & body products were the perfect progression. Panda Candleworks no longer was descriptive enough, thus The Pampered Panda. Our logo & mascot, Pam the Pampered Panda, sits in the middle of the shop wearing a feather boa & jewel encrusted tiara.**



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Name or Business & Significance of name: *Alexandria's Soap Opera - named after Denise's 3 year old daughter*

Business Address: *915 Main Street City: Antioch, IL 60002*

Business Phone: *847-838-3632*

Owners' Names: *Denise Cornville & apprentice Ashley Emma, a new addition to Alexandria's, brings her studies of Aromatherapy & Herbalism as well as a design aspect to the shop.*

How long have you been in business? *8 years - 2 years in Antioch.*

What does the business offer/specialize in? *All hand-made products, Aromatherapy & Herbalism, and custom gifts.*

What makes your business unique? *Alexandria's Soap Opera offers the option to custom scent, color and mold any of our 100% vegetable glycerin soaps, as well as any of our milk & honey lotions, moisturizing body mists, and 3 in 1 shower gel, bubble bath & hand wash. We also make herbal teas and bath teas to help combat fatigue & aching muscles. From facial blends to soy candles, we have it all to help even the most stressed personality take a breath and relax.*

How many children? *2, Nick; 17 years old & Alexandria: 3 years old.*



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Name or Business & Significance of name: *Hairaphernailia Salon & Spa - from the word Paraphernalia (meaning accessories)*

Business Address: 935 Main Street City: Antioch, IL 60002

Business Phone: 847-395-0192

Owners' Names: Katherine Thompson/Michaels

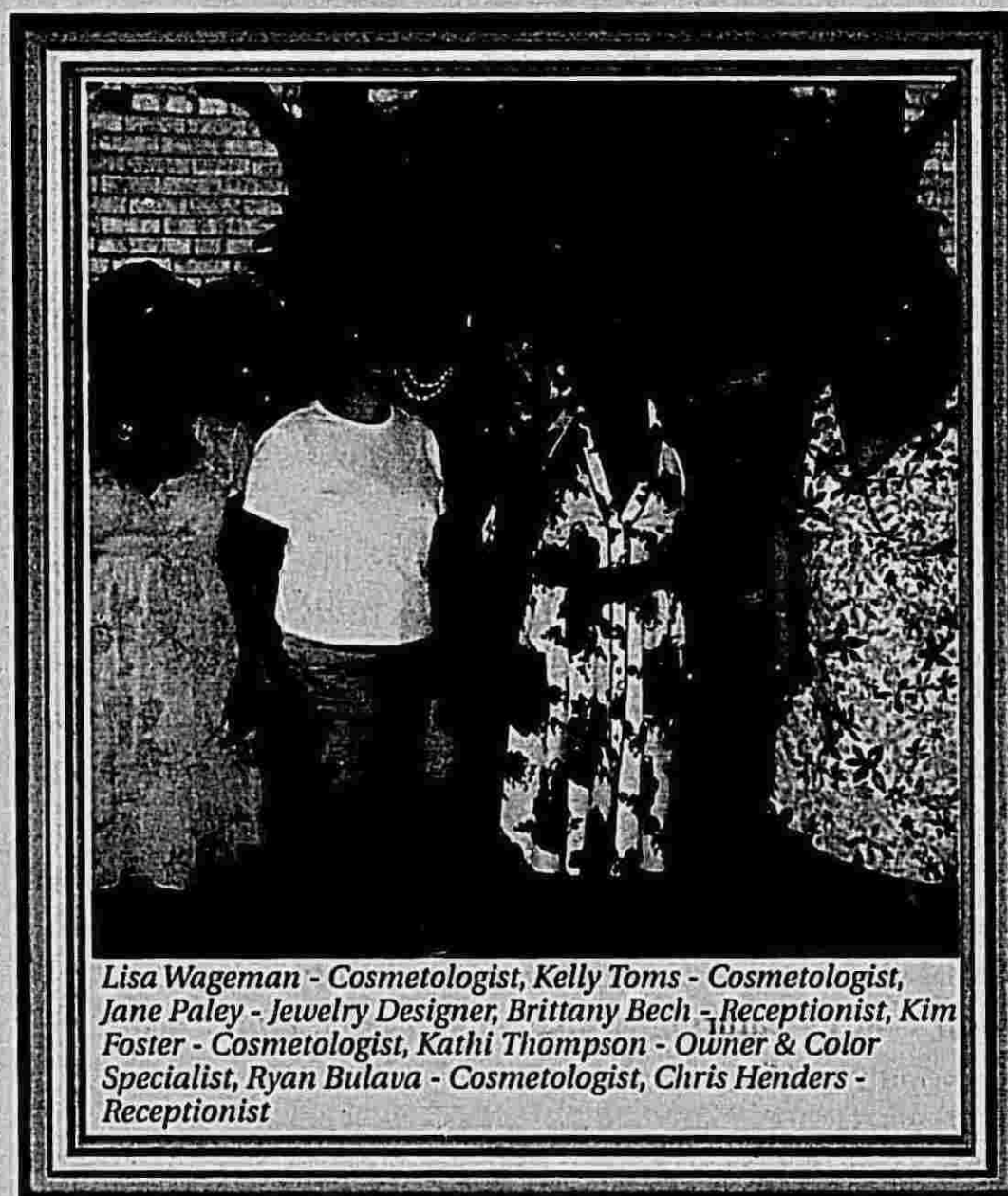
How long have you been in business? 12 years - 6 years in Antioch

What does the business offer/specialize in? *Color, color corrections, specialty cuts and razor cuts*

What makes your business unique? *At Haraphernailia we exceed client expectations. Our stylists not only have a passion for their careers, but we also work as a team. We care for our clients needs as if they were our own. Kathi is a master stylist and has trained her staff to anticipate the needs of the individual client. We at Haraphernailia want each person to feel as if they are family. We specialize in color and hair sculpting. From mild to wild and everything in between!*

How many children? Are they involved in the business too? *Katherine has 2 daughters, Celeste, 27, and Tawnie, 17, and one son, Trey, 23. She also has one grandson, Jomac, 5 months old.*

Further information of interest: *Our motto is "Shoot for the moon, even if you miss, you'll land among the stars."*



Lisa Wageman - Cosmetologist, Kelly Toms - Cosmetologist, Jane Paley - Jewelry Designer, Brittany Bech - Receptionist, Kim Foster - Cosmetologist, Kathi Thompson - Owner & Color Specialist, Ryan Bulava - Cosmetologist, Chris Henders - Receptionist

## HAIRAPHERNAILIA

Antioch

Salon & Spa

Chicago  
Style

Convenience 935 Main St. Antioch

847-395-0192 • 847-395-3232

**HAIR CARE**

- Color & Correction
- Foil Highlights
- Shampoo, Cut, Style
- Texture Treatments (Perm)
- Conditioning Treatment

**NAIL CARE SERVICES**

- Manicures
- Pedicures
- Nail Enhancements

**WAXING**

**SKIN CARE**

**FACIAL**

**MAKEUP**

**SPECIALTY SERVICES**

- Hair Extensions
- Ear Candling

Hours of Operation:  
Tues. Wed. Thurs. 9-8  
Fri. & Sat. 9-5  
Special Appointment Times  
Please Call

Our Goal is to  
Provide The BEST  
Quality Service  
Possible in a Fun and  
Friendly Atmosphere

**\$10.00 OFF**  
Color, Cut and Style  
(First Time Clients Only)

Expires 8.31.07

**\$10.00 OFF**  
Facials  
(First Time Clients Only)

Expires 8.31.07



Name or Business & Significance of name: Miller's Dog 'n Suds

Business Address: Corner of Rollins Rd. & Washington St.

City: Ingleside Zip: 60041 Business Phone: 847-587-6808

Owners' Names: Roy & Brad Miller

How long have you been in business?

Opened in 1967 by Roy's parents Jerry & Evelyn Miller.

What does the business offer/specialize in? Frosted mugs of homemade rootbeer.

What makes your business unique? Classic 50's style drive-in with carhop service. Celebrating 40 years! Many area teens have found their first job at Miller's, which has passed on a strong work ethic and importance of customer service with a smile.

Are your children involved in the business too? Yes-

4th generation. Brad's 10 year old son is already in training.

Did you follow your parents &/or will your children follow you into your business? Yes, my son Brad has managed the business for 15 years and my grandson Bradley is starting the same way his dad did.

Further information of interest: Open until mid October. Voted one of the top 10 hot dog stands in the Chicago area.

Everything is made fresh to order. Every Saturday night is Cruise Night featuring "Oldie" cars & trucks. Entertainment on various Saturday nights throughout the season.

Wednesday nights are Kid's Nights - Their meal comes in a "50's" style cardboard car that they can keep.



**Open Until Mid October**

**(847) 587-6808**

corner of Rollins Rd. &  
Washington, Ingleside

**Cruise Night Every Saturday**

**Kids' Night Every Wednesday**  
**\$2.00 Keep The Car**



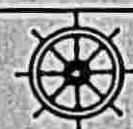
**SOUNDWAVE ENTERTAINMENT  
& THE PIT STOP CHALLENGE**

**SATURDAY,  
AUGUST 25TH**

**6:30 - 9:30**

Rain Date September 1st

**CELEBRATING  
40 YEARS**



## Dry Dock Laundromat

Clean, always attended.

Giant capacity washers- great for blankets,  
sleeping bags, boat covers, etc.

Order your lunch while doing your  
laundry (menu posted) & it will be  
delivered to you by a carhop-  
It's a unique experience.

Extremely  
Clean

Air  
Conditioned

Remember: Our trained staff is  
ready & willing to assist you  
with self service or drop off.

**BOATERS WELCOME!**

**(847) 587-5445**

509 Washington, Ingleside (next to Dog 'n Suds)



Name or Business & Significance of name: *Ciko Realtors*  
*"A Trusted Name in Real Estate"*

Business Address: 532 Lake St. City: Antioch Zip: 60002

Business Phone: Pat-847-875-7917 Nick-847-875-5895

Owners' Names: Pat & Nick Ciko, Mother-Son Team

How long have you been in business? *Pat, a ReMax Hall of Fame Member, has been selling since 1985. Pat and Nick are considered the area's local experts. Nick, a member of ReMax Executive Club, has been selling since 2001.*

What does the business offer/specialize in? *Our business specializes in helping people realize the American Dream of "Home Ownership".*

What makes your business unique? *The customers make our business unique by filling their individual needs in the the current market place and bringing them through smooth transactions. We give 110% to each client.*

How many children? *2 children, and 2 grandchildren*

Are they involved in the business too? *yes, Nick, Pat's son is a Realtor*

Did you follow your parents &/or will your children follow you into your business? *Pat's father was a realtor. Her son, Nick, joined ReMax and joined forces with Pat to better serve their client's needs.*

Further information of interest: *We are constantly updating our technical and marketing skills. We currently have several prestigious realtor designations, requiring many hours of education and are continuously obtaining more knowledge to stay experts in their field.*

To quote a past client, "Pat and Nick, we thank you for your patience, attention, courtesy, kindness, humor and professionalism. Your knowledge and savvy people skills helped us make a smooth transaction into our new home and severely helped reduce our moving anxiety and stress."



Pat Ciko



847-875-7917

# RE/MAX

## Advantage

Ciko Team  
IL/WI

OFFICE  
(847) 395-7900 x141

View these Homes  
@homesulove.com

847-875-5895

Nick Ciko



### BEAUTIFUL HOME, BEAUTIFUL VIEW

Lrg 4 BR, 2.5 BA 2 story offers a park-like setting in the backyard, backing to forest preserve. 2 story joy welcomes you to the frnt LR & DR. Lrg kitch w/ island, sep EA & sliders to the extended deck to enjoy the fab view. Huge fam rm w/ FP. Lux mstr suite w/ dbl sinks, wrpl tub & sep shower. Beautifully fin bsmt. Motivated seller in Lake Villa! Only \$315,000 plus \$3000 in closing cost credits.

Call Pat at 847-875-7917 or Nick 847-875-5895



### HIGHLAND ESTATES, SPRING GROVE

Overlooking Spring Grove! Pick your lot from an array of awesome views and rolling hills in this development of premium acre + lots. Quietly located off Route 12, down the street from the new Spring Grove Jewel. Build your home or choose your builder. Competitively priced, starting in the mid \$90,000's. Call for covenants.

Call Pat at 847-875-7917 or Nick 847-875-5895



### HOT PROPERTY, COOL PRICE, COOL POOL!

Cath cell's & skylights welcome you to this 4 BR, 2.5 BA home w/ rare 1st flr mstr suite & cul-de-sac location. Dramatic flr to cell, dual sided stone FP in the LR & DR. New kitch counters & SS appl. Nicely fin bsmt w/ rec rm & new carpet. Outside entertaining made fun w/ the inground pool & lovely fenced yd. 1st flr Indry. \$309,000 in Third Lake/Craylake.

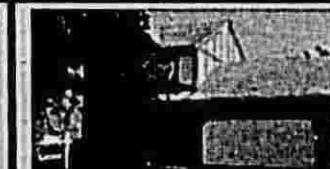
Call Pat at 847-875-7917 or Nick 847-875-5895



### BACKING TO PRESERVE

Stunning 3 BR + loft, 2.5 BA two story backing to nature preserve! Gracious 2 story foyer beckons you to the frnt LR & DR. Arched doorways leading into the FR w/ brick FP. Lrg kitch has maple cabs, sep EA & sliders to the beautiful backyard. Mstr BR suite complete w/ 2 w-in closets & full BA. Bsmt, 1st flr Indry, alarm syst, appl incl, on 2.5 car gar. Very nicely priced at \$249,900 in Antioch.

Call Pat at 847-875-7917 or Nick 847-875-5895



### MORE HOME FOR YOUR \$\$\$

4 BR, 3 full BA 2 story w/ newly installed wd lam flrs & freshly painted interior! Frnt LR + lrg fam rm that opens to kitch w/ lots of oak cabs, tile backplash, sep EA & sliders. Partially fin bsmt for an extra BR or office. Fenced yd w/ patio, stor shed & nat gas hook-up for grill. 2.5 car gar w/ paved side apron. Great value at \$189,800 in Round Lake Esh.

Call Pat at 847-875-7917 or Nick 847-875-5895



### ADORABLE HOME ON DOUBLE LOT

Blink & it will be gone! This 2 BR ranch sits on a beautifully landscaped yd w/ buildable extra lot. Welcoming, lrg liv rm w/ lots of natural light. Spacious & bright kitch w/ w-in pantry, EA & sliders to 20 x 22 ovr deck. Cell fans in the LR & both BR's! Sep utility rm w/ extra storage, walk-up attic & backyd shed. Priced to sell! \$139,900 in Trevor.

Call Pat at 847-875-7917 or Nick 847-875-5895



### NOTHING TO DO BUT MOVE IN!

Well maintained & delightful 3 BR 2 story peacefully located near shopping, transportation & hospital. Be amazed by the spacious rooms. Lrg sunken LR w/ driftstone FP. Roomy kitch w/ breakfast bar, EA & sliders to beautiful deck. Frnt DR. Full bsmt, att 2 car garage, newer carpet. Lrg prty landscaped yd! Priced to sell! \$247,000 in Pleasant Prairie.

Call Pat at 847-875-7917 or Nick 847-875-5895



### EXPANSIVE, NOT EXPENSIVE!

4 BR + loft, 2.5 BA 3160 SF home. Lrg fam rm w/ FP opens to Kitch w/ oak cabs, island & sep EA w/ sliders to brick patio. Frnt LR & DR. Mstr BR suite w/ jacuzzi tub & sep shower. All rm sizes are big, big, big. 1st flr Indry, Intercom syst, full partially fin bsmt. Unbeatable price of \$265,500 in Antioch.

Call Pat at 847-875-7917 or Nick 847-875-5895



### A MUST SEE AT A NEW PRICE!

Beautiful, inside & out! 4 BR, 2.5 BA in cul-de-sac location. Gourmet kitch opens to lrg fam rm w/ FP & adjoining den w/ cust built-ins. Frnt LR & DR. Lux mstr suite w/ sitting area, 2 w-in closets & full mstr BA w/ wrpl tub, sep shower & dbl sinks. Retreat to the pro landscpd yd w/ br paver patio & pergola. 1st flr Indry, 3 car gar, full bsmt. Just reduced to \$415,000 in Lindenhurst.

Call Pat at 847-875-7917 or Nick 847-875-5895



### UNBEATABLE PRICE

Beautiful & cozy is this well cared for 3 BR, 1.5 BA split lvl backing to open field, park, and grade school! Quality upgrades thru-out w/ hdwd flrs, cath cell & gorgeous cer tile. Situated on a beautifully landscpd & fenced yd, near 294 and train, recreation & shopping. 2.5 car gar, stor shed, appl incl. Lakes 115. Motivated seller! \$218,900 in Lindenhurst.

Call Pat at 847-875-7917 or Nick 847-875-5895



### WATERFRONT ON DEEP LAKE

Approx 4100 SF in this 4 BR+ 1st flr den, 3 full BA sprawling hillside ranch on Deep Lake. Great views from the entire home - 3 sets of main flr sliders to deck spanning entire back of home! Nice flr plan w/ lrg great rm, lrg kitch, din rm/fam rm w/ FP. Mstr BR suite w/ remodeled cer tiled bth. 2nd FP in the full fin w-out bsmt w/ wet bar & sliders - luring you out to the 200 acre all sports, glacier lake. Shore station, & appl incl. \$699,000 in Lake Villa.

Call Pat at 847-875-7917 or Nick 847-875-5895



### TA's Summer Buying or Selling

Contact  
Pat Or Nick  
847-875-7917



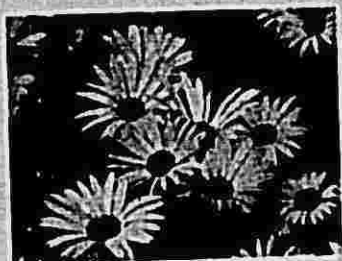
# SALE

Look For Other In  
Store Markdowns  
Select Hardgoods  
30%-40% OFF

## Season Closeout ALL PLANTS MUST GO!

### 50% TO 75% OFF ALL PLANTS

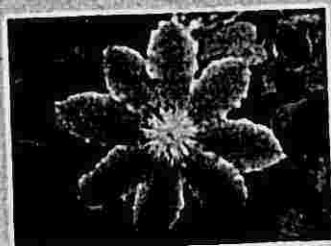
Annuals ~ Perennials ~ Hanging Baskets ~ Potted Planters



*Gurnee*



*Garden*



*Center*



**CELEBRATING  
35 YEARS!**

### SUPER BUYS!

Annuals only \$7.50 - Flat of 48 plants  
Begonias, Petunias, Dianthus,  
Marigolds, Snap Dragons, Dusty Miller,  
Silvia, Coleus, Impatiens  
Top Soil \$1.25 / 40qt. bag

**SALE STARTS AUGUST 3RD**

### Fancy Annuals

Reg. \$2.99

Sale \$.99 - \$1.49

Reg. \$3.99 & \$4.50

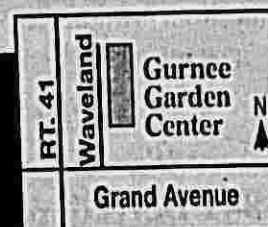
Sale \$.99 - \$1.99

Herbs 75¢

TOMATO & PEPPER PLANTS 50¢

**Hours:**  
Mon.-Fri 9-6  
Sat. 9-5  
Sun. 9-4

**797 Waveland Ave. • Gurnee • (847) 662-7303**  
1/2 Block East of Rt. 41 • 1/2 Block North of Grand Av





Name or Business & Significance of name: My Family Furniture and Bedding, as our logo shows, we named our business after our entire family.  
Business Address: 841 Belvidere Rd. City: Grayslake Zip: 60030  
Business Phone: (847) 543-1900

Owners' Names: Ken and Kelly Eckhart

How long have you been in business? We opened our store in May of this year, with 19 years of experience in the furniture and mattress industry.

What does the business offer/specialize in? We sell all types of furniture for the home; Sealy mattresses, bedroom, dining room, home office, theater seating, kitchen sets, entertainment centers, living room, children's furniture, etc.

What makes your business unique? When you come into our store, you will deal with the owner. With 19 years experience, and

relationships with many different manufacturers, we can guide you to what will best serve your needs. We also work the business ourselves to keep our overhead down, so we can guarantee you the lowest prices.

How many children? 3 Are they involved in the business too? Our three young children certainly enjoy coming to the store. However, they haven't learned to earn their own way, yet.

Did you follow your parents &/or will your children follow you into your business? Our parents are now involved in the business with us on a limited basis. As for our children, only time will tell.

Further information of interest: It is truly our goal to provide a service to our community, by assuring our customers the best service, and the best prices. When you come into our store, it is our goal to build a relationship, not just rush you out to get the next customer. We intend to build a successful business, and to be an asset to our community. We look forward to serving you for years to come.



**My Family  
Furniture and  
Bedding**

"Come deal with the owner,  
where exceptional service meets the lowest prices."

**0% FINANCING**  
up to **36 Months**



**WHY BUY SEALY POSTUREPEDIC?**  
Sealy Posturepedic is the only mattress that was originally designed with Orthopedic Surgeons and more Orthopedic Surgeons sleep on Sealy than any other brand!

**We have the lowest prices in Chicagoland on Sealy Posturepedic TrueForm Memory Foam Mattresses**

*TrueForm*  
Memory Foam

Sealy Firm	Sealy Cushion Firm	Sealy Pillow Top	Sealy Posturepedic Firm	Sealy Posturepedic Ultra Plush	Sealy Posturepedic Euro Pillow Top
Queen Set <b>\$329</b>	Queen Set <b>\$479</b>	Queen Set <b>\$549</b>	Queen Set <b>\$599</b>	Queen Set <b>\$699</b>	Queen Set <b>\$799</b>
Twin Set.....\$199	Twin Set.....\$289	Twin Set.....\$399	Twin Set.....\$399	Twin Set.....\$499	Twin Set.....\$599
Full Set.....\$299	Full Set.....\$399	Full Set.....\$499	Full Set.....\$499	Full Set.....\$599	Full Set.....\$699
King Set.....\$499	King Set.....\$679	King Set.....\$699	King Set.....\$799	King Set.....\$899	King Set.....\$999

We special order furniture for all rooms of your home from many different manufacturers for the **guaranteed** lowest prices in Chicagoland!

Monday, Wednesday, Friday 10-8  
Tuesday & Thursday 10-7  
Saturday 10-5 • Sunday 11:30-5

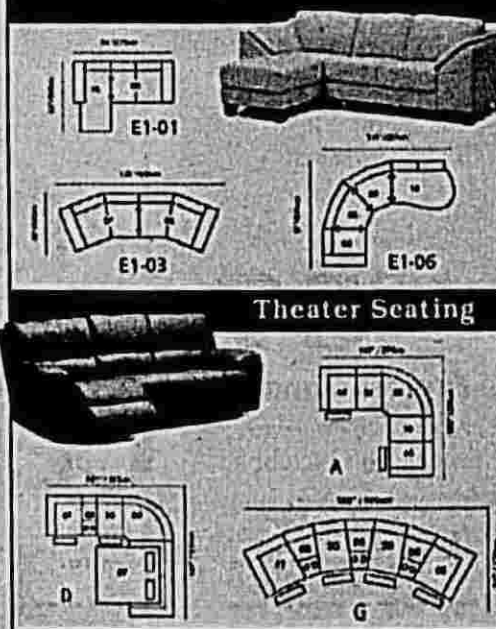
**My Family Furniture and Bedding**

"Serving your family's furniture and mattress needs"

841 Belvedere Rd. (by Jewel/Osco) Grayslake • 847-543-1900

\*To qualified buyers on new purchases, see store for details

We Custom Configure  
Sectionals & Theater Seating  
from a Variety of Manufacturers





Name or Business & Significance of name: Village Car Wash and Detail Center

Business Address: 1372 S. US Rt. 12 City: Fox Lake Zip: 60020

Business Phone: (847) 587-7601

Owners' Names: Jill and Peter Ostrowski

How long have you been in business? 4 years in the business and at this location since February of 2007

What does the business offer/specialize in? We feature a full service car wash and detailing services. We specialize in exceeding customers' needs when taking care of their cars. Our staff is trained to pay attention to details.

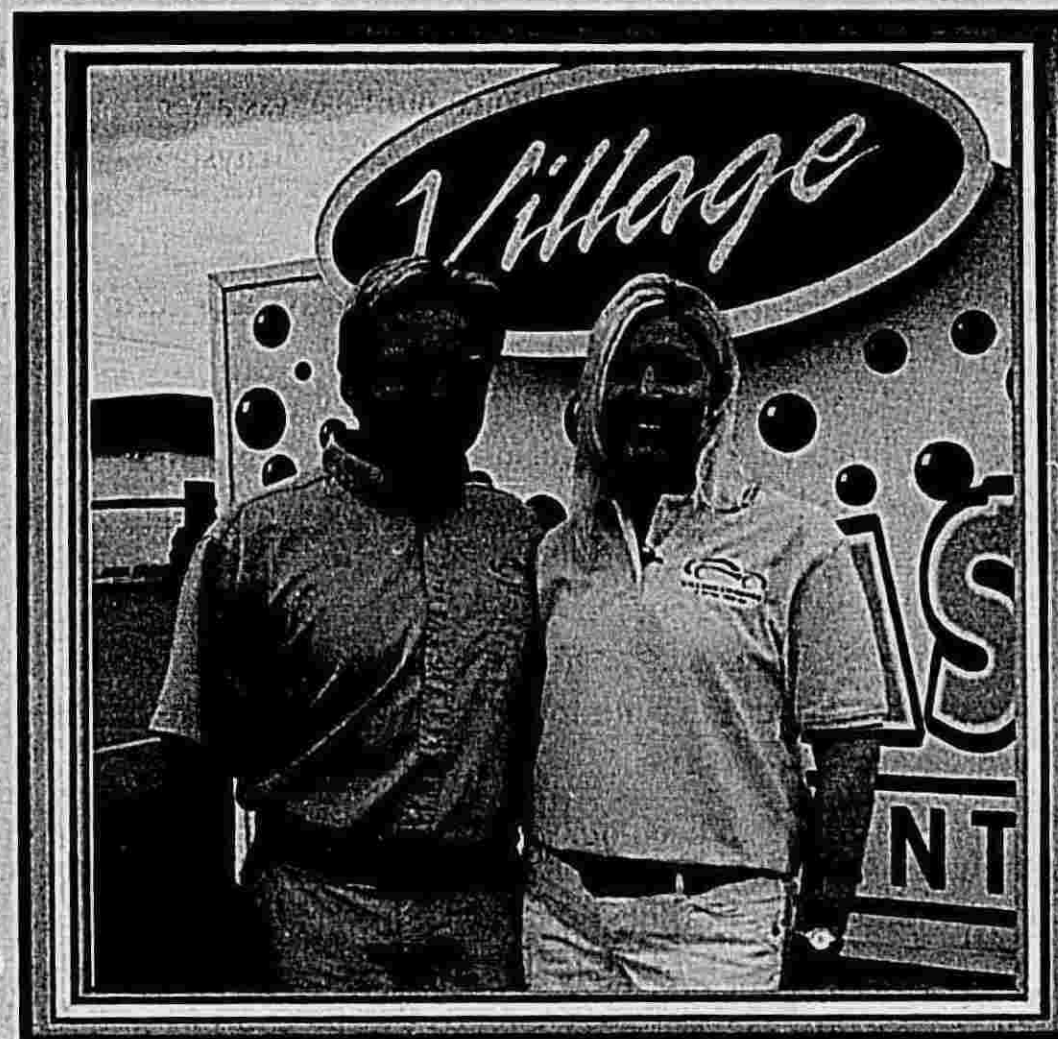
What makes your business unique? This is not just a car wash. We have a dedicated staff working for our customers. We pride ourselves on quality and professionalism. Between ownership, management and staff, we have over 50 years of experience in the car wash industry. We use only top brand products such as Ecolab, Meguaire's and Diamond Shine.

How many children? 2

Are they involved in the business too? Not old enough yet.

Did you follow your parents &/or will your children follow you into your business? We have grown up with our parents owning small family businesses, so we are used to the level of dedication needed to succeed in business.

Further information of interest: As an owner and operator of the business, I am always present at the car wash. In order to provide great service and meet or exceed customers' expectations, I am hands on. I work along with my staff in order to make sure quality is always met. Our management and staff are trained regularly to help them understand what the expectations are and how to exceed them. We also offer full detailing services, dent removal and other car care services.



**Free**  
**Tire Dressing**  
with any full-service  
car wash

Village Car Wash

With this coupon. Not valid with other offers or  
prior purchases. Offer expires 9-19-07.

**\$39.99**

**Express Hand Wax Special**  
full-service car wash • tire dressing  
wheels hand scrubbed • sealer wax

Village Car Wash

With this coupon. Not valid with other offers or  
prior purchases. **All vans & SUVs extra.**  
Offer expires 9-19-07.

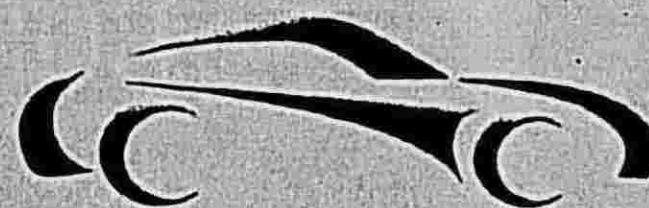
**\$2 off**  
**Any Super Or**  
**Deluxe Car Wash**

Village Car Wash

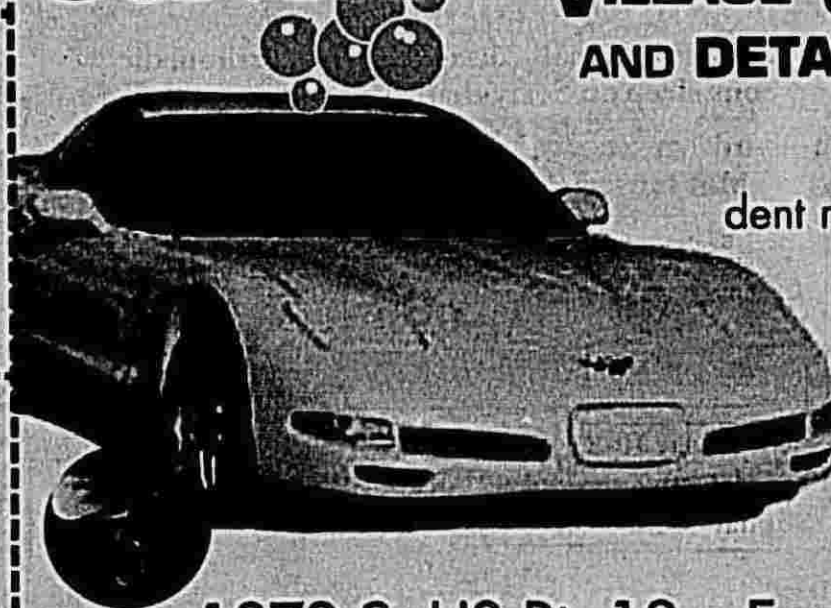
With this coupon. Not valid with other offers or  
prior purchases. **All vans & SUVs extra.**  
Offer expires 9-19-07.

Quick, Friendly, Professional

**Car**  
**Wash**  
**Service**



**VILLAGE CARWASH**  
**AND DETAIL CENTER**



We offer  
dent removal & paint  
restoration.

Detailing  
Available

1372 S. US Rt. 12 • Fox Lake

Hours: Mon.-Sat. 8am-6pm • Sun. 8am-3pm (weather permitting)

**\$2 off**  
**Any Super Or**  
**Deluxe Car Wash**

Village Car Wash

With this coupon. Not valid with other offers or  
prior purchases. **All vans & SUVs extra.**  
Offer expires 9-19-07.

**\$10 off**  
**Dent Removal**

Village Car Wash

With this coupon. Not valid with other offers or  
prior purchases. **All vans & SUVs extra.**  
Offer expires 9-19-07.

**\$5 off**  
**Paint Restoration**  
**Detail**

Village Car Wash

With this coupon. Not valid with other offers or  
prior purchases. **All vans & SUVs extra.**  
Offer expires 9-19-07.



Name or Business & Significance of name: Image Sun Tanning Salon. Our slogan is "Where Image is Everything". We take this very seriously, insisting on having the cleanest tanning salon anywhere, and requiring our staff to be Professionally Certified. Our clients work with professionals that know and understand tanning.

Business Address: 1227 N. Route 83 City: Grayslake Zip: 60030

Business Phone: (847) 548-5174

Owners' Names: Darren and Kathy Ruback and Family

How long have you been in business? Since Feb. 2004

What does the business offer/specialize in? We specialize in state of the art tanning beds from Sportarredo imported from Italy.

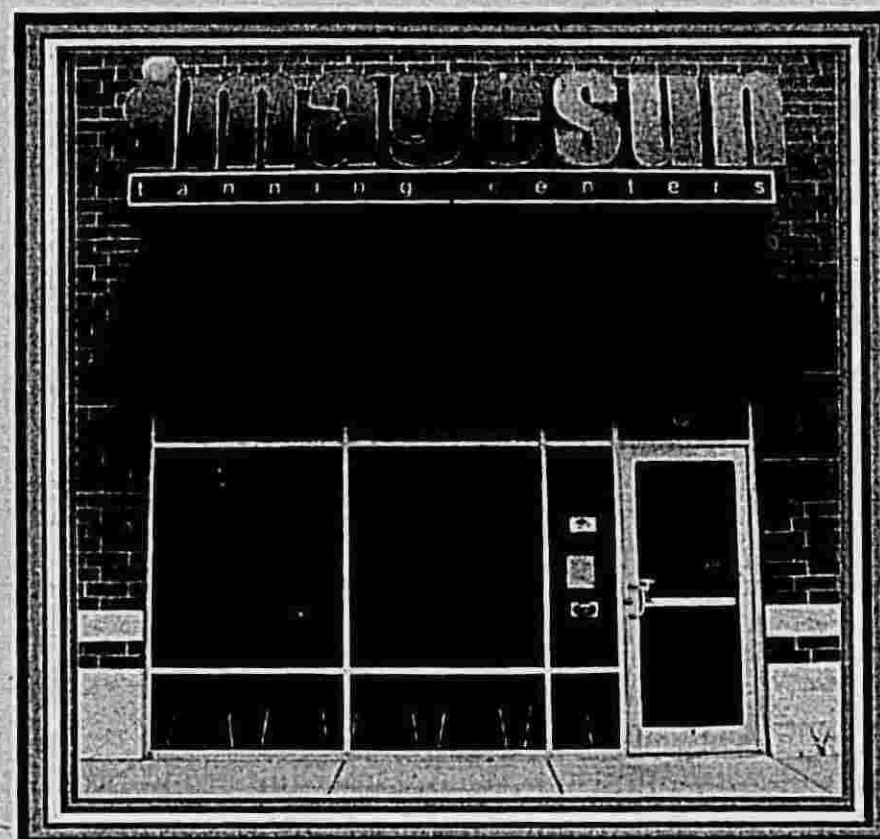
What makes your business unique? We have 10 beds. We are a very clean salon and have Industry Certified customer friendly employees. We try to help out as many in the community as we can, through charity donations and program sponsorships.

How many children? 3 Are They involved in the business too? Yes.

Jennifer is one of our Image Specialists, and Austyn helps with monthly maintenance of our beds.

Did you follow you parents &/or will your children follow you into your business? No and maybe.

Further information of interest: Our Staff: Peggy Otten has been with us since the day we opened the salon. She is a terrific asset to our company, and understands this business as well as anyone in Lake County. Our daughter Jennifer, Brianne Scenkiw and Lill Hessing each started with us this year. Each was a loyal client prior to joining our team. Darren and Austyn maintain the beds in peak condition. Kathy manages the operations of the salon. She handles all of our marketing programs and ensures that our IMAGE really is EVERYTHING. At Image Sun we are not "just a business", we are your friends and neighbors as well.





Every  
**BODY**  
Looks Better  
with a  
**TAN**

**Swedish Beauty**

**Australian Gold**



1227 N Route 83 • Grayslake  
(just south of Culver's)  
**847-548-5174**

- Guaranteed Results
- Professional "Smart Tan" Certified Staff

- Sparkling Clean Facility
- FREE Skin Type Analysis
- Open 7 Days A Week!

Hours: Monday-Thursday 9am-10pm • Friday 9am-9pm • Saturday 9am-7pm • Sunday 9am-2pm

**BUY A BOTTLE OF LOTION OR A SESSION PACKAGE AT REGULAR PRICE And get a Session Package FREE (of equal or lesser value)**

WITH COUPON: Receive One Week FREE in any of our state-of-the-art high performance beds - try them all! Plus you will receive 50% OFF on any V.I.P. package, lotion or session package on your first visit.

1227 N Route 83 • Grayslake  
(just south of Culver's)

**imagesun**

**847-548-5174**

Offer expires 8.5.07

**\$19.95/Month  
Unlimited Tanning  
Join Our V.I.P.  
Sun Club TODAY!**

**imagesun**

1227 N Route 83 • Grayslake  
(just south of Culver's)  
**847-548-5174**

**NEW CLIENTS**

**GET A WEEK  
FREE  
in Any Level Bed**

**imagesun**

1227 N Route 83 • Grayslake  
(just south of Culver's)  
**847-548-5174**

Offer expires 8.12.07



Name or Business & Significance of name: *Cybul & Cybul Realty Group at Remax Advantage*

Business Address: *532 Lake Street City: Antioch, IL 60002*

Business Phone: *847-395-2333*

Owners' Names: *Cary & Cory Cybul*

How long have you been in business? *Buying-selling for over 32 years. Have been with ReMax for over 14 Years.*

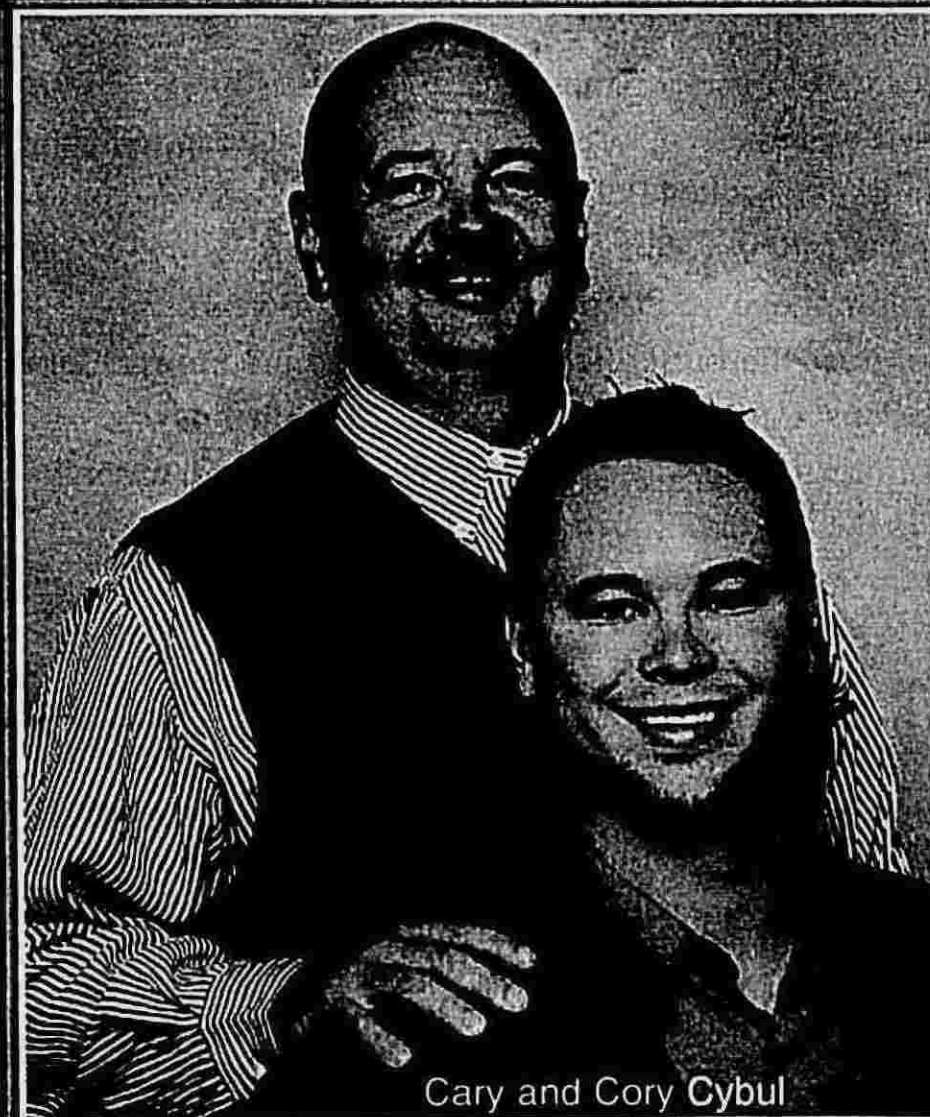
What does the business offer/specialize in? *We specialize in all aspects of real estate; buying, selling, investing, rental properties located in IL, WI & FL.*

What makes your business unique? *Our professionalism and personal care given to all our clients - our office sold over \$165 million of real estate last year. We have a 4 member team, consisting of 3 full time agents and a full time assistant to give optimum service in 3 states.*

How many children? *3 Are they involved in the business too? Yes, my wife Kathy and I are fortunate to have 3 healthy boys all with college degrees. Cory, our middle son, is our partner and has a business degree from Northern Illinois University.*

Did you follow your parents &/or will your children follow you into your business? *My parents were entrepreneurs. My wife and I have always been involved in our own business and so far our sons are also successful businessmen working in the real estate fields.*

Further information of interest: *Our future looks bright in the real estate profession as we continue to increase our education & knowledge and have expanded to cover 3 states, IL, WI & FL, and we continue to grow and increase our support staff to better serve our clients.*



Cary and Cory Cybul

# Cybul & Cybul REALTY GROUP

RE/MAX ADVANTAGE



## CUSTOM RANCH!!

This gorgeous new construction is located in desirable Blueberry Hill subdivision and offers 4 bedrooms, 2.5 baths, a HUGE great room with a custom fireplace, sliders leading to a cedar deck & a large country kitchen with a walk-in pantry! It features an open floor plan with 9 ft. ceilings, hardwood & ceramic tile flooring. Only pure quality from this custom home builder! Recently reduced to **\$267,900!!**

Call Cary Cybul 847-772-4808



## SPRAWLING RANCH!!

This custom ranch is nestled on nearly an acre of wooded property within an exclusive subdivision with lake rights to Lake Antioch! It boasts over 2,600 sq. ft. and offers 3 bedrooms, 2.5 baths - incl. a HUGE master bedroom "suite" w/ his & her closets, a sunken living room w/ a custom floor-to-ceiling stone fireplace, family room w/ a wet bar & sliders that guide you to a screened-in porch AND a custom deck leading to the above ground pool! HURRY...Recently reduced to sell at **\$335,000!**

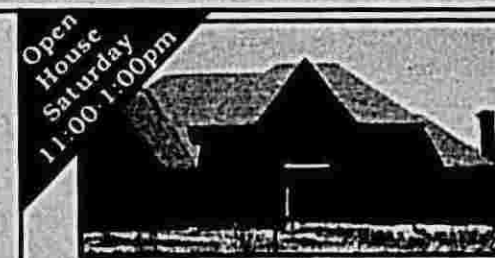
Call Cory Cybul 847-815-7066



## ENJOY THE CHAIN OF LAKES!!

In this Pistaloe Lake waterfront home, w/ 3 bedrooms, 2.5 baths, full basement, 2.5 car garage & an extra driveway to park your toys! There's a concrete sea wall, Pier & Shore station and a dry boat dock w/ rail system. (The breathtaking views are included at no extra cost!!) Hurry, this one won't last long!! Recently reduced to **\$379,000!**

Call Cary Cybul 847-772-4808



## LUXURIOUS!!

This stunning all brick home sits upon 2+ acres and boasts over 4,500 square feet of luxurious living, offering 5+ bedroom suites EACH offering walk-in closets & full baths, a HUGE country kitchen, formal dining room, office, formal living room and HUGE great room! Features include 25 ft. high ceilings, granite counter tops, custom maple cabinetry, 2 custom fireplaces AND SO MUCH MORE!! Asking **1,099,000!**

Call Cory Cybul 847-815-7066



## PURE PARADISE!

This gorgeous home is located on a huge, wooded lot overlooking Third Lake! You can enjoy fishing, boating, skiing & swimming at this 3 bedroom, 2.5 bath lake house! It offers a huge sunroom with a wood burning stove, dining room, office, all new stainless steel appliances & maintenance free Trex decking & walkways! The gardens are breathtaking - enjoy fine living in the outdoors as much as the indoors! A must see at **\$429,900!**

Call Cory Cybul 847-815-7066



## PURE QUALITY!!

This new quad-level offers 2,300 sq. ft. of quality craftsmanship with vaulted ceilings in the living room & kitchen; Pergo & ceramic flooring; a custom paint package; attractive colonial trim & raised 6-panel doors! With 4 bedrooms, 2.5 baths, attached 3.5 car garage & full basement, there is plenty of room for your family! Recently reduced to **\$265,900!**

Call Cary Cybul 847-772-4808



## IMMACULATE!!!

This gorgeous brick & cedar ranch on Antioch Golf Course won't last long... It's a beautifully landscaped corner lot in a much sought-after area! It offers 3 bedrooms, 2 baths, attached 2.5 car garage and sliders leading to your own private patio! The kitchen has brand new cabinets, countertops & flooring - all fresh & new! The family room features vaulted ceilings w/ a floor-to-ceiling brick fireplace! Recently reduced to **\$244,500!**

Call Cary Cybul 847-772-4808



## STUNNING 2-STORY

This gorgeous 2-story home in Silver Lake offers over 3,000 sq. ft. of luxurious living. It includes 4 bedrooms, 3 full baths, a HUGE family room and formal dining room. There also is a bonus room above the 2-car garage!! It is economical with 2 furnaces and 2 central air units! Some features include ceramic tile, hardwood flooring and attractive tray ceilings. Asking **\$299,900!**

Call Cory Cybul 847-815-7066



Name or Business & Significance of name: **Prunella's Flower Shoppe**

Business Address: 7 Nippersink

City: Fox Lake

Zip: 60020

Business Phone: (847) 973-2343

Owners' Names: Sue Glashagel, Kim Pierce

How long have you been in business? 15 years

What does the business offer/specialize in? Flowers for all occasions: Funerals, Weddings, Get Well Birthdays

What makes your business unique? We strive to give all orders the personal touch and care they deserve.

How many children? 3 Are they involved in the business too? Yes

Did you follow your parents &/or will your children follow you into your business? My daughters Kim and Lisa are involved in the business.

Further information of interest: We carry candles, plush, balloons, gourmet, Fannie May & Harry London Candies, & gift items, FTD, Teleflora, & 1-800 Flowers. We deliver to all local all communities Monday through Saturday. Orders can easily be placed over the phone with a credit card. We accept all major cards.




# Prunella's Flower Shoppe

## YOUR FULL SERVICE FLORIST

Celebrating  
our 15th Year  
in Fox Lake

*"We give all of our orders the personal touch and care they deserve."*

- Junk Food Baskets • Plants • Fresh & Silk Flowers • Handcrafted Gift Items
- Candles • Weddings • Funerals • Gourmet Baskets • Balloon Bouquets
-  Fannie May • Harry London Gourmet Chocolates

**We deliver in Fox Lake and all surrounding towns daily!**  
**Call Us Today - You'll be glad you did!**

1-800-Flowers

Teleflora



Hours: 9:00-5:00 Mon.-Fri. • 9:00-2:00 Sat. • Closed Sundays



**7 Nippersink Blvd., • Fox Lake • 847.973.2343**  
**[www.prunellas.com](http://www.prunellas.com)**



Name or Business & Significance of name: *Bresnahan Real Estate Services. We are proud of our name, so we used it as the business name*

Business Address: 540 Barron Blvd. City: Grayslake Zip: 60030

Business Phone: 847-223-5201

Owners' Names: Matt & Colleen Bresnahan

How long have you been in business? *3 years as Bresnahan Real Estate; 20 years in the real estate business*

What does the business offer/specialize in? *Full service real estate for less- we charge lower commissions than the large brokerages, but we work harder because we own the business.*

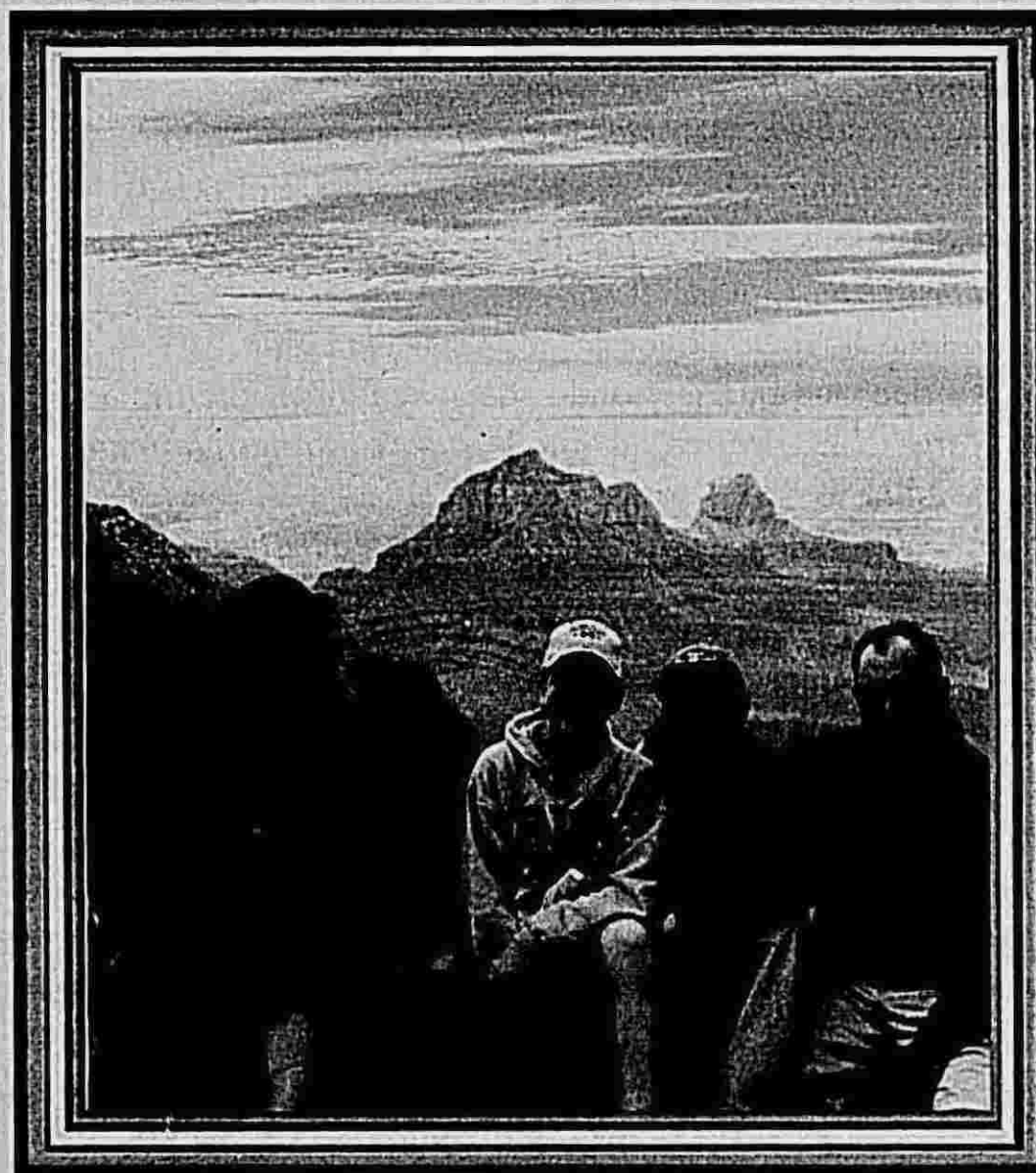
What makes your business unique? *True personal service- work directly with the owners, who have a proven track record of successfully buying and selling homes and other properties.*

How many children? *4*

Are they involved in the business too? *Yes, they stuff envelopes and help at properties by mowing lawns, cleaning and painting.*

Did you follow your parents &/or will your children follow you into your business? *Our parents were not in the real estate business. We hope that our children at least invest in real estate, but we want them to find their own way in the world.*

Further information of interest: *Our business also includes our extended family. Our brother-in-law is a Realtor for the company. Several brothers and sisters are partners in real estate ventures; and we share office space with Colleen's family business.*



## BRESNAHAN Real Estate Services

Your Full Service Real Estate Broker With A Discount Price!

We Offer:

- 15% Commission Rebate to Buyers
- We Will Charge Only 1.5% To Sell Your Home
- FREE Comparative Analysis

Matt Bresnahan: 847-223-5201

540 Barron Blvd. (Rt. 83) • Grayslake, IL

View these properties at [www.bresrealestate.com](http://www.bresrealestate.com)

email: [mattbresnahan4@yahoo.com](mailto:mattbresnahan4@yahoo.com)



### LAKE FOREST

Absolutely Gorgeous! This spacious 4 bdrm 2 bath ranch is in move-in condition with nearly 2400 sq ft. Elegantly decorated with all the fine touches: crystal chandeliers & door knobs, lush carpets, crown molding throughout, fresh paint colors and wall paper, wall moldings and more! Home has a perfect floor plan for living and entertaining. Bright eat-in kitchen overlooks family room stylish office/barroom has tin ceiling, french doors to deck off both living room & sunroom, path to new brick patio in big private backyard. Master bath includes whirlpool, separate shower & double vanity. Tons of storage in X-large 2 car garage & attic. Priced to sell. Call today for a showing.

**\$769,900**



### GRAYSLAKE

5 Bdrm 2.1 bath home in desirable Woodland Meadows. This large home sits on a huge lot. Home features master suite w/walk-in closet & private bath, bright kit w/ eating area, family room w/brick fireplace, cathedral ceiling liv room, finished basement w/6th BR or office, hardwood flrs, sliders to large deck w/pool. Call today before it is too late!

**\$339,900**



### GRAYSLAKE

Beautifully decorated expanded Windsor model in desirable College Trail. This 3 Bdrm 2.1 bath home boast pride of ownership. With a striking 2 story entrance, bright eat-in kitchen open to family room, LR, DR and full finished basement. Large yard is splendidly landscaped with plenty of trees for shade. Close to parks, schools and shopping. Come see before it is too late.

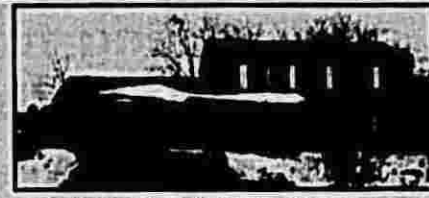
**\$299,000**



### ROUND LAKE

Stunning end unit in Madrona Village! Luxury upgrades everywhere! This 2 bdrm 2.1 bath town home has see-through fireplace, bruce hardwood flrs in LR, DR & fam room; Kitchen has 42" cherry cabinets, granite counters, stainless appliances & Daltile ceramic floors. Baths have upgraded fixtures w/ 6 panel doors. Upgraded light fixtures throughout. Gorgeous views of park and pond. 2 car garage. Grayslake schools. New park School (K-8) opens fall 07. See it today!

**\$215,000**



### GRAYSLAKE

Opportunity is knocking! This 4 bdrm 2.1 bath needs some minor repairs and decorating touches, but has great potential. Home sits on extra large cul-de-sac lot, with luxurious landscaping, huge fenced yard & big deck. Cozy family room has gas fireplace. This home has lots of room and a full basement waiting to be finished. Seller is motivated. Offers subject to bank approval.

**\$239,000**



### MUNDELEIN

Townhouse has 3 BR, 1.1 Bath, LR, eat-in kit, private patio, full basement w/rec room and oversized garage for extra storage. Secluded neighborhood is close to Rtes 60, 45 & 83 for easy access to surrounding areas. Make an offer today!

**\$198,500**



### ROUND LAKE

Lovely 3 bdrm 2.1 bath end-unit in Heron Bay. Offers spectacular views overlooking nature preserve. Features include large eat-in kit with door to deck, large living room with hardwood laminate floors, loft for study or entertainment area, finished family room in lower level, 2 car garage. Nicely decorated and plenty of storage. Call today to see!

**\$235,000**



Name or Business & Significance of name: *Petrucci's Italian Market & Cafe (Family name)*

Business Address: *311 Depot Street City: Antioch, IL*

Business Phone: *847-395-1836*

Owners' Names: *Ron Petrucci, his two sons Ronnie & Freddie and daughter Geana.*

How long have you been in business? *One year.*

What does the business offer/specialize in? *Authentic Italian dishes inspired by Ron Petrucci's mother's homemade cooking.*

What makes your business unique? *We are truly a family restaurant. Everything is made from scratch with only the freshest and finest ingredients.*

How many children? Are they involved in the business too? *Yes, My two sons, Ronnie and Freddie and my daughter, Geana, help me operate the business.*

Did you follow your parents &/or will your children follow you into your business? *My mother was the inspiration for Petrucci's and I hope my children will continue her legacy.*

Further information of interest: *Petrucci's also features home-made pizza and specialty coffees, great food and while enjoying personal and friendly service, you can also pick up fresh cut lunch meats to take home.*



*Freddie, Geana, Ron & Ronnie Petrucci*

Depot Street Station  
311 Depot Street  
Antioch, IL  
847-395-1836  
Fax: 847-395-1826

## *Petrucci's* Italian Market & Cafe

Open for Lunch  
& Dinner  
Monday-Saturday  
8am - 8pm

### DELI

Assorted Butterball Turkey	Limit 2lbs	\$5.98 lb.
Volpi Genova Salami	Limit 2lbs	\$7.98 lb.
Hot or Mild Capicola	Limit 2lbs	\$6.98 lb.
Krakow Polish Ham	Limit 2lbs	\$4.28 lb.
Hard or Genoa Salami	Limit 2lbs	\$4.98 lb.
Smoked Provolone	Limit 2lbs	\$4.98 lb.
Villa Frizzoni Mozzarella	Limit 2lbs	\$3.98 lb.
Muenster Cheese	Limit 2lbs	\$3.58 lb.
Cobbstone Swiss Cheese		\$4.18 lb.
Homemade Chicken Salad		\$4.28 lb.

### NOW AVAILABLE: FRESH MEATS!

Fresh Homemade Italian Sausage Made to Order		\$3.69 lb.
Boneless Chicken Breast	3lbs or More	\$2.48 lb.
	Less Than 3lbs	\$2.98 lb.
Angus Porterhouse Steak		\$8.98 lb.
81% Lean Hamburger		\$2.98 lb.

### CAFE

*Catering Available  
Every Day of the Week  
Call for menu and more info  
847-395-1826*

**\$2.00 OFF**  
**Second Dinner**

Must present coupon when ordering. Not valid with any other offer. Expires 8.16.07.

**\$4.00 OFF**  
**16" Pizza**

Cheese & One Topping • Limit 2

Must present coupon when ordering. Not valid with any other offer. Expires 8.16.07.

Come Join Us  
For An All School Age  
**BACK TO SCHOOL CELEBRATION!**

- Where: 311 Depot Street (train station parking lot)
- When: Saturday, August 25th, 2007
- Time: 11:00am-10:00pm
- Price: FREE ADMISSION

**PLENTY OF FOOD, LIVE ENTERTAINMENT, GAMES & PRIZES!**

Hosted By:  
**Petrucci's Italian Cafe**  
847-395-1836  
and  
**Herm's BBQ**  
847-838-0132





Name or Business & Significance of name:

**Pre-Paid Legal Services, Inc.**

Business Address: P.O. Box 6081

City: Wauconda Zip: 60084

Business Phone: 847-469-0021

Owners' Names: Dennis E. Hennessy, CITRMS

How long have you been in business? 2 years as an independent agent.

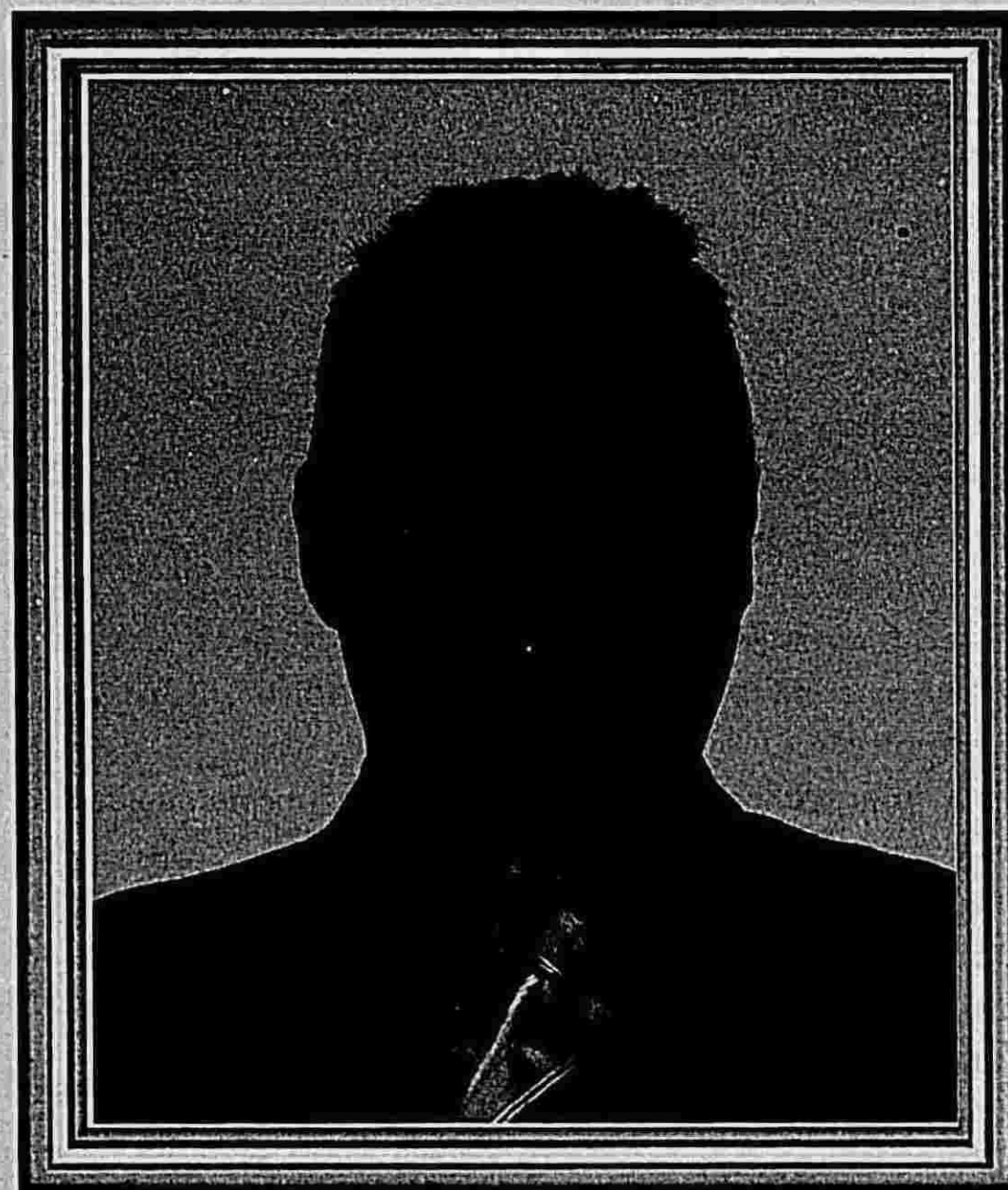
What does the business offer/specialize in? Low cost legal services and identity theft protection plans for the individual, family, business and employee.

What makes your business unique? Pre-Paid Legal Services is the only publicly traded legal service provider in the nation.

We are the only identity theft protection provider with complete restoration services provided through Kroll, the number one risk management company in the world.

Further information of interest: Pre-Paid Legal Service are to attorney and legal fees what your medical insurance is to doctor and hospital fees. Our plans provide for legal service benefits through a network of more than 50 independent law firms across the US and Canada. Benefits include: Last Will and Living Will preparation with yearly updates at no charge.

Unlimited attorney phone consultations, unlimited contract and legal document review, plus much more.



It makes little difference if you're a big fish or a small one.

**You can still get caught.**

IF YOU GET CAUGHT WITH FEDERAL LAWS, COULD COST YOU  
YOUR BUSINESS (LARGE OR SMALL)  
IF YOU GET CAUGHT WITH A FELONY, COULD COST YOU 10 YEARS IN PRISON.

Pre-Paid Legal Services, Inc. (NYSE: PLS) is a publicly traded company that provides legal services to individuals and businesses. The company's services include legal consultations, document preparation, and representation in court. Pre-Paid Legal Services, Inc. is a leading provider of legal services in the United States.

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We can help  
Our Affirmative Defense Response System™ (ADRS) can help your business at virtually no cost. To learn more, please make the call.  
847.469.0021



**Pre-Paid Legal Services, Inc.**  
and Subsidiaries

Dennis E. Hennessy, Independent Associates

847.469.0021

hennessyde@prepaidlegal.com





**Name or Business & Significance of name:** Nix's Furniture

A name you equate with quality since 1945.

**Business Address:** 832 & 1020 Rollins

**City:** Round Lake **Zip:** 60073

**Business Phone:** 847-546-7787 847-546-7790

**Owners' Names:** Buddy Nix & John Janney

**How long have you been in business?** 1945

Grandpa started a grocery store.

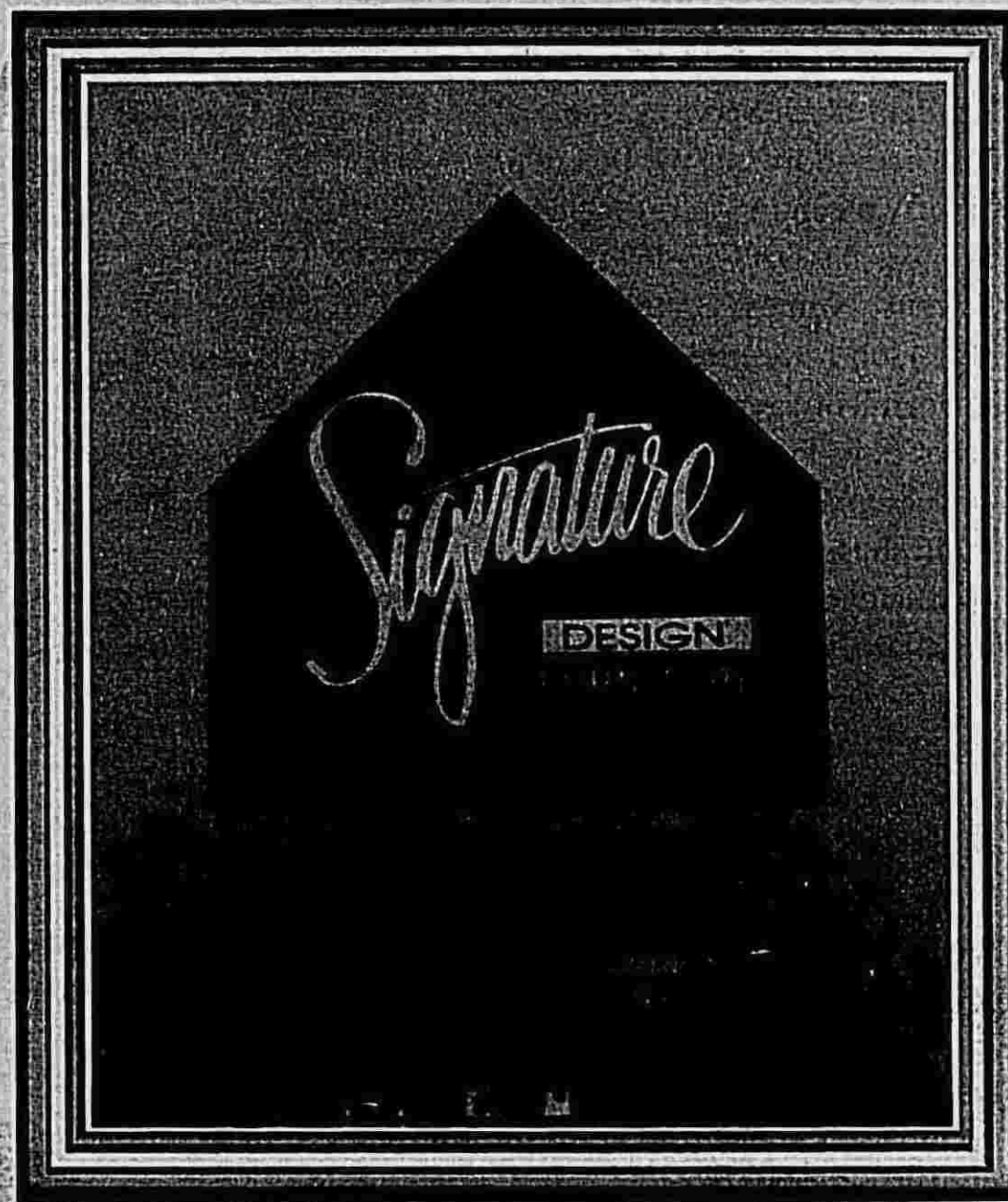
**What does the business offer/specialize in?** Quality furniture at below market pricing.

**What makes your business unique?** We have the experience and the history to run a successful affordable furniture store.

**How many children?** 2 Family members, Bud a daughter and John a son

**Did you follow your parents &/or will your children follow you into your business?** I did and we hope so

**Further information of interest:** We're the 8th Ashley Homestore to open nation wide. We carry exclusively Ashley Furniture at both stores so to offer our customers the best price anywhere.



Sofa  
Loveseat  
Cocktail Table  
2 End Tables  
2 Lamps  
Area Rug  
Throw  
5 Accessories

pieces for  
**\$1299**

**14** PIECE ROOM PACKAGES **\$1499**

*Summer Special*

*Your Choice*

sofa  
loveseat  
cocktail table  
2 end tables

2 lamps  
area rug  
throw  
5 accessories